

Summer 2017 Training Schedule

6/12: 7:00A Nimbus Flats Breakfast Run	6/13: 7:10A Bannister Park	6/14: 7:00A Village Park	6/15: 7:00A Stables	6/16: 7:30A Fun Friday Willow Hills	6/17: 8:00A Village Park Breakfast run	6/18: ROYO/Off
6/19: 7:00A Nimbus Flats	6/20: 7:10A Bannister Park	6/21: 7:00A Village Park	6/22: 7:00A Stables	6/23: 7:30A Fun Friday Fleet Feet Folsom	6/24: 8:00A Cavitt Middle School	6/25: ROYO/Off
6/26: 7:00A Nimbus Flats Breakfast run	6/27: 7:10A Bannister Park	6/28: 7:00A Village Park	6/29: 7:00A Stables	6/30: 7:30A Fun Friday BV Track	7/1: 8:00A Village Park 4 th of July Party at Low's	7/2: ROYO/Off
7/3: 8:00A Nimbus Flats	7/4: 8:00A 4 th of July Run at Glen Hall Park	7/5: 7:00A Village Park	7/6 7:00A Stables	7/7: 7:30A Fun Friday Willow Hills	7/8: 8:00A Village Park Breakfast run	7/9: ROYO/Off
7/10: 7:00A Nimbus Flats	7/11: 7:10A Bannister Park	7/12: 7:00A Village Park	7/13: 7:00A Stables	7/14: 7:30A Fun Friday Fleet Feet Folsom	7/15: Camp out weekend at Hatch home or ROYO	7/16: Camp out weekend at Hatch home or ROYO
7/17: 7:00A Nimbus Flats	7/18: 7:10A Bannister Park	7/19: 7:00A Village Park	7/20: 7:00A Cavitt Middle School	7/21: 7:30A Fun Friday BV Track	7/22: 8:00A Village Park Breakfast Run	7/23: ROYO/Off
7/24: 7:30A Nimbus Flats	7/25: 7:10A Bannister Park	7/26: 7:30A Village Park	7/27: 7:30A Stables	7/28: 7:00A Cavitt Middle School	7/29: 8:00A Willow Hills Park Breakfast Run	7/30: ROYO/Off
7/31: Camp	8/1: Camp	8/2: Camp	8/3: Camp	8/4: Camp	8/5 8:00A Village Park	8/6: ROYO/Off