

2018 Bella Vista Bronco Cross Country Invitational – Entry and Meet Information

Date: Saturday, October 13, 2018

Location: Johnson Springview Park
5480 5th Street
Rocklin, CA 95677

Directions: From Sacramento, take I-80 East towards Reno and take the Rocklin Rd. exit. Go left away from Sierra College on Rocklin Rd., straight across Pacific, until you come to the end and it is 5th Street. Go left and you will see Johnson Springview Park. From Auburn, take I-80 West towards Sacramento and take the Rocklin Rd. exit. Go right and continue on Rocklin Rd. until you come to the end and turn left on 5th Street.

Parking: There is parking in a field next to the tennis courts, there is parking in front of the park, and there is parking by the ball fields adjacent to the pavilion. There is parking at the pavilion. Parking is limited and so many may have to park in the residential area close by. **Buses:** Buses may drop off at Johnson Springview and then may park at the Sunset Whitney Golf Course at 4201 Midas Ave., Rocklin, CA, 95677 and we are negotiating to use the old Kmart parking lot at Whitney and Sunset.

Facilities: No lockers or showers will be available, so have your athletes come dressed to compete. Portable restroom facilities will be available adjacent to the “cross country course” in the Folsom High School campus.

Johnson Springview Park Course: The course begins and ends on a grass soccer field, but the majority of the course is semi-hard packed dirt trails amidst oak trees. The freshmen girls and boys and sophomore girls and boys 2 miles courses are flat with rolling hills, while the 3 miles course is also over predominately flat terrain with some undulating small hills. Only cross country flats are allowed, no spikes. Detailed course maps will be available on the day of the meet at the “Team Check-In Area” adjacent to the “Finish Line Area” starting at 7:30 AM on race day.

Check-In Time and Location: Pick up your team packets at the “Team Check-In Area” adjacent to the “Finish Line Area” starting at 7:30 AM on race day.

Course Walk Through: The course will be available for “walk-throughs” until 8:50 AM on race day – ten minutes prior to the start of the first race.

Meet Schedule: We will adhere to this schedule – no race will begin before the specified starting time.

Race No.	Race	Distance (miles)	Check-In at Starting Line	Starting Time	Athlete Limit
1	Frosh/Soph Boys – Large	2.11	8:50 AM	9:00 AM	10
2	Frosh/Soph Girls – Small	2.11	9:15 AM	9:25 AM	Unlimited
3	Frosh/Soph Boys – Small	2.11	9:40 AM	9:50 AM	10
4	Frosh/Soph Girls – Large	2.11	10:05 AM	10:15 AM	Unlimited
5	Frosh/Soph Boys – Unlimited*	2.11	10:30 AM	10:40 AM	Unlimited
6	Varsity Girls – Large	3.04	10:55 AM	11:05 AM	10
7	Varsity Boys – Large	3.04	11:25 AM	11:35 AM	10
8	Varsity Girls – Small	3.04	12:00 PM	12:10 PM	10
9	Varsity Boys – Small	3.04	12:35 PM	12:45 PM	10
10	Junior Varsity Girls**	3.04	1:05 PM	1:15 PM	Unlimited
11	Junior Varsity Boys**	3.04	1:45 PM	1:55 PM	Unlimited

***Frosh/Soph Boys Unlimited Race:** A F/S boys team of at least five members must be entered before entering athletes into the Frosh/Soph Boys Unlimited race.

****JV Race Classifications:** A varsity team of at least five members must be entered before entering athletes into the junior varsity division.

Awards: Individual awards (medals) will be distributed to the “top finishers” as they exit the finish chute. Note that there are only one set of “combined” awards in the junior varsity girls and junior varsity boys classifications.

Race Classification	Individual Medals		Team Awards (Top 7 Runners)	
	Division		Division	
	Small	Large	Small	Large
Frosh/Soph Girls	1 st -20 th	1 st -25 th	1 st -2 nd	1 st -2 nd
Frosh/Soph Boys	1 st -20 th	1 st -25 th	1 st -2 nd	1 st -2 nd
Varsity Girls	1 st -25 th	1 st -30 th	1 st -2 nd	1 st -2 nd
Varsity Boys	1 st -25 th	1 st -30 th	1 st -2 nd	1 st -2 nd
JV Girls/Boys F/S Boys Unlimited	1 st -20 th		None	

Declaring Your Intent To Enter: First make sure you have registered for a free www.athletic.net team account then send a request to enter through athletic.net. Once we receive your request you will be confirmed/rejected on athletic.net on a "first come, first served basis." You will need to monitor your athletic.net team page to see if you have been confirmed or rejected. The deadline to declare your intent to enter is **Wednesday, October 3, 2018 at 8:00 pm.**

Entering Your Athletes: Once we have received your request and your entry has been confirmed your athletes can be entered into the meet at www.athletic.net. Instructions for opening a free athletic.net account and entering athletes on athletic.net are available at our website. Please note that once you have submitted your intent to enter, your school is responsible for the minimum school participation fee (whether your school participates or not). Entries will close on athletic.net on **Sunday, October 7, 2018 at 12:00 Noon.**

Entry Fees: See table below for entry fees.

Item	Fee Schedule
Per Individual Athlete (4 or fewer runners in one race)	\$12.00
Per Team (5 or more runners in one race)	\$80.00
Minimum per School	\$30.00
Maximum per School	\$250.00

PLEASE NOTE: **There is a \$30 charge for each chip not returned!**

Make checks payable to Bella Vista High School. All entry fees are due by **Wednesday, October 11, 2017.** Please send checks to:

Bella Vista High School
Attn. Dave Unterholzner
8301 Madison Avenue
Fair Oaks, CA 95628

If necessary, school checks, personal checks, and/or cash are acceptable for entry fee payment on the day of the meet.

T-Shirts and Refreshments: Meet T-shirts and refreshments (e.g., doughnuts, coffee, juice, water, and soda) will be available at the meet for a nominal fee.

If you need any further information contact Tom Laythe - email at - tlaythe@yahoo.com or Dave Unterholzner email at - daveu@surewest.net.

!! Thanks for your interest in the 2018 Bella Vista Bronco Cross Country Invitational !!