

**STATE CHAMPIONSHIPS  
CERRITOS COLLEGE**



**1988**



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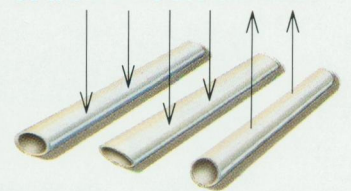
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# THE CALIFORNIA INTERSCHOLASTIC FEDERATION WELCOMES YOU



**VANCE NELSON**  
*CIF President*

"Activities, and specifically athletics, has played an important role in the American high school over the years. It provides our students with many learning opportunities not easily taught in our academic program. It provides an incentive for some students to put greater effort into their academic program. It provides an avenue for the expression of spirit and pride and draws a student body and a community together in a common bond. The California Interscholastic Federation (CIF) has functioned as the governing body of high school athletics in California since 1914. I am truly proud to be elected to serve as President of this organization. The ladies and gentlemen who serve on the CIF Federated Council, along with the state and section employees, have one common goal — to provide the best athletic experience possible for all of our students within the academic program. Scholarship must continue to be our primary objective and concern, but scholarship and athletics can and must work hand in hand to help our students seek their greatest potential. This is our primary task, and we will continue to do all we can to achieve this goal."

Dr. Vance C. R. Nelson, Principal

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**THOMAS E. BYRNES**  
*State CIF Commissioner*

## **FROM THE STATE CIF OFFICE**

Welcome to all participants and spectators to this State CIF Championship event.

The caliber of interscholastic competition in California is second to none in the United States, and this outstanding activity should set new standards of excellence in the field of high-school athletics.



**MARGARET R. DAVIS**  
*Associate Commissioner*

## **THE CIF: Doing the Job for Prep Sports Since 1914**

In 1914, as high school athletic teams began crossing district lines to compete with neighboring schools, the CIF was established to provide consistency in sports rules and a safe, rewarding environment for young California athletes. Since that beginning, with fewer than 20,000 athletes, the organization has grown to become the largest youth agency in the state, serving over 500,000 young student-athletes each year.

Few Californians realize that the CIF, the sole administrative body of interscholastic athletics, is an independent organization that has been carefully structured to provide needed services to the youth of the state without placing unfair burdens on the public education system. Athletic programs conducted in all 1200 secondary-schools in the state do not exist simply because students desire to participate in sports. The CIF utilizes the volunteer services of over 10,000 persons who are charged with the task of ensuring effective athletic programs for all of the public, private, and parochial high schools of the state.

As a result of effective planning, sound program administration, and a determination to support the philosophy that all student-athletes in our state should be provided with equal participation opportunities, the CIF has propelled California into uncontested leadership in the nurturing of outstanding athletes. Former and current California high school athletes hold more national records than do students from any other state — and our youngsters continue to be highly recruited by top-notch universities across the country. Many of the names are legend — Amy Alcott, Rick Monday, Bill Walton, Pat Haden, John McKay, Scott McGregor, Ron Cuccia, Jill Sterkel, Sherri Howard; all former CIF athletes, all outstanding men and women of whom Californians can be proud.

Although the CIF has been serving California youth for nearly 70 years and can boast of having over four million "alumni," many are unaware of the diversity of CIF administrative responsibility. Day-to-day activities of the CIF state office in Fullerton include enforcing regulations, establishing state calendars' of events, arranging and supervising state championships in four sports, maintaining individual and team sports records, providing publicity to the media, publishing the *State News*, and maintaining legal and insurance services which ensure the very existence of prep sports. In addition, 10 section commissioners throughout the state maintain full-time schedules to ensure that prep athletic events in their areas are operated effectively, safely, and consistently.

The support of the California public has been responsible for the success and expansion of California athletic programs for 72 years. With the continued cooperation and dedication of school superintendents, principals, and athletic directors, as well as the keen interest of over one-half million students and their families each year, the future of prep sports would appear to be bright and healthy. The CIF urges you to lend your support to our young student-athletes by attending high school sporting events in your community on a regular basis. The CIF welcomes you to this championship event; a showcase of some of our finest young California athletes — our nation's future leaders.

# CIF/REEBOK TRACK CHAMPIONSHIPS

## 1988 STATE MEET OFFICIALS

<b>Meet Director</b>	Dean Crowley	<b>Wind Gauge Operator</b>	Dutch Dotterer
<b>Meet Manager</b>	Earl Engman	<b>Coaches' Corner</b>	Lanny Carter/Dave Zirkle
<b>Assistant Meet Manager</b>	Paul Bodenshot	<b>Hurdle Crew Director</b>	Ken Cronquist
<b>Assistant Meet Manager</b>	Bob McGuire	<b>Field Event Help Director</b>	Doug Todd
<b>Director of Publicity</b>	Scott Cathcart	<b>Block Crew Director</b>	Marge Fulton
<b>Program Editor</b>	Ron Fremont	<b>Trainer</b>	Cerritos College
<b>Starter (Boys)</b>	Walt Smith	<b>Boys' Pole Vault</b>	Rick Foster/Paul Slocum
<b>Starter (Girls)</b>	Larry Arason	<b>Boys' and Girls' High Jump</b>	Stan Gordon/Ralph Clarkson/Jim Leahy
<b>Recall Starter (Accutrack)</b>	Jack Brisacher	<b>Boys' and Girls' Shot Put</b>	Barbara De Groot/Hugo De Groot/ Mike Rush
<b>Clerk of Course</b>	Wylie Carlyle	<b>Boys' and Girls' Discus</b>	Scott Hudson/Eric Hudson/Scott Duncan/ Fred Dipalma
<b>Assistant Clerk of Course</b>	Bruce Nelson/Johnny Lueras	<b>Long Jump/Triple Jump</b>	Gary Brooks/Al Leonard/Jim Carson
<b>Announcer</b>	Dave Hurlburt/Dave Smith/John Dahlem	<b>Girls' Long Jump/Triple Jump</b>	
<b>Recorder</b>	Julie Bellah	<b>Inspectors</b>	Epi Torres/ Bruce Larson/Roger Larson
<b>Seeding (Prelims)</b>	Don Chadez		Alan Amundeson/Ron Battle/Nate Burlingham/ Gene Costanzo/Leo Costanzo/Jim D'Amore/ Bill Garner/Jack Garner/Hal Gies/ Bill Mocnik/Preston O'Neil/Martin Olson/ Jacque Osborn/Saul Pacheo/Al Pina/ Eugene Stemm
<b>Seeding (Finals)</b>	Harry Dolen/Sandy Duncan		Dave Baker/Vodie Bates/Suzanne Bruins/ Ted Bruins/Leon Foreman/Eddie Hackett/ Chuck Lawrence/Paul Mahoney/Jim Storms/ Juliette Sutton/Mike Taylor/Wesley Taylor/ Irv Ward
<b>Accutrack</b>	Brian Springer/Barry Sacks	<b>Timers/Pickers</b>	
<b>Accutrack</b>	Joe Raya/Gary Raya		
<b>Reader of Film</b>	Pat Raya		
<b>Finish Line Coordinator</b>	Chuck Lawrence	<b>Jury of Appeals</b>	Starter/Recall Starter/Head Marshal
<b>Head Finish Judge</b>	Sheila Burrud		Head Inspector/Head Field Judge
<b>Head Timer</b>	Larry Dobyns	<b>Host of Facilities</b>	David Kamanski Head Coach Cerritos College
<b>Head Field Judge</b>	Ed Austin		
<b>Head Inspector</b>	Herman Moreno		
<b>Head Marshal</b>	Dan Reinstein		
<b>Head Weights and Measures</b>	Mike Cummins		
<b>Finance Manager</b>	Mary Lou Engman		
<b>Scorers</b>	Leroy Neal/Jack Hollander/Dave Bannis/ Mose Henney		
<b>Awards</b>	Bill Ross/Mickey Bellah		

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★ Hurdles ★ Distance ★ Sprints ★

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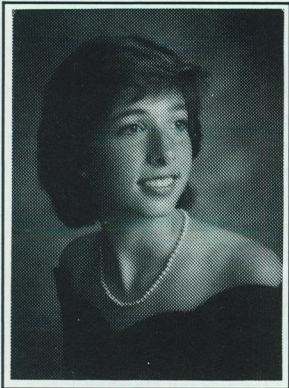
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Los Gatos Track Camp

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# CALIFORNIA INTERSCHOLASTIC FEDERATION



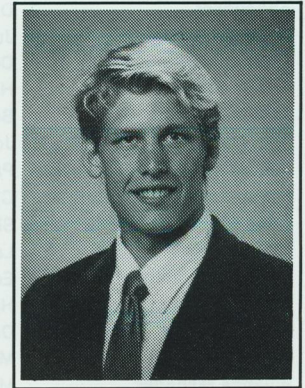
**MS. AMY LIGHTNER**  
Point Loma High  
San Diego, CA

## CIF AND REEBOK CONGRATULATE LIGHTNER AND FORMAN

*Tennis*  
4.42  
1/505  
Stanford  
Humanities  
Four Years  
17

*Sport*  
Gradepoint Average  
Standing In Class  
College Acceptance  
Intended Major  
Varsity Play  
Age

*Water Polo*  
4.29  
1/987  
Harvard University  
Political Science  
Three Years  
18



**MR. TODD FORMAN**  
Long Beach Wilson  
Long Beach, CA

## THE 1987-1988 SCHOLAR-ATHLETES OF THE YEAR

It is with great pride that the state CIF and Reebok salute Ms. Amy Lightner and Mr. Todd Forman, the 1987-1988 Scholar-Athletes Of The Year. The CIF established this award to honor the one young woman and one young man who had best attained their full potential as both student and athlete, and whose high-school scholastic and athletic records indicated a bright, productive future.

To qualify as a candidate, the student-athlete was required to have maintained a 3.70 overall gradepoint average, have played varsity-level sports in California for at least two years, have a record of good citizenship, and possess a high degree of personal integrity. Candidate was also required to submit recommendations from a coach, an athletic director, an academic counselor, and a principal, and a brief essay on "The Value of Participation In High-School Athletics."

We at the state CIF salute the 1987-1988 candidates, finalists and winners, and wish them every success in their continuing pursuit of academic and athletic excellence.

## LIST OF FINALISTS

*Erik Sean Bliss*, Helix, La Mesa, Football  
*Christopher J. Burgardt*, Skyline, Oakland, Football  
*Andrew Castonguay*, El Cajon Valley, El Cajon, Water Polo  
*Michael T. Caulfield*, Terra Linda, San Rafael, Basketball  
*Michael E. Dixon*, Newport Harbor, Newport Beach, X Country  
*Jeffrey Thomas Giesea*, Foothill, Tustin, Tennis  
*Keith A. Koenig*, Mountain View, Mountain View, Water Polo  
*Robert A. Sternfels*, Lodi, Lodi, Water Polo  
*Joseph A. Vidaurreta*, Garces Memorial, Bakersfield, Tennis

*Pamela Addison*, Aragon, San Mateo, Swimming  
*Kelly Cook*, Alemany, Mission Hills, Soccer  
*Tracy Maria Gibbs*, Bonita Vista, Chula Vista, Soccer  
*Jade Hiramoto*, North Torrance, Torrance, Basketball  
*Jennifer L. Moore*, Mira Mesa, San Diego, Soccer  
*Melissa Jo Rush*, Laguna Beach, Laguna Beach, Volleyball  
*Marta Taylor*, N. Hollywood, N. Hollywood, Swimming  
*Wendy Van Whye*, Ontario Christian, Ontario, Volleyball  
*Julie R. Willett*, Woodbridge, Irvine, Tennis



# CIF/REEBOK STATE HIGH SCHOOL TRACK AND FIELD CHAMPIONSHIPS

by Doug Speck - California Track and Running News

The 70th Annual CIF/REEBOK State High School Track and Field Championships this weekend at Cerritos College should continue a long tradition of gathering together for fans of the sport the top talent in the nation. The Golden State once again has a sterling group of athletes, and the action will be hot and heavy on the track and in the field as team and individual bragging rights in the nation's largest state are fought for.

California has its usual flock of flyers in the sprint events, with the team titles on both the Men's and Women's side dependent upon what happens in the open and relay races involving these athletes. LA Section star Quincy Watts (Taft, Woodland Hills), the country's quickest returning sprinter at 10.30 (100m) and 20.50 (200m), gave up the chance to be the first ever California sprinter to take three 100 yard or 100 meter dash titles when he decided on a 200m-400m state sprint choice after a mid-season injury. Quincy is healthy, with 20.67 (200) and 46.67 (400) bests, but a quick group will keep him very, very honest. Brian Bridgewater (Washington, LA) has run 10.58-20.53 (#7 All-Time U.S. Prep 200) in the sprints, with Travis Hannah (Hawthorne) 46.84 over 400m (and a 45.5 relay carry). Washington (LA), Taft (Woodland Hills), Oakland, Independence (San Jose), and Hawthorne will be in the thick of the Men's team battle, with all having strong sprinters or hurdlers, and a strong relay team or two. Tony Miller (Riordan, San Francisco) (10.41 100m #3 returnee in the nation), was a 1987 state meet placer in both sprints, with David Laynes (Oakland) 10.64, Darren Stringer (Vacaville) (10.52w-10.69), and Benari Burroughs (Independence) (10.3w-10.53-21.1w) also strong from the North. Donovan Burks (Washington, LA) (10.58-21.37) and Curtis Conway (Hawthorne) (10.61-21.22) are Southerners with speed. Others with credentials at the 400m distance are Mike

Stevenson (Morse, San Diego) 47.22, Frank Jones (Hoover, Fresno) 47.84, and Nate Wright (Oakland) 48.05. Independence's title hopes will partially hang on hurdler John Montgomery, 13.8 (110m HH) and 37.2 (300m IH), who assumed a big favorite's role when Ron Copeland (Dorsey, LA) (13.95) went down with a late season injury. William Henry (Arroyo Grande) 14.11w, Nate Wright (Oakland) 37.50, John Berry (Ignacio Valley, Concord) 37.5, and Kevin Jones (Mt. Miguel, Spring Valley) 37.88 are other top hurdlers. Top 400 Meter Relay teams through Mid-May were Taft 41.31, Washington (LA) 41.37, Oakland 41.3, and Tulare 41.46. The 1600 Meter baton event is led by Hawthorne 3:11.33, Independence 3:14.0, Oakland 3:15.9, and Muir (Pasadena) 3:16.70, Long and Triple Jumper Ken McKelvey (Independence) 24-1/2w and 48-5 has the most capable field event points of any of the contending Men's teams.

The Women's title race should also be a close one, with no one squad dominating coming into the State affair. Muir (Pasadena) is led by super soph sprinter, Inger Miller 100m (11.43w-11.79) 200m (23.59), who has battled numerous times with Angela Burnham (Rio Mesa, Oxnard) (11.38w-11.65-23.58). Locke (LA) is led by defending State 800m champion, Kim McAllister (2:13.13), and the state's leading hurdlers, Latanya Davenport (13.81 100mLH) and Regina Weatherford (42.78 300mLH). Hawthorne (46.77) has the state's quickest 400m Relay Women's squad, with St. Francis (Mountain View) (47.44), Muir (47.57), and Locke (47.66) also quick. In the 1600m relay event Locke (3:47.14) ran its state leading time with LeAnn Tinkshell, who has been out with injury, with Hawthorne (3:48.44), Pomona (3:51.22), and Muir (3:51.36) all solid groups. Other top sprinters are Simone Cain (Hueneme, Oxnard) 23.94, Deaudra Wheeler (Hawthorne) 11.66w-11.8-24.48, Annette Cole-

man (Carlmont, Belmont) 12.13-25.26, and San Jose Mitty's Tarsh Handy (24.73) and Andreen Alvarenga (24.73). Angela Rolfe (Dorsey, LA) (54.9 1988) is the defending State 400m champion, but was defeated by last year's number two state finisher, Crystal Irvine (Poly, Long Beach) (54.48) in their big Arcadia Invitational showdown. Alvarenga (Mitty) (54.75 1987) was third in the State Meet in 1987 over 400m, with Tanya Dooley (Bret Harte, Angel's Camp) (55.31) and Roslyn Mack (St. Francis, Mountain View) 55.69 (5th last year in State) looking strong. Challengers to McAllister in the 800m (with their placing from last June's state affair) include Kristina Hand (Fallbrook) 2:12.0 (2nd), Althea Moses (Morningside, Inglewood) 2:16.62 (3rd), Persephone Lowery (Norco) 2:15.33 (4th), and Courtney Clark (Las Lomas, Walnut Creek) 2:14.4 (8th). Kristi Bache (University, San Diego) 2:13.41 and Kathi Roldan (Mt. Whitney, Visalia) 2:13.41 are possible high placers. Michelle DeCoux (Bishop O'Dowd, Oakland) is the North's top hurdler with 13.86 (100mLH) and 42.9 (300mLH) bests, with Felice Lipscomb (Santa Monica) 14.00, Sharon Edmonds (Hawthorne) 14.01-44.05, frosh Keri Sanchez (Santa Teresa, San Jose) 13.9-42.96, Aldora George (Upland) 14.11w-14.26, Cindy Byrne (Canyon, Canyon Country) 43.47, and Kim Young (Madera) 14.42-44.24 others to watch.

California is also famous for its distance runners, and 1988 is a very strong year on the Women's side. Kira Jorgensen (Rancho Buena Vista, Vista) is the defending State 1600m Champion, with a 4:53.41 1988 best, and 10:36.0 3200m effort. Others among the country's finest are Karen Hecox (South Hills, West Covina) with 4:50.93 and 10:44.37 bests, Tracey Williams (Mountain View, El Monte) 4:50.75 and 10:47.32, Katy McCandless (Castilleja, Palo Alto) 4:55.08 and 10:38.3, Rayna Cervantes (Montebello) 4:51.30 and 10:40.64, and state 1600m runner-

up Robbyn Bryant (Hesperia) 4:46.59 (1987). On the Men's side late season ineligibility took away National 1600m, (4:09.67) and 3200m (8:59.54) leader Ian Alsen (Granada Hills), who easily handled all the State's best with the above clockings at the Arcadia Invitational. The find of the season in this area has been soph Coley Candaele (Carpinteria), who raced 4:11.04 for 1600m in winning his Southern Section 1A Divisional race over Brian Ochs (Mission College Prep, San Luis Obispo) 4:11.34. Reggie Williams (River City, West Sacramento) continues to improve, with 4:11.1 and 9:00.66 bests. Scott Hempel (Walnut) 4:12.8 relay and 9:01.56 has looked sharp, with Jim Robbins (Corona del Mar) 4:11.6, Kevin Berko (Covina) 4:12.00, Steve Zirkelbach (Concord) 4:14.7, Shannon Winkelman (Marina, Huntington Beach) 9:03.56, David Scudamore (Palos Verdes) 9:06.10, and soph Bryan Dameworth (Agoura) 9:06.46 very tough. Northerners could dominate the Men's 800m, with Scott Smoot (Vacaville) 1:51.9, Gordon-

Johnson (Piedmont) 1:52.1, and Joe Amendt (Lick, San Jose) 1:52.66 against Morgan Bateman (Crescenta Valley, La Crescenta) 1:52.87, Jorge Cabral (Belmont, LA) 1:53.06, and Mark Senior (Mt. Miguel, Spring Valley) 1:53.09 from the south.

The top group of weight athletes in the country grace the Men's Shot Put, with Kaleaph Carter (Edison, Huntington Beach) 63-2 3/4, amazing soph Brent Noon (Fallbrook) 62-3 1/2, Rick Fuller (Arroyo, El Monte) 61-6, and Jason Miller (Clovis West) 60-5 1/2 strong throwers. John Wirtz (Leland, San Jose) 199-0 is one of the nation's best in the Discus and a prohibitive favorite there. In the Men's High Jump Reggie Betton (Antelope Valley) handled the state's best with his 7-2 Arcadia Invitational win, but Andre LaCoste (Lakewood) (7-1), Mark Wilson (Charter Oak, Covina) 7-0 1/4, (1987), and Tim Prince (Logan, Union City) 7-0 (1987) are not far behind. Pole Vaulters Tom Richards (San Marcos) and Mike Parker (Notre Dame, Sherman

Oaks) have cleared 16-6, with David Noel (Edison, Huntington Beach) 16-4. In the Long and Triple Jumps Diatori Gildersleeve (Grant, Sacramento) (24-5 1/4, and 49-3), Tyrone Scott (Mesa Verde, Citrus Heights) (50-2 3/4), Tim Prince (Logan) 24-0 (1987) and 49-10, Mingo Hosey (Pasadena) (49-6), Charles Huff (La Jolla) (23-2 and 49-6 3/4), and 1987 State Meet Long Jump plager Billy Wright (Edison, Fresno) (23-6 1/2) have good seasons.

The Weights are the strongest of the Women's Field events. Bakersfield's Dawn Dumble (46-7 1/4) Shot Put and Melisa Weis (160-11) Discus lead the state in those events, with Dumble the defending State Champ in the Discus. Tracy Wilson (Taft, Woodland Hills) (45-7), defending State Shot Put Champion Jennifer Whelchel (Agoura) (44-8 1/2), Heidee Ruiz (Los Gatos) (44-4 and 145-7), Allison Franke (Canyon, Anaheim) (155-8), and Reneeka Williams (Nogales, La Puente) 153-0, are the State's other elite throwers. Celia Willis (Clovis West) has High Jumped 6-0, with J.C. Broughton (Woodland) and Karol Damon (Redlands) 5-10, and defending State Champion Lynn Patrick (Serra, San Diego) joined at 5-9 this season by Mary Prince (Paradise). In the Triple Jump frosh Keri Sanchez (Santa Teresa, San Jose) (40-4 1/2) defeated Althea Moses (Morningside, Inglewood) (40-1 1/2) in their big Arcadia showdown, with San Diegans LaFrancia West (Grossmont, La Mesa) (39-8 3/4) and Stacy Thompson (Morse) (39-2) having good seasons. Marlo Aubert (Milpitas) (18-11) has the State's best Long Jump, with Heidee Ruiz (Los Gatos) (18-9), Annette Coleman (Carlmont) 18-8 3/4 close behind.

(Thanks to Steve Fagundes, Keith Conning, Willie Harmatz, and Steve Brand for their assistance with the information used in this article)

(Printing deadlines result in the following article reflect the State prep Track and Field season through mid-May and do not include the results of Sectional Finals and State Qualifying Meets.)



*Tom Richards, Santa Barbara San Marcos High School, one of the nation's top prep decathlete.*

*Photo by Burt Davis, California Track and Running News.*



# CIF/REEBOK STATE CHAMPIONSHIP RECORDS

## BOYS

100 METERS			
10.27	Henry Thomas, Hawthorne	1984	
10.2	Tequil Willis, San Francisco, Mission	1976	
200 METERS			
20.73	Henry Thomas, Hawthorne	1984	
400 METERS			
45.51c	Bill Green, Palo Alto	1979	
800 METERS			
1:47.31	Pete Richardson, Berkeley	1981	
1600 METERS			
4:04.0c	Mark Schilling, Garden Grove	1972	
3200 METERS			
8:41.6	Eric Hulst, Laguna Beach	1976	
110 METER HIGH HURDLES			
13.41	Steve Kerho, Mission Viejo	1982	
300 METER INTERMEDIATE HURDLES			
35.32	George Porter, Lompoc, Cabrillo	1985	
400 METER RELAY			
40.78	Pasadena, Muir	1987	
1600 METER RELAY			
3:07.40	Hawthorne	1985	
HIGH JUMP			
7.4½	Maurice Crumby, San Francisco, Balboa	1983	
LONG JUMP			
25.9½	Gerald Hardeman, Fresno, Edison	1972	
POLE VAULT			
17.1	Anthony Curran, Encino, Crespi	1978	
TRIPLE JUMP			
52.10½	Charles Mayfield, Pasadena, Muir	1980	
SHOT PUT			
69.6½	Brian Blutreich, Mission Viejo, Capistrano Valley	1985	
DISCUS THROW			
203.4	Brian Blutreich, Mission Viejo, Capistrano Valley	1985	

## GIRLS

100 METERS			
11.42	Sharon Ware, Berkeley	1980	
200 METERS			
23.14	Sherri Howard, Granada Hills, Kennedy	1980	
400 METERS			
23.14	Sherri Howard, Granada Hills, Kennedy	1980	
800 METERS			
2:04.91	Trena Hull, Compton	1984	
1600 METERS			
4:39.92	Polly Plumer, Irvine University	1982	
3200 METERS			
10:04.2	Cory Schubert, San Jose Del Mar	1983	
100 METER LOW HURDLES			
13:34	Janeene Vickers, Pomona	1987	
300 METER LOW HURDLES			
40.18	Leslie Maxie, Millbrae Mills	1984	
400 METER RELAY			
45.11	Hawthorne	1985	
1600 METER RELAY			
3:37.69	Pasadena Muir	1985	
HIGH JUMP			
6.2¾	Latrese Johnson, Clovis	1985	
LONG JUMP			
20.9¾	Wendy Brown, Woodside	1984	
TRIPLE JUMP			
42.10½	Wendy Brown, Woodside	1984	
SHOT PUT			
53.7¾	Natalie Kaaiawahia, Fullerton	1983	
DISCUS THROW			
172.11	Leslie Deniz, Gridley	1980	

# U.S. NATIONAL HIGH SCHOOL RECORDS

## BOYS

100 METERS			
10.18	Roy Martin, Dallas, TX, Roosevelt	1985	
10.1	Derrick Florence, Galveston, TX, Ball		
200 METERS			
20.0	Roy Martin, Dallas, TX, Roosevelt	1985	
400 METERS			
45.5	Anthony Ketchum, Needleville, TX	1981	
800 METERS			
1:47.31	Pete Richardson, Berkeley, CA	1981	
1600 METERS			
3:58.30	Jim Ryun, Wichita, KS, East	1965	
3200 METERS			
8:41.50	Steve Prefontaine, Coos Bay, OR, Marshfield	1969	
110 METER HIGH HURDLES			
12.9	Renaldo Nehemiah, Fanwood, NJ, Scotch Plains	1977	
300 METER INTERMEDIATE HURDLES			
35.32	George Porter, Lompoc, CA, Cabrillo	1985	
400 METER RELAY			
40.2	Dallas, TX, Roosevelt	1985	
1600 METER RELAY			
3:07.40	Hawthorne, CA	1985	
HIGH JUMP			
7.5¼	Dothel Edwards, Athens, GA, Cedar Shoals	1984	
LONG JUMP			
25.9½	Gerald Hardeman, Fresno, CA, Edison	1972	
POLE VAULT			
17.9½	Joe Dial, Marlow, OK	1981	
TRIPLE JUMP			
52.10½	Charles Mayfield, Pasadena, CA, John Muir	1980	
SHOT PUT			
77.0	Michael Carter, Dallas, TX, Jefferson	1979	
DISCUS THROW			
224.3	Kamy Keshmiri, Reno, NV	1987	

## GIRLS

100 METERS			
11.29	Barbara Bell, Fort Worth, TX, Trimble Tech	1981	
200 METERS			
23.0	Wenda Vereen, Trenton, NJ	1983	
400 METERS			
52.39	Denean Howard, Granada Hills, CA, Kennedy	1982	
800 METERS			
2:04.5	Joetta Clark, Maplewood, NJ, Columbia	1980	
1600 METERS			
4:39.92	Polly Plumer, Irvine, CA, University	1982	
3200 METERS			
10:03.7	Erin Keogh, Langley, VA, McLean	1987	
100 METER LOW HURDLES			
13.2	Tanya Davis, Houston, TX, Sterling	1985	
300 METER LOW HURDLES			
40.18	Leslie Maxie, Millbrae, CA, Mills	1984	
400 METER RELAY			
45.11	Hawthorne, CA	1985	
1600 METER RELAY			
3:37.69	Pasadena, CA, John Muir	1985	
HIGH JUMP			
6.2¾	Latrese Johnson, Clovis, CA	1985	
LONG JUMP			
22.1¾	Kathy McMillian, Raeford, NC, Hoke County	1976	
TRIPLE JUMP			
42.10½	Wendy Brown, Woodside, CA	1984	
SHOT PUT			
53.7¾	Natalie Kaaiawahia, Fullerton, CA	1983	
DISCUS THROW			
176.4	Cindy Johnson, Chandler, AZ	1982	



# California Track & Running News

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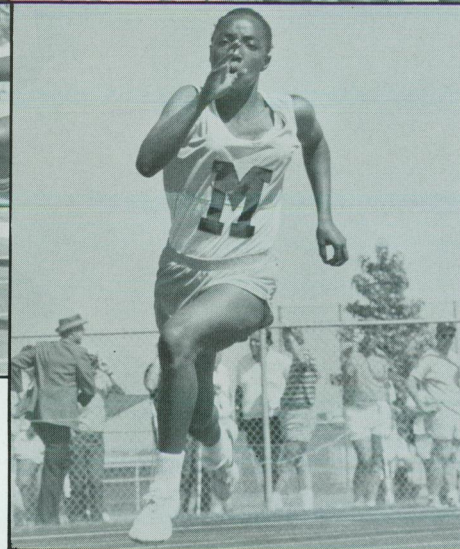
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# HOW TO SPOT A SUPERSTAR



CARL'S JR.

# Welcome to the 1988 CIF/REEBOK State High School Track and Field Championships



All Photos by Burt Davis  
California Track & Running News

## *Schedule of Events*

### BOYS DISCUS

3:00 p.m.

Records - National: 224-03.0 Kamy Keshmiri, Reno, NV 1987  
 State: 203-04.0 Brian Blutreich, Mission Viejo (Capo Valley) 1985

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
117	Ramon Sanchez	11	Garfield	LA	106-00.0	1		
116	Juan Sanchez	11	Garfield	LA	119-02.0	2		
115	Joe Vaifanua	12	Banning	LA	124-00.0	3		
502	Erin Murray	12	El Capitan	SD	135-05.0	4		
114	Chaka Milby	12	Cleveland	LA	147-09.0	5		
372	Mike Rogers	11	Paradise	NO	151-05.5	6		
5	Victor Veal	12	Lowell	SF	155-11.0	7		
412	Kamren Pozdel	12	Washington	NC	157-01.0	8		
501	Paul McDowell	12	Mission Bay	SD	157-02.0	9		
411	Chris Robinette	12	California	NC	160-04.0	10		
69	Derrick Stevens	11	Bakersfield	CE	161-11.0	11		
410	Joe Caspers	12	Pittsburg	NC	162-07.0	12		
68	Robert Powell	10	Woodlake	CE	163-07.0	13		
52	Mike Stubblefield	12	Taft	CE	163-09.0	14		
409	Jason Sisneros	10	James Logan	NC	166-04.0	15		
484	Brent Noon	10	Fallbrook	SD	167-09.0	16		
329	Dan Deigan	12	Beyer	SJ	167-11.0	17		
326	Jason Ford	11	Casa Roble	SJ	168-04.0	18		
224	John Gallagher	11	Palm Desert	SS	169-01.0	19		
223	Damion Jenkins	12	Saugus	SS	171-05.0	20		
281	Greg Winkler	12	St. Francis	CC	171-09.0	21		
222	Greg Hirschler	12	Lompoc	SS	173-06.0	22		
327	Chris Carter	12	Center	SJ	173-07.0	23		
191	Rick Fuller	12	Arroyo	SS	174-09.0	24		
280	Jamie Presser	11	Cupertino	CC	176-02.0	25		
190	Kaleaph Carter	12	Edison	SS	178-03.0	26		
279	John Wirtz	12	Leland	CC	199-10.0	27		

### GIRLS SHOT PUT

4:00 p.m.

Records - National: 53-07.75 Natalie Kaaiawahia, Fullerton, CA 1983  
 State: 53-07.75 Natalie Kaaiawahia, Fullerton 1983

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
27	Regina Simon	10	Oakland Technical	OK	27-01.25	1		
6	Jaletta Defford	12	Galileo	SF	33-08.0	2		
108	Rosie Dominguez	10	Verdugo Hills	LA	35-01.0	3		
371	Michelle Stranahan	12	Liberty	NC	36-01.75	4		
370	Debbie Leathan	11	James Logan	NC	37-05.5	5		
249	Agnes Latu	10	San Mateo	CC	37-07.0	6		
369	Charmian Firl	12	Newark Memorial	NC	37-11.5	7		
368	Julie Dejarlais	11	Las Lomas	NC	38-02.0	8		
107	Kesha Martin	12	University	LA	38-02.5	9		
420	Jennifer Viavia	12	Madison	SD	38-11.5	10		
248	Shannon Parker	11	St. Francis	CC	39-03.5	11		
419	Cindy Beers	12	Poway	SD	39-07.0	12		
319	Donna McKinnon	12	Yreka	NO	39-07.75	13		
106	Tracy Wilson	12	Taft	LA	39-09.0	14		
291	Lateshia Taylor	11	Luther Burbank	SJ	39-11.75	15		
290	Tracy Lopez	12	Vacaville	SJ	40-01.0	16		
176	Carolyn Hueth	12	West Torrance	SS	40-04.5	17		
289	Tanisha Huddleston	9	Merced	SJ	40-04.75	18		
105	Missy Hake	12	Wilson	LA	40-08.0	19		
175	Erica Moore	12	Ramona	SS	41-10.5	20		
55	Michelle Cortez	12	Delano	CE	42-02.75	21		
54	Melissa Weis	10	Bakersfield	CE	42-03.25	22		
174	Angie Arrington	10	Palmdale	SS	42-03.5	23		
247	Heidee Ruiz	12	Los Gatos	CC	42-06.0	24		
173	Melanie Jones	12	Long Beach Poly	SS	42-07.25	25		
172	Jenni Wheelchel	12	Agoura	SS	42-09.25	26		
418	Laura Hughes	12	Orange Glen	SD	43-10.25	27		
53	Dawn Dumble	10	Bakersfield	CE	46-07.25	28		



John Wirtz, San Jose Leland High School

## GIRLS HIGH JUMP

4:00 p.m.

**Records - National: 6-02.75 Latrese Johnson, Clovis, CA 1985**  
**State: 6-02.75 Latrese Johnson, Clovis 1985**

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
5	Michelle Jules	9	McAteer	SF	4-10.0	1		
25	Lisa Shavies	10	Oakland Technical	OK	5-00.0	2		
98	Tina Means	10	Van Nuys	LA	5-00.0	3		
99	Kim Jeremiah	11	Fremont	LA	5-00.0	4		
359	Jackie Hurt	10	Analy	NC	5-01.0	5		
80	Melanie Clarke	11	El Camino Real	LA	5-02.0	6		
97	Lori Mertes	10	Chatsworth	LA	5-02.0	7		
358	Renee Sandberg	11	Amador Valley	NC	5-03.0	8		
162	Bonnie Matthews	11	Dos Pueblos	SS	5-04.0	9		
163	Jenny Starwart	10	Notre Dame (SO)	SS	5-04.0	10		
241	Tara Raquinio	11	King City	CC	5-04.0	11		
242	Jenny Coldren	12	Prospect	CC	5-04.0	12		
284	Tonya Smith	9	Mills	SJ	5-04.0	13		
285	Natalie Barker	12	Colfax	SJ	5-04.0	14		
356	Brooke Knight	12	Clayton Valley	NC	5-04.0	15		
357	Kim Cox	11	Granada	NC	5-04.0	16		
411	Lynn Patrick	12	Serra	SD	5-04.0	17		
412	Christy Kurras	12	Poway	SD	5-04.0	18		
413	Nicole Parker	12	Granite Hills	SD	5-04.0	19		
36	Edwina Ammonds	11	Roosevelt	CE	5-06.0	20		
49	Alanna Vanwinkle	12	Redwood	CE	5-06.0	21		
159	Karol Damon	12	Redlands	SS	5-06.0	22		
160	Crissy Mills	11	Campbell Hall	SS	5-06.0	23		
161	Marilyn Gragin	11	Miraleste	SS	5-06.0	24		
240	Kim Schulman	12	Mountain View	CC	5-06.0	25		
48	Celia Willis	12	Clovis West	CE	5-08.0	26		
283	J.C. Broughton	11	Woodland	SJ	5-08.0	27		
316	Mary Prince	12	Paradise	NO	5-09.25	28		

## GIRLS LONG JUMP

4:00 p.m.

**Records - National: 22-01.75 Kathy McMillian, Raeford, NC (Hoke County) 1976**  
**State: 20-09.75 Wendy Brown, Woodside 1984**

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
26	Sonja Godfrey	12	Fremont	OK	15-11.0	1		
416	Angel Leath	12	Morse	SD	16-03.75	2		
415	Rochelle Johnson	12	Patrick Henry	SD	16-05.0	3		
414	Sorii Epps	12	Patrick Henry	SD	16-05.75	4		
51	Temeca Richardson	12	Tulare Western	CE	16-08.75	5		
50	Lisa Bryant	12	Bakersfield	CE	16-09.5	6		
363	Danita Williams	10	Bonicia	NC	16-11.75	7		
362	Allison Banks	11	Sir Francis Drake	NC	17-01.0	8		
287	Stephanie Rhodes	11	Woodland	SJ	17-02.0	9		
286	Tashanda Lewis	9	Mesa Verde	SJ	17-03.0	10		
361	Cara Hultberg	11	Santa Rosa	NC	17-03.0	11		
283	J.C. Broughton	11	Woodland	SJ	17-04.5	12		
102	Tanisha Lyons	11	Pacific Palisades	LA	17-05.5	13		
360	Tara Didyk	11	California	NC	17-05.5	14		
80	Melanie Clarke	11	El Camino Real	LA	17-07.0	15		
44	Kim Young	11	Madera	CE	17-09.0	16		
168	Mary Bittner	12	Rio Mesa	SS	17-11.25	17		
1	Yolanda Burton	11	McAteer	SF	18-00.5	18		
167	April Nash	12	Ontario	SS	18-01.0	19		
317	Debbie Allen	11	Anderson	NO	18-01.0	20		
101	Danielle Griffin	12	Taft	LA	18-01.25	21		
166	Jenny Tully	10	Torrance	SS	18-01.25	22		
165	Tonya Conner	12	Barstow	SS	18-02.5	23		
244	Rene Santibanes	11	Leigh	CC	18-05.5	24		
164	Nicole Smith	12	Montclair	SS	18-06.0	25		
243	Marlo Aubert	12	Milpitas	CC	18-06.5	26		
100	Lynette Christian	11	Dorsey	LA	18-08.0	27		
182	Annette Coleman	11	Carlmont	CC	19-04.5	28		



Celia Willis, Clovis West High School  
 Photo by Don Gosney



Keri Sanchez, San Jose Santa Teresa High School  
 Photo by Burt Davis, California Track and Running News

### BOYS LONG JUMP

4:00 p.m.

Records - National: 25-09.5 Gerald Hardeman Fresno, CA (Edison) 1972  
 State: 25-09.5 Gerald Hardeman, Fresno (Edison) 1972

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
413	Eddie Carbin	12	Washington	NC	21-03.0	1	_____	_____
133	James Green	12	Van Nuys	LA	21-07.25	2	_____	_____
425	David Poppleton	12	Ygnacio Valley	NC	21-07.25	3	_____	_____
424	Willie Turner	12	Pittsburg	NC	21-08.75	4	_____	_____
132	Michael Williams	12	Crenshaw	LA	22-01.5	5	_____	_____
185	Billy Ivey	10	Edgewood	SS	22-02.0	6	_____	_____
341	Carl Franks	12	Lincoln	SJ	22-02.25	7	_____	_____
131	Samuel Watson	11	Washington	LA	22-03.5	8	_____	_____
183	J.J. Cisneros	12	Los Alamitos	SS	22-04.0	9	_____	_____
184	Jason Neben	12	Orange Lutheran	SS	22-04.0	10	_____	_____
423	Rich Laccay	11	Moreau	NC	22-04.0	11	_____	_____
182	Beynee Hudson	12	Pomona	SS	22-06.5	12	_____	_____
47	Ryan Benjamin	12	Tulare	CE	22-07.0	13	_____	_____
46	Raymond Robinson	12	Washington	CE	22-09.0	14	_____	_____
295	Phu Nguyen	11	Fremont	CC	22-09.5	15	_____	_____
181	Derrick Baker	12	Cerritos	SS	22-11.0	16	_____	_____
480	Lou Willis	12	Mt. Miguel	SD	23-00.5	17	_____	_____
97	Ron Martin	12	Chatsworth	LA	23-01.0	18	_____	_____
28	Eric Railey	12	Oakland	OK	23-01.25	19	_____	_____
9	Reggie Hairston	12	Wilson	SF	23-02.0	20	_____	_____
479	Jerome Price	12	University City	SD	23-02.5	21	_____	_____
294	Ron Lopez	12	North Salinas	CC	23-03.5	22	_____	_____
340	Tyrone Scott	12	Mesa Verda	SJ	23-04.0	23	_____	_____
478	Glen Reyes	12	Orange Glen	SD	23-06.5	24	_____	_____
45	James Stallworth	11	Tulare	CE	23-10.0	25	_____	_____
366	Ed Stewart	11	Oroville	ND	23-10.0	26	_____	_____
293	Ken McKelvey	12	Independence	CC	24-00.0	27	_____	_____
330	Diatory Gildersleeve	12	Grant	SJ	24-01.75	28	_____	_____

### BOYS POLE VAULT

4:00 p.m.

Records - National: 17-09.5 Joe Dial, Marlow, OK 1981  
 State: 17-01.0 Anthony Curran, Encino (Crespi) 1978

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
8	Phil Lyons	11	McAteer	SF	10-00.0	1	_____	_____
127	Bobby Jung	12	Chatsworth	LA	13-00.0	2	_____	_____
26	Shamil Goodlow	12	Castlemont	OK	13-06.0	3	_____	_____
126	Ian Sonderegger	12	Venice	LA	13-06.0	4	_____	_____
41	Scott Robertson	12	Bakersfield	CE	14-00.0	5	_____	_____
125	Greg Sheets	11	Taft	LA	14-00.0	6	_____	_____
336	Troy Newbold	12	Elk Grove	SJ	14-00.0	7	_____	_____
289	Randy Lanini	12	Gonzales	CC	14-02.0	8	_____	_____
40	Jeff Lewis	12	Coalinga	CE	14-06.0	9	_____	_____
288	Jim Lawrence	12	Del Mar	CC	14-06.0	10	_____	_____
335	Dan Wheeler	11	Nevada Union	SJ	14-06.0	11	_____	_____
374	Jeremy Moore	11	Yreka	NO	14-08.5	12	_____	_____
287	Geoff Watson	12	St. Ignatius	CC	14-10.0	13	_____	_____
39	Mike Guevara	12	Clovis West	CE	15-00.0	14	_____	_____
173	Eric Juarez	12	Apple Valley	SS	15-00.0	15	_____	_____
174	David Noel	12	Edison	SS	15-00.0	16	_____	_____
175	RW Henson	12	Newport Harbor	SS	15-00.0	17	_____	_____
334	Paul Cano	12	Manteca	SJ	15-00.0	18	_____	_____
472	Rick Lotterer	12	San Pasqual	SD	15-00.0	19	_____	_____
473	Matt Lehman	12	San Dieguito	SD	15-00.0	20	_____	_____
474	Jeff Cranney	12	San Marcos	SD	15-00.0	21	_____	_____
172	Tom Parker	12	Notre Dame (SD)	SS	15-06.0	22	_____	_____
124	Jay Bettinger	12	Chatsworth	LA	15-08.0	23	_____	_____
168	Tom Richards	12	San Marcos	SS	16-00.0	24	_____	_____

NOTE: Four North Coast entries not included.  
 Event not complete at press time



Tom Parker, Sherman Oaks Notre Dame High School  
 Photo by Burt Davis, California Track and Running News

## GIRLS 400m RELAY

5:00 p.m.

Records - National: 43.11 Hawthorne, CA 1985  
 State: 45.11 Hawthorn 1985

Name	School	Sect.	Prev. Mark	Pos.	Place	Mark
				1	---	---
Bishop O'Dowd	Bishop O'Dowd	NC	49.88	2	---	---
Crenshaw	Crenshaw	LA	48.93	3	---	---
Tokay	Tokay	SJ	48.57	4	---	---
Hawthorne	Hawthorne	SS	46.73	5	---	---
Cajon	Cajon	SS	48.24	6	---	---
Washington	Washington	CE	48.91	7	---	---
McAteer	McAteer	SF	52.4	8	---	---
				9	---	---
				1	---	---
Orland	Orland	NO	52.54	2	---	---
Serra	Serra	SD	49.15	3	---	---
Archbishop Mitty	Archbishop Mitty	CC	48.64	4	---	---
Muir	Muir	SS	47.42	5	---	---
Locke	Locke	LA	47.91	6	---	---
Hoover	Hoover	CE	48.88	7	---	---
Richmond	Richmond	NC	49.84	8	---	---
				9	---	---
				1	---	---
Lincoln	Lincoln	SJ	49.87	2	---	---
Oakland	Oakland	OK	49.14	3	---	---
Morse	Morse	SD	48.66	4	---	---
St. Francis	St. Francis	CC	47.43	5	---	---
Rio Mesa	Rio Mesa	SS	48.00	6	---	---
San Fernando	San Fernando	LA	48.68	7	---	---
James Logan	James Logan	NC	49.79	8	---	---
				9	---	---
				1	---	---
Northgate	Northgate	NC	49.93	2	---	---
University City	University City	SD	49.39	3	---	---
Independence	Independence	CC	48.88	4	---	---
Dorsey	Dorsey	LA	47.71	5	---	---
Esperanza	Esperanza	SS	48.19	6	---	---
Bakersfield	Bakersfield	CE	48.71	7	---	---
Vallejo	Vallejo	SJ	49.58	8	---	---
				9	---	---

## BOYS 400m RELAY

5:12 p.m.

Records - National: 40.2 Roosevelt, Dallas, TX 1985  
 State: 40.78 Muir, Pasadena 1985

Name	School	Sect.	Prev. Mark	Pos.	Place	Mark
				1	---	---
Oceanside	Oceanside	SD	43.23	2	---	---
Casa Roble	Casa Roble	SJ	42.89	3	---	---
Cerritos	Cerritos	SS	41.74	4	---	---
Washington	Washington	LA	41.05	5	---	---
Independence	Independence	CC	41.54	6	---	---
Fresno	Fresno	CE	42.57	7	---	---
Richmond	Richmond	NC	43.12	8	---	---
				9	---	---
				1	---	---
Mission	Mission	SF	43.64	2	---	---
Morse	Morse	SD	42.66	3	---	---
Vacaville	Vacaville	SJ	41.96	4	---	---
Taft	Taft	LA	41.25	5	---	---
Morningside	Morningside	SS	41.60	6	---	---
Pittsburg	Pittsburg	NC	42.13	7	---	---
Riordan	Riordan	CC	42.42	8	---	---
				9	---	---
				1	---	---
Bella Vista	Bella Vista	SJ	43.14	2	---	---
Yerba Buena	Yerba Buena	CC	42.72	3	---	---
Dorsey	Dorsey	LA	42.02	4	---	---
Tulare	Tulare	CE	41.46	5	---	---
Eisenhower	Eisenhower	SS	41.57	6	---	---
Ygnacio Valley	Ygnacio Valley	NC	42.10	7	---	---
Mount Miguel	Mount Miguel	SD	42.83	8	---	---
				9	---	---
				1	---	---
Moreau	Moreau	NC	43.20	2	---	---
Carson	Carson	LA	42.25	3	---	---
Oakland	Oakland	OK	42.04	4	---	---
Fontana	Fontana	SS	41.50	5	---	---
Long Beach Poly	Long Beach Poly	SS	41.85	6	---	---
Lemoore	Lemoore	CE	42.05	7	---	---
Pleasant Valley	Pleasant Valley	NO	42.74	8	---	---
				9	---	---



## GIRLS 1600m RUN

5:24 p.m.

Records - National: 4:39.92 Polly Plumer, Irvine, CA (University) 1982  
 State: 4:39.92 Polly Plumer, Irvine, CA (University) 1982

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
40	Tonya Russell	12	Taft	CE	5:19.55	1		
348	Sheila Burke	11	Marin Catholic	NC	5:11.29	2		
274	Heather Eller	12	Rio Americano	SJ	5:08.60	3		
85	Jerri Martin	12	San Pedro	LA	5:05.79	4		
273	Ann Kuphalt	12	Bella Vista	SJ	5:03.33	5		
143	Nicole Robbins	12	Hesperia	SS	5:00.57	6		
141	Robbyn Bryant	12	Hesperia	SS	4:53.00	7		
231	Janet Bowie	12	Woodside	CC	4:58.94	8		
145	Deena Drossin	9	Agoura	SS	5:03.21	9		
84	Rosetta Hunter	10	Locke	LA	5:05.51	10		
347	Michelle Ferguson	10	Piner	NC	5:07.24	11		
435	Kristin Porter	12	La Jolla	SD	5:10.60	12		
312	Christy Oliveira	11	West Valley	ND	5:15.74	13		
30	Tsega Sesfaha	11	Oakland	OK	5:57.01	14		
87	Rosa Cazares	12	South Gate	LA	5:21.94	1		
42	Mary Lopez	12	Madera	CE	5:13.84	2		
275	Jennifer Homan	10	Nevada Union	SJ	5:08.92	3		
346	Melissa Pardini	12	Northgate	NC	5:06.50	4		
41	Mary Martinez	10	Foothill	CE	5:03.76	5		
144	Jessica Craven	12	Camarillo	SS	5:02.34	6		
433	Kira Jorgensen	12	Rancho Buena Vista	SD	4:56.11	7		
142	Tracey Williams	12	Mountain View	SS	4:58.35	8		
229	Beth Bartholomew	10	Fremont	CC	5:02.84	9		
345	Dana Bjornsen	12	Campolindo	NC	5:05.39	10		
232	Evie Barry	11	Santa Teresa	CC	5:08.04	11		
434	Michelle Keim	12	San Pasqual	SD	5:09.83	12		
86	Alexandra Guidi	11	El Camino Real	LA	5:15.74	13		
3	Lisa Lopez	9	Balboa	SF	5:34.34	14		



Kira Jorgensen, Rancho Buena Vista HS (Vista) and Robbyn Bryant, Hesperia HS  
 Photo by Burt Davis, California Track and Running News

## BOYS 1600m RUN

5:38 p.m.

Records - National: 3:58.30 Jim Ryun, Wichita, KA (East) 1965  
 State: 4:04.0 Mark Schilling, Garden Grove 1972

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
110	Danny Jordan	10	Venice	LA	4:23.97	1		
275	Matt Ringer	10	Homestead	CC	4:23.54	2		
274	Guiche Rubalcava	12	Bellarmine	CC	4:22.74	3		
323	Louis Rivera	12	Tokay	SJ	4:20.6	4		
498	Goshu Tadese	12	Crawford	SD	4:19.51	5		
215	Coley Candaele	10	Carpinteria	SS	4:11.53	6		
212	Jim Geerlings	12	Newport Harbor	SS	4:09.54	7		
214	Jim Robbins	12	Corona del Mar	SS	4:10.74	8		
402	Steve Zirkelbach	12	Concord	NC	4:19.24	9		
63	Jose Vasquez	12	Hanford	CE	4:20.24	10		
64	Max Guardiola	11	Tulare	CE	4:22.23	11		
107	Natividad Gaona	11	Belmont	LA	4:23.0	12		
405	Eric Bellamy	12	Moreau	NC	4:24.15	13		
4	Ken Skidmore	12	Lowell	SF	4:40.44	14		
370	Alvaro Luna	11	Corning	NO	4:23.74	2		
404	Greg Crosley	12	Monte Vista	NC	4:22.92	3		
273	Eric Axtell	12	St. Francis	CC	4:20.74	4		
403	Dennis Hernandez	12	Mission San Jose	CC	4:19.84	5		
216	Brian Ochs	12	Mission Prep	SS	4:12.63	6		
322	Reggie Williams	12	River City	SJ	4:10.04	7		
213	Joe Devine	12	Saugus	SS	4:10.40	8		
497	Francis O'Neill	12	San Pasqual	SD	4:18.23	9		
62	Bobby Rodriguez	12	McLane	CE	4:20.20	10		
324	Dino Olivera	12	Sonora	SJ	4:21.88	11		
499	Clay Biddle	12	Mt. Carmel	SD	4:23.45	12		
109	Abelardo DeLuna	11	South Gate	LA	4:23.65	13		
23	Manuel Perez	11	Oakland	OK	4:27.32	14		



Jim Robbins, Corona del Mar HS

## GIRLS 100m LOW HURDLES

**5:50 p.m.**

**Records - National:** 13.2 Tanya Davis, Houston, TX (Sterling) 1985  
**State:** 13.34 Janeene Vickers, Pomona 1987

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
						1		
314	Traci Ciapponi	11	Chico	NO	15.54	2		15:32
38	Kathi Roldan	11	Mt. Whitney	CE	14.86	3		14.8
91	LaTanya Davenport	11	Locke	LA	14.33	4		13:91 ✓
236	Keri Sanchez	9	Santa Teresa	CC	13.98	5		13:90 ✓
154	Lisa Hale	12	Riverside Poly	SG	14.29	6		14:24 ✓
353	Bridget Taylor	12	James Logan	NC	14.84	7		
278	Nicole Redmon	11	Hogan	SJ	15.29	8		15.0
						9		
						1		
407	Lisa Tumang	12	El Capitan	SD	15.45	2		
93	Tasha Turner	11	Narbonne	LA	15.10	3		
331	Sharon Polley	12	El Molino	NC	14.34	4		14:34 ✓
150	Sharon Swift	12	Eisenhower	SS	14.15	5		14:28
152	Sharon Edmonds	12	Hawthorne	SS	14.17	6		
264	Kwani Stewart	10	Yuba City	SJ	14.59	7		
45	Shelley Duttarar	11	Clovis	CE	15.26	8		
						9		
						1		
279	Michelle Silva	11	Valley	SJ	15.30	2		
405	Kim Dill	12	Poway	SD	15.08	3		
238	Ada Alger	12	Sequoia	CC	14.44	4		14:40
351	Michelle Decoux	12	Bishop O'Dowd	NC	14.14	5		14:14
153	Felice Lipscomb	10	Santa Monica	SS	14.20	6		14:20
44	Kim Young	11	Madera	CE	14.51	7		14:51
94	Andrea Burnside	9	Westchester	LA	15.13	8		
						9		
						1		
4	Kelli Keen	11	Washington	SF	16.74	2		
23	Lasha Pierce	11	Oakland	OK	15.08	3		
352	Andrea Swift	11	Bonicia	NC	14.44	4		14:42
151	Suzanne Kerho	11	Mission Viejo	SS	14.16	5		14:51
237	Lisa Fisher	12	Gunn	CC	14.28	6		15:32
92	Regina Weatherford	12	Locke	LA	14.45	7		
406	Cathy Stark	12	San Pasqual	SD	15.24	8		14:43
						9		

## GIRLS DISCUS

**6:00 p.m.**

**Records - National:** 176-04.0 Cindy Johnson, Chandler, AZ 1982  
**State:** 172-11.0 Leslie Deniz, Gridley 1980

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
						1		
7	Chaney Casimir	12	Lowell	SF	106-08.5	1		
422	Kecha Fowlkes	12	Oceanside	SD	110-09.0	2		
421	Kristi Patterson	12	Helix	SD	118-06.0	3		
293	Stephanie Haicrow	11	Vintage	SJ	119-03.0	4		
370	Debbie Leathan	11	James Logan	NC	123-06.0	5		
368	Julie Dejarlais	11	Las Lomas	NC	124-05.0	6		
56	Jozette Ramirez	12	Tranquility	CE	125-09.0	7		
109	Melissa Hake	12	Wilson	LA	126-08.0	8		
290	Tracy Lopez	12	Vacaville	SJ	127-03.0	9		
369	Charmian Firl	12	Newark Memorial	NC	131-01.0	10		
292	Connie Spessert	11	Vintage	SJ	131-02.0	11		
418	Laura Hughes	12	Orange Glen	SD	134-01.0	12		
372	Debbie Cambellin	11	Amador Valley	NC	134-10.0	13		
247	Heidee Ruiz	12	Los Gatos	CC	135-06.0	14		144 ✓
251	Katie McCandless	11	Watsonville	CC	135-07.0	15		
181	Debi Malachowski	12	Hesperia	SS	135-11.0	16		
319	Donna McKinnon	12	Yrkea	NO	138-01.0	17		148 ✓
180	Candy Roberts	11	Don Lugo	SS	138-07.0	18		
179	Michell Shaffer	12	Carpinteria	SS	139-10.0	19		
53	Dawn Dumble	10	Bakersfield	CE	148-01.0	20		156
250	Jenny Peters	11	Gunn	CC	148-11.0	21		144 ✓ 149 ✓ 151 ✓ 153 ✓
178	Reneeka Williams	10	Nogales	SS	153-09.0	22		123 ✓ 140 ✓ 150 ✓ 153 ✓
54	Melissa Weis	10	Bakersfield	CE	155-06.0	23		51 ✓ 154 ✓ 158 ✓
177	Allison Franke	11	Canyon (Anaheim)	SS	158-04.0	24		130 ✓ 145 ✓ 148 ✓



Dawn Dumble, Bakersfield High School  
 Photo by Burt Davis, California Track and Running News

### BOYS 110m HIGH HURDLES

6:02 p.m.

Records - National: 224-03.0 Renaldo Nehemiah, Farwood, NJ (Scotch Plains) 1977  
 State: 13.41 Steve Kerho, Mission Viejo 1982

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
						1		
467	Andrew Moreno	12	Castle Park	SD	15.10	2		
413	Eddie Carbin	12	Washington	NC	14.74	3		
165	Eric Keiting	12	Crespi	SS	14.59	4		
282	Martin Greer	12	Silver Creek	CC	14.37	5		
164	Darrell Thompson	12	Cerritos	SS	14.59	6		
373	Harley North	12	Gridley	NO	14.74	7		
121	Aaron Lacy	11	Gardena	LA	14.90	8		
						9		
						1		
468	Steve Uriell	12	Mt. Miguel	SD	15.11	2		
414	Dennis Reading	12	Fortuna	NC	14.74	3		
35	Jim Farmer	11	Clovis West	CE	14.64	4		
11	William Henry	12	Arroyo Grande	SS	14.39	5		
122	Sylvester Barron	12	Crenshaw	LA	14.51	6		
331	John Prudenti	11	Siena	SJ	14.72	7		
25	Marcus MacFarland	12	Castlemont	OK	14.75	8		
						9		
						1		
415	Matthew Wachowicz	11	De La Salle	NC	15.14	2		
120	Aaron Campbell	12	Garfield	LA	14.82	3		
330	Diatory Gillandersleev	12	Grant	SJ	14.63	4		
283	Chris Gordon	12	Jefferson	CC	14.41	5		
163	Marc Kallick	12	Marina	SS	14.47	6		
6	Zuri Hector	12	Washington	SF	14.74	7		
37	Mike Pollard	11	Clovis West	CE	15.02	8		
						9		
						1		
416	Rex Speer	12	Terra Linda	NC	15.24	2		
466	Dave Burton	12	Mt. Carmel	SD	14.92	3		
166	George Lynch	12	Mater Dei	SS	14.61	4		
284	Zack Uribe	12	Capuchino	CC	14.46	5		
118	Bryan Addison	12	Chatsworth	LA	14.50	6		
36	Derrick Edmond	12	Roosevelt	CE	14.68	7		
332	Mitch Ingram	12	Modesto	SJ	14.83	8		
						9		

### GIRLS 400m DASH

6:14 p.m.

Records - National: 52.39 Denean Howard, Granada Hills (Kennedy) 1980  
 State: 52.39 Denean Howard, Granada Hills (Kennedy) 1980

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
						1		
339	Cela Taylor	11	Encinal	NC	58.94	2		
427	Carmen Delgado	12	University	SD	57.99	3		
135	Berneithia Whitmore	12	Compton	SS	56.27	4		
266	Tanya Dooley	10	Bret Harte	SJ	53.97	5		
132	Jeanie Stewart	12	Duarte	SS	55.49	6		
35	Nichelle Morgan	11	Hoover	CE	57.77	7		
228	Dina Moore	10	Harbor	CC	58.01	8		
						9		
						1		
336	Stacey Alcott	12	Granada	NC	59.22	2		
269	Trichelle Dawson	12	Lincoln	SJ	57.67	3		
227	Andreen Alvarenga	12	Archbishop Mitty	CC	56.41	4		
77	Angela Rolfe	11	Dorsey	LA	54.17	5		
134	Jackie Henderson	12	Alhambra	SS	55.99	6		
311	Nicole Teter	9	West Valley	NO	57.14	7		
429	Carla Tucker	12	Serra	SD	58.70	8		
						9		
						1		
340	Tanisha Robinson	9	El Cerrito	NC	59.27	2		
37	Heidi Robertson	10	North Bakersfield	CE	58.61	3		
80	Melanie Clark	11	El Camino Real	LA	56.63	4		
225	Roslyn Mack	11	St. Francis	CC	55.29	5		
133	Kesha Marvin	11	Hawthorne	SS	55.95	6		
81	Latril Jackson	11	Crenshaw	LA	57.37	7		
28	Vivian Banks	12	Skyline	OK	58.66	8		
						9		
						1		
330	Maryann Clark	10	Galileo	SF	1:02.44	2		
428	Yazmin Daher	12	Castle Park	SD	58.36	3		
268	Shirley Terrell	11	Vallejo	SJ	57.03	4		
131	Tonya Trick	12	Apple Valley	SS	55.48	5		
79	Sharette Garcia	12	Manual Arts	LA	56.27	6		
36	Edwina Ammonds	11	Roosevelt	CE	58.20	7		
338	Erin McLaughlin	10	Alhambra	NC	58.52	8		
						9		



Crystal Irving LB Poly High School  
 Photo by Burt Davis, California Track and Running News

## BOYS 400m DASH

**6:30 p.m.**

**Records - National:** 45.5 Anthony Ketchum, TX (Needleville) 1981  
**State:** 45.51 Bill Green, Palo Alto 1979

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
1								
58	Aarne Kela	11	Reedley	CE	50.82	2		
206	Steve Reed	12	Santa Fe Springs	SS	49.04	3		
316	Scott Bryan	11	Placer	SJ	48.85	4		
202	Travis Hannah	12	Hawthorne	SS	47.06	5		
102	Khevin Pratt	12	Crenshaw	LA	48.18	6		
21	Nate Wright	11	Oakland	OK	48.92	7		
395	Angelo Sablo	12	James Logan	NC	49.39	8		
9								
1								
493	Jerry Walker	12	La Jolla	SD	49.81	2		
317	James Williams	12	Hogan	SJ	49.14	3		
268	Hector Siqueros	12	Independence	CC	48.81	4		
98	Quincy Watts	12	Taft	LA	47.38	5		
204	Tony Borquez	12	Aleman	SS	48.29	6		
368	Jim Galba	12	Anderson	NO	49.14	7		
394	Dan Earls	12	Acalanes	NC	49.22	8		
9								
1								
57	Jason Wilbourn	12	Redwood	CE	50.38	2		
492	Ken Lavergne	12	Madison	SD	49.74	3		
267	Brian Flewellen	12	Riordan	CC	48.53	4		
203	Ferric Webster	12	Morningside	SS	47.41	5		
100	Beno Bryant	11	Dorsey	LA	47.90	6		
396	Andy Sample	12	Antioch	NC	49.46	7		
318	Chris Pride	12	Grant	SJ	49.41	8		
9								
1								
2	Paul Castle	12	Balboa	SF	48.84	2		
269	Eric Fulton	11	Mt. Pleasant	CC	49.08	3		
101	Simon Jones	11	Washington	LA	48.0	4		
56	Frank Jones	12	Hoover	CE	47.84	5		
491	Michael Stevenson	12	Morse	SD	47.88	6		
205	David Stone	12	Arroyo Grande	SS	48.93	7		
397	Dingan Newson	10	Albany	NC	49.70	8		
9								

## GIRLS 100m DASH

**6:46 p.m.**

**Records - National:** 11.29 Barbara Bell, Fort Worth, TX (Trimble Tech) 1981  
**State:** 11.42 Sharon Ware, Berkeley 1980

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
1								
264	Kwani Stewart	10	Yuba City	SJ	12.87	2		
75	Wendy Williams	11	Dorsey	LA	12.58	3		
33	Angela Davidson	11	Wasco	CE	12.21	4		
124	Angela Burnham	11	Rio Mesa	SS	11.59	5		
128	Charlotte Vines	11	San Marcos	SS	12.17	6		
331	Sharon Polley	12	El Molino	NC	12.48	7		
408	Stacy Thompson	12	Morse	SD	12.74	8		
9								
1								
333	Jenny Travis	10	Granada	NC	12.83	2		
414	Sorii Epps	12	Patrick Henry	SD	12.62	3		
74	Nikywa Prevost	12	San Fernando	LA	12.42	4		
125	Inger Miller	10	Muir	SS	11.64	5		
214	Joslyn Mack	11	St. Francis	CC	12.21	6		
310	Mindi Putnam	12	Orland	NO	12.44	7		
26	Sonja Godfrey	12	Fremont	OK	12.75	8		
9								
1								
334	Angela Evans	12	Richmond	NC	12.91	2		
263	Chris Williams	11	Vallejo	SJ	12.67	3		
224	Octavia Dumas	10	Mt. Pleasant	CC	12.31	4		
126	Simone Cain	12	Hueneme	SS	11.80	5		
32	Sabrina Lee	10	Washington	CE	12.04	6		
1	Yolanda Burton	11	McAteer	SF	12.44	7		
76	Felicia Howard	10	San Fernando	LA	12.77	8		
9								
1								
265	Cindy Hill	11	Tokay	SJ	13.50	2		
423	Angela Kimmey	12	Universal City	SD	12.64	3		
127	Deedee Wheeler	12	Hawthorne	SS	12.13	4		
182	Annette Coleman	11	Carlmont	CC	11.95	5		
31	Nitra Young	9	Tulare	CE	12.02	6		
73	Debra Hamilton	11	Locke	LA	12.36	7		
332	Felicia Jones	10	St. Elizabeth	NC	12.67	8		
9								



Angela Burnham, Oxnard Rio Mesa High School  
 Photo by Burt Davis, California Track and Running News

## BOYS 100m DASH

6:58 p.m.

**Records - National:** 10.18 Roy Martin, Dallas, TX (Roosevelt) 1985  
**State:** 10.27 Henry Thomas, Hawthorne 1984

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
252	Aaron Turner	11	Pittsburg	NC	11.24	2	1	_____
366	Ed Stewart	11	Oroville	NO	10.94	3	2	_____
55	Chris Armwood	12	Lemoore	CE	10.66	4	3	_____
263	Benari Burroughs	12	Independence	CC	10.42	5	4	_____
94	Bryan Bridgewater	12	Washington	LA	10.65	6	5	_____
198	David Nottoli	12	Paraclete	SS	10.89	7	6	_____
488	Jim Kegler	12	San Diego	SD	11.06	8	7	_____
						9	8	_____
							9	_____
390	Darrel King	12	Ygnacio Valley	NC	11.34	2	1	_____
314	Dwayne Owens	12	Foothill	SJ	10.98	3	2	_____
196	Andre Green	10	Long Beach Poly	SS	10.71	4	3	_____
53	Leslie Haymon	11	Edison	CE	10.50	5	4	_____
1	Barry Smith	11	Mission	SF	10.64	6	5	_____
199	John Toro	12	South Pasadena	SS	10.91	7	6	_____
97	Ron Martin	12	Chatsworth	LA	11.07	8	7	_____
						9	8	_____
							9	_____
391	Tim Green	12	Acalanes	NC	11.34	2	1	_____
96	Daniel Dinkins	12	Carson	LA	10.99	3	2	_____
313	Darren Stringer	12	Vacaville	SJ	10.77	4	3	_____
264	Tony Miller	12	Riordan	CC	10.56	5	4	_____
54	Derrick Loftis	11	Hanford	CE	10.65	6	5	_____
197	Rondo Smith	12	Ramona	SS	10.86	7	6	_____
489	Kiyoshi Moody	12	Castle Park	SD	11.09	8	7	_____
						9	8	_____
							9	_____
392	James Robinson	10	Clear Lake	NC	11.44	2	1	_____
478	Glen Reyes	12	Orange Glen	SD	11.02	3	2	_____
20	Jeff Laynes	11	Oakland	OK	10.82	4	3	_____
265	Ron Harris	12	Valley Christian	CC	10.60	5	4	_____
195	Curtis Conway	11	Hawthorne	SS	10.62	6	5	_____
95	Donovon Burks	10	Washington	LA	10.84	7	6	_____
315	Michael Lewis	12	Tracy	SJ	11.11	8	7	_____
						9	8	_____
							9	_____



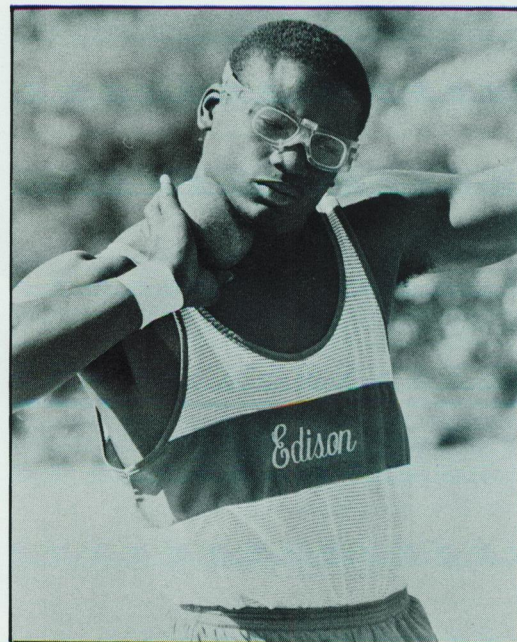
Quincy Watts, LA Taft High School and Tony Miller, SSF Riordan High School  
 Photo by Burt Davis, California Track and Running News

## BOYS SHOT PUT

7:00 p.m.

**Records - National:** 77-00.0 Michael Carter, Dallas, TX (Jefferson) 1979  
**State:** 69-0.5 Brian Blutreich, Mission Viejo (Capo Valley) 1985

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
16	Andrew Tolson	12	Lowell	SF	44-09.0	1	1	_____
29	Kenny Grant	11	Skyline	OK	48-04.0	2	2	_____
375	Carl Tenter	12	Paradise	ND	49-07.25	3	3	_____
429	Brian Remington	11	Antioch	NC	51-08.0	4	4	_____
486	Kelly Gray	12	Granite Hills	SD	52-06.0	5	5	_____
428	Tim Boerum	12	Redwood	NC	52-06.75	6	6	_____
52	Mike Stubblefield	12	Taft	CE	52-08.25	7	7	_____
51	Keith Jones	11	Hoover	CE	52-08.5	8	8	_____
140	Alex Carbajal	12	Franklin	LA	52-11.0	9	9	_____
427	Lenny Gomes	11	Montgomery	NC	52-11.0	10	10	_____
139	Brian Mendoza	12	South Gate	LA	52-11.25	11	11	_____
138	Arnold Ale	12	Carson	LA	53-01.75	12	12	_____
485	David Hillberg	12	El Capitan	SD	53-03.0	13	13	_____
300	Joe Taylor	12	Gunn	CC	54-05.75	14	14	_____
194	Won Lee	12	Ventura	SS	54-06.0	15	15	_____
193	Kevin Flynn	12	Edison	SS	54-07.25	16	16	_____
137	Chaka Wilbey	12	Cleveland	LA	55-01.0	17	17	_____
328	Jason Ford	11	Casa Roble	SJ	55-06.5	18	18	_____
344	Roger Johnson	11	Atwater	SJ	55-08.25	19	19	_____
411	Chris Robinette	12	California	NC	56-01.0	20	20	_____
192	Joe Bailey	12	Wilson (L.B.)	SS	56-04.5	21	21	_____
299	Mark Wohlford	12	Gunderson	CC	57-02.75	22	22	_____
343	Chris Carter	12	Jesuit	SJ	58-04.0	23	23	_____
191	Rick Fuller	12	Arroyo	SS	60-03.0	24	24	_____
50	Jason Miller	12	Clovis West	CE	60-04.5	25	25	_____
298	Joe Hicks	11	San Benito	CC	61-05.0	26	26	_____
484	Brent Noon	10	Fallbrook	SD	62-02.5	27	27	_____
190	Kaleaph Carter	12	Edison	SS	62-05.5	28	28	_____



Kaleaph Carter, Huntington Beach Edison High School  
 Photo by Burt Davis, California Track and Running News

## BOYS HIGH JUMP

**7:00 p.m.**

**Records - National: 7-05.25 Dothel Edwards, Athens, GA (Cedar Shoals) 1984**  
**State: 7-04.5 Maurice Crumby, San Fran. (Balboa) 1983**

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
27	Ed Hawkins	11	Oakland	OK	6-00.0	1	_____	_____
10	Vernon Ogalvie	12	Lincoln	SF	6-00.0	2	_____	_____
129	DeShawn Ross	12	Canoga Park	LA	6-04.0	3	_____	_____
130	Joseph Maudlin	12	San Fernando	LA	6-04.0	4	_____	_____
131	Samuel Watson	11	Washington	LA	6-04.0	5	_____	_____
291	Codman Conroy	12	St. Ignatius	CC	6-04.0	6	_____	_____
292	Dave Svec	11	Bellarmine	CC	6-04.0	7	_____	_____
338	Jason Slater	12	Colfax	SJ	6-05.0	8	_____	_____
339	Damon Smith	12	Fairfield	SJ	6-05.0	9	_____	_____
387	Kimani Haaziq	11	Los Plumas	NO	6-06.0	10	_____	_____
44	Jim Moshier	11	Immanuel	CE	6-06.0	11	_____	_____
180	Eric Pryce	12	Mission Viejo	SS	6-06.0	12	_____	_____
290	Gio Sprattling	12	Salinas	CC	6-06.0	13	_____	_____
337	E.J. Turner	12	JF Kennedy	BJ	6-06.0	14	_____	_____
476	Chris Cannon	12	Vista	SD	6-06.0	15	_____	_____
477	Joe Buchanon	12	San Marcos	SD	6-06.0	16	_____	_____
43	James Barrowman	11	North Bakersfield	CE	6-08.0	17	_____	_____
177	Craig Short	12	Santa Fe Springs	SS	6-08.0	18	_____	_____
178	Mark Wilson	12	Charter Oak	SS	6-08.0	19	_____	_____
179	Ed Logan	12	Notre Dame (SD)	SS	6-08.0	20	_____	_____
420	Gabe Manville	11	Santa Rosa	NC	6-08.0	21	_____	_____
421	Kwame Thompson	12	St. Mary's	NC	6-08.0	22	_____	_____
422	Tim Prince	12	James Logan	NC	6-08.0	23	_____	_____
475	Kris Peter	12	Bonita Vista	SD	6-08.0	24	_____	_____
42	Ricky Pickett	11	Clovis	CE	6-09.0	25	_____	_____
128	Eddie Bowling	11	Canoga Park	LA	6-09.0	26	_____	_____
419	Kevin Keane	11	De La Salle	NC	6-09.0	27	_____	_____
176	Reggie Betton	12	Antelope Valley	SS	6-10.0	28	_____	_____

## GIRLS TRIPLE JUMP

**7:00 p.m.**

**Records - National: 42-10.5 Wendy Brown, Woodside, CA 1984**  
**State: 42-10.5 Wendy Brown, Woodside 1984**

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
104	Miisha Davis	11	Dorsey	LA	29-07.5	1	_____	_____
103	Tanisha Bernard	11	Chatsworth	LA	31-08.0	2	_____	_____
101	Danielle Griffin	12	Taft	LA	31-09.25	3	_____	_____
102	Tanisha Lyons	11	Pacific Palisades	LA	32-10.5	4	_____	_____
26	Sonja Godfrey	12	Fremont	OK	34-02.5	5	_____	_____
367	Lynette Parker	10	James Logan	NC	35-09.75	6	_____	_____
353	Bridget Taylor	12	James Logan	NC	35-11.0	7	_____	_____
365	Amey Mitchell	9	Rancho Cotate	NC	35-11.5	8	_____	_____
364	Stephanie Hanf	9	Ygnacio Valley	NC	36-03.0	9	_____	_____
283	J.C. Broughton	11	Woodland	SJ	36-05.0	10	_____	_____
288	Heather Baker	11	Colfax	SJ	36-07.0	11	_____	_____
318	Kathy Long	12	Red Bluff	NO	36-09.5	12	_____	_____
1	Yolanda Burton	11	McAteer	SF	36-10.0	13	_____	_____
52	Julie Wasem	12	Redwood	CE	36-10.5	14	_____	_____
287	Stephanie Bhodes	11	Woodland	SJ	37-01.75	15	_____	_____
246	Robin Campana	11	Mountain View	CC	37-03.0	16	_____	_____
51	Temeca Richardson	12	Tulare Western	CE	37-03.5	17	_____	_____
44	Kim Young	11	Madera	CE	37-04.0	18	_____	_____
408	Stacy Thompson	12	Morse	SD	37-06.5	19	_____	_____
171	Roshonda Glenn	11	West Covina	SS	37-07.0	20	_____	_____
415	Rochelle Johnson	12	Patrick Henry	SD	37-07.25	21	_____	_____
165	Tonya Conner	12	Barstow	SS	37-07.5	22	_____	_____
245	Kathy Baird	11	Monte Vista	CC	38-01.0	23	_____	_____
170	Margie Gillis	12	Burbank	SS	38-04.25	24	_____	_____
169	Lisa Fager	10	Mission Viejo	SS	38-06.5	25	_____	_____
236	Keri Sanchez	9	Santa Teresa	CC	38-07.75	26	_____	_____
417	Lafrania West	12	Grossmont	SD	39-02.0	27	_____	_____
137	Althea Moses	12	Morningside	SS	39-05.25	28	_____	_____



Reggie Betton, Antelope Valley High School  
Photo by Burt Davis, California Track and Running News

### BOYS TRIPLE JUMP

7:00 p.m.

Records - National: 52-10.5 Charles Mayfield, Pasadena, CA (Muir) 1980  
 State: 52-10.5 Charles Mayfield, Pasadena (Muir) 1980

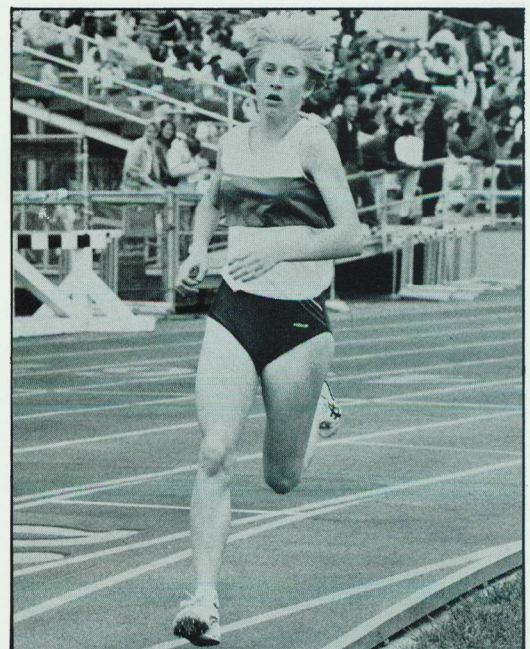
#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
27	Ed Hawkins	11	Oakland	OK	43-08.75	1		
6	Zuri Hector	12	Washington	SF	44-07.5	2		
426	Marvin Brown	12	Pittsburg	NC	45-01.25	3		
419	Kevin Keane	11	De La Salle	NC	45-04.0	4		
423	Rich Laccay	11	Moreau	NC	45-05.75	5		
136	Ron Wilkinson	12	Reseda	LA	45-08.5	6		
389	Charles Langston	12	Corning	NO	45-11.5	7		
135	Yomo Smith	12	Taft	LA	46-02.0	8		
134	Larry Stokes	12	Banning	LA	46-07.0	9		
189	Chris Shelton	12	Duarte	SS	46-07.5	10		
97	Ron Martin	12	Chatsworth	LA	46-08.0	11		
185	Billy Ivey	10	Edgewood	SS	47-02.5	12		
188	Chuck Rogers	12	Baldwin Park	SS	47-03.75	13		
422	Tim Prince	12	James Logan	NC	47-04.75	14		
187	Pat Scott	11	Wilson (L.B.)	SS	47-06.75	15		
49	Terrance Duke	12	Roosevelt	CE	47-07.5	16		
297	Dee Evans	10	Independence	CC	47-09.0	17		
293	Ken McKelvey	12	Independence	CC	47-10.5	18		
296	Chad Thomas	11	Riordan	CC	48-00.0	19		
48	DeAndre Roberson	11	West Bakersfield	CE	48-00.75	20		
47	Ryan Benjamin	12	Tulare	CE	48-01.5	21		
483	Damon Carson	12	San Diego	SD	48-07.75	22		
186	Mingo Hosey	12	Pasadena	SS	49-03.25	23		
482	Charles Huff	12	La Jolla	SD	49-07.75	24		
481	Lenny McGill	12	Orange Glen	SD	49-08.0	25		
342	Tory Rogers	12	Hiram Johnson	SJ	50-00.25	26		
330	Diatory Gilldersleev	12	Grant	SJ	50-11.75	27		
340	Tyrone Scott	12	Mesa Verde	SJ	51-03.0	28		

### GIRLS 800m RUN

7:10 p.m.

Records - National: 2:04.5 Joetta Clark, Maplewood, NJ (Columbia) 1980  
 State: 2:04.91 Trena Hull, Compton 1984

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
40	Tonya Russell	12	Taft	CE	2:20.12	2		
270	Diane Walker	11	Golden Sierra	SJ	2:17.58	3		
140	Rhonda Kennerson	11	Hawthorne	SS	2:15.72	4		
341	Courtney Clark	12	Las Lomas	NC	2:11.62	5		
137	Althea Moses	12	Morningside	SS	2:14.89	6		
79	Sharette Garcia	12	Manual Arts	LA	2:16.01	7		
29	Katrina Jacobs	11	Oakland	OK	2:25.06	8		
						9		
						1		
312	Christy Oliveira	11	West Valley	NO	2:20.74	2		
230	Genevieve Farnady	10	Los Gatos	CC	2:17.34	3		
139	Kim Toney	12	Atascadero	SS	2:15.62	4		
342	Becky Spies	9	Livermore	NC	2:13.31	5		
432	Gina Westby	12	Torrey Pines	SD	2:14.44	6		
78	Kimberly McAllister	11	Locke	LA	2:16.12	7		
272	Carrie Luis	10	Escalon	SJ	2:19.07	8		
						9		
						1		
2	Mona Pena	10	Washington	SF	2:23.34	2		
39	Whitney Wyatt	11	Bakersfield	CE	2:17.37	3		
226	Tarsha Handy	11	Archbishop Mitty	CC	2:15.74	4		
430	Kristine Hand	12	Fallbrook	SD	2:13.37	5		
136	Andrea Sansom	12	Glendora	SS	2:14.12	6		
343	Rosanna Sansone	12	Marin Catholic	NC	2:16.59	7		
82	LaMonica Smith	12	Banning	LA	2:18.29	9		
						8		
						1		
83	Camille Mayo	11	Los Angeles	LA	2:19.21	2		
344	Alisa Jones	9	Redwood	NC	2:17.09	3		
138	Persephone Lowery	11	Norco	SS	2:15.56	4		
38	Kathi Roldan	11	Mt. Whitney	CE	2:13.41	5		
431	Kristi Bache	12	University	SD	2:14.19	6		
229	Beth Bartholomew	10	Fremont	CC	2:15.74	7		
271	Gabby McKenzie	12	Dixon	SJ	2:17.88	8		
						9		



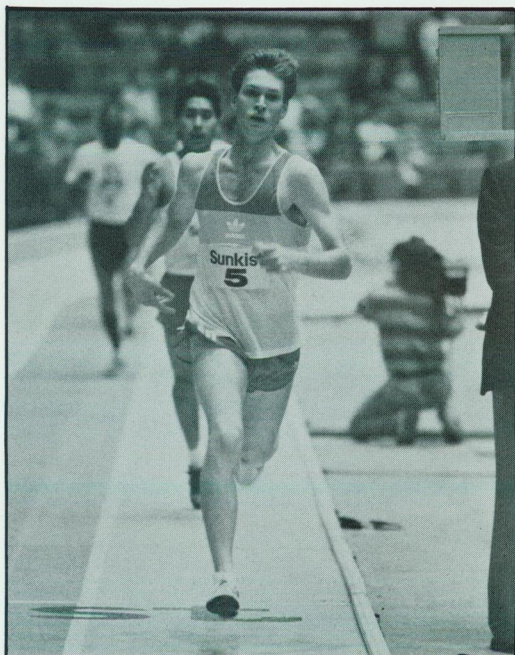
Becky Spies, Livermore High School  
 Photo by Don Gosney

### BOYS 800m RUN

7:30 p.m.

Records - National: 1:47.31 Pete Richardson, Berkeley 1981  
 State: 1:47.31 Pete Richardson, Berkeley 1981

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
1								
60	Steve Dirkse	12	South Bakersfield	CE	1:56.90	2		
271	Craig Magness	10	Santa Teresa	CC	1:54.84	3		
319	Scott Smoot	12	Vacaville	SJ	1:53.60	4		
494	Mark Senior	12	Mt. Miguel	SD	1:51.77	5		
211	Troy Collins	12	Hemet	SS	1:53.50	6		
104	Robert Mata	12	Roosevelt	LA	1:54.34	7		
401	Jeff Sorkness	12	Santa Rosa	NC	1:55.71	8		
9								
1								
22	Wesley Dawan	12	Oakland	OK	1:57.72	2		
272	Herman Vera	12	St. Francis	CC	1:54.84	3		
321	Derrick Miller	12	Hiram Johnson	SJ	1:53.81	4		
207	Eric Smith	11	Redlands	SS	1:52.22	5		
103	Darius Frelix	12	Washington	LA	1:53.53	6		
399	Scott Butch	10	Acalanes	NC	1:54.83	7		
59	Keith Guillory	12	McLane	CE	1:56.67	8		
9								
1								
61	Yanos Paulos	11	Roosevelt	CE	1:57.45	2		
105	George Cabral	12	Belmont	LA	1:55.55	3		
320	Luis Luna	12	Vacaville	SJ	1:53.88	4		
208	Edgar Montes	12	Nogales	SS	1:52.56	5		
210	John Carrow	12	Esperanza	SS	1:52.92	6		
496	Phil Smith	12	Patrick Henry	SD	1:54.25	7		
400	Leon Rountree	11	Bishop O'Dowd	NC	1:55.70	8		
9								
1								
3	Michael Smith	12	Galileo	SF	2:01.84	2		
369	Garry Martin	10	Oroville	NO	1:55.14	3		
495	Jorge Rodriguez	12	Fallbrook	SD	1:54.03	4		
209	Morgan Bateman	11	Crescenta Valley	SS	1:52.66	5		
398	Gordon Johnson	11	Piedmont	NC	1:53.32	6		
270	Joe Amendt	12	James Lick	CC	1:54.09	7		
106	Senuhe Garrett	12	Reseda	LA	1:55.68	8		
9								



Joe Amendt, San Jose Lick High School  
 Photo by Burt Davis, California Track and Running News

### GIRLS 300m LOW HURDLES

7:50 p.m.

Records - National: 40.18 Leslie Maxie, Millbrae, CA (Mills) 1984  
 State: 40.18 Leslie Maxie, Millbrae (Mills) 1984

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
1								
2	Mona Pena	10	Washington	SF	51.24	2		
354	Christy Boyd	9	Foothill	NC	45.64	3		
155	Danielle Reaves	12	Esperanza	SS	44.30	4		
92	Regina Weatherford	12	Locke	LA	42.89	5		
408	Stacy Thompson	12	Morse	SD	44.59	6		
239	Vickey Allegri	12	Harbor	CC	45.37	7		
24	D'Ouita Woods	12	Castlemont	OK	47.14	8		
9								
1								
406	Cathy Stark	12	San Pasqual	SD	47.64	2		
281	Stacy Mikelson	10	Placer	SJ	45.46	3		
95	Chrystal Lewis	11	Dorsey	LA	45.14	4		
236	Keri Sanchez	9	Santa Teresa	CC	43.23	5		
157	Iliana Mazingo	11	Hawthorne	SS	44.46	6		
352	Andrea Swift	11	Bonicia	NC	45.37	7		
46	Jennifer Sperling	10	Clovis West	CE	46.07	8		
9								
1								
96	Jane Kim	9	Taft	LA	47.19	2		
282	Marissa Wilkerson	12	Vanden	SJ	45.68	3		
238	Ada Alger	12	Sequoia	CC	44.87	4		
351	Michelle Decoux	12	Bishop O'Dowd	NC	43.24	5		
156	Cindy Byrne	11	Canyon (Cyn. Ctry.)	SS	44.31	6		
44	Kim Young	11	Madera	CE	45.29	7		
315	Glenda Whipple	9	Etna	NO	46.24	8		
9								
1								
47	Larrienne Tatman	9	Foothill	CE	47.94	2		
409	Cassandra Tyson	12	Mt. Carmel	SD	45.89	3		
91	LaTanya Davenport	11	Locke	LA	45.35	4		
152	Sharon Edmonds	12	Hawthorne	SS	43.95	5		
158	Shanee Somerville	9	Palm Springs	SS	44.61	6		
280	Amanda Dias	11	Manteca	SJ	45.34	7		
355	Lori Hokerson	9	Clayton Valley	NC	46.32	8		
9								



Keri Sanchez, San Jose St. Teresa High School  
 Photo by Don Gosney



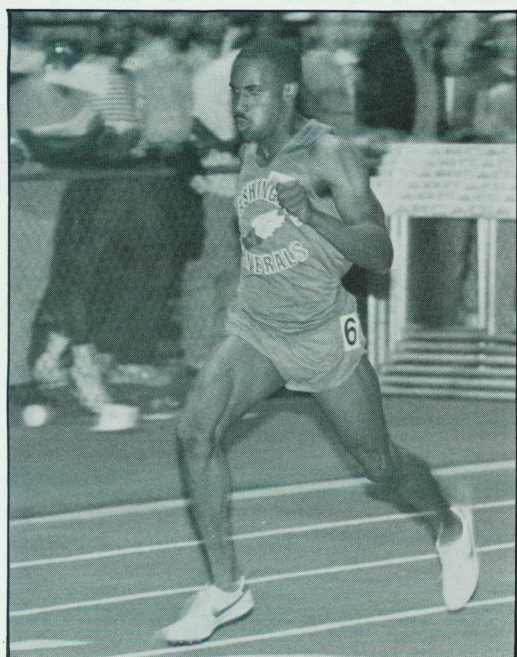


## BOYS 200m DASH

8:34 p.m.

**Records - National:** 20.0 Roy Martin, Dallas, TX (Roosevelt) 1983  
**State:** 20.73 Henry Thomas, Hawthorne 1984

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
1								
388	Murvin Kenion	12	St. Patrick's	SJ	22.48	2		
390	Darrel King	12	Ygnacio Valley	NC	22.13	3		
201	Erik Mitchell	12	Mayfair	SS	21.82	4		
263	Benari Burroughs	12	Independence	CC	21.20	5		
200	Russell White	11	Crespi	SS	21.60	6		
97	Ron Martin	12	Chatsworth	LA	21.98	7		
488	Jim Kegler	12	San Diego	SD	22.39	8		
9								
1								
391	Tim Green	12	Acalanes	NC	22.46	2		
367	Fred Lee	12	Big Valley	NO	21.94	3		
1	Barry Smith	11	Mission	SF	21.74	4		
98	Quincy Watts	12	Taft	LA	21.14	5		
181	Derrick Baker	12	Cerritos	SS	21.57	6		
45	James Stallworth	11	Tulare	CE	21.94	7		
315	Michael Lewis	12	Tracy	SJ	22.34	8		
9								
1								
491	Michael Stevenson	12	Morse	SD	22.47	2		
55	Chris Armwood	12	Lemoore	CE	22.04	3		
196	Andre Green	10	Long Beach Poly	SS	21.62	4		
94	Bryan Bridgewater	12	Washington	LA	20.89	5		
266	Bonzell Jenkins	12	Silver Creek	CC	21.54	6		
313	Darren Stringer	12	Vacaville	BJ	21.87	7		
393	Marvin Samuels	11	Livermore	NC	22.23	8		
9								
1								
490	Bobby Nelson	12	Mira Mesa	SD	22.45	2		
252	Aaron Turner	11	Pittsburg	NC	22.14	3		
56	Frank Jones	12	Hoover	CE	21.84	4		
195	Curtis Conway	11	Hawthorne	SS	21.22	5		
265	Ron Harris	12	Valley Christian	CC	21.43	6		
20	Jeff Laynes	11	Oakland	OK	21.85	7		
99	Jonathan DeVeaux	11	Narbonne	LA	22.15	8		
9								



Brian Bridgewater, LA Washington High School  
 Photo by Burt Davis, California Track and Running News

## GIRLS 1600m RELAY

8:46 p.m.

**Records - National:** 3:37.69 Pasadena, CA (Muir) 1985  
**State:** 3:37.69 Pasadena (Muir) 1985

Name	School	Sect.	Prev. Mark	Pos.	Place	Mark
1						
Lowell	Lowell	SF	4:29.14	2		
JF Kennedy, Fremnt	JF Kennedy (Fremnt)	NC	3:58.66	3		
Archbishop Mitty	Archbishop Mitty	CC	3:53.14	4		
Locke	Locke	LA	3:48.55	5		
Corona del Mar	Corona del Mar	SS	3:52.82	6		
Hoover	Hoover	CE	3:58.50	7		
Oakland	Oakland	OK	4:13.21	8		
9						
1						
Bret Harte	Bret Harte	SJ	4:01.84	2		
El Capitan	El Capitan	SD	3:58.92	3		
Bishop O'Dowd	Bishop O'Dowd	NC	3:57.27	4		
Hawthorne	Hawthorne	SS	3:49.83	5		
Muir	Muir	SS	3:53.04	6		
Clovis	Clovis	CE	3:58.45	7		
Crenshaw	Crenshaw	LA	4:00.61	8		
9						
1						
Independence	Independence	CC	4:03.69	2		
Bakersfield	Bakersfield	CE	3:58.88	3		
San Pasqual	San Pasqual	SD	3:57.64	4		
Pomona	Pomona	SS	3:52.07	5		
Dorsey	Dorsey	LA	3:55.19	6		
Tokay	Tokay	SJ	3:58.24	7		
Northgate	Northgate	NC	4:02.53	8		
9						
1						
James Logan	James Logan	NC	4:03.55	2		
Davis	Davis	SJ	4:00.14	3		
San Fernando	San Fernando	LA	3:57.54	4		
Woodbridge	Woodbridge	SS	3:52.46	5		
St. Francis	St. Francis	CC	3:53.14	6		
Morse	Morse	SD	3:57.74	7		
West Valley	West Valley	NO	4:03.84	8		
9						



Kesha Marvin, Hawthorne High School 1600m anchor  
 Photo by Burt Davis, California Track and Running News

### BOYS 1600m RELAY

9:10 p.m.

Records - National: 3:07.40 Hawthorne, CA 1985  
 State: 3:07.40 Hawthorne, CA 1985

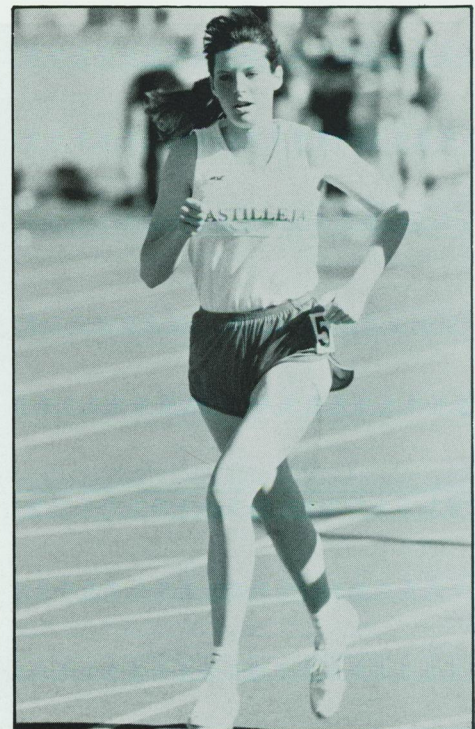
Name	School	Sect.	Prev. Mark	Pos.	Place	Mark
				1	_____	_____
Fortuna	Fortuna	NC	3:22.34	2	_____	_____
Carson	Carson	LA	3:19.74	3	_____	_____
Oakland	Oakland	OK	3:18.33	4	_____	_____
Hawthorne	Hawthorne	SS	3:12.99	5	_____	_____
Mount Miguel	Mt. Miguel	SD	3:18.32	6	_____	_____
Hiram Johnson	Hiram Johnson	SJ	3:19.04	7	_____	_____
Hanford	Hanford	CE	3:21.49	8	_____	_____
				9	_____	_____
				1	_____	_____
Los Altos	Los Altos	CC	3:22.38	2	_____	_____
Morse	Morse	SD	3:19.06	3	_____	_____
Muir	Muir	SS	3:18.53	4	_____	_____
Washington	Washington	LA	3:16.10	5	_____	_____
Vacaville	Vacaville	SJ	3:18.04	6	_____	_____
Acalanes	Acalanes	NC	3:18.54	7	_____	_____
Lemoore	Lemoore	CE	3:20.72	8	_____	_____
				9	_____	_____
				1	_____	_____
Anderson	Anderson	NO	3:23.44	2	_____	_____
Ygnacio Valley	Ygnacio Valley	NC	3:20.26	3	_____	_____
Elk Grove	Elk Grove	SJ	3:18.94	4	_____	_____
Long Beach Poly	Long Beach Poly	SS	3:16.42	5	_____	_____
Crenshaw	Crenshaw	LA	3:17.94	6	_____	_____
Silver Creek	Silver Creek	CC	3:18.91	7	_____	_____
Patrick Henry	Patrick Henry	SD	3:21.18	8	_____	_____
				9	_____	_____
				1	_____	_____
McAteer	McAteer	SF	3:28.24	2	_____	_____
Reseda	Reseda	LA	3:20.24	3	_____	_____
Eisenhower	Eisenhower	SS	3:18.61	4	_____	_____
Independence	Independence	CC	3:16.56	5	_____	_____
Morningside	Morningside	SS	3:16.72	6	_____	_____
Clovis West	Clovis West	CE	3:18.67	7	_____	_____
James Logan	James Logan	NC	3:20.37	8	_____	_____
				9	_____	_____

### GIRLS 3200m RUN

7:35 p.m. SATURDAY

Records - National: 10:03.7 Erin Keogh, Langley, VA (McLean) 1987  
 State: 10:04.2 Cory Schubert, San Jose (Del Mar) 1983

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
273	Ann Kuphalt	12	Bella Vista	SJ	11:18.58	1	_____	_____
41	Mary Martinez	10	Foothill	CE	11:17.8	2	_____	_____
235	Rachel Lewis	11	Santa Catalina	CC	11:11.4	3	_____	_____
142	Tracey Williams	12	Mountain View	SS	10:52.37	4	_____	_____
149	Nicole Houle	12	Hesperia	SS	10:45.86	5	_____	_____
147	Karen Hecox	10	South Hills	SS	10:40.37	6	_____	_____
146	Reyna Cervantes	11	Montebello	SS	10:33.91	7	_____	_____
433	Kira Jorgensen	12	Rancho Buena Vista	SD	10:40.34	8	_____	_____
148	Jaime Park	11	Santa Barbara	SS	10:45.19	9	_____	_____
233	Katy McCandless	12	Castilleja	CC	10:47.1	10	_____	_____
234	Jennifer Ashe	12	Leland	CC	10:53.9	11	_____	_____
345	Dana Bjornsen	12	Campolindo	NC	11:15.74	12	_____	_____
347	Michelle Ferguson	10	Piner	NC	11:18.54	13	_____	_____
276	Eva Belt	11	El Dorado	SJ	11:20.51	14	_____	_____
3	Lisa Lopez	9	Balboa	SF	12:45.0	15	_____	_____
90	Christy Stubbs	11	El Camino Real	LA	11:40.4	16	_____	_____
85	Jerri Martin	12	San Pedro	LA	11:37.0	17	_____	_____
277	Kim Nemanic	11	Del Oro	SJ	11:33.80	18	_____	_____
437	Jami Butler	12	San Dieguito	SD	11:25.58	19	_____	_____
313	Tina Borbet	10	Lassen	NO	11:24.0	20	_____	_____
349	Sarah Riley	9	Campolindo	NC	11:20.94	21	_____	_____
350	Jennie Dempsey	10	Analy	NC	11:21.54	22	_____	_____
436	Sherish Harris	12	Serra	SD	11:25.28	23	_____	_____
42	Mary Lopez	12	Madera	CE	11:25.8	24	_____	_____
88	Arcelia Gomez	11	Wilson	LA	11:36.0	25	_____	_____
89	Martha Segura	11	Lincoln	LA	11:37.4	26	_____	_____
43	Chantell Calabrese	9	Clovis West	CE	11:40.7	27	_____	_____
30	Tsega Sesfaha	11	Oakland	DK	13:50.45	28	_____	_____



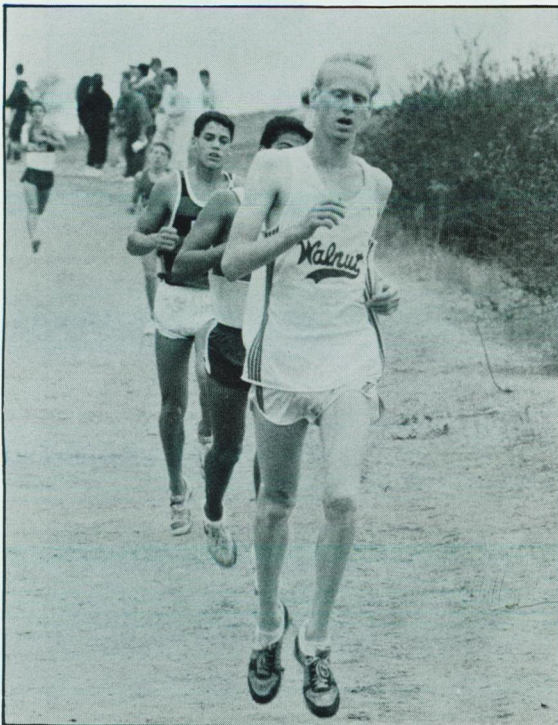
Katy McCandless, Portola Valley Castilleja High School  
 Photo by Don Gosney

# BOYS 3200m RUN

**7:50 p.m. SATURDAY**

**Records - National: 8:41.5 Steve Prefontaine, Coos Bay, OR (Marshfield) 1969**  
**State: 8:41.6 Eric Hulst, Laguna Beach 1976**

#	Name	Gr.	School	Sect.	Prev. Mark	Pos.	Place	Mark
497	Francis O'Neill	12	San Pasqual	SD	9:23.55	1	---	---
65	Scott Cole	12	Yosemite	CE	9:22.6	2	---	---
402	Steve Zirkelbach	12	Concord	NC	9:20.00	3	---	---
325	Hector Ortiz	12	Orestimba	SJ	9:13.6	4	---	---
220	Scott Hempel	11	Walnut	SS	9:03.28	5	---	---
218	Ed Lavelle	12	Corona del Mar	SS	9:02.90	6	---	---
322	Reggie Williams	12	River City	SJ	8:59.7	7	---	---
217	David Scudamore	12	Palos Verdes	SS	9:02.38	8	---	---
219	Jimmy Rodriguez	12	Santa Ana Valley	SS	9:03.06	9	---	---
221	Shannon Winkelman	12	Marina	SS	9:03.57	10	---	---
326	Kevin Holbrook	11	Vacaville	SJ	9:14.6	11	---	---
500	Jason Salber	12	University City	SD	9:20.05	12	---	---
406	Rob Scott	11	San Ramon	NC	9:23.44	13	---	---
111	Sabino Miranda	12	Birmingham	LA	9:23.9	14	---	---
24	Jamal Lampley	12	Castlemont	OK	10:09.33	15	---	---
113	Craig Lawson	11	Granada Hills	LA	9:30.5	16	---	---
112	Jesus Naranjo	11	Wilson	LA	9:30.0	17	---	---
498	Goshu Tadese	12	Crawford	SD	9:28.68	18	---	---
278	Mike Brown	11	Gunn	CC	9:25.9	19	---	---
276	Brett Mack	12	Carlmont	CC	9:24.4	20	---	---
407	Kevin Beckowitz	10	Hayward	NC	9:24.08	21	---	---
408	Matt Johanson	12	Castro Valley	NC	9:24.11	22	---	---
277	Brian Schilling	12	Palo Alto	CC	9:25.1	23	---	---
66	Richard Nunez	12	Golden West	CE	9:26.6	24	---	---
67	Juan Romero	11	Arvin	CE	9:29.5	25	---	---
104	Robert Mata	12	Roosevelt	LA	9:30.5	26	---	---
371	Neil Haggard	11	Paradise	NO	9:48.1	27	---	---
4	Ken Skidmore	12	Lowell	SF	10:34.4	28	---	---



Scott Hempel, Walnut High School  
Photo by Burt Davis, California Track and Running News

# SATURDAY TIME SCHEDULE

## TRACK FINALS (Saturday)

### EVENTS

6:00	Event 1	Girls' 400m Relay
6:05	Event 2	Boys' 400m Relay
6:10	Event 3	Girls' 1600m Run
6:20	Event 4	Boys' 1600m Run
6:30	Event 5	Girls' 100m Low Hurdles
6:35	Event 6	Boys' 110m High Hurdles
6:40	Event 7	Girls' 400m Dash
6:45	Event 8	Boys' 400m Dash
6:50	Event 9	Girls' 100m Dash
6:55	Event 10	Boys' 100m Dash
7:00	Event 11	Girls' 800m Run
7:05	Event 12	Boys' 800m Run
7:15	Event 13	Girls' 300m Low Hurdles
7:20	Event 14	Boys' 300m Int Hurdles
7:25	Event 15	Girls' 200m Dash
7:30	Event 16	Boys' 200m Dash
7:35	Event 17	Girls' 3200m Run
7:50	Event 18	Boys' 3200m Run
8:05	Event 19	Girls' 1600m Relay
8:10	Event 20	Boys' 1600m Relay

## FIELD EVENT FINALS (Saturday)

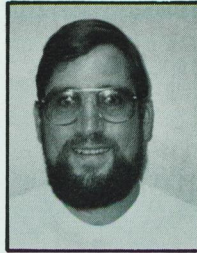
EVENTS	STARTING TIME	REPORTING TIME (Clerk of the Course)
Boys' Discus	5:00 p.m.	4:00 p.m.
Girls' Discus	7:00 p.m.	6:00 p.m.
Girls' Shotput	5:00 p.m.	4:00 p.m.
Boys' Shotput	7:00 p.m.	6:00 p.m.
Girls' High Jump	5:00 p.m.	4:00 p.m.
Boys' High Jump	7:00 p.m.	6:00 p.m.
Girls' Long Jump	5:00 p.m.	4:00 p.m.
Girls' Triple Jump	7:00 p.m.	6:00 p.m.
Boys' Long Jump	5:00 p.m.	4:00 p.m.
Boys' Triple Jump	7:00 p.m.	6:00 p.m.
Boys' Pole Vault	5:00 p.m.	4:00 p.m.

# 1988 HONOR COACHES

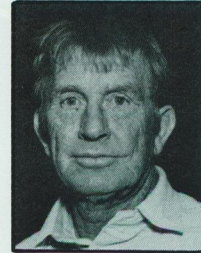
The State CIF office hereby honors these coaches who have been selected for their coaching excellence and contributions to the sport of track and field.



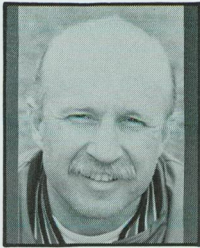
**Marva Nielson**  
Oakland High School  
Oakland Section



**David Ponas**  
Oakland High School  
Oakland Section



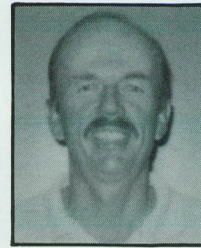
**Glenn Winter**  
Elk Grove High School  
Sac-Joaquin Section



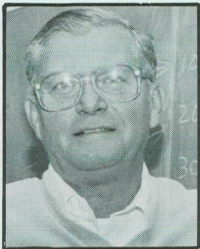
**Dave Moss**  
Etna High School  
Northern Section



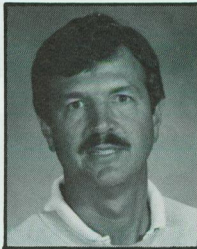
**Arnie Kirkham**  
Modoc High School  
Northern Section



**Bob Oliver**  
Serra High School  
San Diego Section



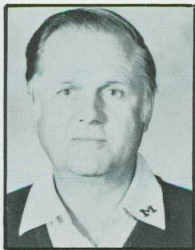
**Bob Stout**  
San Diego High School  
San Diego Section



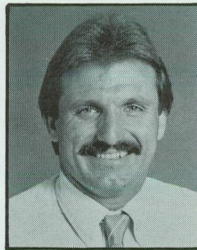
**Monty Steadman**  
Overfelt High School  
Central Coast Section



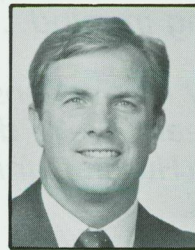
**Deanne Johnson**  
Presentation High School  
Central Coast Section



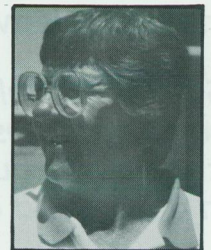
**Doug Rudolf**  
Mt. Whitney High School  
Central Section



**Carlo Prandini**  
Clovis High School  
Central Section



**Robin Paulsen**  
Belmont High School  
L.A. City Section



**Pat Nordell**  
Westchester High School  
L.A. City Section



**Ron Stark**  
Tennyson High School  
North Coast Section

**Gil Lemmon**  
Washington High School  
North Coast Section



**Joe Torres**  
Fillmore High School  
Southern Section

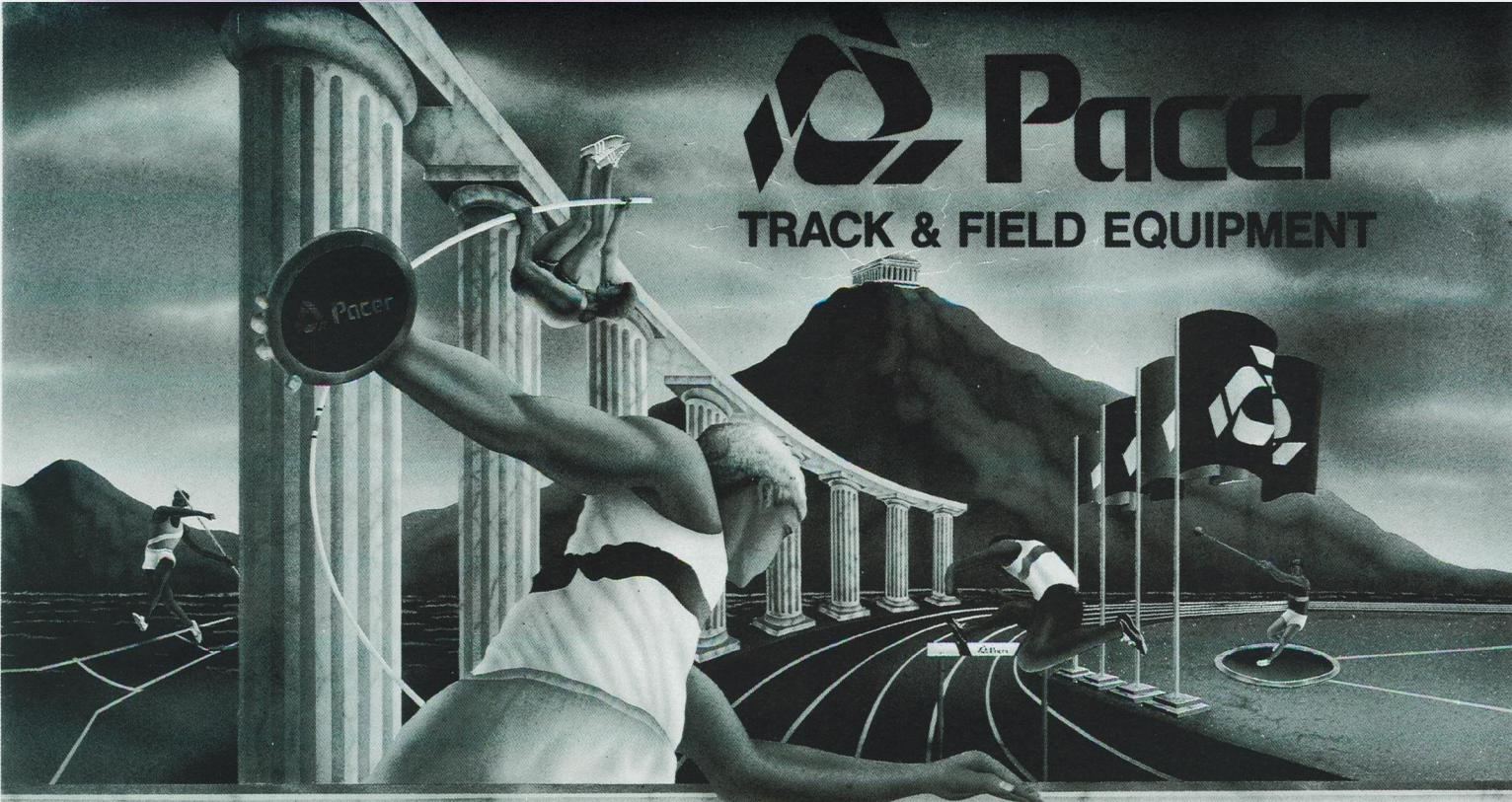


**Sandy Williams**  
Royal High School  
Southern Section



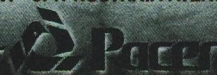
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# HURRY - Offer expires July 1, 1988

# PAST CIF/REEBOK TEAM CHAMPIONS

## BOYS

SCHOOL	POINTS	COACH	LOCATION	DATES
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	4/3/15
Manual Arts, Los Angeles	37½	Otto Fritsch	YMCA Field, Los Angeles	4/8/16
Coalinga	25	Charles Geer	Berkeley	4/28/17
Pasadena	25	George Main	Sacramento Fair	4/27/18
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	4/26/19
Los Angeles	18	Glenn Whittle	Bakersfield Fair	4/24/20
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	4/30/21
Huntington Beach	16	Ray Walker	Stockton Fair	5/6/22
Hollywood	17½	William Paige	Occidental College, Los Angeles	5/12/23
Manual Arts, Los Angeles	26	Sid Foster	Taft High	5/10/24
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	5/9/25
Polytechnic, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	5/8/26
Glendale	35	Norman Hayhurst	Modesto High	5/7/27
Polytechnic, Long Beach	21	Norman Barker	Selma High	5/5/28
San Diego	22¾	Glenn Broderick	Los Angeles Coliseum	5/11/29
Sacramento (Tie)	11	Lawrence Janssen	Berkeley	5/10/30
San Diego (Tie)	11	Glen Broderick		
Santa Ana	11	G.A. "Tex" Oliver		
Polytechnic, Los Angeles	19½	Edward Leahy	Visalia	5/23/31
Polytechnic, Long Beach	22½	Norman Baker	Modesto Junior College	5/2/32
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	5/20/33
Muir, Pasadena	15½	Albion Walton	Edwards Stadium, Berkeley	5/26/34
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	5/25/35
Muir, Pasadena	18	Albion Walton	Gridley High	5/23/36
Jefferson, Los Angeles	23½	Harold Edelson	Wilson High, Long Beach	5/228
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	5/27/39
Bakersfield	18½	"Cap" Haralson	Visalia High	5/25/40
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	5/24/41
Redondo	21	Harold Grant	Compton College	5/25/46
Washington, Los Angeles	24	Gail Wyatt	Visalia High	5/31/47
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	5/29/48
Jefferson, Los Angeles	28½	Estel Johnson	Los Angeles Coliseum	5/28/49
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	5/27/50
Jefferson, Los Angeles	16½	Estel Johnson	Edwards Stadium, Berkeley	5/26/51
Jefferson, Los Angeles	30½	Estel Johnson	Los Angeles Coliseum	5/24/52
Manual Arts, Los Angeles	16 3/5	Charles Toney	Ratcliffe Stadium, Fresno	5/29/53
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	5/29/54
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	5/28/55
Jefferson, Los Angeles	24 2/3	Estel Johnson	Chico State College	6/2/56
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	6/1/57
Compton (Tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	5/31/58
Manual Arts, L.A. (Tie)	11	Charles Toney		
Polytechnic, Long Beach	14	Leon Forman	Memorium Stadium, Bakersfield	
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium	
Centennial, Compton	11	Bill Gill	East Los Angeles College	
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	6/2/62
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	5/31-6/1/63
Jefferson, Los Angeles (Tie)	13	Andy Bakjian	Los Angeles Coliseum	6/5-6/6/64
Polytechnic, Long Beach (Tie)	13	Leon Forman		
Polytechnic, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	6/4-5/65
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	6/3-4/66
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	6/2-3/67
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	5/31-6/1/68
Los Angeles	22	E. Bravo	UCLA	6/6-7/69
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	6/5-6/70
Lompoc	13	Frank Hiatt	UCLA	6/4-5/71
Sacramento	18*	Scotty Bingham	Oroville High	6/1-2/72
Wilson, San Francisco	20	Adam Banks	Woodland High	6/1-2/73
Muir, Pasadena	23*	Walter Opp	Memorial Stadium, Bakersfield	5/31-6/1/74
Harry Elis, Richmond	22	Sylvester Greenwood	San Diego	6/6-7/75
Hamilton, Los Angeles	12	Gene Broadwater	U.C. Berkeley	6/4-5/76
Pasadena	26	Bob Pruitt	UCLA	6/3-4/77
El Camino, Oceanside	16	Neil Kovacevich	Memorial Stadium, Bakersfield	6/2-3/78
Pasadena	16	Art Large	Hughes Stadium, Sacramento	6/1-2/79
Berkeley	41	Willie White	Edwards Stadium, Berkeley	6/6-7/80
Berkeley	58	Willie White	Cerritos College, Norwalk	6/5-6/81
Crenshaw, L.A. (Tie)	20	Bob Volles	Hughes Stadium, Sacramento	6/4-5/82
Mission Viejo (Tie)	20	Gene Gurley		
Hawthorne	40*	Kye Courtney	Memorial Stadium, Bakersfield	6/4/83
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	6/2/84
Hawthorne	29	Kye Courtney	Sacramento	5/31/85
Taft, Woodland Hills	26	Tom Stevens	Norwalk	6/6/86
Hawthorne	34	Kye Courtney	Sacramento	6/5/87

No meets held 1941-1945, World War II.

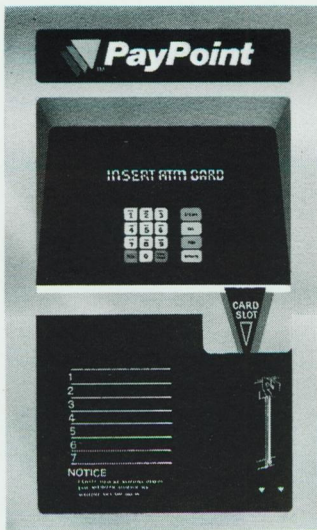
\*Reported figures for finals. Scoring system used was 5-3-2-1 from 1915 to 1928, 5-3-2-1½ for 1929 from 1931 to 1965, 6-4-3-2-1 from 1966 to 1979, and 10-8-6-5-4-3 since 1980.

## GIRLS

Berkeley	13	Willie White	Memorial Stadium, Bakersfield	5/31-6/1/74
Washington, Los Angeles	22	Arnice Reddick	San Diego	6/6-7/75
Berkeley	20	Willie White	U.C. Berkeley	6/4-5/76
Locke, Los Angeles	14	Addie Cornelius	UCLA	6/3-4/77
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	6/2-3/78
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	6/1-2/79
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	6/6-7/80
Berkeley	64	Willie White	Cerritos College, Norwalk	6/5-6/81
Berkeley	48	Willie White	Hughes Stadium, Sacramento	6/4-5/82
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	6/4/83
Woodside	38	Susie Wilson	Los Angeles Coliseum	6/2/84
Muir, Pasadena	55	Jim Brownfield	Sacramento	5/31/85
Hawthorne	40	Kye Courtney	Norwalk	6/6/86
Pomona	30	Isaiah Sanders	Sacramento	6/5/87

Scoring systems used were 5-3-1 in 1974, 5-4-3-2-1 from 1976 to 1979, and 10-8-6-4-2-1 since 1980.





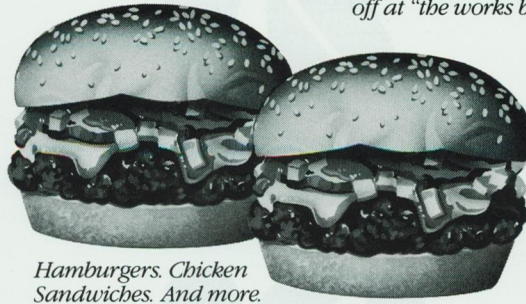
The PayPoint Network® makes it easy for gasoline customers to fill up. They get low cash prices. And save their cash.

Our new gas nozzle is 50% lighter. And a lot easier to use.



ARCO offers quality gasoline. At low cash prices.

100% beef hot dogs. Top them off at "the works bar."



Hamburgers. Chicken Sandwiches. And more. People are surprised what's cookin' at am/pm mini markets.



## WE EXPLORE MORE THAN OIL FIELDS.

At ARCO, we've always been known for innovation. If there's a better way to do it, we find it.

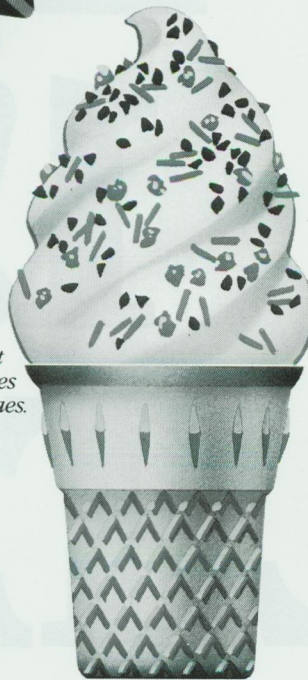
Whether it's quality gasoline at low cash prices without using cash, great tasting fast food, or a variety of grocery items at reasonable prices, we always have the same goal.

Giving people better quality, and more convenience, at a better price.

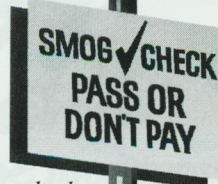


The high energy company.

And "do it yourself" soft serve and yogurt for dessert. Cones and sundaes.



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An innovator with "Pass or Don't Pay" smog checks.



Customers are surprised how much is in store at am/pm mini markets.

4!

3!

2!

1!

# DEL TACO!

Quick! Find an opening in the crowd and go for it! The munchy, Del Taco taco.

The tender, hot and tangy burrito. The big, juicy Double Del hamburger.

Whichever you choose, it'll be delicious. In fact, unbeatable.

Because it's so fresh. At Del Taco, we don't prepare anything ahead of time, we wait till you get here and order it. And as all food fans know, things can really get exciting during those last few seconds.



**DelTaco**

**locations throughout Southern California**

# CIF/REEBOK INDIVIDUAL EVENT CHAMPIONS

## POLE VAULT/Boys

1957	Voyce Hendrix (Riverdale)	13-6
1958	John Rose (Hoover, Glendale)	14-1
1959	Bob Looney (Santa Barbara)	13-8½
1960	Mike Flanagan (Ganessa, Pomona)	
	Gary Down (Anaheim)	13-3
1961	Mike Graves (El Cajon)	14-2½
1962	Eric Berge (Costa Mesa)	
	Bob Richardson (Ganessa, Pomona)	
1963	Bill Fosdick (Hill, San Jose)	14-8¾
1964	Paul Wilson (Warren, Downey)	15-4¼
1965	Paul Wilson (Warren)	15-6½
1966	Wayne Meyes (Foothill, Sacramento)	15-0¾
1967	Tom Reynolds (Morningside, Inglewood)	14-10
1968	Steve Smith (South, Torrance)	15-3½
1969	Steve Smith (South)	16-0
1970	Tom Lindsay (LaSierra, Carmichael)	14-10½
1971	Tim Quinn (Monroe, Sepulveda)	15-2
1972	Hubert Black	15-2
1973	Tim Curran (Crispi, Encino)	16-2¾
1974	Jim Knaub (Lakewood)	
1975	Keith Schimmel (Villa Park)	15-6
1976	Tim Hintnaus (Aviation, Redondo Beach)	15-2
1977	Anthony Curran (Crespi, Encino)	16-0
1978	Anthony Curran (Crespi)	17-0¼
1979	Clark Elliot (Bellflower)	15-6
1980	Greg Stull (Troy, Fullerton)	15-10
1981	Doug Wicks (South, Bakersfield)	15-2
1982	Scott Christensen (Acalanes)	15-6
1983	Mike Kibort (Sarotoga)	15-6
1984	Moen Ivar (Los Gatos)	16-2
1985	Brent Burns (Acalanes, Lafayette)	16-2
1986	Steve Toney (Menlo-Atherton, Atherton)	16-2
1987	Steve Sloucum (Foothill, Santa Ana)	15-6

## DISCUS/Girls

1976	Kathy Middleton (Poway)	134-5
1977	Karen Stampfl (Lassen, Susanville)	137-8
1978	Christi Pyle (Hoover, Glendale)	149-3
1979	Leslie Deniz (Gridley)	167-1
1980	Leslie Deniz (Gridley)	172-11
1981	Natalie Kaaiawahia (Fullerton)	162-10
1982	Jacque Norton (Mission Viejo)	160-2
1983	Natalie Kaaiawahia (Fullerton)	170-1
1984	Stacy Hom (Cordova)	159-1
1985	Lill Li (Nogales, La Puente)	162-2
1986	Tracy Crawford (South East, San Diego)	156-2
1987	Dawn Dumble (Bakersfield)	144-10

## HIGH JUMP/Girls

1974	Pam Blackburn (Cubberley, Palo Alto)	5-8
1975	Kim Maddox (Los Angeles)	5-8
1976	Kari Gosswiller (Upland)	5-10
1977	Kari Gosswiller (Upland)	5-9
1978	Sue McNeal (Carlsbad)	5-10¼
1979	Tonya Alston (Chico)	5-9
1980	Karen Lysaght (St. Francis, Sacramento)	6-0
1981	Katrina Johnson (Marshall, Pasadena)	5-10
1982	Katrina Johnson (Marshall, Pasadena)	5-11
1983	Tonya Mendonca (Mt. Whitney, Visalia)	6-1
1984	Wendy Brown (Woodside)	6-1¼
1985	Latrese Johnson (Clovis)	6-2
1986	Yleana Carrasco (Anaheim)	5-10
1987	Lynn Patrick (Serra, San Diego)	5-10

## DISCUS/Boys

1959	Ron Sindow (San Rafael)	176-1
1960	Alex Darnes (Polytechnic, S.F.)	178-8
1961	Bob Stoecker (Los Altos)	188-6½
1962	Bob Stoecker (Los Altos)	185-11½
1963	Stan McDonald (Edison, Fresno)	178-1
1964	Bill Staley (Las Lomas, Walnut Creek)	181-2
1965	Bruce Naglee (Baltimore, San Jose)	172-3½
1966	Jim Peters (Piedmont)	189-1
1967	Fred DeBernardi (Hart, Newhall)	178-2
1968	Rory Kenward (San Marcos, Santa Barbara)	183-11
1969	Chris Adams (Los Altos)	188-0
1970	Chris Adams (Los Altos)	201-3
1971	Bob Otto (Porterville)	184-9
1972	Scott Overton (Los Altos)	185-10
1973	Lonnie Shelton (Foothill, Bakersfield)	195-5
1974	Ray Burton (Vacaville)	193-0
1975	Mike Alberg (Lodi)	171-11
1976	Scott Endler (Hoover, Fresno)	192-10

1977	David Thompson (Santa Ynez)	190-0
1978	David Porath (Atwater)	199-5
1979	Hand Kraychir (San Jacinto)	192-9
1980	Paul Dender (Shafter)	192-9
1981	Antonio Dobbins (Burrouroughs, Ridgecrest)	180-10
1982	Antonio Dobbins (Burrouroughs)	191-1
1983	Barry Estes (Clovis)	183-4
1984	Tambi Wenj (Fountain Valley)	185-11
1985	Brian Bluetreich (Capistrano Valley, Mission Viejo)	203-4
1986	Jeff Hooper (Del Campo, Fair Oaks)	187-4
1987	Dave Bultman (Royal, Simi Valley)	193-6

## SHOT PUT/Girls

1974	Kathy Devine (Mission Bay, San Diego)	47-4½
1975	Kathy Devine (Mission Bay)	42-3¾
1976	Becky Daniel (Newport Harbor)	42-9¾
1977	Debra Thorntana (Sacramento)	43-9
1978	Kerry Zwart (Crescenta Valley)	45-11½
1979	Susie Ray (Villa Park)	48-4½
1980	Natalie Kaaiawahia (Fullerton)	48-4½
1981	Natalie Kaaiawahia (Fullerton)	51-8½
1982	Natalie Kaaiawahia (Fullerton)	50-3
1983	Natalie Haaiawahia (Fullerton)	52-7½
1984	Pam Alexander (Arlington)	46-3½
1985	Elaina Oden (Irvine)	46-11¾
1986	Brandi Gall (Rowland, Hacienda Hills)	45-2¼
1987	Kim Lassair (North Gate)	39-6¼

## TRIPLE JUMP/Girls

1982	Wendy Brown (Woodside)	
1983	Wendy Brown (Woodside)	40-3
1984	Wendy Brown (Woodside)	42-10½
1985	Shiela Hudson (Rio Linda)	41-10w
1986	Felicia Harris (San Lorenzo)	40-2
1987	Kim Lassair (Northgate)	39-6¼

## LONG JUMP/Boys

1957	Luther Hayes (Lincoln, San Diego)	23-8½
1958	Steve Rogers (Brawley)	24-6
1959	Efften Jones (Delano)	23-5¾
1960	Walt Roberts (Compton)	24-7¼
1961	Robert McKeever (Fremont, L.A.)	24-3
1962	James Kennedy (Lincoln, San Diego)	24-5¾
1963	Jerry Williams (Berkeley)	24-3½
1964	Bobby Bonds (Polytechnic, Riverside)	25-3
1965	Manuel Murrell (Polytechnic, Long Beach)	24-9¾
1966	Doyle Steel (San Diego)	25-3¾
1967	Jerry Proctor (Muir, Pasadena)	25-4½
1968	Heulon Hewitt (Merced)	24-7
1969	Lynn Swann (Serra, San Mateo)	24-2¾
1971	Randy Williams (Edison, Fresno)	26-3¼
1972	Carl McCullough (Sacramento)	24-7
1973	Jerry Herndon (Cajon, San Bernardino)	25-4½
1974	James Lofton (Washington, L.A.)	24-3½
1975	Paul Wilson (Fontana)	24-8½
1977	Kurt Durham (Oakland)	25-0¾
1978	Dokie Williams (El Camino, Oceanside)	25-1¼
1979	George Gaffney (Lemoore)	24-1¾
1980	Charles Mayfield (Muir, Pasadena)	23-4¾
1981	Ed Tave (Muir, Pasadena)	25-0¾
1982	Cornell Archie (Norte Del Rio)	24-4¾
1983	Johnny Cleveland (Soquel)	24-6½
1984	Joe Richardson (Pasadena)	24-11
1985	Larry Nelson (Simi Valley)	24-3¾
1986	Curtis Rodgers (Johnson, Sacramento)	23-10
1987	Percy Knox (Antelope Valley)	24-6½

## HIGH JUMP/Boys

1957	Robert Avant (Hart, Newhall)	6-8
1958	Ray Nickleberry (Oxnard)	
	Paul Stubber (Bellflower)	6-8
1959	Paul Stubber (Bellflower)	6-7¼
1960	Archie Green (Oakland)	
	Roger Olsen (Willow Glen, San Jose)	6-6¼
1961	Richard Jones (Bakersfield)	6-8¼
1962	Richard Jones (Bakersfield)	
	Otis Burrell (Lefteron, L.A.)	
	Bob Channell (McLane, Fresno)	6-7½
1963	Ed Caruthers (Valley, Santa Ana)	6-8

1964	Gregg Heet (Lowell, Whittier)	6-7¾
1965	Ken Brown (Castlemont, Oakland)	6-8½
1966	Tom Clyburn (Balboa, San Francisco)	6-10
1967	Reynaldo Brown (Compton)	6-9¼
1968	Reynaldo Brown (Compton)	7-0
1969	Reynaldo Brown (Compton)	7-0
1970	Jerry Culp (Oceanside)	7-0¼
1971	Dwight Stones (Glendale)	7-1½
1972	Carl Miles (Polytechnic, Long Beach)	6-10
1973	Randy Turner (Wilson, San Francisco)	6-6
1974	Charles Hatch (Wilson, San Francisco)	7-0
1975	Johnny Washington (Fremont, L.A.)	7-0
1976	John Lane (American, Fremont)	6-11
1977	Dennis Smith (Santa Monica)	7-2
1978	Brad Harris (Los Alamitos)	6-11
1979	Lee Balkin (Glendale)	7-3¼
1980	Greg Denby (Crenshaw, L.A.)	6-10
1981	Anthony Caire (Pius X, Downey)	7-1
1982	Maurice Crumby (Balboa, San Francisco)	7-2
1983	Randy Burke (Westlake)	7-0
1985	Mark Webster (Homestead, Cupertino)	6-9
1986	Derrick Moore (Millikan, Long Beach)	6-10
1987	Luis F. Juico (Piedmont Hills)	7-1

## LONG JUMP/Girls

1974	Jodi Anderson (Washington, L.A.)	19-7
1975	Jodi Anderson (Washington, L.A.)	19-6½
1976	Jodi Anderson (Washington, L.A.)	20-0¼
1977	Lisa Gourdine (El Toro)	19-1
1978	Kathy Hayes (Madera)	19-3
1979	Gwen Loud (Westchester)	20-4½
1980	Marlene Harmon (Thousand Oaks)	20-8¾
1981	Chris Mose (El Cajon)	18-10¼
1982	Wendy Brown (Woodside)	19-10½
1983	Gail Devers (Sweetwater)	19-6
1984	Wendy Brown (Woodside)	20-9¾
1985	Yvette Roberts (Washington Union, Easton)	19-1
1986	Madette Smith (Quartz Hills)	20-4¾
1987	Karen Lawson (St. Francis, Mt. View)	19-1½

## SHOT PUT/Boys

1957	Clark Branson (Pasadena)	64-0¾
1958	Jack Slocombe (Millikan, Long Beach)	61-4½
1959	Mike Parker (Turlock)	57-8
1960	Matthew Baggett (Berkeley)	60-7
1961	Bill Pace (El Rancho, Pico Rivera)	64-3½
1962	Jim O'Brien (DeAnza, Richmond)	62-2¼
1963	Bruce Wilshelm (Fremont, Sunnyvale)	63-4¾
1964	Bob Brannan (Los Gatos)	62-7¼
1965	Steve Marcus (Pacific Palisades)	63-11¼
1966	John Hubbell (Polytechnic, Long Beach)	66-11
1967	John Buehler (Whittier)	65-3¼
1968	Pete Schmonck (San Dieguito, Encinitas)	63-11
1969	Sam Cunningham (Santa Barbara)	61-2
1970	Randy Withrow (Pasadena)	63-8¾
1971	Mark Stevens (Newport Harbor)	67-2¼
1972	Randy Cross (Crespi, Encino)	65-7¾
1973	Jim Niedhart (Newport Harbor)	67-2¼
1974	Dave Kurrasch (Santa Ana)	63-10½
1975	Dave Kurrasch (Newport Harbor)	65-9¾
1976	Steve Montgomery (Lassen, Susanville)	68-0
1977	Craig Polley (Sunny Hills, Fullerton)	62-4¾
1978	Dave Porath (Atwater)	65-10¾
1979	Don Mosebar (Mt. Whitney, Visalia)	62-6¾
1980	Scott Garnett (Muir, Pasadena)	64-4¾
1981	John Frazier (Antelope Valley, Lancaster)	63-8¾
1982	Pat Kyle (Buena Park)	60-4
1983	Curt Sisco (Vacaville)	63-9¾
1984	Brian Bluetreich (Capistrano Valley)	64-7¼
1985	Brian Bluetreich (Capistrano Valley)	68-4
1986	Brian Boggess (El Capitan, Lakeside)	61-4
1987	Dave Bultman (Royal, Simi Valley)	67-0

## TRIPLE JUMP/Boys

1939	Jack Laughner (Wilson, Long Beach)	44-8½
1973	Willie Banks (Oceanside)	49-7¼
1974	Willie Banks (Oceanside)	50-9
1975	Mike Dobbins (Merced)	49-3
1976	Greg Caldwell (Fremont, Los Angeles)	51-8½w
1977	Dokie Williams (El Camino, Oceanside)	51½
1978	Dokie Williams (El Camino)	50-4¼
1979	Henry Ellard (Hoover, Fresno)	48-2½
1980	Freeman Miller (Freemont, Los Angeles)	50-8

# CIF/REEBOK INDIVIDUAL EVENT CHAMPIONS (CONT.)

## TRIPLE JUMP/Boys

1981	Ken Frezier (Mission, San Francisco)	50-10 3/4
1982	Archie Cornell (Fresno)	50-3 3/4
1983	Torrey Barr (McLane, Fresno)	50-2 1/2
1984	Joe Richardson (Pasadena)	51-8 3/4
1985	Terrence Strong (Bakersfield)	51-9 1/4 w
1986	Marcus Hooks (Lakewood)	51-4 1/4
1987	Joel Smith (Cordova)	50-10

## 400-METER RELAY/Girls

1974	Berkeley	
1975	Muir, Pasadena	
1976	Muir, Pasadena	
1977	Crawford, San Diego	
1978	Jordan, Los Angeles	
1979	Westchester	
1980	Kennedy, Granada Hills	
1981	Berkeley	
1982	Dorsey, Los Angeles	
1983	Hawthorne	46.56
1984	Hawthorne	45.99
1985	Hawthorne	45.95
1986	Hawthorne	45.54
1987	St. Francis, Mt. View	45.95

## 400-METER RELAY/Boys

1968	Centennial, Compton	
1969	Castlemont, Oakland	
1970	Santa Ana	
1971	El Cerrito	
1972	Wilson, San Francisco	
1973	Wilson, San Francisco	
1974	Kennedy, Richmond	
1975	Ellis, Richmond	
1976	Kennedy, Barstow	
1977	Pasadena	
1978	El Cerrito	
1979	Pasadena	
1980	Washington, Los Angeles	
1981	Berkeley	
1982	Oakland	
1983	Edison, Fresno	
1984	Berkeley	40.83
1985	Muir, Pasadena	41.32
1986	Johnson, Sacramento	41.30
1987	Muir, Pasadena	40.78

## 1600 METER RUN/Girls

1974	Jill Caldwell (Westminster)	5:02.2
1975	Kathy Costello (Pleasant Hill)	4:53.5
1976	Linda Broderick (Tamalpais, Mill Valley)	4:56.8
1977	Linda Goen (North, Bakersfield)	4:47.8
1978	Cheri Williams (Livermore)	4:44.95
1979	Linda Goen (North, Bakersfield)	4:51.08
1980	Polly Plumer (University, Irvine)	4:46.71
1981	Polly Plumer (University)	4:42.43
1982	Polly Plumer (University)	4:44.93
1983	Cory Schubert (Del Mar, San Jose)	4:44.93
1984	Shannon Clark (Mt. View)	4:47.52
1985	Shannon Clark (Mt. View)	4:49.14
1986	Darcy Arreola (Grossmont, Le Mesa)	4:45.13
1987	Kira Jorgensen (Vista)	4:45.98

## 1600 METER RUN/Boys

1957	Tim Roelen (San Fernando)	4:20.2
1958	Woody Covington (Compton)	4:23.7
1959	Dale Story (Orange)	4:11.0
1960	Ben Tucker (Polytechnic, San Francisco)	4:14.3
1961	Bruce Bess (La Habra)	4:18.8
1962	Dennis Carr (Lowell, Whittier)	4:08.7
1963	Tracy Smith (Arcadia)	4:14.4
1964	Mike Ryan (Wilcox, Santa Clara)	4:11.2
1965	Tim Danielson (Chula Vista)	4:08.0
1966	Tim Danielson (Chula Vista)	4:07.0
1967	Mike Solomon (Westminster)	4:11.4
1968	Clifton West (Kennedy, Sacramento)	4:09.0
1969	Decker Underwood (South, Torrance)	4:12.1
1970	Brent Tubb (Cleveland, Reseda)	4:12.9
1971	Brent Tubb (Cleveland)	4:09.6
1972	Mark Schilling (Garden Grove)	4:05.4
1973	Alvin Gilmore (Lompoc)	4:11.4

1974	Rick Kimball (De La Salle, Concord)	4:06.6
1975	John Johnson (Skyline, Oakland)	4:09.5
1976	Jim Arriola (Gahr, Cerritos)	4:14.6
1977	Mark Stillman (Willow Glen, San Jose)	4:06.9
1978	Paul Medvin (University, L.A.)	4:08.91
1979	Paul Medvin (University)	4:12.82
1980	Larry Guinee (Castro Valley)	4:06.18
1981	Jef Scott (El Camino, Sacramento)	4:10.06
1982	Tom Grewe (Carpenteria)	4:08.05
1983	Jim Frey (Yreka)	4:08.82
1984	Roman Gomez (Belmont)	4:09.05
1985	Roman Gomez (Belmont)	4:15.93
1986	Mark Mastilir (Jesuit, Carmichael)	4:07.81
1987	Scott Robinson (Bellarmine)	4:07.95

## 100-METER LOW HURDLES/Girls

1974	Yvonne Boone (Fremont, Oakland)	11.1
1975	Yvonne Boone (Fremont)	10.1
1976	Tuti Lee (Merced)	10.7
1977	Kris Costello (Lynbrook, San Jose)	13.97
1978	Kris Costello (Lynbrook)	13.83
1979	Janet Yarborough (Clovis)	14.01
1980	Judy Young (Berkeley)	13.52w
1981	Sherifa Sanders (Berkeley)	13.74
1982	Natalie Spinks (Skyline)	13.88
1983	Chewaukii Knighten (Locke, L.A.)	13.88
1984	Gail Devers (Sweetwater)	13.41
1985	Lana Cantrell (Muir, Pasadena)	13.57
1986	Janeene Vickers (Pomona)	13.74
1987	Janeene Vickers (Pomona)	13.34

## 110-METER HIGH HURDLES/Boys

1957	Ken Overholser (Glendale)	14.3
1958	Floyd James (Centennial, Compton)	14.1
1959	Bob Pierce (Burbank)	14.3
1960	Robert Bonds (Polytechnic, Riverside)	13.9
1961	Abe Johnson (McClymonds, Oakland)	14.2w
1962	Ron White (Dorsey, L.A.)	14.0
1963	Carl Davis (Compton)	13.9
1964	Earl McCullough (Polytechnic, Long Beach)	14.1
1965	Bill Persons (San Francisco)	
	Rich Miller (Monrovia)	13.8
1966	Donald Parish (Dorsey, L.A.)	13.9
1967	Jerry Proctor (Muir, Pasadena)	13.7
1968	Kerry Hampton (Polytechnic, San Francisco)	14.0
1969	Jerry Wilson (Roosevelt, Fresno)	13.7
1970	Alfonzo Hall (Morningside, Inglewood)	13.9
1971	Charles Jackson (Lompoc)	13.6w
1972	Daniel Jones (Palo Verde, Blythe)	13.6
1973	Mike Johnson (Pasadena)	13.6w
1974	Fred Shaw (Muir, Pasadena)	13.7
1975	Robert Gains (Kennedy, Richmond)	13.3
1976	Lloyd Jones (Ganesha, Pomona)	14.5
1977	Phillip Johnson (Gardena)	13.66
1978	Milan Stewart (West Covina)	13.97
1979	Jim Scannella (San Ramon, Danville)	13.87
1980	Don Ward (St. Mary's, Berkeley)	13.73
1981	David Ashford (West Covina)	13.67
1982	Steve Kerho (Mission Viejo)	13.41
1983	Mark Boyd (St. Mary's, Berkeley)	13.93
1984	Raymond Young (Hawthorne)	14.32
1985	Robert Reading (St. Mary's, Berkeley)	13.88
1986	Terry Johnson (Katella, Anaheim)	13.88
1987	Dana Hall (Ganesha)	13.98

## 400-METER DASH/Girls

1974	Veronica Venezis (Terra Linda, San Rafael)	56.4
1975	Jodi Anderson (Washington, L.A.)	55.3
1976	Marquite Belk (Silver Creek, San Jose)	55.2
1977	Valerie Brisco (Locke, L.A.)	55.14
1978	Arlise Emerson (Westminster)	54.3
1979	Sherri Howard (San Geronio, San Bernardino)	53.65
1980	Denean Howard (Kennedy, Granada Hills)	53.04
1981	Gervaise McGraw (Ganesha, Pomona)	54.15
1982	Denean Howard (Kennedy, Granada Hills)	52.39
1983	Leslie Maxie (Mills, Millbrae)	53.19
1984	Choo Choo Knighten (Locke)	52.67
1985	ChooChoo Knighten (Locke)	52.78
1986	Princess Bennett (Compton)	53.56
1987	Angela Rolfe (Dorsey)	53.55

## 400-METER DASH/Boys

1958	Dixon Farmer (Miramonte, Orinda)	48.6
1959	Dixon Farmer (Miramonte)	48.6
1960	Ulis Williams (Compton)	47.2
1961	Ulis Williams (Compton)	47.8
1962	Manual Diaz (Keppel, Alhambra)	47.8
1963	Tommie Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, L.A.)	47.5
1965	Randy Julian (Bolsa Grande, Garden Grove)	47.4
1966	Mike Newton (Whittier)	47.2
1968	Edesel Garrison (Centennial, Compton)	46.7
1969	Larance Jons (Lemoore)	46.8
1970	Rick Brown (Los Altos)	47.8
1971	Tony Kryosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Ana)	47.4
1973	Ron Whitaker (Wilson, San Francisco)	47.0
1974	Rod Connors (Cordova, Rancho Cordova)	47.7
1975	John Ware (Sacramento)	47.2
1976	Darold Harris (Pittsburg)	47.6
1977	James Sanford (Pasadena)	46.60
1978	Bill Green (Cubberley, Palo Alto)	46.77
1979	Tony Banks (Morse, San Diego)	47.28
1980	Mike Turner (Centennial, Compton)	47.51
1981	David Timmons (Oakland)	47.09
1982	Fabian Cooper (Washington)	46.38
1983	Larry Walker (Edison, Fresno)	47.03
1984	Chip Rish (Marina)	46.82
1985	Chip Rish (Marina)	45.7
1986	Steve Lewis (American, Fresno)	46.59

## 100-METER DASH/Girls

1974	Janice Wiser (La Jolla)	10.8
1975	Sanda Howard (Manual Arts, L.A.)	10.7
1976	Pam Waters (Bell)	11.0
1977	Jeanette Bolden (Centennial, Compton)	10.48w
1978	Kella Bolton (Hill, San Jose)	10.92
1979	Gwen Loud (Westchester)	10.62
1980	Sharon Ware (Berkeley)	11.42
1981	Sharon Ware (Berkeley)	11.66
1982	Gervaise McGraw (Ganesha, Pomona)	11.69
1983	Lisa Winston (Jordan, L.B.)	11.73
1984	Gail Devers (Sweetwater)	11.51
1985	Tesha Giddens (Locke, L.A.)	11.58
1986	Angela Burnham (Rio Mesa, Oxnard)	11.78
1987	Janeene Vickers (Pomona)	11.76

## 100-METER DASH/Boys

1957	Preston Griffin (Centennial, Compton)	9.6
1958	Huble Watson (Jordan, L.A.)	9.6
1959	Bill Cowings (Fowler)	9.7
1960	Bill Cowings (Fowler)	9.7
1961	Forrest Beaty (Hoover, Glendale)	9.5
1962	Forrest Beaty (Hoover)	9.5
1963	Alvin Mann (Edison, Fresno)	9.6
1964	Jim Hines (McClymonds, Oakland)	9.7
1965	Harold Busby (Muir, Pasadena)	9.5
1966	Phil Underwood (Dorsey, L.A.)	9.6
1967	Mel Gray (Montgomery, Santa Rosa)	9.4
1968	Bob Ballard (Bellflower)	9.6
1969	Willie Robinson (Central, El Centro)	9.6
1970	Alle Carter (Bonita, LaVerne)	9.8
1971	George Reddick (Hamilton, L.A.)	9.6
1972	Carl McCullough (Sacramento)	9.5
1973	Elijah Jefferson (Crawford, San Diego)	9.6w
1974	Elijah Jefferson (Crawford)	9.8
1975	Kevin William (San Fernando)	9.4
1976	Billy Mullins (Hamilton, L.A.)	10.4
1977	David Russell (Henry, San Diego)	9.61
1978	Michael Sanford (Pasadena)	9.85
1979	Bill Green (Cubberley, Palo Alto)	9.59
1980	Howard Hawkins (Warren, Downey)	10.55
1981	Ken Robinson (Berkeley)	10.60
1982	Lew Dunn (North, Riverside)	10.53
1983	Steve Jones (Burbank, Sacramento)	10.64
1984	Henry Thomas (Hawthorne)	10.41
1985	Ron McCree (Madera)	10.49
1986	Ron McCree (Madera)	10.57
1987	Quincy Watts (Taft)	10.49

## 800-METER RUN/Girls

1974	Kathy Costello (Pleasant Hill)	2:10.4
1975	Kathy Costello (Pleasant Hill)	2:09.2
1976	Alice Trumbley (Coalinga)	2:13.3
1977	Ann Regan (Camden, San Jose)	2:08.0

# CIF/REEBOK INDIVIDUAL EVENT CHAMPIONS (CONT.)

## 800-METER RUN/Girls (Cont.)

1978	Ann Regan (Camden)	2:07.93
1979	Ann Regan (Camden)	2:10.21
1980	Marilyn Davis (Miramonte, Orinda)	2:09.73
1981	Donna Curtis (Culver City)	2:06.08
1982	Rennie Durand (Laguna Beach)	2:06.36
1983	Kerri Zaleski (Millikan, L.B.)	2:06.41
1984	Trena Hull (Compton)	2:04.91
1985	Kristen Dowell (Santa Teresa, San Jose)	2:10.07
1986	Laura Chapel (University City, San Diego)	2:08.66
1987	Kimberly McAllister (Locke, L.A.)	2:12.92

## 800-METER RUN/Boys

1957	Jim Cerveny (Mission Bay, San Diego)	1:52.7
1958	Alfred Gentry (Fremont, L.A.)	1:55.4
1959	Dave Dunbar (Westmoor, Daly City)	1:53.2
1960	Ray VanAsten (Bonita, LaVerne)	1:51.9
1961	Mike Gibeau (Lincoln, San Francisco)	1:53.1
1962	Doug Parker (Chico)	1:52.2
1963	Dennis Carr (Lowell, Whittier)	1:50.9
1964	Bob Hose (Madison, San Diego)	1:57.7
1965	Richard Joyce (Sierra, Whittier)	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967	Lawrence Banks (Dorsey, L.A.)	1:51.2
1968	George Alfaro (Pittsburg)	1:52.3
1969	Ricco Sanchez (Canoga Park)	1:51.6
1970	Rick Brown (Los Altos)	1:50.6
1971	Percell Keeling (Morningside, Inglewood)	1:51.8
1972	Dale Scott (El Cerrito)	1:49.7
1973	Randy Lopez (Alhambra)	1:52.4
1974	John Musich (Burbank)	1:51.0
1975	Conrad Suhr (Leigh, San Jose)	1:51.0
1976	Wyatt Bishop (Carlmont, Belmont)	1:54.4
1977	Jim Walters (Estancia, Costa Mesa)	1:49.4
1978	David Mack (Locke, L.A.)	1:53.83
1979	David Mack (Locke)	1:50.17
1980	Peter Quinonez (Tulare)	1:50.11
1981	Pete Richardson (Berkeley)	1:47.31
1982	John Phillips (Los Altos)	1:49.99
1983	Kimmie James (Richmond)	1:50.63
1984	Eric Schemerhorn (Woodbridge)	1:49.61
1985	Sean Langer (Bakersfield)	1:51.75
1986	Vincent Thompson (Locke, L.A.)	1:50.25
1987	Don Gabor (Amador Valley)	1:52.3

## 300-METER LOW HURDLES/Girls

1981	Audrey Williams (Saugus)	42.26
1982	Gayle Kellon (Walnut)	41.09
1983	Gayle Kellon (Walnut)	41.71
1984	Leslie Maxie (Mills)	40.90
1985	Leslie Maxie (Mills, Millbrae)	41.80
1986	Janeene Vickers (Pomona)	41.32
1987	Janeene Vickers (Pomona)	40.96

## 300 METER INTER. HURDLES/Boys

1957	Jesse Bradford (Shafter)	19.0
1958	David Douglas (East, Bakersfield)	19.0
1959	Dixon Farmer (Miramonte, Orinda)	19.2
1960	Robert Bonds (Polytechnic, Riverside)	18.8
1961	Bill Mackey (East Bakersfield)	19.1
1962	Ed Moody (McClymonds, Oakland)	18.3
1963	Alvin Mann (Edison, Fresno)	18.9
1964	Earl McCullouch (Polytechnic, Long Beach)	18.4
1965	Manuel Murrell (Polytechnic, Long Beach)	18.2*
1966	George Farmer (Puente, La Puente)	18.7
1967	Jerry Proctor (Muir, Pasadena)	18.7**
1968	Roy Hamley (Lowell, Whittier)	18.8
1969	Jerry Wilson (Roosevelt, Fresno)	18.3
1970	Milt Turner (Castlemont, Oakland)	18.6
1971	Charles Jackson (Lompoc)	18.5
1972	Daniel Jones (Palo Verde, Blythe)	18.7
1973	Randall Jeffrey (Los Angeles)	18.7
1974	Fred Shaw (Muir, Pasadena)	18.9**
1975	Dedy Cooper (Ells, Richmond)	36.5
1976	Charles White (San Fernando)	36.7
1977	Andre Phillips (Silver Creek, San Jose)	36.43
1978	Gary Lee (Polytechnic, Long Beach)	36.58
1979	Gary Lee (Polytechnic)	36.22
1980	Don Ward (St. Mary's, Berkeley)	36.57
1981	Walter Murray (Berkeley)	36.26
1982	Steve Kerho (Mission Viejo)	35.85
1983	Danny Harris (Perris)	35.52
1984	George Porter (Cabrillo)	36.10
1985	George Porter (Cabrillo)	35.50
1986	Rodney Bradshaw (Saugus)	37.30
1987	Yki Vallery (Hawthorne)	37.14

## 200-METER DASH/Girls

1974	Janice Wiser (La Jolla)	24.2
1975	Pam Waters (Bell, San Jose)	24.4
1976	Pam Waters (Bell)	24.8
1977	Kim Robinson (Westchester)	23.97
1978	Kella Bolton (Hill, San Jose)	23.53
1979	Sheri Howard (Kennedy, Granada Hills)	23.19
1981	Denean Howard (Kennedy, Granada Hills)	23.73
1982	Denean Howard (Kennedy)	23.53
1983	Lisa Winston (Jordan, L.B.)	23.83
1984	Paulette Blalock (Compton)	23.59
1985	Tami Stiles (Hawthorne)	23.45
1986	Tami Stiles (Hawthorne)	24.02
1987	Hadette Smith (Quartz Hill)	24.12

## 200-METER DASH/Boys

1957	Preston Griffin (Centennial, Compton)	21.3
1958	Mel Clipper (Muir, Pasadena)	20.7
1959	Hubie Watson (Jordan, L.A.)	21.6
1960	Bill Cowings (Fowler)	21.0
1961	Forest Beaty (Hoover, Glendale)	21.5
1962	Richard Stebbins (Fremont, L.A.)	20.9
1963	John House (Muir, Pasadena)	21.3
1964	Jim Hines (McClymonds, Oakland)	21.5**
1965	Harold Busby (Muir, Pasadena)	21.0
1966	Phil Underwood (Dorsey, L.A.)	21.2
1967	Mel Gray (Montgomery, Santa Rosa)	20.7**
1968	Willie Deckard (Dorsey, L.A.)	21.7
1969	Willie Robinson (Central, El Centro)	21.7
1970	Jackie White (Santa Ana)	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno)	21.2
1972	Mike Shavers (Albany)	21.0
1973	Clancy Edwards (Santa Ana)	21.2
1974	Millard Hampton (Silver Creek, San Jose)	21.1
1975	Billy Mullins (Hamilton, L.A.)	21.2
1976	Billy Mullins (Hamilton)	21.6
1977	David Russell (Henry, San Diego)	20.97
1978	Michael Sanford (Pasadena)	21.42
1979	Michael Sanford (Pasadena)	21.00
1980	Ken Robinson (Berkeley)	21.21
1981	Kevin Wilhite (Cordova, Rancho Cordova)	20.81
1982	Antonio Manning (Hamilton)	21.05
1983	Henry Thomas (Hawthorne)	21.02
1984	Henry Thomas (Hawthorne)	20.77
1985	Michael March (Hawthorne)	20.83
1986	Quincy Watts (Taft)	21.03
1987	Quincy Watts (Taft, Woodland Hills)	20.99

\*Record disallowed

\*\*Turn (since 1967, to 220 and then 200 meters were run exclusively around one turn).

## 3200-METER RUN/Girls

1977	Roxanne Bier (Independence, San Jose)	10:39.7
1978	Cheri Williams (Livermore)	10:17.71
1979	Lisa Scaduto (Santa Monica)	10:35.0
1980	Vicki Cook (Alemany, Mission Hills)	10:14.78
1981	Vicki Cook (Alemany)	10:12.31
1982	Vicki Cook (Alemany)	10:16.27
1983	Cory Shubert (Del Mar, San Jose)	10:08.14
1984	Kirsten O'Hara (Palos Verde)	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose)	10:23.85
1986	Laurie Chapman (Gunderson, San Jose)	10:12.86
1987	Mary Mendoza (Presentation)	10:33.04

## 3200-METER RUN/Boys

1965	Ralph Gamez (Berkeley)	9:12.9
1966	Ralph Gamez (Berkeley)	9:01.6
1967	Pete Romero (Reedley)	9:00.5
1968	Ruben Chappins (Excelsior, Norwalk)	9:05.7
1969	Ruben Chappins (Excelsior)	8:57.0
1970	Ron Johnson (West, Torrance)	8:55.6
1971	Dale Fleet (Claremont, San Diego)	8:53.8
1972	Curtis Beck (Santa Monica)	8:52.3
1973	Terry Williams (Lompoc)	8:54.8
1974	Rich Kimball (De La Salle, Concord)	8:46.5
1975	Eric Hulst (Laguna Beach)	8:44.9
1976	Eric Hulst (Laguna Beach)	8:57.3
1977	Frank Assumma (Eisenhower, Rialto)	8:52.9
1978	Jeff Nelson (Burbank)	8:59.28
1979	Jeff Nelson (Burbank)	8:47.35
1980	Andy Diconti (La Canada)	8:55.79
1981	Jon Butler (Edison, Huntington Beach)	8:46.78
1982	Harold Kuphardt (Bella Vista)	8:51.99
1983	Eric Reynolds (Camarillo)	8:54.75

1984	Roman Gomez (Belmont)	8:58.91
1985	Roman Gomez (Belmont)	9:03.05
1986	Eric Mastilir (Jesusit, Carmichael)	8:44.95
1987	Ian Alisen (Granada Hills)	9:33.1

## 1600 METER RELAYS/Girls

1974	Berkeley	3:46.4
1975	Washington, Los Angeles	3:44.5
1976	Fremont, Los Angeles	3:55.9
1977	Locke, Los Angeles	3:52.1
1978	Fremont, Los Angeles	3:51.93
1979	San Geronio, San Bernardino	3:44.05
1980	Kennedy, Granada Hills	3:37.98
1981	Kennedy, Granada Hills	3:37.71
1982	Dorsey, Los Angeles	3:41.72
1983	Dorsey, Los Angeles	3:46.24
1984	Locke, Los Angeles	3:38.65
1985	Muir, Pasadena	3:43.30
1986	Compton	3:42.31
1987	Long Beach Poly	3:45.20

## 1600 METER RELAYS/Boys

1968	Centennial, Compton	3:14.3
1969	Los Angeles	3:15.2
1970	Los Altos	3:15.6
1971	Castlemont, Oakland	3:13.2
1972	El Cerrito	3:17.6
1973	Cordova, Rancho Cordova	3:17.4
1974	Muir, Pasadena	3:13.8
1975	Ells, Richmond	3:15.7
1976	Pasadena	3:18.2
1977	Pasadena	3:13.7
1978	Banning, Wilmington	3:11.57
1979	Locke, Los Angeles	3:14.04
1980	Centennial, Compton	3:10.37
1981	Berkeley	3:08.94
1982	Compton	3:14.45
1983	Hawthorne	3:10.11
1984	Hawthorne	3:09.45
1985	Hawthorne	3:14.13
1986	Hawthorne	3:14.79
1987	Hawthorne	3:11.77

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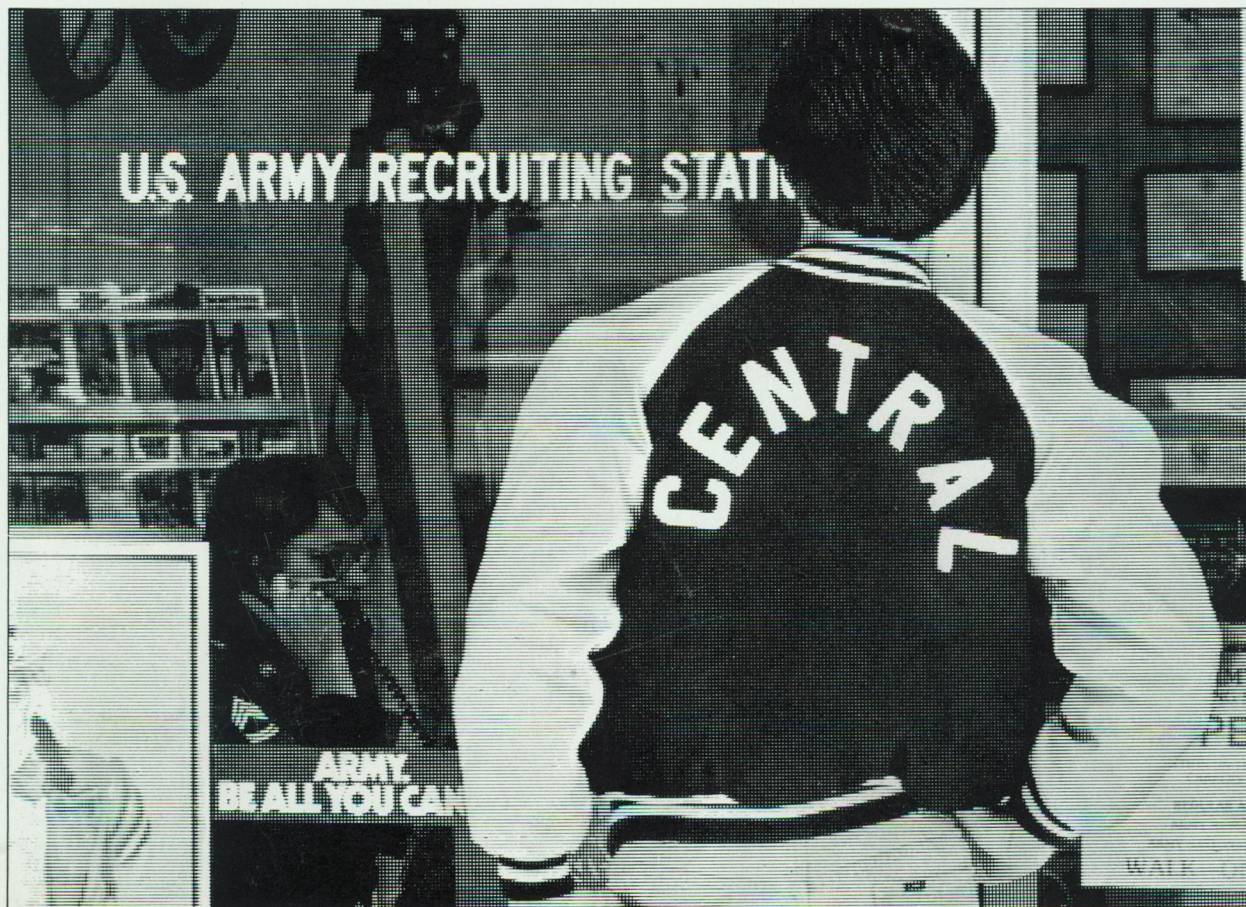
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