

**2018 BELLA VISTA BRONCO TRACK AND FIELD INVITATIONAL
MEET DAY INFORMATION**

When: Saturday, April 14 2018

Where: Bella Vista High School
8301 Madison Avenue
Fair Oaks, CA 95628

Admission: Students (w/SBC) \$4.00
Seniors \$4.00
Adults \$6.00
Children 12 & under Free

Time Schedule: See schedule of events provided in team packet.

Facilities Requirements: All weather track and jump runways (aprons) require ¼ inch spikes (NO EXCEPTIONS). Spikes will be on sale at the concessions stand.

Clerk of the Course: All running event competitors must check in with the Clerk of the Course for their individual and relay races. The Clerk of the Course is located at the northwest corner of the track. Athletes in running events must contact the Clerk of the Course to receive lane assignments.

Notes for Awards Presentations: Individual and relay medals for the top six (6) placements for each event will be handed out at the awards area near the northwest corner of the track. Athletes and relay teams must sign for and pick up their awards no later than fifteen (15) minutes after completion of the final track or field event. Plaques will be presented to any athlete who breaks a meet record.

Event Results: Results for each track and field events will be posted on results boards adjacent to the awards area near the northwest corner of the track. They will be posted on www.bvtrack.com approximately 15 minutes after conclusion of the event. Compiled results will be posted on www.bvtrack.com 2 to 3 hours after conclusion of the meet.

Finish Lynx: We will be using a Finish Lynx timing system.

Team Scoring: For the divisional team championships, all track and field events will be scored through six (6) places on a 10-8-6-4-2-1 basis.

All running events are finals and will be run in fast to slow heats.

Field Events: Field event contestants (e.g., long jump, triple jump, shot put, discus) will receive four (4) attempts. Long and triple jump will be contested with an open pit format.

Opening Heights: The following will be used:

Open High Jump: Varsity Boys – 5'0"
Varsity Girls – 4'0"
Frosh/Soph Boys – 4'6"

The high jump bar will be raised 2" until seven (7) or less competitors remain, then 1" for the remainder of the competition. Continuing flights of five (5) or "five alive" will be used.

Pole Vault: Varsity Boys – 9'0" Varsity Girls – 7'0" Frosh/Soph Boys – 8'0"

The varsity boys pole vault bar will be raised 1 foot until 11 feet then 6" there after. The Girls bar will be raised 1 foot until they reach 8 feet then 6" and the frosh/soph boys will be raised 1 foot until the bar reaches 10 feet then 6". Continuing flights of five (5) or "five alive" will be used.

Minimum Measuring Distances: We will measure every athlete's first legal jump. After that the following distances must be achieved in order for an official measurement to be made:

Long Jump: Varsity Boys – 17' 0"
Varsity Girls – 12' 0"
Frosh/Soph Boys – 15' 0"

Triple Jump: Varsity Boys – 35' 0"
Varsity Girls – 26' 0"
Frosh/Soph Boys – 32' 0"