

### 2021 Summer Training Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		6/15 6:30 Stables	6/16 6:30A Village	6/17 6:30A Phoenix Park	6/18 6:30A Bannister	6/19 7:00A Coopers
6/20 ROYO/Off	6/21 6:30A Village	6/22 6:30A Stables	6/23 6:30A Village	6/24 6:30A Phoenix Park	6/25 6:30A Bannister	6/26 7:00A Village Breakfast Run
6/27 ROYO/Off	6/28 6:30A Village	6/29 6:30A Stables	6/30 6:30A BV Track	7/1 6:30A Phoenix Park	7/2 6:30A Bannister	7/3 7:00A Cavitt Middle School
7/4 ROYO/Off	7/5 6:30A Village	7/6 6:30A Stables	7/7 6:30A BV Track	7/8 6:30A Phoenix Park	7/9 6:30A Bannister	7/10 7:00A Village Breakfast Run
7/11 ROYO/Off	7/12 6:30A Village	7/13 6:30A Stables	7/14 6:30A BV Track	7/15 6:30A Phoenix Park	7/16 6:30A Bannister	7/17 7:00A Coopers
7/18 ROYO/Off	7/19 6:30A Village	7/20 6:30A Stables	7/21 6:30A Willow Hills	7/22 6:30A Phoenix Park	7/23 6:30A Bannister	7/24 7:00A Village Breakfast Run
7/25 ROYO/Off	7/26 Camp	7/27 6:30A Camp	7/28 6:30A Camp	7/29 6:30A Camp	7/30 6:30A Camp	7/31 7:00A Coopers
8/1 ROYO/Off	8/2 6:30A Village	8/3 6:30A Stables	8/4 6:30A Village	8/5 6:30A Phoenix Park	8/6 6:30A Bannister	8/7 7:00A Willow Hills Breakfast Run
8/8 ROYO/Off	8/9 6:30A Village	8/10 6:30A Stables	8/11 6:30A Village	8/12 First Day of School		

ROYO/Off- Run on your own or rest day