

Summer 2018 Training Schedule

6/11: 7:00A Nimbus Flats	6/12: 7:00A Village Park	6/13: 7:00A Stables	6/14: 7:10A Bannister Park	6/15: 7:00A Folsom Rodeo	6/16: 8:00A Village Park Breakfast run	6/17: ROYO/Off
6/18: 7:00A Nimbus Flats	6/19: 7:00A Village Park	6/20: 7:00A Stables	6/21: 7:10A Bannister Park	6/22: 7:00A Folsom Rodeo	6/23: 8:00A Cavitt Middle School Breakfast run	6/24: ROYO/Off
6/25: 7:00A Nimbus Flats	6/26: 7:00A Village Park	6/27: 7:00A Stables	6/28: 7:00A Casa HS Track	6/29: 7:00A Folsom Rodeo	6/30: 8:00A Village Park Breakfast run	7/1: ROYO/Off
7/2: 7:00A Nimbus Flats	7/3: 7:00A Village Park	7/4: 7:00A 4th of July Run at Glen Hall Park	7/5: 7:10A Bannister Park	7/6: 7:00A Willow Hills	7/7: 8:00A Village Park 4th of July Party at Kuphaldts	7/8: ROYO/Off
7/9: 7:00A Nimbus Flats	7/10: 7:00A Village Park	7/11: 7:00A Stables	7/12: 7:00A Casa HS Track	7/13: 7:00A Folsom Rodeo	7/14: 8:00A Cavitt Middle School Breakfast run	7/15: ROYO/Off
7/16: 7:00A Nimbus Flats	7/17: 7:00A Village Park	7/18: 7:00A Stables	7/19: 7:00A Casa HS Track	7/20: 7:00A Folsom Rodeo	7/21: 8:00A Village Park Breakfast Run	7/22: ROYO/Off
7/23: 7:00A Nimbus Flats	7/24: 7:00A Village Park	7/25: 7:00A Stables	7/26: 7:00A Casa HS Track	7/27: 7:00A Camp	7/28: 8:00A Camp	7/29: Camp
7/30: Camp	7/31: Camp	8/1: 7:00A stables	8/2: 7:00A Village Park	8/3: 7:00A Folsom Rodeo	8/4 8:00A Cavitt Middle School Breakfast run	8/5: ROYO/Off
8/6: : 7:00A Nimbus Flats	8/7: 7:00A Village Park	8/8: 7:00A Stables	8/9: 7:10A Bannister Park	8/10: 7:00A Willow Hills	8/11 8:00A Village Park Breakfast run	8/12: ROYO/Off
8/13: 7:00A Nimbus Flats	8/14: 7:00A Village Park	8/15: 7:00A Stables	8/16: TBD First Day of school	8/17: TBD	8/18 8:00A Village Park	8/19: ROYO/Off