



*SPRING
SPORTS*

Pre 1994

**1994 CIF State
Track and Field Championships
June 3-4, 1994
Cerritos College**

State **CHAMPIONSHIP**
EDUCATIONAL ATHLETICS

OPPORTUNITY KNOCKS...

It also kicks, runs, passes, dunks,
spikes and volleys.

The California Interscholastic Federation (CIF), as the governing body of high school sports in California, is interested in partnering with companies that want to reach the high school market.

As a member of the CIF team you can:

- Reach and influence the purchasing habits of 2,500,000 high school families throughout the state
- Become a partner with 1200 public, private and parochial high schools
- Gain exclusive exposure opportunities at over 4,450 athletic events
- Provide support for 500,000 high school athletes
- Build community and statewide awareness and preference for your products or services

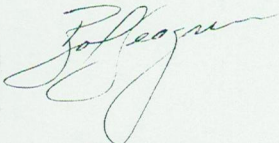
Companies partnering with the CIF own a powerful marketing tool: exclusive access to high school communities through competitive sports.

It's a fact that high school students who participate in sports maintain higher grades, stay in school to graduate, go on to college, and are less likely to become involved in drugs, alcohol, tobacco and gang activities.

To learn more about how this important win-win relationship can work for our youth and your business, please call me at 1-800-822-8089.

Thank you.

Sincerely,



Bob Seagren
Olympic Gold Medalist
Vice President
Marketing & Financial Management
(exclusive agency for the CIF)



Track and Field Advisory Committee Members



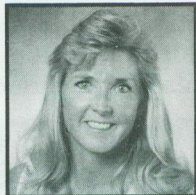
Don Bell
Chairman
Cross Country



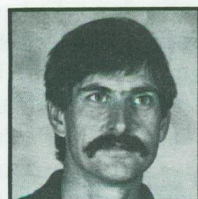
Dean Crowley
Acting Commissioner
CIF Southern Section



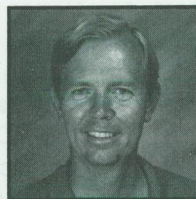
Bob King
Boys Cross Country/
Track Coach, Del Campo
High School



Michele Buchicchio
Boys & Girls Cross Country/
Track Coach, San Gabriel
High School



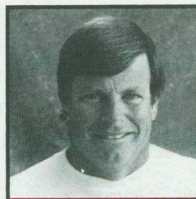
Steve Kelley
Meet Director
CIF State
Cross Country



Doug Speck
Teacher
Arcadia High School



Larry Arason
CIF Rules Interpreter
Track/Cross Country



Dennis McClanahan
Cross Country Coach
Mount Carmel High

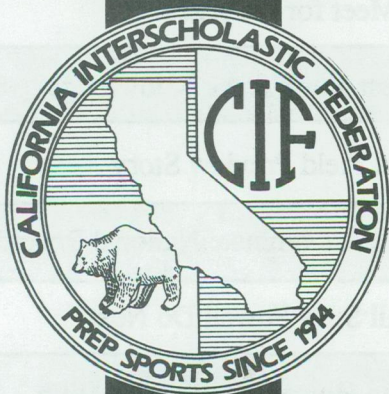
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Special Thanks

A debt of thanks is in order for all coaches and media services that provided photos for this program.

CIF = Competition Integrity Fairness



A PROUD HERITAGE

The CIF enjoys a proud heritage providing quality, equitable athletic competition for its 1,140 member high schools. Since its beginnings in 1914, the California Interscholastic Federation has grown into the largest youth agency in the state, serving more than 500,000 young student-athletes each year who participate in the interscholastic athletic activities of California's secondary schools. A voluntary association of public, private and parochial high schools, the CIF is organized under the direction of local school boards. The elected membership consists of educators who represent 10 geographical areas, or Sections, throughout the state. The State Federated Council is the governing body of the organization and annually elects its officers as well as the members of its Executive Committee. Also represented on the Federated Council are voting members from the State Board of Education, the California School Boards Association, the Association of California School Administrators, California Association of Private School Organizations, California Coaches Association, California State Athletic Directors Association, and the Superintendents Liaison Committee.

SUCCESSFULLY MEETING THE CHALLENGE

Before the CIF was formed, high school athletics experienced a multitude of abuses. It was common practice in the early 1900's for athletes to play for more than one high school team, sometimes in the same day. Age restrictions were also non-existent, which resulted in a disparity between athletes and school teams in competition. In general, high school sports ran rampant and many educators saw a need for control. The CIF was charged with the primary responsibility of enforcing rules relating to a student's involvement in athletics and to provide direction to the high school athletic program and make it both educational and constructive.

Additionally, the CIF recognizes outstanding male and female student-athletes from across the state with the highly-visible CIF Scholar-Athlete program, where the best of the best in both athletics and academics compete for the prestigious honor of being selected as the CIF Scholar-Athlete of the Year. One male and one female is chosen each year to represent California's high schools across the state. The two finalists take center stage at the state track and field championships in June and receive a VIP tour of the State Capitol.

The CIF also provides information to schools on health, safety and sportsmanship in a concerted effort to assist coaches education in these important areas.

Highly competitive California State championships are conducted in the sports of girls' volleyball, cross country, wrestling, basketball and track and field with regional competition in the sport of golf. Championship events are



the CIF will work in partnership with the entire community to assure equity and provide the services, opportunities, and leadership necessary to establish and maintain quality high school athletic programs. The CIF will continue to establish statewide corporate sponsors and explore a variety of avenues leading to financial support for its member schools.

HISTORICAL HIGHLIGHTS

* The first regular meeting of the members of the Federated Council was held at the Shattuck Hotel, Berkeley. (July 4,

recognized nationally as California athletes excel with record-setting performances. These events are well attended by the public, have aired on major television networks, and provide equal participation opportunities for male and female athletes in the state.

TODAY'S ATHLETES, TOMORROW'S LEADERS

The values of sportsmanship, fair play, achieving one's full potential, time management, and working together as a team to reach a common goal are just some of the lessons learned on the athletic facilities of California's high schools. In addition, a myriad of studies show that athletes get higher grades than non-athletes, are more likely to graduate from high school, and are less likely to smoke and become involved in substance abuse than students not involved in athletics.

It's no wonder that California athletes have achieved at all levels. Many of the names are sports legends such as Janet Evans, George Brett, Cheryl Miller, Jason Kidd, Lisa Leslie, Pat Haden, Flo Hyman, Randy Johnson, Marion Jones, Lynn Swann and numerous others. Athletes from the "Golden State" have also been Rhode Scholars, Olympians, and chief executive officers of major California and national corporations.

MOVING FORWARD TO MEET FUTURE NEEDS

As a problem solving organization, the CIF retains its original responsibility as a rules enforcing agency, but has expanded its duties to include much more. As the needs of students, coaches, and the entire community change, the CIF will continue to meet these changing demands. In its commitment to educating youngsters for a better tomorrow,

1914).

- * Track and field, the longest running state championship, was held for the first time at Fresno High in 1915. The State Track and Field Championships reached its 75th year in 1993.
- * The first state basketball championship was played between Whittier High and Berkeley High School on March 25, 1916. The winner: Whittier, 31-20.
- * The CIF Los Angeles City Section was formed on May 25, 1935, expanding CIF to five sections (currently there are 10 sections which make up the CIF).
- * Monte Vista High of San Diego edges Clovis, 41-38, for the first-ever CIF State Wrestling team championship at Cal State Hayward (March 6, 1973).
- * The total number of students who participate in CIF interscholastic programs during the year reaches 1,157,380 in 1991-92.
- * The Federated Council approves the modification of By-Law 1501 allowing female pole vaulting competition in California (October 1992).
- * Marie Ishida, principal Carmel High, became the first woman elected President-Elect of the CIF Federated Council (May 8, 1992).
- * An all-time high of 22,613 people attended the 1992 title games of the CIF State Basketball Championships at the Arco Arena in Sacramento.
- * The new Arrowhead Pond of Anaheim was designated the site for the 1994 CIF Southern Regional Championships on March 12, 1994. The CIF was the first group to contract for the new facility (April 21, 1992).

VISION STATEMENT

Through participation in athletic centered inter-scholastic activities, the high school students of California will develop values, attitudes and skills for personal growth and for the benefit of our diverse society.

For our athletes, CIF is about:

- Competition
- Integrity
- Fairness

Competition - The opportunity for students to demonstrate athletic skills and to experience the excitement and camaraderie of participation in athletics.

Integrity - The commitment to honesty, responsibility, education and respect for others.

Fairness - The belief in the principals of equity, sportsmanship and student welfare.

MISSION STATEMENT

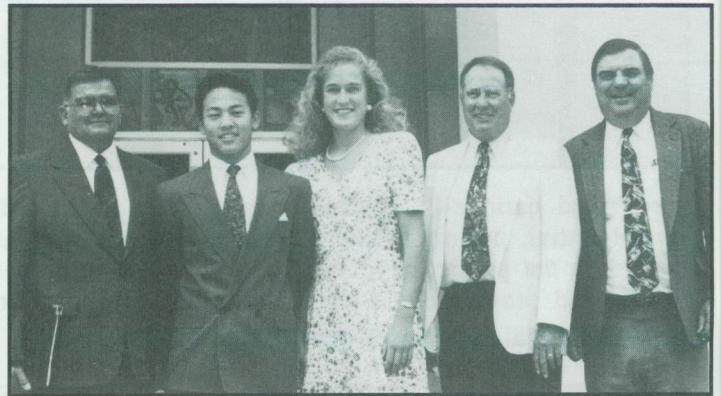
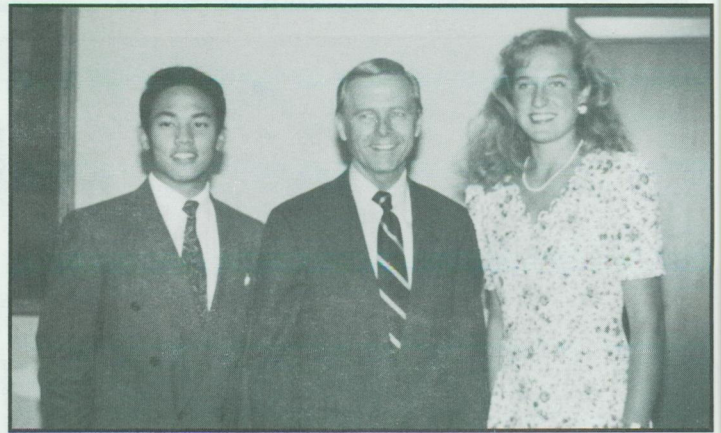
The CIF, in its commitment to educating our youth for a better tomorrow will work in partnership with the entire community to assure equity and provide services, opportunities and leadership necessary to establish and maintain quality high school athletic programs.

As the governing body for high school athletics, the CIF is responsible for establishing a climate which:

- Fosters the partnership between academics and athletics.
- Promotes the value of high school athletics.
- Assures that everyone involved with CIF activities be treated with dignity and respect.
- Encourages collaboration with superintendents and governing boards, especially on issues having financial impact.

To this end, the CIF shall:

- Provide an effective governance structure.
- Set and enforce policies and regulations necessary to support a quality athletic program.
- Explore a variety of avenues leading to financial support.
- Promote educational programs for personnel involved in athletics.

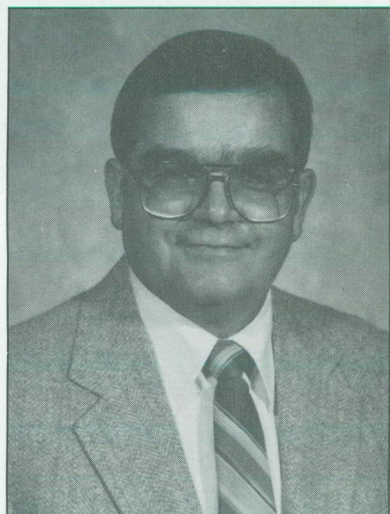


1993 Scholar-Athletes Betty Ann Boeving and Steven Park meet with Governor Pete Wilson (top). In front of the Capitol, pictured are CIF President Dick Nelson, Scholar-Athletes Steven Park and Betty Ann Boeving, CIF Past-President Dr. Robert Packer and State CIF Commissioner Tom Byrnes.

LONG RANGE GOALS

- Promote the *Economic Viability* of high school athletics.
- Govern* the CIF in a manner which is responsive to the needs of its constituents.
- Achieve *Equity* in high school athletics and CIF governance structures.
- Establish *Ongoing Communication* with agencies, organizations, and political entities whose functions and interests interface with CIF.
- Promote an awareness and understanding of *Health and Safety* issues facing high school athletics.
- Ensure the *Quality of Coaching* by taking a leadership role.
- Ensure the *Quality of Officiating* of high school athletic contests.

THE CALIFORNIA INTERSCHOLASTIC FEDERATION WELCOMES YOU



RICHARD NELSON
CIF President

It is my pleasure, as President of the State CIF, to congratulate the young men and women of the state of California who have achieved such a high degree of athletic excellence that allows them to participate at the championship level.

We are all aware that athletic achievement is the result of numerous dedicated people working together for a common purpose. I extend my appreciation to the parents, coaches, teachers, and school administrators and board members who have assisted and inspired our young athletes as well as providing model athletic programs at their school sites.

CIF has a proud heritage that began in 1914 in providing equitable athletic competition for more than 1,000 high schools in the state of California.

It is our strong belief that participating in high school athletics provides a training ground for character building and leadership that is difficult to duplicate in other school programs. We are certain that the lessons that they learn will be with them for a lifetime as well as pleasant and happy memories.

My sincere gratitude is extended to all of those volunteers who gave their time, energy, and talent that makes CIF the fine organization that it is.

Richard Nelson

CIF FEDERATED COUNCIL EXECUTIVE COMMITTEE

RICHARD NELSON, President

MARIE ISHIDA, President Elect
Principal, Carmel H.S.

ROBERT PACKER, Past President

JENNIFER EARLE
Principal, Woodlake H.S.

AUGIE HERRERA
Principal, Belmont H.S.

CHARLES NELSON
Northern Section Representative

GALE MARTELLA
California Coaches Association

JIM BAILEY
Superintendent/Principal, Summerville High

DON BELL
Principal, Leland High

CHARLES BERGER
Director, San Juan U.S.D.

BILL BOSWELL
California State Athletic Directors Assn.

ELEANOR BROWN
Asst. Supt. Schools, San Juan U.S.D.

BONNIE CASTREY
California School Boards Association

BOB FERGUSON
Assn. of California School Administrators

JAMES FLEMING
Supts. Liaison Committee, Placentia U.S.D.

DAN FUKUSHIMA
California Coaches Association

PATRICIA GEISTER
Principal, Moreau High

MARGIE GODFREY
Principal, Milliken H.S.

MERRITT GILBERT
Central Section

NANCY LAZENBY BLASER
Central Coast Section

BARBARA FIEGE
Los Angeles City Section

JOANNE GRIMM
Principal, Oakland High

KEN GUNN
Principal, Walnut High

KATHY HAINES
Athletic Director, Chico Sr. High

MIKE HENSON
Asst. Principal, Monache H.S.

STEVE HIRABAYASHI
Principal, Int. Studies Academy

TOM JACOBSON
Principal, Corona del Mar High

SUE KAMIYAMA
Athletic Director, Bell H.S.

JERRY LAIRD
Principal, Sierra High

DOTTY McCREA
Associate Principal, St. Lawrence Academy

DARRELL OVID
Principal, Oakland Technical High

SHERI ROSS
California State Athletic Directors Assn.

REV. CHARLES ROWINS
Cal. Assn. of Private School Organizations

HOLLIS SHANNON
Central Section Past-President

CIF SECTION COMMISSIONERS

PAUL GADDINI
North Coast Section
DAROLD ADAMSON
Northern Section

LOUIS JONES
Oakland City Section
PETE SACO
Sac-Joaquin Section

GARY SMIDDERKS
Principal, L.A. Baptist
JO ANN SMITH
Superintendent, Grossmont H.S.D.

DARYL TALKEN
Principal, Washington High

FRED TEMPES
Representative, State Dept. of Education

ROBERT THOMAS
Superintendent, Fallbrook U.S.D.

MATTIE WALKER
Principal, Wallenberg High

DR. ROBERT LOVELAND
Medical Consultant

JON MAYHEW
Legislative Advocate

ROBERT NOEL
Insurance Consultant

ANDREW PATTERSON
General Council

HANFORD RANTS
Foreign Exhcnage Programs Consultant

LARRY RICE
Corporate Development Consultant

BARBARA WILSON
Special Projects Consultant

KENDALL WEBB
San Diego Section

ANN HEINLINE
San Francisco Section

DEAN CROWLEY
Southern Section

Welcome From The State Office Of The CALIFORNIA INTERSCHOLASTIC FEDERATION

Your California Interscholastic Federation has served the youth of California since 1914 and proudly boasts of having more than four million alumni.

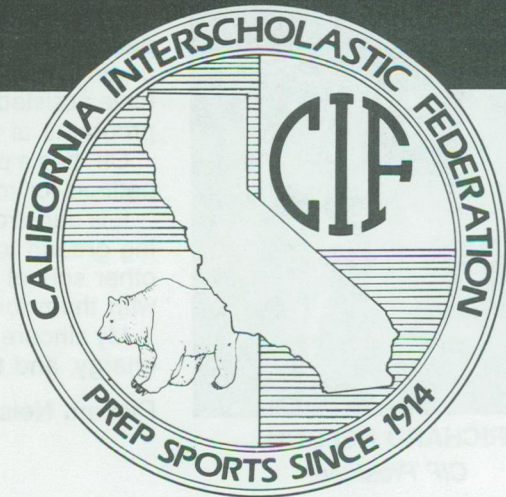
Since its beginning, the state-wide CIF has grown to become the largest youth agency in the state, serving more than 500,000 young student/athletes each year who participate regularly in the interscholastic athletic activities of California's 1200 secondary schools.

The CIF is dedicated to providing all student/athletes in California with equal participation opportunities, a philosophy that has propelled the state into uncontested leadership in the nurturing of outstanding athletes.

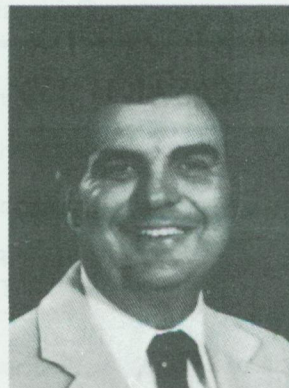
Many of the names are legends, and today that heritage is being continued. Janet Evans, Rick Monday, Pat Haden, Scott McGregor, Flo Hyman. Outstanding men and women of whom Californians can be proud.

With the continuing cooperation and dedication of superintendents, principals, and athletic directors as well as the abundant interest of over one-half million students and their families each year, the future of prep sports would appear bright and healthy.

We urge you to continue your support of scholar/athletes by attending high-school sporting events in your community on a regular basis.



"We are proud to present this outstanding state championship event, an indication of the support given to our scholar/athletes by the people of California. We welcome you to this showcase of some of our finest young California athletes-- our nation's future leaders."



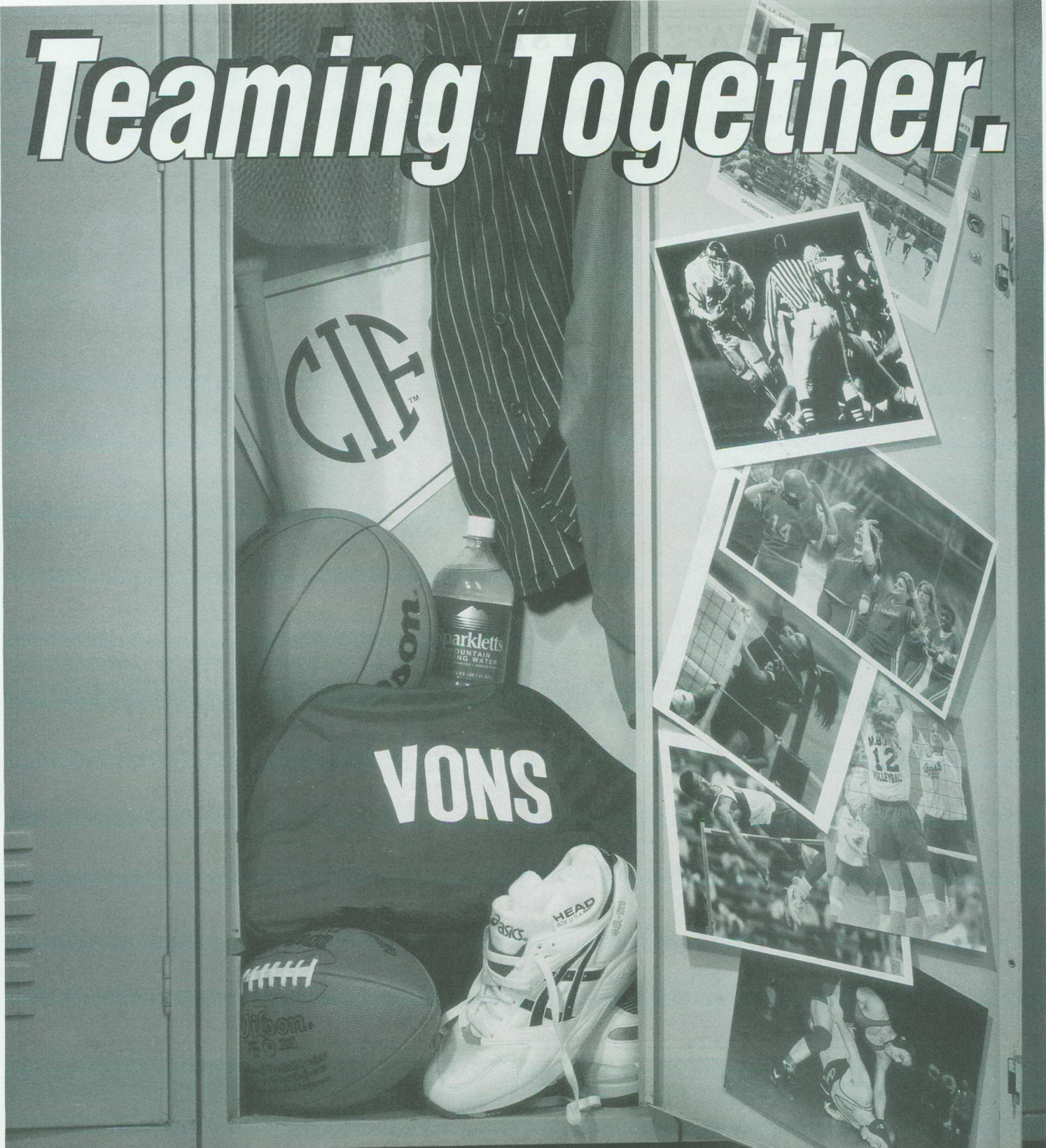
Thomas E. Byrnes
State CIF Commissioner



Margaret R. Davis
Associate State CIF Commissioner

DOING THE JOB FOR PREP SPORTS SINCE 1914

Teaming Together.



For High School Sports and Education.



the
VONS
Companies, Inc.

- VONS
- PAVILIONS
- TIANGUIS
- EXPO

1994 STATE MEET STAFF AND OFFICIALS

Administrative

Hal Harkness	Meet Director
Bob McGuire	Meet Manager
Paul Bodenshot	Management
Lanny Carter	Management
Don Chadez	Management
Ken Cronquist	Management
Bob Dugard	Management
Marge Fulton	Management

Support Staff

Dave Hurlburt	Announcer
John Dahlem	Announcer's Assistant
David Smith	Announcer's Assistant
Don Chadez	Computer Programming
Lyn Chadez	Computer Programming
Julie Bellah	Recorder
Harry Dolan	Seeder
Joe Raya	Accutrack
Gary Raya	Accutrack
Brian Springer	Accutrack/Field Equipment
Paul Raya	Accutrack Reader
Tom Crowley	Officials Check-In
Jim Cheffers	Supervisor Credentials/Tickets
Lanny Carter	Coaches Corner
Bob Gunther	Coaches Corner
Ken Cronquist	Hurdle and Block Crew
Barry Sacks	Field Events Crew
Marge Fulton	Expeditor
Ruby Olson	Expeditor
Carlotta Shupp	Expeditor
Jim Duel	Media Director/Program
Gay Lynn Duel	Press Box
John Duel	Press Box
Sharon Hargrove	Press Box
Shayne Shroeder	Press Box
Sharon Curfman	Press Box
Wendy Curfman	Press Box
Bill Ross	Awards
Dave Capra	Awards
Gary Brooks	Field Communications
Roger Dubbs	Weights and Measures
Laurel Bodenshot	Scoring
Jeff Johnson	Scoring
Bob Pruitt	Scoring
Naomi Pruitt	Scoring
George Scott	Scoring
Paul Mahoney	Finish Area Coordinator
Jim Cerveny	Special Projects

Officials

Walt Smith	Starter (boys)
Jack Brisacher	Starter (girls)
Ron Battle	Recall Starter

Leo Costanzo	Meet Referee
Steve Sterns	Jury of Appeals
Larry Arason	Jury of Appeals (Friday)
Mel Collins	Jury of Appeals (Saturday)
Gil Lemmon	Jury of Appeals
Ed Austin	Head Field Judge
Daiva Jusionis	Head Finish Line
Connie Corn	Finish Line
David Brown	Finish Line
Ted Bruins	Finish Line
Shella Burrud	Finish Line
James Cousins	Finish Line
James Storms	Finish Line
Dan Reinstein	Head Marshall
Mel Collins	Marshall
Art Jackson	Marshall
Sandy Duncan	Clerk of Course
Dan Ryan	Assistant Clerk of Course
Tim Scalzo	Wind Guage
Rick Santala	Wind Guage
August Williams	Wind Guage
Vince Cleveland	Boys and Girls High Jump
Dick Forstall	Boys and Girls High Jump
Jim Leahy	Boys and Girls High Jump
Jennifer Blair	Pole Vault
John Blair	Pole Vault
Rick Foster	Pole Vault
James Carson	Boys Long Jump/Triple Jump
Shannon McGinnis	Boys Long Jump/Triple Jump
Jim Tomlin	Boys Long Jump/Triple Jump
Joe Torres	Girls Long Jump/Triple Jump
Paul Webster	Girls Long Jump/Triple Jump
Ned Rogers	Boys and Girls Shot Put
Ernie Smith	Boys and Girls Shot Put
Roger Van Pelt	Boys and Girls Shot Put
Joe Willie	Boys and Girls Shot Put
Jeff Bergan	Boys and Girls Discus
Randy Edwards	Boys and Girls Discus
Ron Edwards	Boys and Girls Discus
Herman Moreno	Head Inspector
Alex Bravo	Inspector
Jim D'Amore	Inspector
Bill Garner	Inspector
Jim Hanley	Inspector
Don Maxwell	Inspector
Bill Mocnik	Inspector
Sam Moreno	Inspector
Preston O'Neil	Inspector
Jacque Osborn	Inspector
Saul Pacheco	Inspector
Al Pina	Inspector
Doug Rightmer	Inspector
Dewey Marine	Inspector



Looking For a National Mark -- Camarillo's Jeremy Fischer could top the national mark of 7-5 1/4 in the pole vault. His best vault to date is 7-4. photo courtesy of Camarillo HS.

FRIDAY TIME SCHEDULE

<u>Event</u>	<u>Starting Time</u>
Girls 400 meter relay (Heat 1)	5:00 p.m.
Girls 400 meter relay (Heat 2)	5:04 p.m.
Girls 400 meter relay (Heat 3)	5:08 p.m.
Boys 400 meter relay (Heat 1)	5:12 p.m.
Boys 400 meter relay (Heat 2)	5:16 p.m.
Boys 400 meter relay (Heat 3)	5:20 p.m.
Girls 1600 meter run (Heat 1)	5:24 p.m.
Girls 1600 meter run (Heat 2)	5:31 p.m.
Boys 1600 meter run (Heat 1)	5:38 p.m.
Boys 1600 meter run (Heat 2)	5:44 p.m.
Girls 100 meter high hurdles (Heat 1)	5:50 p.m.
Girls 100 meter high hurdles (Heat 2)	5:54 p.m.
Girls 100 meter high hurdles (Heat 3)	5:58 p.m.
Boys 110 meter high hurdles (Heat 1)	6:02 p.m.
Boys 110 meter high hurdles (Heat 2)	6:06 p.m.
Boys 110 meter high hurdles (Heat 3)	6:10 p.m.
Girls 400 meter dash (Heat 1)	6:14 p.m.
Girls 400 meter dash (Heat 2)	6:18 p.m.
Girls 400 meter dash (Heat 3)	6:22 p.m.
Boys 400 meter dash (Heat 1)	6:26 p.m.
Boys 400 meter dash (Heat 2)	6:30 p.m.
Boys 400 meter dash (Heat 3)	6:34 p.m.
Girls 100 meter dash (Heat 1)	6:38 p.m.
Girls 100 meter dash (Heat 2)	6:42 p.m.
Girls 100 meter dash (Heat 3)	6:46 p.m.
Boys 100 meter dash (Heat 1)	6:50 p.m.
Boys 100 meter dash (Heat 2)	6:54 p.m.
Boys 100 meter dash (Heat 3)	7:00 p.m.
Girls 800 meter run (Heat 1)	7:04 p.m.
Girls 800 meter run (Heat 2)	7:08 p.m.
Girls 800 meter run (Heat 3)	7:12 p.m.
Boys 800 meter run (Heat 1)	7:16 p.m.
Boys 800 meter run (Heat 2)	7:20 p.m.
Boys 800 meter run (Heat 3)	7:24 p.m.
Girls 300 meter low hurdles (Heat 1)	7:28 p.m.
Girls 300 meter low hurdles (Heat 2)	7:32 p.m.
Girls 300 meter low hurdles (Heat 3)	7:36 p.m.
Boys 300 m. intermediate hurdles (Heat 1)	7:40 p.m.
Boys 300 m. intermediate hurdles (Heat 2)	7:44 p.m.
Boys 300 m. intermediate hurdles (Heat 3)	7:48 p.m.
Girls 200 meter dash (Heat 1)	7:53 p.m.
Girls 200 meter dash (Heat 2)	7:57 p.m.
Girls 200 meter dash (Heat 3)	8:01 p.m.
Boys 200 meter dash (Heat 1)	8:05 p.m.
Boys 200 meter dash (Heat 2)	8:09 p.m.
Boys 200 meter dash (Heat 3)	8:13 p.m.

Girls 1600 meter relays (Heat 1)	8:30 p.m.
Girls 1600 meter relays (Heat 2)	8:36 p.m.
Girls 1600 meter relays (Heat 3)	8:42 p.m.
Boys 1600 meter relays (Heat 1)	8:48 p.m.
Boys 1600 meter relays (Heat 2)	8:54 p.m.
Boys 1600 meter relays (Heat 3)	9:00 p.m.

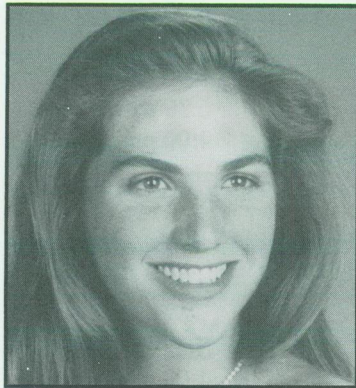
<u>Field Events</u>	<u>Starting Time</u>
Boys discus	3:00 p.m.
Girls discus	5:30 p.m.
Girls shot put	4:00 p.m.
Boys shot put	6:30 p.m.
Boys high jump	4:00 p.m.
Girls high jump	6:30 p.m.
Girls long jump	4:00 p.m.
Girls triple jump	6:30 p.m.
Boys long jump	4:00 p.m.
Boys triple jump	6:30 p.m.
Boys pole vault	4:00 p.m.

SATURDAY TIME SCHEDULE

<u>Event</u>	<u>Starting Time</u>
Girls 400 meter relay (Event 1)	4:00 p.m.
Boys 400 meter relay (Event 2)	4:07 p.m.
Girls 1600 meter run (Event 3)	4:15 p.m.
Boys 1600 meter run (Event 4)	4:25 p.m.
Girls 100 meter high hurdles (Event 5)	4:36 p.m.
Boys 110 meter high hurdles (Event 6)	4:42 p.m.
Girls 400 meter dash (Event 7)	4:48 p.m.
Boys 400 meter dash (Event 8)	4:54 p.m.
Girls 100 meter run (Event 9)	5:00 p.m.
Boys 100 meter run (Event 10)	5:06 p.m.
Girls 800 meter run (Event 11)	5:13 p.m.
Boys 800 meter run (Event 12)	5:20 p.m.
Girls 300 meter low hurdles (Event 13)	5:27 p.m.
Boys 300 m. inter. hurdles (Event 14)	5:34 p.m.
Girls 200 meter dash (Event 15)	5:40 p.m.
Boys 200 meter dash (Event 16)	5:46 p.m.
Girls 3200 meter run (Event 17)	5:56 p.m.
Boys 3200 meter run (Event 18)	6:11 p.m.
Girls 1600 meter relay (Event 19)	6:25 p.m.
Boys 1600 meter relay (Event 20)	6:30 p.m.

<u>Field Events</u>	<u>Starting Time</u>
Boys discus	3:00 p.m.
Girls discus	5:00 p.m.
Girls shot put	3:00 p.m.
Boys shot put	5:00 p.m.
Boys high jump	3:00 p.m.
Girls high jump	5:00 p.m.
Girls long jump	3:00 p.m.
Girls triple jump	5:00 p.m.
Boys long jump	3:00 p.m.
Boys triple jump	5:00 p.m.
Boys pole vault	3:00 p.m.

CIF Scholar-Athletes of the Year

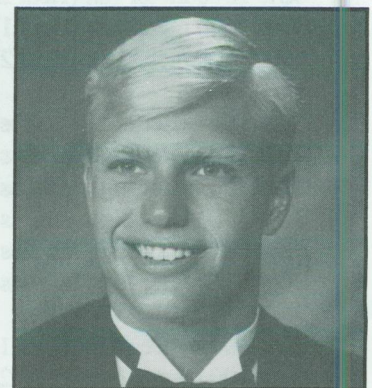


MS. LOWEN E. CATTOLICO
Leigh High
San Jose, CA

CIF and KCAL Salute Cattolico & Mobley CIF Scholar-Athletes of the Year

Volleyball/Basketball/Softball	Sports	Water Polo/Swimming
4.15	Gradepoint Average	4.40
Princeton University	College Acceptance	Stanford University
Pre-med/Fine Arts	Intended Major	Biology/Biochemistry
17	Age	17

To qualify for the CIF Scholar Athlete award, students must maintain a minimum 3.7 grade point average, with at least two-years participation in varsity-level sports. For a list of all 624 candidates please see the the back two pages.



MR. BRET C. MOBLEY
Campolindo High
Moraga, CA

Cattolico, with a 4.15 gradepoint average and soon to attend Princeton, excelled in three sports at Leigh High; volleyball, basketball and softball.

Besides being a National Merit Scholarship finalist, Cattolico was a four-time all-leaguer in volleyball and a three-time team MVP. Whatever she was involved in, Cattolico took a leadership role, serving as team captain in volleyball and basketball, freshman class vice president and ASB senator for three years.

In basketball, Cattolico was not only a youth basketball coach, but capped off a brilliant senior season by earning West Valley League MVP honors and guiding her Leigh team to the league championship. She wrapped up team MVP honors as both a junior and senior in basketball and was twice named as an all-league selection.

In addition to being an award winning artist, her non-athletic awards include earning straight "A" honors for all four years and being selected to the homecoming court.

Cattolico's career interests are pre-med and fine arts.

Mobley, with a 4.4 grade point average and soon to attend Stanford, is a water polo/swimming sensation at Campolindo High.

In addition to being a National Merit Scholarship finalist, Mobley was twice an all-American selection in water Polo and in the 200-medley relay as a junior in swimming.

Mobley took a leadership role in both academics and athletics, serving as his sophomore class vice president, athletic commissioner for Campolindo and co-captain for both his water polo and swimming teams.

Mobley was a three-time all-league selection in water polo. In swimming, Mobley led his club to a second place finish in the CIF North Coast Section Championships as a junior and placed eighth in the 100-butterfly event as both a sophomore and junior in the section finals (senior swim season still underway as of publication).

A highly-awarded scholar, Mobley was a Bank of America Achievement Award finalist and a Bausch and Lomb Science Award Recipient. Mobley's career interests are medicine and medical research.

LIST OF FINALISTS

Girls

Natalie Banas, Dixon, Cross Country
Carson Brown, Novato, Volleyball
Jennifer Butler, San Pasqual, Escondido, Track and Field
Lowen Cattolico, Leigh, San Jose, Volleyball
Romy Christensen, Laguna Hills, Basketball
Melissa Kuser, Mission Viejo, Swimming
Molly McEnery, Archbishop Mitty, San Jose, Volleyball
Vicki Nakata, Eagle Rock, Los Angeles, Swimming
Summer Scott, San Marcos, Santa Barbara, Tennis
Jennifer Stroffe, Corona del Mar, Newport Beach, Volleyball

Boys

Stephen Brown, Piedmont, Cross Country
Carl Daucher, Brea-Olinda, Cross Country/Track
Jordan Elias, Harvard-Westlake, N. Hollywood, Track
Jonathan Gilula, La Jolla, Tennis
Crosby Grant, Corona del Mar, Newport Bch., Water Polo
David Hay, Foothill, Santa Ana, Water Polo
Brendon Mahon, La Habra, Cross Country
Bret Mobley, Campolindo, Moraga, Water Polo
Nathan Resch, Dos Pueblos, Goleta, Swimming
Keenan Whitehurst, San Joaquin Mem., Fresno, Volleyball

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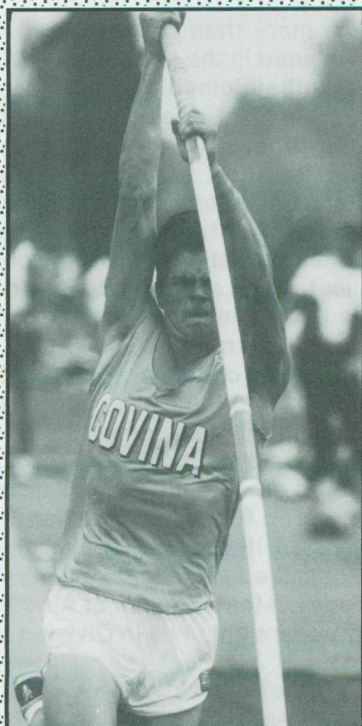
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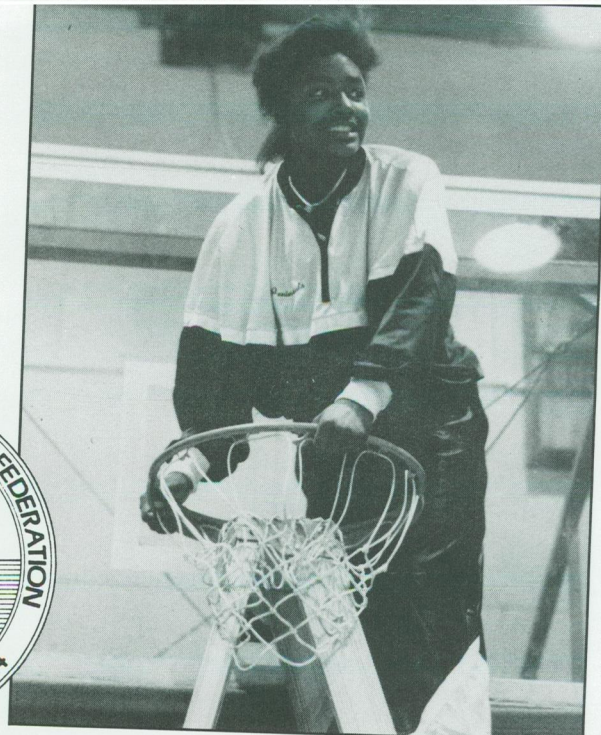
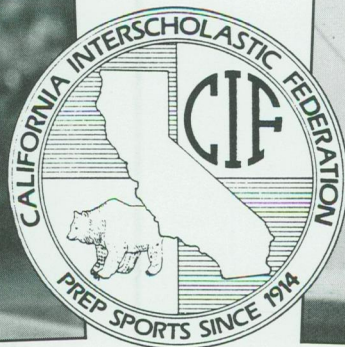
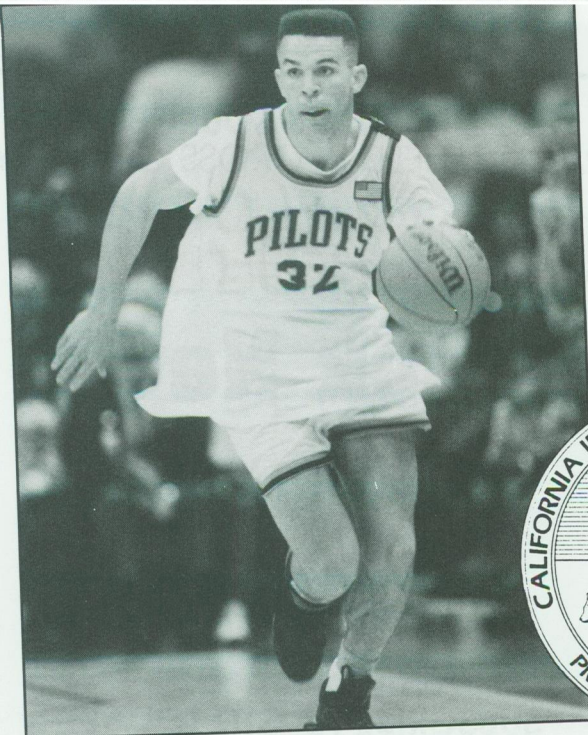
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A "Golden History" Began In 1914; Has Spanned 15 Presidents

Suffice to say, the CIF State Championship history in the state of California is a golden one. For starters, it has spanned the tenure of 15 presidents; Woodrow Wilson, Warren Harding, Calvin Coolidge, Herbert Hoover, Franklin Roosevelt, Harry Truman, Dwight Eisenhower, John Kennedy, Lyndon Johnson, Richard Nixon, Gerald Ford, Jimmy Carter, Ronald Reagan, George Bush and Bill Clinton.

In existence since 1914, the CIF offers state championships in six different sports; cross country, girls' volleyball, wrestling, basketball, track and field and golf.

Track and field, the longest running state championship, was held for the first time at Fresno High in 1915 and reached its 75th anniversary during the 1993 season. Except for the war years from 1941-45, the track and field championships have been held annually.

Early championships were conducted at high schools, YMCA's, universities and fair sites including: the Sacramento Fair in 1918, the San Bernardino Fair of 1919, the Bakersfield Fair in 1920 and the Stockton Fair in 1922.

The 1993 CIF State Track and Field Championships marked the sixth consecutive year that Cerritos College, Norwalk was the host site. 1974 fea-

tured the first year of girls' competition in the CIF State Track and Field Championships with the setting at Memorial Stadium, Bakersfield.

Accomplished athletes in various sports dot the list of California High School competitors in the track and field state championships.

Names like Dwight Stones, an Olympic medalist in the high jump, Rafer Johnson, a Gold Medalist in the decathlon, Marion Jones a national record holder in the 100 meter, 200 meters and a winner of nine individual state titles and Sherri Howard, an Olympian in the 4 X 400 highlight the list.

Track and field stars from California High schools have gone on to succeed in other sports as well. Lynn Swann from Serra High in San Mateo, James Lofton of Washington, Los Angeles and Dokie Williams of El Camino, Oceanside each made a name for themselves in professional football, and were state champions in the long jump. Henry Ellard, of Hoover Fresno and now with the Washington Redskins won the CIF State title in the triple jump in 1979.

After track and field, the CIF State Basketball Championships were established in 1916 and were held until 1928. The first state basketball championship was played between Whittier High and Berkeley High at Whittier High School

on March 25, 1916. The final result: Whittier 31-20. In 1989, Glendora High standout Tracy Murray set a record for most points scored with a phenomenal 64 - more than Berkeley and Whittier combined in the first title tilt. Women's basketball joined the state championships in 1981 when the championships were renewed for both boys and girls.

In its short history, the Girls' CIF State Basketball Championships have experienced tremendous success with names like national record-holder Cheryl Miller, Lisa Leslie, Tanda Rucker, Olympia Scott, Timicha Kirby and Kate Paye playing starring roles. Point Loma's four state championships (1984 Division II; 1985-87 Division I) have also highlighted girl's competition.

The Ladycats of Brea Olinda, with a record six straight appearances, have garnered five titles including the 1994 Division III crown in which they were recognized as national champs by *USA Today*. Menlo School of Atherton, won three straight titles in Division V (1989-91).

On the boys' side, Stockton High dominated early play winning four championships in the 1920's (1922-23, 1925, 1928).

Crenshaw High equalled that dominance in the modern championship, winning four titles in the 1980's (1983,

1985-86, 1989) before adding back-to-back titles in 1992-93. In all, the Cougars have won an unprecedented six state championships.

Besides Murray, great names like Michael Manning, Jason Kidd, Shon Tarver, Ed O'Bannon, Darnell Robinson and Stais Boseman have participated in the state finals.

The CIF Basketball Championships have come a long way since its beginning at Whittier High in 1916. The 1990 championships marked the first time that all five boys' and girls' Divisions (I, II, III, IV and V) were housed under the same roof - the Oakland Coliseum. Attendance for the two-day championships have eclipsed the 20,000 mark in three of the last four seasons with a record 22,613 at the Arco Arena for the 1992 title games.

The CIF State Wrestling Championships were established in 1973 and conducted at Cal State Hayward. The University of Pacific's Spanos Center has been the host site since 1987. Clovis High dominated during the first years of the championships, winning three consecutive CIF State Wrestling Championships from 1974-76 and then equalled that with a recent three straight 1990-92. Clovis West has won three titles (1983-84, 1989) in the 1980's.

Calvary Chapel of Santa Ana has won the last two state wrestling crowns (1992-93) and look to be dominant in the '90's.

Individually, standouts like Jimmy Aguirre, Tony Okada, Zach Cooper and Trent Barnes have competed in championships.

With the largest participation of any girls' sport, volleyball has increased its following by leaps and bounds since the first CIF State Volleyball Championships in 1978. Highland High, Bakers-

field won the first championship, held at Highland High.

In 1981, a Division II classification was added to the championships and a year later a Division III classification was included.

The CIF State Volleyball Championships expanded to a five division format in 1991 and the result was more spectacular action under one roof.

The growth of the sport is also evident in terms of revenue. Volleyball has been a self-supporting championship the last three seasons.

Corona del Mar is the only school with four titles, winning its fourth this fall against rival Newport Harbor.

Four teams have won three titles in their respective divisions, starting with Mira Costa, which went unbeaten en route to Division I championships in both 1985 and 1990. Rim of the World has three titles in Division II, along with La Habra (1989-91). Francis Parker, San Diego has won three titles in Division III.

Individual standouts include 1992 tournament MVP Rachel Wacholder, 1991 tournament sensation and MVP Jaimie Torromeo of St. Joseph Lakewood, 1990 MVP Tracy Schriber of Corona del Mar, 1989 MVP Piper Hahn of Mira Costa, Bev Oden, Katy Eldrige, Zrinka Kristich, Kristal Atwood and Jenny Evans, among others.

Traditionally, the last CIF Regional Championship completed during the course of the school year, the State Golf Championships were established in 1976 for boys and 1977 for girls and ran until 1981. Since then, regional championships have been conducted. Torrey Pines has dominated in the Southern Regionals with four regional championships, while Vintage of Napa has taken three Northern Regional titles.

Sharon Barrett, Kim Saiki, Jean Zedlitz and Kim Cathrein have excelled on the girls side, while stars on the boys field include Craig Sadler, Joe Rasset, and David Games.

The CIF Cross Country Championships were the newest edition to the state championship fold in 1987 and have been held annually at Woodward Park, Fresno.

Bryan Dameworth and Deena Drossin, both of Agoura High, have won three and two individual state titles respectively.

Jeff Wilson of Newbury Park (1990-91) and Kira Jorgensen of Rancho Buena Vista won two consecutive individual state championships (1987-88). Milena Glusac of Fallbrook broke the Girls Division I record in 1991 with a time of 17:13, then proceeded to add her second title in 1992 (17:14).

Scott Hempel of Walnut and Carrie Garrison of Rim of the World and Buena Park have also won two individual titles.

Palos Verdes, Agoura and Newport Harbor have dominated the girls' team championship with three titles apiece. Palos Verdes won consecutive titles (1987-89) before the school was combined with Miraleste and Rolling Hills High into Peninsula High.

Agoura girls have won three straight (1990-92) in Division I. Newport Harbor's titles have come in 1987 and 1988 in Division II and 1991 in Division III.

The most dominant boys' teams have been Hart and McFarland High's. Hart has won three consecutive titles (1990-92) in Division I. McFarland won the first-ever Division III crown in 1987 and then took the Division IV title in both 1992 and 1993.

A fourth division was added to cross country in 1990.

1994-95 CIF State Championship Playoff Calendar

<u>Sport</u>	<u>Date</u>	<u>Site</u>
Cross Country	November 26, 1994	Woodward Park, Fresno
Girls' Volleyball	December 3, 1994	Cal State Fullerton
Wrestling	March 3-4, 1995	Spanos Center, Stockton
Basketball	March 17-18, 1995	Oakland Coliseum, Oakland
Track and Field	June 2-3, 1994	Cerritos College, Norwalk
Golf South Regionals	June 12, 1995	TBA
Golf North Regionals	May 22, 1995	TBA

It's Been 40 Years Since the Great Track and Field Championships of 1954

By Nelson Tennis
Founder, Cal-Hi Sports

The 1954 CIF State Track and Field Championships were my introduction to statewide high school sports competition. I was just graduating from high school and only went to the meet because my best friend at the time, Richard Miller, was in the 880 representing my school, Nevada Union of Grass Valley.

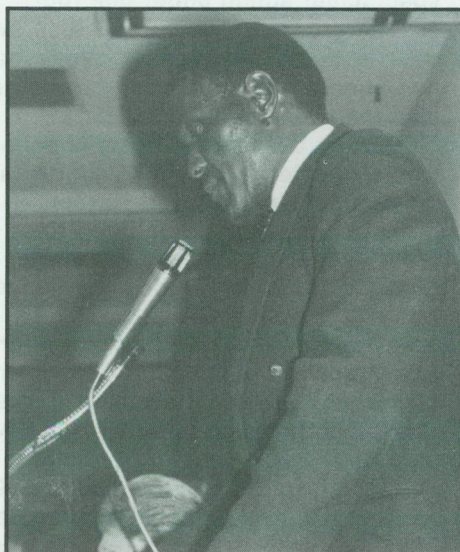
There were no qualifying heats in Richard's event and he finished next to last among the mass of runners. But I was still glad I went and still think of that 1954 gathering as the best boys' state meet I've seen. I've also been hooked on statewide high school sports ever since.

The 1954 meet is arguably the best state meet ever for boys' competition, and for me is certainly the most memorable. The University of California's Edwards Stadium was the site as 12,000 fans turned out for the one day event on Saturday, May 29. What a show we saw!

I remember the highlight of the meet as the long jump in which Jesse Owens' long-standing national interscholastic record of 24-11 1/4 was smashed by Piedmont's Monte Upshaw, who soared to an electrifying leap of 25-4 1/4. To put that in perspective for the time, consider that the second place finisher had a best of 23-8. But there was much more to the 1954 state meet.

Upshaw also won the 180-yard low hurdles in 19.0 seconds, which was 0.1 off the meet record and edged out a decathlon prospect from Kingsburg by the name of Rafer Johnson. Johnson, the 1960 Olympic decathlon champion, did win in the 120-yard high hurdles in 14.3, which beat Upshaw by a yard.

The most impressive winner of the day, though, was Don Bowden from Lincoln of San Jose in the 880. Bowden, who a few years later would become America's first sub-four minute miler,



Olympic Stardom - was forthcoming for Rafer Johnson, who competed in that great meet of 1954.

photo courtesy Cal-Hi Sports.

won by 25 yards with a time of 1:52.9 while looking like he was jogging. It would have been a national interscholastic record, except that he had run 1:52.3 the week before.

The most anticipated competition of the meet was in the 100 and 220 where defending champion Leamon King of Delano went up against Alameda's James Jackson. Jackson had tied Jesse Owens' national interscholastic record in the 100 with a mark of 9.4 on the same track the week before, but had never beaten King. This time, though, Jackson nipped King in the 100 in 9.6 and also won in the 220 by two yards in 21.2. The third place finisher in both races was no slouch either. He was Santa Ana's Bill Swisshelm, who earlier in the season had set a 180-yard low hurdles national interscholastic record of 18.7.

Jackson also came from three yards back in anchoring Alameda to victory in the 880 yard relay. Leading off for Alameda in that race was Willie Davis, the state's best basketball player of the 1954 season.

With Jackson leading the way,

Alameda won the team title with 19 points while Upshaw gave Piedmont second with his 14 points. King's 10 points were good enough for Delano to finish third. Jackson and Upshaw later developed injury problems, but King went on to a 1956 Olympic gold medal in the 400-meter relay.

The high jump was another interesting event. It was won by Hayward junior Dick Dailey at 6-5 1/2, a good jump for that time. In second place, though, at 6-4, was another junior -- Charley Dumas from Centennial of Compton. Dumas would easily win the event in 1955 and would go on to win the 1956 Olympic high jump gold medal. Earlier in 1956, Dumas also became the world's first seven-foot high jumper.

There was also a college weight discus exhibition event. It was won with a state record toss of 148-2 3/4 by Palo Alto's Rink Babka. He too would go on to Olympic glory, winning a silver medal in the 1960 discus throw. Babka also set a world record in that event during the same year.

Even a prominent football player got into the act as junior Frank Geremia (6-2, 220) from McClatchy of Sacramento, a 1954 Scholastic Magazine All-American end, placed third in the shot put at 56-7 1/2. Geremia later went on to football stardom at Notre Dame.

Cal reaped a bonanza after that 1954 meet as Bowden, Upshaw, King and Dailey all went there. Johnson attended UCLA while Babka chose USC. Dumas also ended up at USC after a stint at Compton College. Jackson went to a junior college and Davis didn't go to college at all.

Altogether, four CIF medalists from the 1954 meet emerged to take five Olympic medals later on. Three of those athletes became Olympic champions. And three of those medals, including two gold, were won just two years later in 1956. Johnson was the only one to win two Olympic medals as a silver in

continued on next page

Test Your Knowledge on the CIF State Track and Field Championships

1. Which is the longest running state championship event?
A) basketball; B) track and field; C) football (before being discontinued in 1927); D) baseball
2. How many individual state championships did Marion Jones win during her illustrious high school career that began at Rio Mesa High in Oxnard and ended up at Thousand Oaks High? Bonus point if you can name what current college Jones is attending.
A) 7; B) 5; C) 6; D) 9
3. Of the 17 National High School Records set in girls' track and field, how many belong to California athletes?
A) 9; B) 10; C) 5; D) 6
4. Which boys' athlete won back-to-back state titles in the triple jump?
A) Kenny Burke; B) Henry Ellard; C) Joe Richardson; D) Dokie Williams
5. What boys' team has won the most state titles? Bonus point if you can name how many titles this team has won.
A) Jefferson LA; B) Hawthorne; C) Long Beach Poly; D) John Muir



A State Meet For the Ages...

the 1956 decathlon preceded his 1960 gold.

Interestingly, King finished fourth in the 1956 Olympic trials in the 100 meters, so he only qualified for the 400-meter relay. But between the trials and the Olympics, he twice tied the 100 meter world record of 10.1 and in both races beat the eventual Olympic champion, Texan Bobby Morrow.

Let's all hope this year's state meet will be remembered just as fondly 40 years from now. Of course, with the inclusion of the girls' state championship in 1974, even more historical data will be available 40 years from now.



Who Am I? - Give yourself a bonus point if you can name this outstanding athlete.

6. Which one of these great athletes did not compete at a California High School? Bonus point if you can name which high school this individual competed for.
A) Lynn Swann; B) Jim Ryun; C) Rafer Johnson; D) Polly Plummer.
7. Which girls' team has won the most state titles? Bonus point if you can name how many titles this team has won.
A) Berkeley; B) Long Beach Poly; C) Carpinteria; D) Washington Union
8. What event made Olympic great Bob Seagren famous?
A) shot put; B) discus; C) pole vault; D) high jump
9. This athlete won six individual titles while competing at Walnut High. Bonus of two points if can name the events she competed in.
A) Wendy Brown; B) Jodie Anderson; C) Juliana Yendork; D) Crissy Mills
10. What record will the Long Beach Poly girls' team be in the running for at the 1994 CIF State Track and

Field Championships?

- A) most consecutive state titles; B) most team points scored; C) most overall state championship titles; D) most state championships in the 1990's.

Scoring System: 1 point for each correct answer, then add bonus points to your overall score (maximum points 17). 9 or higher = CIF State Track and Field Champion. 7-8 = Runner-up. 5-6 = Third Place. 3-4 = Fourth Place. 2 or less = Did Not Place - Better Luck Next Year.

Answers: 1. B) track and field which began in 1915 and has been held annually since (excluding the war years - 1942-45). The state basketball championships began in 1916, while football started in 1919. There are Section championships in baseball, but no state championship exists in that sport. 2. D) Jones took a state record nine individual titles during her high school career; setting national records in both the 100 and 200 meters. Jones is currently attending the University of North Carolina, where she helped the Tar Heels to an NCAA Women's Basketball Championship. 3. A) California girls hold nine national records. 4. D) Dokie Williams won back-to-back titles in the triple jump in 1977-78 for El Camino High in Oceanside. Williams went on to a career in professional football with the Los Angeles Raiders. 5. A) Jefferson High has won eight state titles in track (1938, 1949-52, 1956, 1962, 1964). 6. B) Jim Ryun, who still holds the national record in the 1600 meters (3:58.30 set in 1965), competed for East High in Wichita Kansas. 7. A) Berkeley High has won five state championships (1974, 1976, 1981-83). 8. C) Seagren is an Olympic champion in the pole vault. 9. C) Juliana Yendork won three titles in the long jump and three more in the triple jump during her high school career at Walnut High. Yendork is pictured on this page. 10. A, B, & D - Long Beach Poly could topple the state record for most points scored, which is currently held by Berkeley girls (64). With a title, the Jackrabbits could also tie Berkeley with three consecutive state titles and, Long Beach Poly has already won more titles (2) in the 1990's than any other team.

Super Crew Aboard for 1994 State Meet

By Doug Speck
California Track News

The always impressive California State High School Track and Field Championships will feature an especially talented crew of athletes coming to Cerritos College this weekend for what should be one of the finest meets in recent years. All during the season Golden State athletes have "one-upped" each other with action building to what will be an exciting crescendo this weekend. California athletes are at or right near the top of all of the national lists in the different events, with fans privileged once again to see the finest meets of its kind at this level in the entire nation! One all-time prep best has come from the season, with two-time defending state discus Champ, Suzy Powell (Downey, Modesto), throwing a towering 189-7 during May.

Speed is the name of the game in the sport and there will be no shortage this weekend! The CIF Southern Section Inland Empire duo of defending state 100-meter champion Bryan Howard (Canyon Springs, Moreno Valley) (10.43 and 20.76) and Pat Johnson (Redlands) (10.39 and 20.76) are the two quickest dashmen in the country, with more fireworks assured here! Aminah Haddad (Poly, Long Beach), national 200-meter leader at 23.23 and 11.69 for 100m, teammate Andrea Anderson (11.57 and 23.74), and cross-town rival Lakeisha Backus (Wilson, Long Beach) (23.42 200m) are among the top handful of sprinters nationally, with northerners Kelly White (Logan, Union City) (11.87 and 23.80) and Latasha Gilliam (Pittsburg) (23.62) very, very competitive. Failure to provide a wind gauge at the CIF Sac-Joaquin Section Finals probably nullified inclusion of the marks by Ali Evans (Vallejo-10.37 100m) and Willie Jones (Franklin, Stockton-10.44) on the yearly national prep lists, with the duo showing potential off their Sec-

tion finals runs. Over 200 meters, Evans (21.05w-21.37) and Tony Bray (Kennedy, Sacramento) (21.18w), and Felton Charles (Westmoor, Daly City-21.30) are quick.

When one speaks of team championships, as the sport does have the majority of the events up through the one lap distance 400-meter distance, California has half a

dozen girls' squads among the best in national history, with defending champion Poly (Long Beach), Bishop O'Dowd (Oakland), Wilson (Long Beach), Morningside (Inglewood), Logan (Union City), and Skyline (Oakland) very, very solid. The Southern California squads have each shot themselves in the foot, with Poly's nation's quickest 400m relay team (45.90) dropping the baton, Wilson losing Lakeisha Backus on a 100-meter false start, and Morningside suffering injury and hurdle trial leg disqualification to key team members. Big time efforts by the Poly girls in the sprints and defense of their 1600m relay win should make the Jackrabbits tough to beat. The team aspect gives the "heads-up" contests between the members of these groups special meaning this weekend.

On the boys side, Muir (Pasadena) can make or break its destiny with 41.09 and 3:12.65 relay teams, top hurdler Kenny Haslip (13.94 and 36.65, and super frosh Obea Moore 1:52.91 800 meters (one of the top half dozen frosh time ever run) as solid a team act as there is at the meet. Should the Mustangs falter the boy's contest will be truly as wide open as it has ever been.

The girls 400 meters has Latasha Gilliam (Pittsburg) (54.28) and Jaronda



Three In A Row? -- the Long Beach Poly girls will be looking for a third straight CIF State Championship. A lot depends on how the 1600m relay team fairs. photo courtesy of Long Beach Poly High.

White (Morningside, Inglewood) (54.41) ranked 2-3 nationally, with Lana Garner (Morse, San Diego-55.22), Malika Edmonson (St. Bernard, Playa del Rey-55.40), and Angela Harris (Skyline, Oakland), the state 300m hurdles champ also picking this event individually.

James Davis (Wood, Vacaville) (47.10) leads a solid boys' one lap group, with Jere Miller (Patrick Henry, San Diego) (47.41), James Davis (Burroughs, Ridgecrest) (47.45), Mike Russell (Rowland, Rowland Heights) (47.33 1993), fine soph Felton Charles (Westmoor, Daly City-47.73), and Andre De Saussure (Taft, Woodland Hills) (47.77) all capable of sub-47.0.

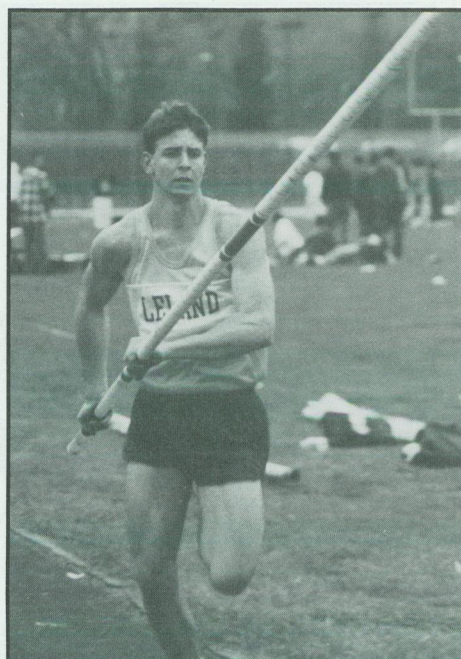
Michael Granville (Bell Gardens) continues to amaze, with the soph blasting a solo 1:48.98 800 meters in the CIF Southern Section Divisional Finals two weeks ago. Breaking the old national soph record by nearly two seconds, Granville will still have to face a resurging defending state champion, Vondre Armour (Bakersfield-1:51.17) and Aaron Richberg (Logan, Union City),

who recorded the nation's #2 time of the year (1:50.34) in the CIF North Coast Finals. Jessie Camp (El Capitan, Lakeside) looked strong in a 1:51.96 Section finals run.

Kristie Johnston (Central, Fresno) (2:12.18) has comfortably turned back all challengers during statewide travels this spring, with 1993 state finalist at 400 meters, Tiffany Roberts (Carondelet, Concord) (2:12.90), moving up in distance in fine style. Ashley Monahan (Amador Valley, Pleasanton-2:12.96), steadily improving Julie Koudelka (Edison, Huntington Beach-2:12.99), and 1993 third placer here, Sherron Rhetta (Poly, Long Beach) (2:11.68 1993) will make it a good race.

Mehbrahtom Keflezighi (San Diego) has become the nation's top distance runner, with a 4:06.15 1600m in the Section Finals to go along with an earlier 8:51.8 nation-leading 3200. Keflezighi's attempted 1600/3200 distance double win here has only been pulled off by one other athlete, Roman Gomez (Belmont, L.A.) in 1984 and 1985. A strong group will challenge, with Mark Hauser (St. Augustine, San Diego-4:09.46), Brett Strahan (Hart, Newhall-4:09.71), and Eric Dunn (Arroyo Grande-4:11.78) chasing the San Diego High star with their best times in a big Arcadia/Foot Locker 1600 contest. Over eight laps, Jaime Martinez (Orange-9:06.08) and Antonio Arce (Palmdale-9:09.21) will lead a fresh pack after Keflezighi has gone through Friday's 1600m qualifying and a tough Saturday finals at four laps.

Elisa Riedy (Mission San Jose, Fremont-4:45.7) has emerged as the nation's quickest four-lapper as of late, with sister Lori (4:57.9) and Claire Becker (Bonita Vista, Chula Vista-4:56.85) leading the rest of the pack. Over eight laps one of the very special young ladies of the sport, frosh Julia Stamps (Rincon Valley JHS, Santa Rosa), the first U.S. finisher in the World Junior (under age 20) Cross Country Championships early this spring, has the nation's #3 time outdoors at 10:28.49. Carrie Garritson (Buena Park) has a 10:28.21 lifetime best, with a desire to go out her senior year as a state champion. Whoever in



Up, Up and Away -- Scott Slover of Leland San Jose High is a favorite in the pole vault. photo courtesy of Leland High School.

the pack decides to join the front duo should be along for a quick time, with multi-sport star, Amy Haase (San Dieguito, Encinitas-10:51.41) looking ready for big improvement with competition.

The boys' hurdles will be very, very competitive. Ken Haslip (Muir, Pasadena 13.94 and 36.65) leads the nation in the long event, with his last weekend high hurdles conqueror, Jason Medearis (Hart, Newhall) (14.12 and 36.80), Larry Parker (Bakersfield-14.20), and Coke Edmon (Bellarmine, San Jose-37.25) trying to beat Haslip and have his Mustang teammates team title hopes dim.

In the girls' 100-meter hurdles, fine frosh Davetta Shepard (Kennedy, Richmond-13.85w) has emerged with victories over Bisa Grant (Bishop O'Dowd, Oakland-14.15), with Joanna Hayes (North, Riverside-14.34) and 93 third placer Miesha McKelvey (Gahr, Cerritos-14.37) also strong. Defending state champ over the 300-meter barriers, Anglea Harris (Skyline, Oakland-42.33), surprising Keisha Griffis (Washington, L.A.-43.59), and Felicia Johnson (Merced-43.76) quick Section finals runs.

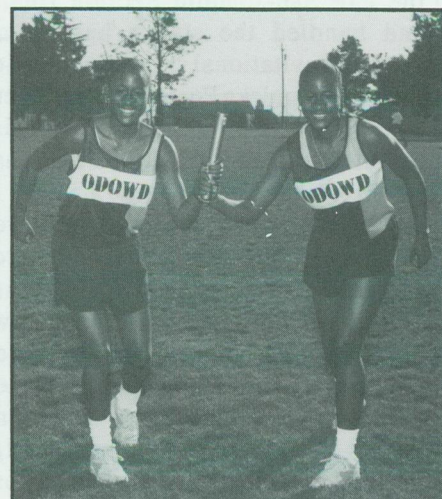
The girls relay events will feature the nation's quickest groups. The team contest could boil down to how teams carry the baton in these contests, with a possible scenario two or three teams in

the final event of the evening, the 1600m relay contest, with the outcome deciding the team championship. Wilson (Long Beach-46.16), Skyline (Oakland-46.19), and Morningside (Inglewood-46.74) are among the nation's top half-dozen teams, with Poly (Long Beach)-3:42.58), Morningside (3:43.71) and Skyline (3:44.15) one-two-three nationally.

On the boys' side in the relays, Muir (Pasadena) has run 41.09 and 3:12.65, with the Mustangs upset by steadily improving Morningside (Inglewood-41.09) last week in the short baton event. El Camino (Oceanside) exhibited brilliant stick work on the way to a 41.16 last week. Morningside (3:13.45) headlines competition in the four lap race, with ten other teams under 3:18.0 to make this final running event very, very competitive.

Jeremy Fischer (Camarillo) has put together a super season of high jumping, sailing 7-4 for the #2 prep jump in California history. Art Lloyd (Eisenhower, Rialto 7-2) has been good competition all season long, with Erik Nyberg (Mt. Whitney, Visalia) also over 7-0 two weeks ago in the CIF Central Section meet.

Kristy Kierulff (Esperanza, Anaheim), 1992 state champ, has returned to form at 5-10 3/4, with Tracye Lawyer (Cate, Carpinteria 5-10 in 1993) the winner last year. Kathy Watson (Saugus 5-10) returned from injury



Double Threats -- Candace (left) Miles-Threat and Crystal (right) Miles-Threat hope to lead Bishop O'Dowd High to the girls' title. photo courtesy of Bishop O'Dowd High

impressively in Southern action.

The boys' pole vault group is a very special one. Scott Slover (Leland, San Jose) is back sharp again, with a recent 17-0 clearance. Foreign exchange student, Esa Sullinen (Burroughs, Burbank) has impressed with a 16-4 3/4 clearance, with Rob Weighall (Highlands, Bakersfield) 16-0 1/2, and Ben Stark (Porterville) 16-0.

Jernae Wright (Logan, Union City) 19-8 1/4 (20-5w) headlines a good girls' long jump field, with Laren Parker (Bakersfield) 19-3, Tara Oettinger (Foothill, Santa Ana) 19-1 3/4 strong.

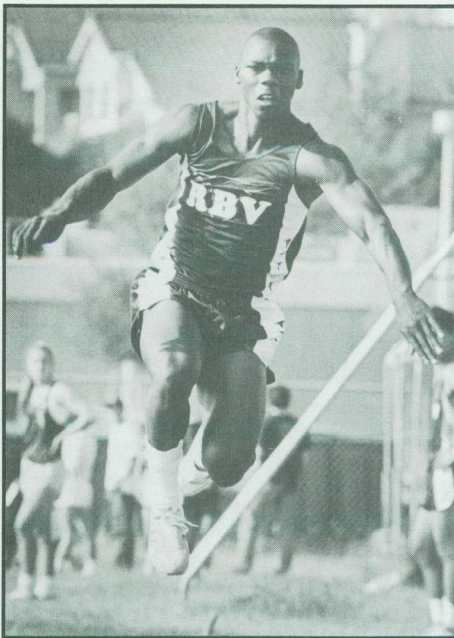
In the boys' long jump, Jamal Chase (Quartz Hill) is the state's lone wind legal 24-footer still alive, with a 24-2 1/4 Arcadia win against the state's best from April. Tyree Washington (La Sierra, Riverside) was 24-2 1/4w during qualifying, with Fred Jackson (Piedmont) the top Section finals mark at 23-4 3/4.

In the boys triple jump, Von Ware (Rancho Buena Vista, Vista) put together the #8 jump in California prep history in the CIF San Diego finals with a towering 52-0 effort. Chuck Bishop (Taft) leads the pack back at 49-10. Jamal Chase (Quartz Hill) was 49-3 indoors while defeating Ware, with Reggie Mitchell (Sweetwater, National City) 48-8 3/4 and Reggie Curry (Tustin) 48-7 3/4 strong in the event.

In the girls' "three-hop" event, Michele Reid (Folsom) was 39-10 in the CIF Sac-Joaquin Section finals, and handled the state's best at an Arcadia Invitational showdown earlier in April. Tamiaka Porter (Orange Glen, Escondido) is 39-7 1/2, with consistent Amber Roberts (Muir, Pasadena) 38-10 3/4.

In the girls' shot put, Delores Tuimolou (Channel Islands, Oxnard) is the nation's #2 thrower at 49-2, with Gina Heads (Newport Harbor, Newport Beach) 45-7 and Soozie Shanley (Tulare) 45-6 1/2 among the top ten throwers in the country. Christine Etuale (Jefferson, Daly City) 44-5 1/2 sits just outside the top fifteen nationally off recent improvement.

The boys shot put has a competitive group led by Wade Tift (Newport Harbor, Newport Beach) 61-6, with Chris DeMartini (St. Ignatius, San Francisco)

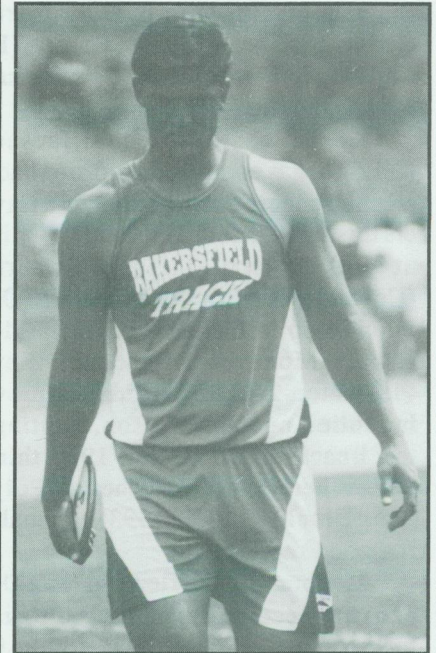


Triple Threat -- Von Ware of Rancho Buena Vista High looks to win a title in the triple jump. photo by Roberts Photography.

61-0 1/2 close behind. Jeremy Lingenfelter (Claremont) 59-10 3/4 will lead the rest of the pack in quest of the sixty-foot barrier

Suzy Powell (Downey, Modesto) is the show in the girls' discus event, with the two-time defending champion putting the platter out of sight at the prep ranks with a 189-7 while competing "unattached" in an open level May competition.

Putting her own state meet record of 176-7 out of reach of future mortals is her mission this weekend. Take the time to wander out to the grass field to watch this young lady who is simply the best female prep track and field athlete in the nation this year. Some nationally ranked stars follow Powell, with Nadia Lopez (Arroyo Grande) 151-11,



Staat at State -- Jeremy Staat of Bakersfield High is a contender in both the discus and shot put. photo by Bill Cockerham, California Track and Running News.

Rashawnda Holmes (Tennyson, Hayward) 146-9, Robyn Flynn (Fortuna) 145-10, Soozie Shanley (Tulare) 145-6, and Nicole Brooks (Berkeley) 144-10 very good here.

Chris DeMartini (St. Ignatius, San Francisco) headlines the boys' discus event with the #2 throw nationally for the year at 195-6, with Jeremy Staat (Bakersfield) 185-2 and Coleman Johnson (Riverside Poly) 182-3 over the 180-foot barrier.

(special thanks to correspondents around the state who help to make the information used in this article possible- Mike Kennedy, Steve Brand, Ron Blackwood, and Keith Conning.)



Off and Running -- The girls 3200 meters figures to be hotly contested. Kim Nelson of Canyon High (#8) is one of the favorites.

Californian's Dominate National High School Records in Track and Field

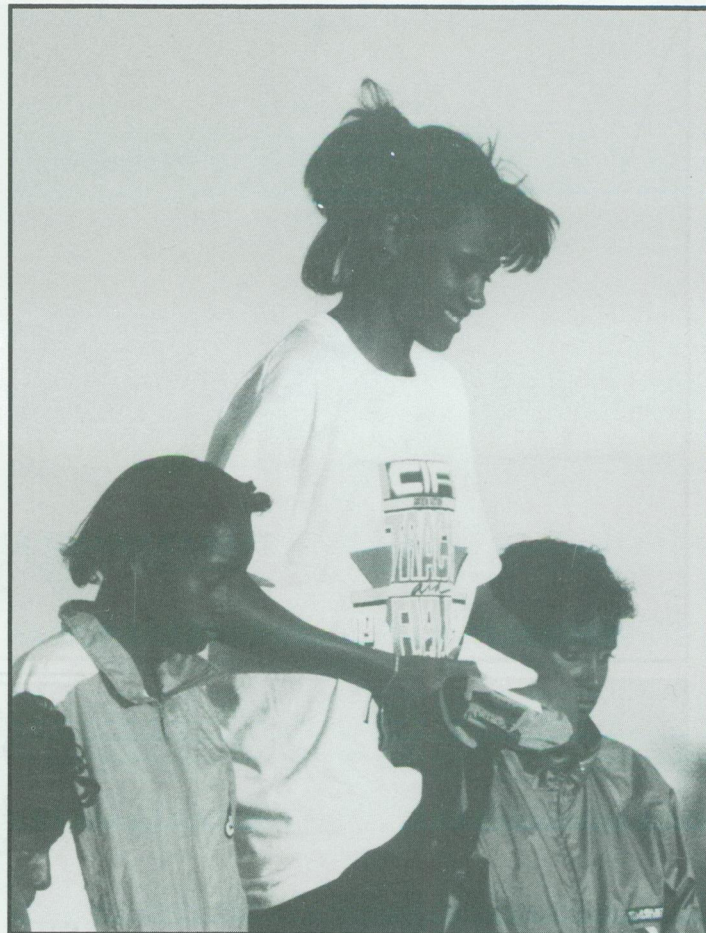
California is truly the "Golden State" when it comes to performances on athletic fields, gyms and other athletic facilities across the state. The National High School Record Book will attest to this. The book is jam-packed with great performances and records by California athletes in a variety of sports.

In the sport of track and field, California athletes are especially well-represented. California girl tracksters hold nine of 17 national records. Marion Jones, who competed at both Rio Mesa Oxnard and Thousand Oaks High in her fabulous high school career, owns two of those records. Jones is the national record setter in the 100 meters (11.14) and in the 200 meters (22.67).

Besides Jones, other California greats who have a place in the national record book include: Denean Howard of Kennedy Granada Hills, who holds the national mark in the 400 meters (52.39); Juliana Yendork from Walnut High, a national record-holder in the triple jump (44-0 1/2); Fullerton Union graduate Natalie Kaaiawahia, who set the national record in the shot put (53-7 3/4) in 1983; Leslie Maxie of Mills High, with a national best 40.18 in the 300-meter low hurdles; and Suzy Powell of Downey Modesto whose discus toss of 179-1 at the Sacramento Meet of Champions this year, bested her own record of 178-6 set at last year's state meet. Powell tossed the discus 178-8 at Arcadia this year as well.

On the team side, Hawthorne girls set the national mark in the 400-meter relay (45.11), and John Muir of Pasadena girls hold the national record in the 1600-meter relay (3:37.69).

Boys track athletes have also fared well nationally, holding six national records and many second and third best marks. Calvin Harrison of North Salinas set a national record of 45.25 in the 400 meters at last year's state meet, which turned out to be the only national track record set for boys during 1993. Charles Mayfield of Muir High, has held onto the national record in the triple jump (52-10 1/2) since 1980. In 1981, Pete Richardson of Berkeley High set the national standard in the 800 meters (1:47.31), while Berkeley High set the national mark in the 1600 meter relay, which was bested by Hawthorne High in 1985 (3:07.40). Lompoc's George Porter holds the national record in the 300-meter hurdles (35.32) and James Stallworth of Tulare set the national mark in the long jump in 1989 at 26-4 3/4.



Sprint Sensation -- Marion Jones set national records in both the 100 and 200 meters as a junior for Thousand Oaks High. In her career, Jones had a record nine individual state titles.

400 meters	Denean Howard	Kennedy	52.39 ('82)
300-meter LH	Leslie Maxie	Mills	40-18 ('84)
Triple Jump	Juliana Yendork	Walnut	44-0 1/2 ('91)
Discus	Suzy Powell	Downey Modesto	179-1 ('94)
Shot Put	Natalie Kaaiawahia	Fullerton Union	53-7 3/4 ('83)
400-Meter Relay	Hawthorne High	Hawthorne	45.11 ('85)
1600-Meter Relay	Muir Pasadena	Muir	3:37.69 ('85)

NATIONAL RECORDS HELD IN TRACK AND FIELD BY CALIFORNIA BOYS

Event	Record Holder	High School	Record
400 meters	Calvin Harrison	North Salinas	45.25 ('93)
800 meters	Pete Richardson	Berkeley	1:47.31 ('81)
300-meter hurdles	George Porter	Lompoc Cabrillo	35.32 ('85)
Long Jump	James Stallworth	Tulare	26-4 3/4 ('89)
Triple Jump	Charles Mayfield	Muir Pasadena	52-10 1/2 ('80)
1600-meter relay	Hawthorne High	Hawthorne	3:07.40 ('85)

NATIONAL HIGH SCHOOL RECORD BOOK AVAILABLE, ON SALE

The 1994 edition of the National High School Record Book is available and on sale through the National Federation of State High School Associations. The 296-page book, packed with pictures, is \$4.95 plus shipping and handling. For more ordering information, contact the National Federation at 11724 NW Plaza Circle, Kansas City, MO 64195-0626.

NATIONAL RECORDS HELD IN TRACK AND FIELD BY CALIFORNIA GIRLS

Event	Record Holder	High School	Record
100 meters	Marion Jones	Thousand Oaks	11.14 ('92)
200 meters	Marion Jones	Thousand Oaks	22.67 ('92)



Records Tumble When Powell Tosses the Discus

By Paul Click
Southern California Sports Watch

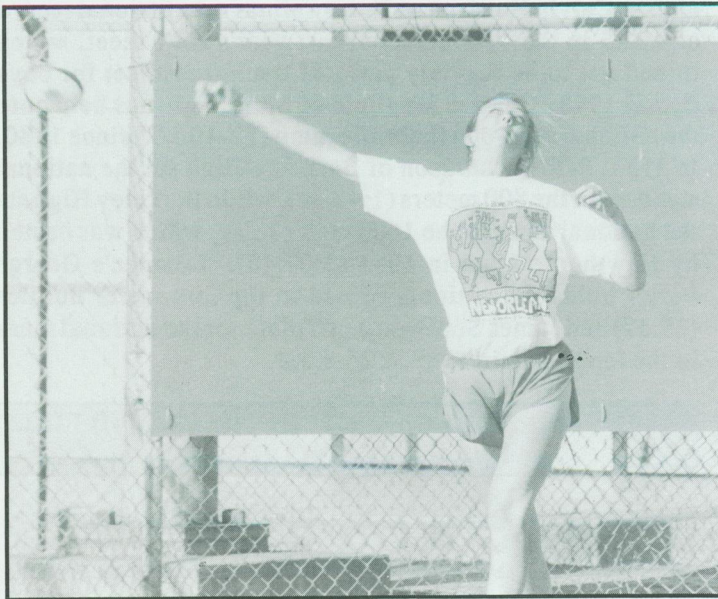
Records have been tumbling ever since Suzy Powell picked up a discus and let it fly.

Believe it or not, the (Modesto) Downey High record-setter was a distance runner when she first became interested in track and field.

With the help of her dad, Mac,

the UCLA-bound senior will not soon be forgotten in California Interscholastic Federation (CIF) sports history. And, with one more lengthy toss, Powell could become the state's second three-time state female discus prep champ.

"I'd like to win state again," she said. "Hopefully, I'll have a good throwing day...something over 180 feet. That would be a nice way to end



Photos by: FINE FLICKS by DON GOSNEY

my high school career."

Powell, who has competed against some of the top female Olympians in her specialty, has been a favorite for a long time. At the prestigious Arcadia Invitational, she set the national scholastic record with a throw of 178-8, which bettered her own national mark of 178-6 set at last year's state meet. That throw broke the previous best of 176-10 set by three-time state champ Melissa Weis of Bakersfield in 1990.

Her series of 178-8, 160-4, 158-8, 152-3, 159-5 and 177-1 at Arcadia also broke a record, earning her the Athlete of the Meet award. For seven years, previous to Weis, Fullerton's Natalie Kaaiawahia had the best toss ever at 174-9.

"My dad has been a big influence. He's been my coach since I started and has sacrificed a lot of things, as far as work and his personal life is concerned, in order to train me."

Suzy Powell

"I was real happy with my throw at Arcadia," said Powell. "I had just gotten out of basketball two weeks earlier. We won our section. I sort of did everything this year. I started playing basketball as a fourth grader."

Downey High was a first round NorCal regional casualty in Division I, losing to Monta Vista of Cupertino, 56-33.

"I like both sports, but I've decided to go with track in college," said Powell. "I just felt that I had more of a future in the discus than in dribbling a basketball."

At 5-foot-11, Powell primarily played forward and guard.

"As far as academics, I'm taking all College-prep classes," she said. "After last semester, my GPA was 3.6."

Right now, Powell is heading off to college without a major. It could be biology, but she is also fond of her English Masters class.

"I'd like to win state again. Hopefully I'll have a good throwing day...something over 180 feet. That would be a nice way to end my high school career."

SUZY POWELL

"My dad has been a big influence. He helped me a lot," noted Powell. "He's been my coach since I started, and has sacrificed a lot of things -- as far as work and his personal life is concerned -- in order to train me. Dad pretty much works his schedule around our training. And...I'm really grateful for that."

That includes the rest of the Powell family, too. She has four older brothers and a sister.

"They were all pretty athletic," she said.

It was her dad who suggested to give the discus a try.

"At first track was just something to keep in shape for soccer," Powell recalled. "Out of curiosity my dad talked me into trying it (discus)...and it turned out I was pretty good. It progressed from there. I broke my first age-group record (108-4 1/4). From that point, I set a goal of breaking all the age group and high school records."

Her best is now 189 feet. That occurred at the Modesto Relays. She followed that up with a toss of 188-4 two weekends ago at Merced Junior College.

"I'm still waiting to see if the 189 throw will be accepted," Powell said. "It was out of the international boundary but well within the high school boundaries."

Going into the Arcadia meet, Powell had an open competition best of 180-8 (at the U.S. Junior National Championships). On May 14, at Modesto Relays, Powell found herself competing against Olympians Connie Price-Smith and Lacy Barnes.

"They are pretty much the top woman throwers in the country," Powell said. "That was really exciting for me."

There was more adrenalin flowing than the average track meet. I didn't really pick up any pointers. The big thing...was just the experience of competing against the best in the U.S."

Price had a throw of 211 May 21 at the Mobil-Banespa Tournament (San Paulo, Brazil). That was the third best toss behind the winning throw of 216 feet.

At the Arcadia meet, Powell said she was shooting for 185 feet by the time state rolled around. Well, she's right on target with that prediction.

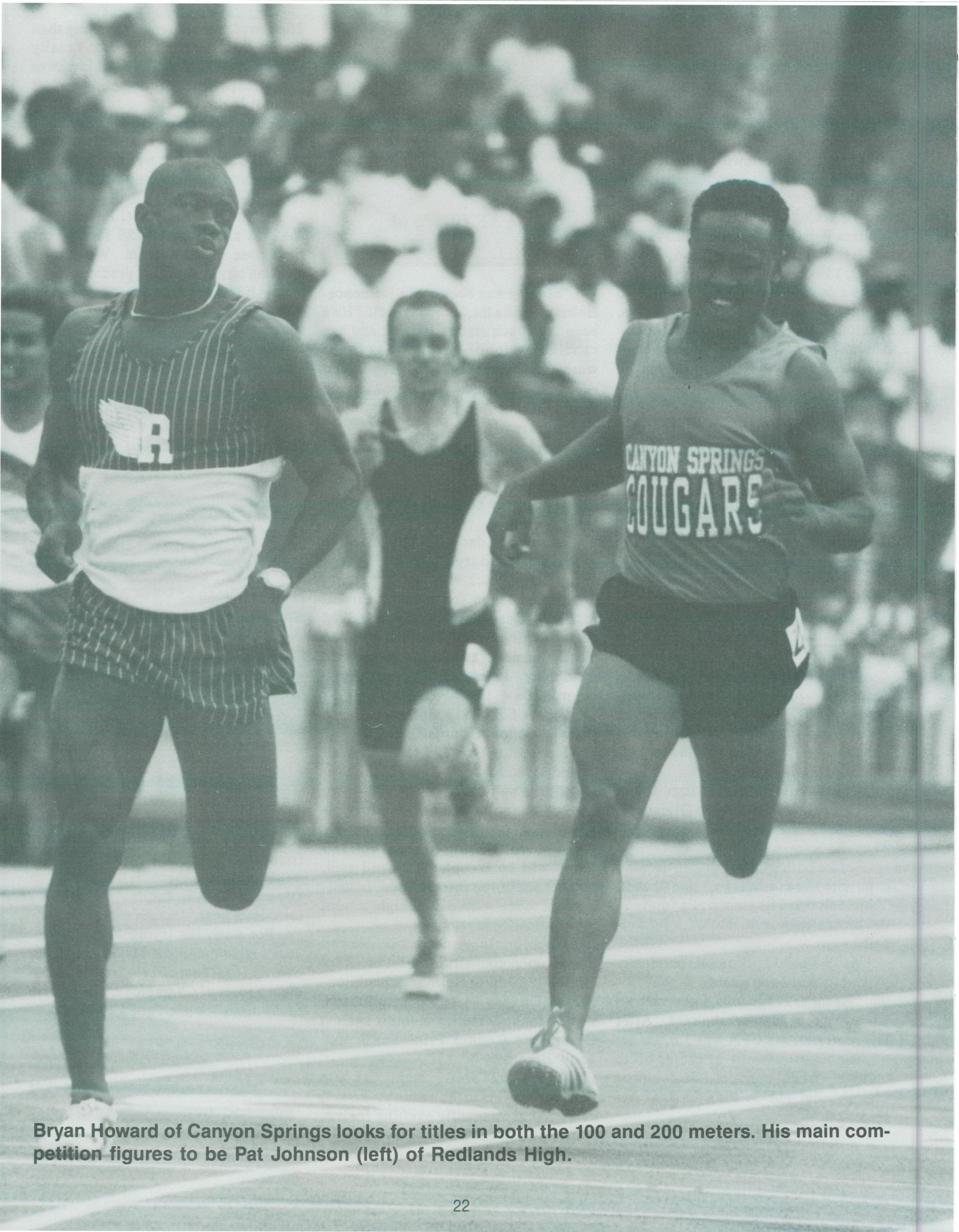
"All it takes is one throw to have a good day," Powell explained. "Sometimes you can have five really bad throws and then one good one on the final one. If I'm having a bad day, it's usually because I'm over rotating in the middle of the ring. Sometimes my left foot isn't planting fast enough to give me enough lift."

"At first track was just something to keep in shape for soccer. Out of curiosity my dad talked me into trying it (discus) and it turned out I was pretty good...from that point, I set a goal of breaking all the age group and high school records."

She said that she used to wind surf, but that she hasn't had the time recently to go back into the water. Instead, she relaxes by spending time with her friends.

Powell said there "is definitely" an Olympics in her future. "That's my long-term goal."

For now, it's trying to better last year's state meet toss of 178-6 and her own national best of 179-1 at the Sacramento Meet of Champions. She figures to do that with one "good" toss.



Bryan Howard of Canyon Springs looks for titles in both the 100 and 200 meters. His main competition figures to be Pat Johnson (left) of Redlands High.

It's Showdown Time For Howard As He Looks For Titles in 100 and 200 Meters

By Paul Click
Southern Cal Sports Watch

It's showdown time! Bryan Howard vs. Pat Johnson. Howard left a calling card for his rival buddy (Johnson) at the CIF Southern Section Divisional Championships at Long Beach City College's Veterans Stadium -- "top this" (20.76 200 meters to go along with a 10.43 100 meters set earlier in the season).

On this particular day, Howard, a junior at Canyon Springs High in Moreno Valley, posted faster times in both the 100 (10.5) and 200 than Johnson (10.61 in the Division I 100 and 21.25 in the 200).

"I was making a statement to the state of California and the nation that what I've accomplished this year is not a fluke. It's legit."

A national-laden field found out just how good the Southland duo can be at the Arcadia Invitational. Both Howard and Johnson, a senior at Redlands, broke out of the starting blocks first and were neck-and-neck after the first 50 meters. That was no surprise as Howard set a national record in the 50 (5.69) during the indoor circuit.

However, Jermaine Stafford of Rochester, N.Y. streaked by them at the finish line to claim the race with a 10.46 clocking. Howard was second (10.55) and Johnson third (10.57).

"He (Stafford) just blew right by us," a flabbergasted Howard uttered.

When the 1994 season began, Johnson was an unknown. He quickly grabbed everyone's attention, though.

"Pat's a great runner," Howard said.

A torn hip flexor muscle in 1993 had kept Johnson out of the limelight.

"It's going to be interesting," mused Howard, who is looking into attending USC, UCLA, Arizona State or Ohio State after next year.

"He came a long ways from last year. I couldn't believe it when he beat me at the Inland Empire Championships. I was shocked.

"After getting out of the blocks okay, I just sort of cruised. I remember

feeling a little sluggish, and then he (Johnson) blew by me. Bam! What happened? I asked myself. After the meet, my dad said, 'Don't worry about it. You were running flat-footed, off-stride, with no zip...and you were still in the indoor mode.'"

Howard felt that the bumps and bruises of carrying a football 69 times for 715 yards also played a factor. After playing receiver for a couple of games, Howard was moved to wingback slot after the Cougars' quarterback got hurt.

"I improved every game and towards the end of the season I started being the leading rusher," said Howard. "We went all the way to CIF. My knees were hurting after football."

With world-class times hovering in his future, Howard, who has a 3.0 GPA, said: "It's not worth it to continue playing football. I could rip off a knee. The coach (Jack Fogarty) tried to talk me into playing, but I said no. My future is in track...I'm not looking for a CIF ring. He said: 'I understand.'"

So, Howard will run cross country instead of galloping for an end zone.

"I'm stronger but not as trim as last year," Howard said. "That's why I'll run cross country next year (to get the weight off)."

Away from the track, Howard said that he likes to relax like any normal teenager. "I watch TV, talk a lot on the phone and play video games."

Once he selects a college next year, Howard said he will probably major in sports therapy.

"I want to do something that's sports related," he said. "I want to stay involved with the kids. I was once there...I know how it is to be involved in sports...and, maybe one day I'll work as a head track coach for a university. So, I'm looking forward to college."

He also anchors the Canyon Springs 4 X 100 relay team (best of 41.90). At Veterans Stadium, May 21, the Cougars beat out Esperanza's 42.32 clocking. Howard took the baton to the finish line for a winning 42.15 time.

"We were shocked when we ran the

41.90," noted Howard. "At the time, we were running 43's. And, I didn't expect us to come out and run that fast."

Only Division III champ Morningside (41.29) and Division I champ Muir (41.97) qualified with faster times in the 400 relay going into the divisional championships.

"We're pretty decent," added Howard. "We finished second in the league (Ivy) behind Riverside Poly."

In trying to go faster, a change of shoes didn't help.

"I was running in accelerators (hurdlers sprint shoes) for the 100," he explained.

Johnson prefers Adidas Sprint I.

"But they have a saying that they get you more on your toes," explained Howard. "So, I say, Okay, I'll give it a try. It gets me more on my toes but, at the same time, it lowers my knee lift."

He was losing some power in pushing out of the block.

"So, my father (his personal trainer) said 'let's go back to the old ones.'"

Grandpa also opened up his checkbook to reward Bryan's 200 effort, going under 21 seconds. While Johnson checked in at 20.7 for the divisional finals, Howard best this season was 21.32.

"I've been doing a lot of speed work," Howard said, "It's the first time I've done it this year. Basically, I'd been doing base work -- a lot of 400's (something he didn't do last year). Since I've been doing the speed work, it's coming (lowering his time).

He began the speed work on May 17.

"I've just got to work out a couple of flaws in my 100 and 200, and I'll be okay," Howard said. "Write that check, baby!"

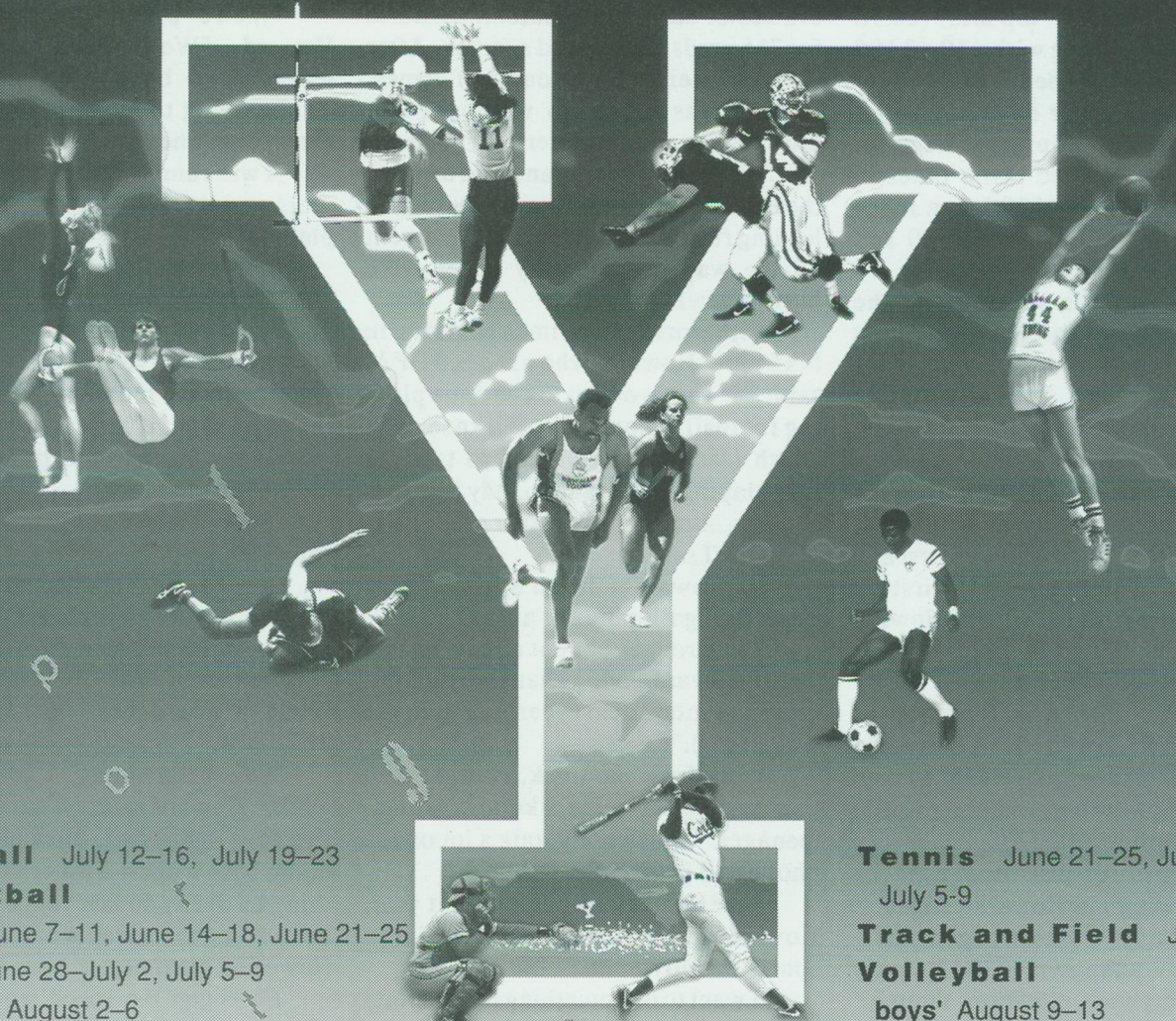
Howard explained that his grandfather had been holding a personal check (worth \$500) for more than a year.

"Now, he has to give it to me (for the personal best in the 200). He's been holding it since my freshman year."

Someone said that his pen had run out of ink. Howard said he should borrow one.

BRIGHAM YOUNG UNIVERSITY

Congratulates All CIF Finalists



Baseball July 12-16, July 19-23

Basketball

boys' June 7-11, June 14-18, June 21-25

girls' June 28-July 2, July 5-9

offense August 2-6

Cheer and Dance July 19-23

Cross Country July 26-30

Diving July 12-16

Football July 5-9, July 19-23

Golf June 21-25, June 28-July 2

Gymnastics

boys' June 21-25

girls' upper level July 12-16, July 26-30

Swimming June 21-25

Tennis June 21-25, June 28-July 2,
July 5-9

Track and Field June 28-July 2

Volleyball

boys' August 9-13

girls' July 12-16, July 19-23

Wrestling June 21-25

Ballet June 21-July 2

Ballroom Dance July 29-31

Clogging June 15-16, June 17-19

Folk Dance June 15-16

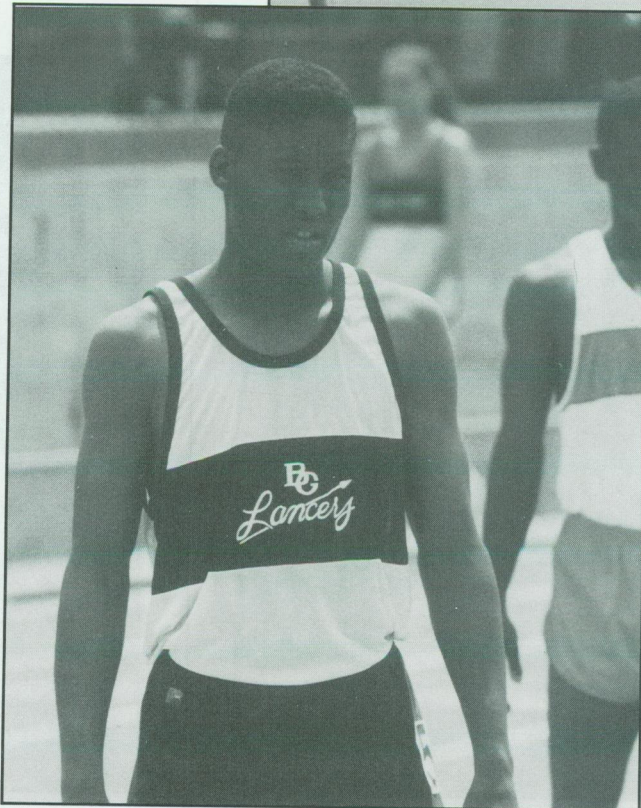
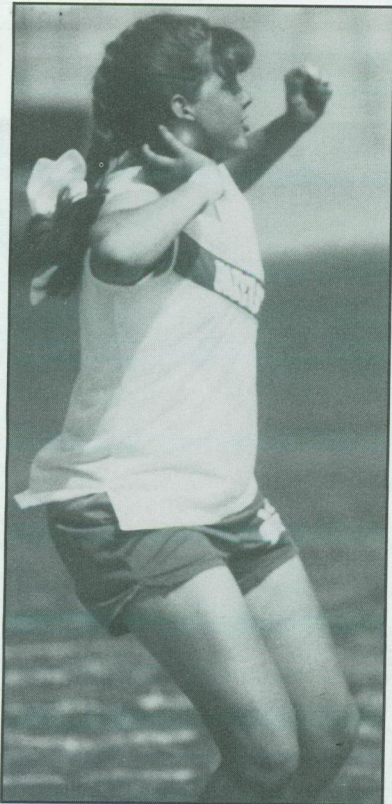
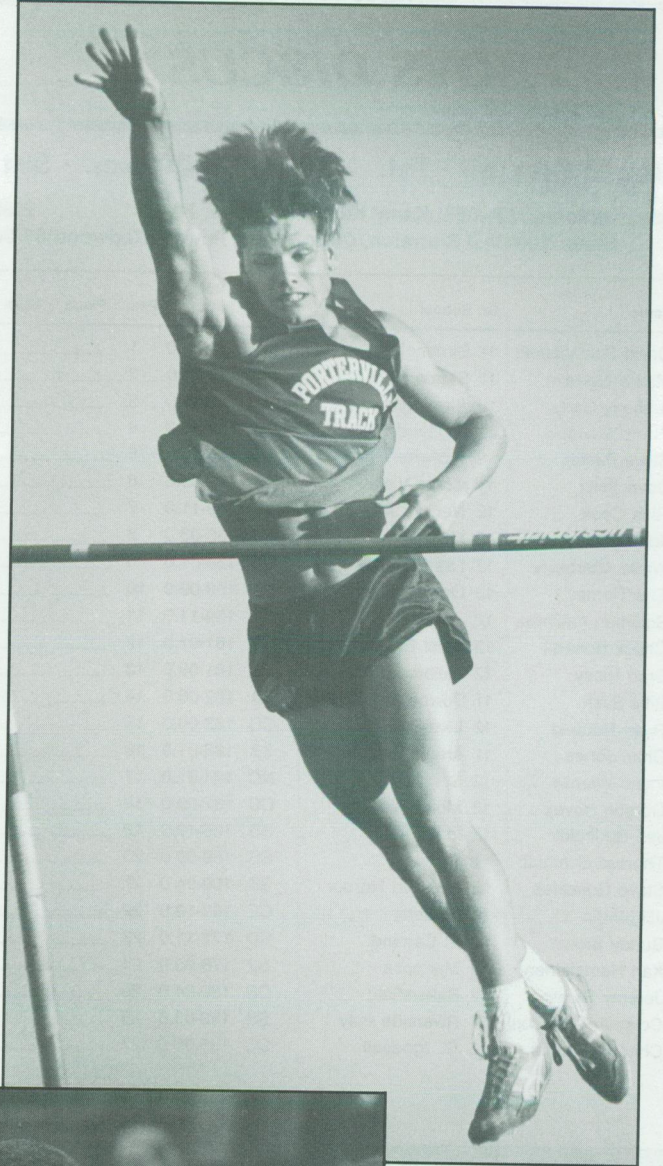
Modern Dance and Jazz

June 21-July 2

SUMMER YOUTH CAMPS

For information, contact: BYU Youth Camps 147 Harman Building Provo UT 84602 (801) 378-4851

Schedule of Events



CIF STATE CHAMPIONSHIPS

BOYS DISCUS

Prelim: 3:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 224.03.0 Kamy Keshmiri, Reno, NV 1987
State: 203-04.0 Blutreich, Capo Valley; Powell (Redwood)85/90

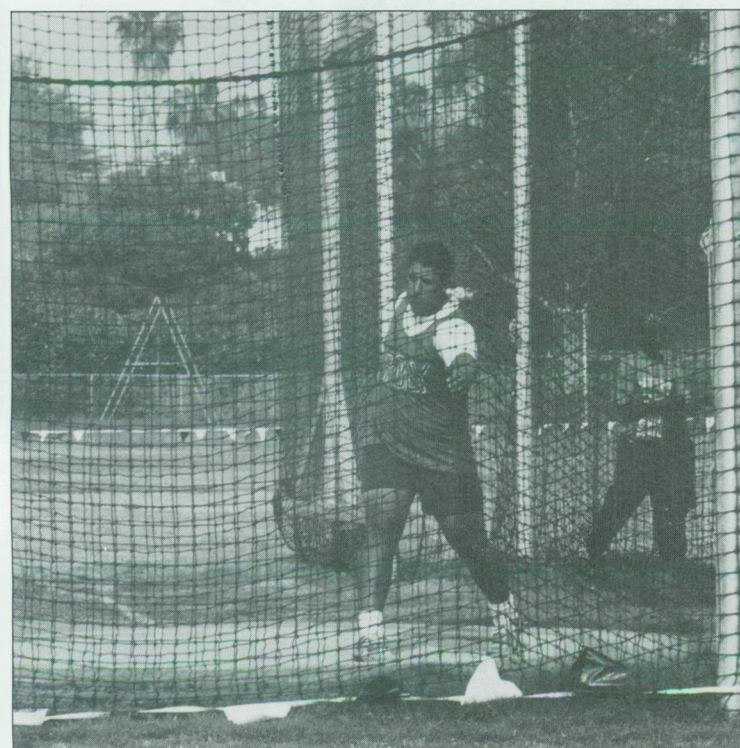
#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
40	David San Vicente	11 Birmingham	LA	112-00.0	1	—	—
39	Mauro Navarro	11 Birmingham	LA	112-01.0	2	—	—
38	Anthony Cady	12 Birmingham	LA	120-00.0	3	—	—
356	Phillip Dawson	12 Oakland Technical	OK	131-10.0	4	—	—
282	Steve Parker	9 McAteer	SF	136-03.0	5	—	—
313	Dave Spitz	11 Monte Vista	NC	142-09.0	6	—	—
347	Rich Cook	12 Newark Memorial	NC	149-11.0	7	—	—
316	Jon Patton	12 Moreau	NC	156-03.0	8	—	—
211	Wade Atterberry	12 Las Plumas	NO	159-01.0	9	—	—
359	Eric Tierney	12 Orange Glen	SD	159-09.0	10	—	—
207	Solomon Kailihiwa	12 Jesuit	SJ	159-11.0	11	—	—
523	Chuck Boswell	12 West Bakersfield	CE	161-07.0	12	—	—
150	Brad Hisey	12 Fallbrook	SD	161-09.0	13	—	—
121	Billy Bush	11 Downey	SJ	162-08.0	14	—	—
236	Ryan Neufeld	12 Live Oak	CC	163-00.0	15	—	—
10	Chad Jones	11 Arroyo Grande	SS	163-01.0	16	—	—
476	Ihsan Warren	12 St. Mary's	NC	164-01.0	17	—	—
311	Gordon Hovey	12 Monte Vista	CC	167-09.0	18	—	—
185	Jeff Bodholdt	12 Irvine	SS	168-10.0	19	—	—
77	Thomas Schmidt	11 Chino	SS	169-00.0	20	—	—
349	Steve Gonzales	12 Newport Harbor	SS	169-04.0	21	—	—
264	JD Martin	10 Madera	CE	169-10.0	22	—	—
129	Buddy Brown	12 El Camino	SD	172-11.0	23	—	—
273	Kari Hamalainen	12 Mariposa	SJ	176-08.0	24	—	—
13	Jeremy Staat	12 Bakersfield	CE	180-04.0	25	—	—
407	Coleman Johnson	12 Riverside Poly	SS	182-03.0	26	—	—
469	Chris DeMartini	12 St. Ignatius	CC	195-06.0	27	—	—

GIRLS SHOT PUT

Prelim: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 53.07.75 Natalie Kaaiawahia, Fullerton, CA 1983
State: 52-07.5 Natalie Kaaiawahia, Fullerton 1983

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
78	Elizabeth Tuputala	10 Castlemont	OK	32-04.0	1	—	—
25	Vatau Pohahu	10 Balboa	SF	35-08.0	2	—	—
16	Keisha Johnson	12 Antioch	NC	37-07.25	3	—	—
318	Samantha Fargeon	10 North Hollywood	LA	38-00.5	4	—	—
325	Nicole Codd	11 Pacific Palisades	LA	38-05.0	5	—	—
13	Kristen Bryden	9 Anderson	NO	38-06.0	6	—	38'8"
144	Kerrie Gilbert	12 El Dorado	SJ	38-06.5	7	—	—
188	Jeannie Tufu	12 Hogan	SJ	38-07.75	8	—	—
36	Michelle Jones	12 Bishop O'Dowd	NC	38-08.25	9	—	—
391	Kim Matheny	11 Santana	SD	38-10.25	10	—	37'9"
187	Sarita Ellison	12 Hogan	SJ	38-11.75	11	—	37'11"
352	Rebecca Morrison	11 Presentation	CC	39-04.5	12	—	F
326	Monica Dopson	12 Palmdale	SS	39-07.5	13	—	36'5"
150	Margaret Veligitone	12 Fallbrook	SD	39-10.0	14	—	37'3"
416	Katy Grubbs	11 South Pasadena	SS	39-10.25	15	—	35'6" 38'8"
454	Gloria Garcia	12 Valhalla	SD	40-00.75	16	—	35'7"
173	Charlene Bower	12 Gunn	CC	41-00.0	17	—	38'7" 38'9"
313	Peka Lulu	12 Nogales	SS	42-03.25	18	—	42'0" 42'10"
317	Darvena Merritt	12 North Hollywood	LA	43-02.0	19	—	36'11" 31'5"
156	Janae Hubbard	10 Fresno	CE	43-03.0	20	—	37'2" 40'4"
409	Andria Brown	11 South Bakersfield	CE	43-05.25	21	—	41'5" 40'4"
27	Nicole Brooks	12 Berkeley	NC	43-09.25	22	—	43'10"
438	Rashawnda Holmes	12 Tennyson	NC	43-11.5	23	—	39'2" 39'7"
223	Christine Etuale	11 Jefferson	CC	44-05.5	24	—	38'7" 42'11"
312	Gina Heads	12 Newport Harbor	SS	44-08.5	25	—	42'1" 43'3"
448	Soozie Shanley	12 Tulare	CE	45-00.5	26	—	43'7"
89	Delores Tuimoloua	12 Channel Island	SS	45-01.75	27	—	43'1"



Coleman Johnson, Riverside Poly H.S.



Soozie Shanley of Tulare H.S.

Photo by Bill Cockerham, California Track & Running News

CIF STATE CHAMPIONSHIPS

GIRLS HIGH JUMP

Prelim: 6:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records - National: 6-03.0 Amy Acuff, Corpus Christi, TX 1992
State: 6-02.0 Latrese Johnson, Clovis 1985

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
155	Crystal Colbert	12 Fremont	OK	4-08.0	1	_____	_____
260	Elizabeth Leung	11 Lowell	SF	4-08.0	2	_____	_____
108	Alexis Glenn	12 Dorsey	LA	4-10.0	3	_____	_____
29	Adriana Garcia	11 Birmingham	LA	4-10.0	4	_____	_____
91	Stephanie Sein	12 Chatsworth	LA	4-10.0	5	_____	_____
520	Cathy Bell	11 Ramona	SD	5-02.0	6	_____	_____
353	Kori Joiner	12 Rancho Bernardo	SD	5-02.0	7	_____	_____
507	Tait Holden	10 Wood	SJ	5-04.0	8	_____	_____
22	Missy Grubb	9 Atwater	SJ	5-04.0	9	_____	_____
87	Callie Lemont	10 Ceres	SJ	5-04.0	10	_____	_____
290	Shania Edwards	12 Moreno Valley	SS	5-04.0	11	_____	_____
100	CherylN Williams	12 Clovis West	CE	5-04.0	12	_____	_____
12	Heidi Covington	10 Anderson	NO	5-04.0	13	_____	_____
282	Amy Tantivongsathorn	12 Monte Vista	CC	5-04.0	14	_____	_____
425	Erin Duffy	12 St. Francis	CC	5-04.0	15	_____	_____
216	Alicya Chappelle	11 James Logan	NC	5-04.0	16	_____	_____
185	Kathy Sorenson	12 Hilltop	SD	5-04.0	17	_____	_____
2	Traci Banks	11 Alhambra	NC	5-05.0	18	_____	_____
215	Karen Townsend	10 James Logan	NC	5-05.0	19	_____	_____
392	Kathy Watson	12 Saugus	SS	5-06.0	20	_____	_____
196	Tara Fleming	10 Immanuel	CE	5-06.0	21	_____	_____
62	Erica Larson	11 Carmel	CC	5-06.0	22	_____	_____
88	Liz Giltner	9 Chaminade	SS	5-08.0	23	_____	_____
80	Tracye Lawyer	11 Cate	SS	5-08.0	24	_____	_____
46	Danielle Boswell	12 bullard	CE	5-08.0	25	_____	_____
35	Jamilla Churchill	11 Bishop O'Dowd	NC	5-08.0	26	_____	_____
147	Kristy Kierulff	11 Esperanza	SS	5-10.0	27	_____	_____

GIRLS LONG JUMP

Prelim: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 22-01.75 Kathy McMillian, Raeford, NC (Hoke County) 1976
State: 22-00.5 Marion Jones, Thousand Oaks 1993

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
92	Kim Pickup	10 Chatsworth	LA	16-04.5	1	_____	_____
324	Catherine Bolton	12 Pacific Palisades	LA	16-06.0	2	_____	_____
163	Kimela West	11 Gardena	LA	16-06.5	3	_____	_____
402	Jodi Bailey	11 Skyline	OK	16-10.0	4	_____	_____
273	Renee Emery	11 Menlo	CC	17-03.25	5	_____	_____
437	Wonder Serra	12 Tamalpais	NC	17-04.5	6	_____	_____
218	Hadiya Green	12 James Logan	NC	17-05.25	7	_____	_____
261	Anissa Tan	12 Lowell	SF	17-06.0	8	_____	_____
34	Ayana Grant	10 Bishop O'Dowd	NC	17-06.25	9	_____	_____
228	Jennifer Oliveira	12 Lemoore	CE	17-07.25	10	_____	_____
468	Julie Tinker	10 Valley	SJ	17-07.5	11	_____	_____
424	Gina Ocegura	11 St. Francis	CC	17-07.5	12	_____	_____
41	Jennifer Test	11 Bret Harte	SJ	17-10.0	13	_____	_____
159	Rosalyn Grant	10 Ganesha	SS	17-11.5	14	_____	_____
332	Jessica Valpey	11 Pleasant Valley	NO	18-00.25	15	_____	_____
472	Stephanie Jones	10 Walnut	SS	18-00.5	16	_____	_____
362	Carrie Jansen	11 Redwood	CE	18-01.0	17	_____	_____
56	LaToya LeJay	12 Canyon Springs	SS	18-01.5	18	_____	_____
288	Akiba McKinney	9 Monte Vista	SD	18-01.5	19	_____	_____
302	Carlene Jones	12 Morse	SD	18-02.75	20	_____	_____
105	Tisha Ponder	10 Del Mar	CC	18-03.0	21	_____	_____
80	Tracye Lawyer	11 Cate	SS	18-03.75	22	_____	_____
521	Richelle Perkins	10 Bishops	SD	18-05.0	23	_____	_____
153	Tara Dettinger	12 Foothill	SS	18-07.0	24	_____	_____
152	Michele Reid	12 Folsom	SJ	18-10.75	25	_____	_____
23	Laren Parker	10 Bakersfield	CE	19-03.0	26	_____	_____
217	Jernae Wright	10 James Logan	NC	19-06.5	27	_____	_____



Kristy Kierulff of Esperanza H.S.



Tamiaka Porter, Orange Glen H.S.

Photo by Russell Klika, Times Advocate

CIF STATE CHAMPIONSHIPS

BOYS LONG JUMP

Prelim: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 26-04.75 James Stallworth, Tulare, CA 1989
State: 26-04.75 James Stallworth, Tulare 1989

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
291	Hassani White	11 McClymonds	OK	20-10.5	1		
384	Eddie Tracy	12 Pleasant Valley	NO	21-11.5	2		
72	Kevin Oates	11 Castro Valley	NC	22-00.25	3		
195	DeShawn Williams	12 James Logan	NC	22-00.5	4		
210	Clinfton Ma	12 Las Lomas	NC	22-01.0	5		
32	Remo Wminyikuu	12 Berkeley	NC	22-04.0	6		
90	Jason Boyce	12 Corona del Mar	SS	22-04.25	7		
86	T.J. Atkins	12 Clovis West	CE	22-05.0	8		
84	Dion Black	12 Clovis	CE	22-05.0	9		
289	Shawn Pittman	11 McClatchy	SJ	22-05.5	10		
65	Ronald Powell	12 Carmel	CC	22-05.5	11		
123	R.J. James	12 Edison	CE	22-06.0	12		
489	Sherman Cleophus	12 University City	SD	22-07.25	13		
180	Maurice White	12 Helix	SD	22-07.75	14		
37	James Lincoln	12 Birmingham	LA	22-08.0	15		
126	Art Lloyd	12 Eisenhower	SS	22-08.25	16		
56	Jeremy Fischer	12 Camarillo	SS	22-09.75	17		
244	Robert Kyle	11 Los Banos	SJ	22-10.0	18		
399	Jamal Chase	12 Quartz Hill	SS	22-10.25	19		
280	Adam Powell	12 McAteer	SF	22-11.0	20		
168	Danny Hagg	12 Granada Hills	LA	22-11.5	21		
209	Tyree Washington	11 La Sierra	SS	23-00.0	22		
513	Amar Brisco	11 Washington	LA	23-00.0	23		
352	Chris Ferreira	11 Oak Ridge	SJ	23-00.0	24		
555	Majaliwa McKeaver	11 Ramona	SD	23-01.75	25		
242	Jeff Nord	12 Los Altos	CC	23-03.75	26		
372	Fred Jackson	11 Piedmont	CC	23-04.75	27		



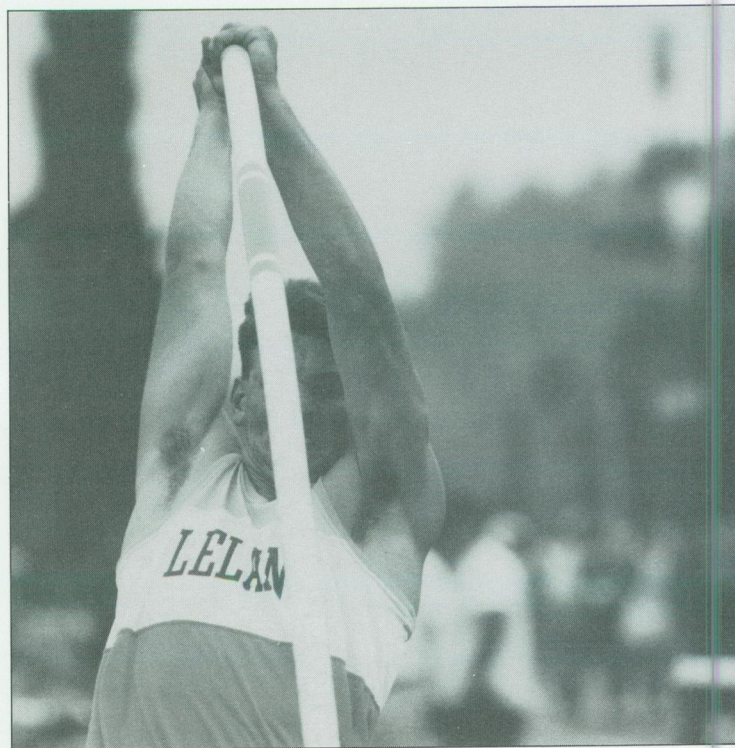
James Lincoln, Birmingham High.

BOYS POLE VAULT

Prelim: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 17-09.5 Joe Dial, Marlow, OK 1981
State: 17-00.5 Anthony Curran (Crespi) 1978

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
279	Calvin Chanemany	11 McAteer	SF	11-00.0	1		
87	Brian Ratto	12 College Park	NC	13-00.0	2		
153	John Bain	12 Foothill	SS	13-06.0	3		
544	Dan Jansen	12 Yreka	NO	13-06.0	4		
91	Jeff Truman	12 Covina	SS	14-00.0	5		
135	Paul Kokorowski	12 El Camino Real	LA	14-00.0	6		
136	Chell Wobig	12 El Camino Real	LA	14-00.0	7		
27	Brian Acevedo	11 Belmont	LA	14-00.0	8		
1	Tim Taylor	12 Acalanes	NC	14-00.0	9		
334	Matt Poirier	12 Mt. Carmel	SD	14-00.0	10		
78	Bevan Hart	11 Christian Brothers	SJ	14-03.0	11		
71	Mike Rothling	12 Castro Valley	NC	14-03.0	12		
19	Benjamin Egg	12 Barstow	SS	14-06.0	13		
547	Corby Wright	11 Bear Creek	SJ	14-06.0	14		
220	Chris Scatena	12 Leland	CC	14-06.0	15		
486	Mike Brown	11 Torrey Pines	SD	14-06.0	16		
471	Borya Orloff	12 St. John Bosco	SS	15-00.0	17		
428	Cade McNow	12 San Benito	CC	15-00.0	18		
371	Rene Loraine	11 Petaluma	NC	15-00.0	19		
182	Robbie Weighall	12 Highland	CE	15-03.0	20		
83	Dan Frese	12 Clovis	CE	15-03.0	21		
243	Jeff Beam	12 Los Banos	SJ	15-03.0	22		
442	Daniel Shimooka	11 San Pasqual	SD	15-06.5	23		
53	Esa Sallinen	12 Burroughs (Burbank)	SS	16-00.0	24		
398	Ben Stark	12 Porterville	CE	16-00.0	25		
219	Scott Slover	12 Leland	CC	16-06.0	26		



Scott Slover of Leland High.

Photo by Bill Cockerham, California Track & Running News

CIF STATE CHAMPIONSHIPS

GIRLS 400m RELAY

Prelim: 5:00 p.m. - Fri. Final: 4:00 p.m. - Sat.

Records - National: 45.11 Hawthorne, CA 1985
State: 45.13 Berkeley 1981

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
175	Highlands	Highlands	SJ	49.72	1	_____	_____
250	Los Gatos	Los Gatos	CC	49.44	2	_____	_____
230	Lincoln Prep	Lincoln	SD	48.91	3	_____	_____
37	Bishop O'Dowd	Bishop O'Dowd	NC	47.44	4	_____	_____
501	Wilson-Long Beach	Wilson (Long Beach)	SS	46.16	5	_____	_____
57	Canyon Springs	Canyon Springs	SS	47.29	6	_____	_____
119	Edison	Edison	CE	48.76	7	_____	_____
493	Westchester	Westchester	LA	49.28	8	_____	_____
139	El Cerrito	El Cerrito	NC	49.68	9	_____	_____
484	West Valley	West Valley	NO	49.79	1	_____	_____
410	South	South Bakersfield	CE	49.45	2	_____	_____
477	Washington	Washington	NC	49.09	3	_____	_____
334	Pomona	Pomona	SS	47.34	4	_____	_____
303	Morse	Morse	SD	46.78	5	_____	_____
418	St. Bernard	St. Bernard	SS	47.07	6	_____	_____
165	Gardena	Gardena	LA	48.37	7	_____	_____
441	Tracy	Tracy	SJ	49.40	8	_____	_____
283	Monta Vista	Monte Vista	CC	49.60	9	_____	_____
263	Lowell	Lowell	SF	50.14	1	_____	_____
379	San Leandro	San Leandro	NC	49.46	2	_____	_____
72	Carson	Carson	LA	49.09	3	_____	_____
455	Vallejo	Vallejo	SJ	48.21	4	_____	_____
403	Skyline	Skyline	OK	46.84	5	_____	_____
292	Morningside	Morningside	SS	46.95	6	_____	_____
427	St. Francis	St. Francis	CC	48.60	7	_____	_____
191	Hoover	Hoover	CE	49.24	8	_____	_____
373	San Dieguito	San Dieguito	SD	49.49	9	_____	_____



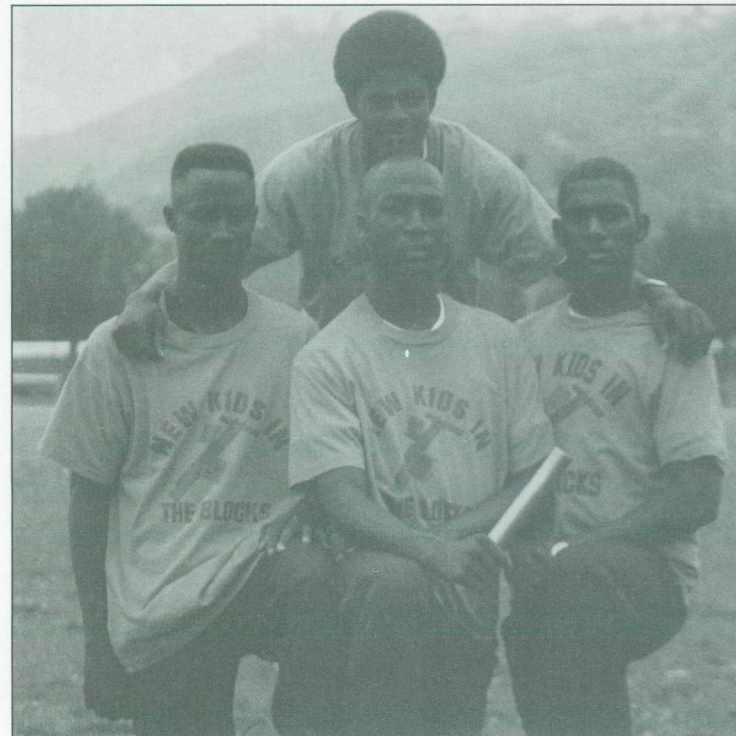
Skyline High's 4 x 100, 4 x 400 Relay Team.

BOYS 400m RELAY

Prelim: 5:12 p.m. - Fri. Final: 4:07 p.m. - Sat.

Records: - National: 39.9 Austin Jasper HS, TX 1991
State: 40.24 Hawthorne 1989

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
386	Pleasant Valley	Pleasant Valley	NO	43.13	1	_____	_____
95	De Anza	De Anza	NC	42.63	2	_____	_____
530	Westmoor	Westmoor	CC	41.98	3	_____	_____
116	Dorsey	Dorsey	LS	41.66	4	_____	_____
320	Morningside	Morningside	SS	41.09	5	_____	_____
501	Vallejo	Vallejo	SJ	41.36	6	_____	_____
432	San Diego	San Diego	SD	41.72	7	_____	_____
524	West	West Bakersfield	CE	42.58	8	_____	_____
477	St. Mary's	St. Mary's	NC	42.96	9	_____	_____
198	James Logan	James Logan	NC	43.44	1	_____	_____
265	Madera	Madera	CE	42.69	2	_____	_____
60	Canyon Springs	Canyon Springs	SS	41.97	3	_____	_____
188	John F. Kennedy	J.F. Kennedy	SJ	41.60	4	_____	_____
340	Muir	Muir	SS	41.11	5	_____	_____
490	University City	University City	SD	41.52	6	_____	_____
514	Washington	Washington	LA	41.71	7	_____	_____
453	Skyline	Skyline	OK	42.35	8	_____	_____
462	St. Francis	St. Francis	CC	42.85	9	_____	_____
378	Pittsburg	Pittsburg	NC	43.47	1	_____	_____
283	McAteer	McAteer	SF	42.69	2	_____	_____
548	Bear Creek	Bear Creek	SJ	42.20	3	_____	_____
41	Bishop Amat	Bishop Amat	SS	41.67	4	_____	_____
130	El Camino	El Camino	SD	41.16	5	_____	_____
105	Dominguez	Dominguez	SS	41.56	6	_____	_____
143	Fairfax	Fairfax	LA	41.68	7	_____	_____
246	Los Gatos	Los Gatos	CC	42.56	8	_____	_____
223	Lemoore	Lemoore	CE	42.78	9	_____	_____



Muir High's Relay Team has posted a 3:12.9 in the 4 x 400 this season.

CIF STATE CHAMPIONSHIPS

GIRLS 1600m RUN

Prelim: 5:24 p.m. - Fri. Final: 4:15 p.m. - Sat.

Records - National: 4:39.92 Polly Plumer, Irvine, CA (University) 1982
 State: 4:39.92 Polly Plumer, Irvine (University) 1982

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
436	Tracy Cohn	9 Stockdale	CE	5:09.59	1		
407	Maggie Hurst	11 Sonora	SJ	5:08.33	2		
388	Tina Bowen	10 San Ramon	NC	5:02.99	3		
394	Deborah Bleisch	10 Silver Creek	CC	4:59.35	4		
279	Elissa Riedy	11 Mission San Jose	NC	4:56.10	5		
351	Christine Stavolone	12 Presentation	CC	4:58.33	6		
43	Carrie Garritson	12 Buena Park	SS	5:01.90	7		
146	Carrie Caulkins	11 Esperanza	SS	5:05.72	8		
517	Ellen Muench	11 Temescal Canyon	SS	5:09.03	9		
278	Dani Coleman	12 Mission Bay	SD	5:13.09	10		
510	Jamie Herbst	12 Yreka	NO	5:13.97	11		
316	Brooke Page	10 North Hollywood	LA	5:22.14	12		
170	Aida Rochin	11 Garfield	LA	5:22.84	13		
320	Stephanie Artis	11 Oak Ridge	SJ	5:10.99	1		
432	Ann Baldelli	12 St. Ignatius	CC	5:08.35	2		
145	Courtney Pugmire	11 Esperanza	SS	5:04.07	3		
280	Lori Riedy	11 Mission San Jose	NC	5:00.07	4		
40	Claire Becker	11 Bonita Vista	SD	4:56.65	5		
389	Mary Cobb	11 Santa Barbara	SS	4:58.65	6		
319	Alison Lambert	11 Northgate	NC	5:01.30	7		
45	Sherrie Donovan	12 Madera	CE	5:08.26	8		
115	JoAnna Cerri	12 Downey	SJ	5:08.42	9		
341	Gabbe Alspuro	11 Porterville	CE	5:11.66	10		
174	Genevieve Debose	12 Hamilton	LA	5:14.74	11		
440	Devon Straitiff	10 Torrey Pines	SD	5:15.05	12		
399	Eman Barfield	12 Skyline	OK	5:26.66	13		
257	Cathy Choy	12 Lowell	SF	5:35.13	14		



Claire Becker, Bonita Vista High.

GIRLS DISCUS

Prelim: 5:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records - National: 178-07.0 Suzy Powell, Modesto, CA (Downey) 1994
 State: 176-07.0 Suzy Powell, Modesto (Downey) 1993

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
262	Michelle Valentin	11 Lowell	SF	91-01.0	1		
79	Michelle Procher	12 Castlemont	OK	95-07.0	2		
186	Kahrin Gonzales	12 Hilltop	SD	120-03.0	3		
151	Christina Magana	10 Fallbrook	SD	121-11.0	4		
387	Holly Royaltey	11 San Lorenzo Valley	CC	124-07.0	5		
94	Melisa Cenizal	12 Clayton Valley	NC	125-09.0	6		
154	Robyn Flynn	11 Fortuna	NC	126-08.0	7		
131	Fonda McComack	12 El Capitan	SD	126-09.0	8		
188	Jeannie Tufu	12 Hogan	SJ	129-03.0	9		
187	Sarita Ellison	12 Hogan	SJ	130-10.0	10		
173	Charlene Bower	12 Gunn	CC	131-09.0	11		
24	Mandy Buckley	10 Bakersfield	CE	131-10.0	12		
14	Nicole Santos	11 Anderson	NO	135-03.0	13		
327	Kristi Rose	10 Palmdale	SS	135-10.0	14		
27	Nicole Brooks	12 Berkeley	NC	136-08.0	15		
89	Delores Tuimoloau	12 Channel Island	SS	137-01.0	16		
129	Narine Philman	10 Edison	SS	137-05.0	17		
315	Diane Hart	12 North Bakersfield	CE	138-08.0	18		
438	Rashawnda Holmes	12 Tennyson	NC	140-04.0	19		
63	Darlene Tulua	10 Carmel	CC	142-11.0	20		
312	Gina Heads	12 Newport Harbor	SS	143-01.0	21		
448	Soozie Shanley	12 Tulare	CE	143-08.0	22		
21	Nadia Lopez	11 Arroy Grande	SS	151-11.0	23		
116	Suzy Powell	12 Downey	SJ	173-05.0	24		



Gina Heads of Newport Harbor High.

Photo courtesy of Daily Pilot

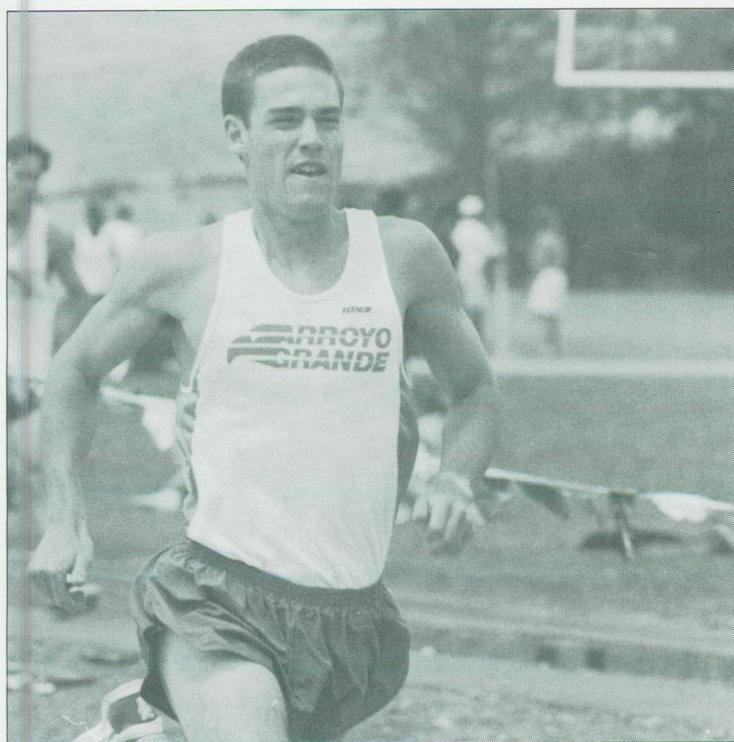
CIF STATE CHAMPIONSHIPS

BOYS 1600m RUN

Prelim: 5:38 p.m. - Fri. Final: 4:25 p.m. - Sat.

Records - National: 3:58.30 Jim Ryun, Wichita, KS (East) 1965
State: 4:05.04 Mark Schilling, Garden Grove 1972

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
177	Amerigo Rossi	11 Harbor	CC	4:21.40	1		
237	Micheil Jones	10 Livermore	NC	4:17.93	2		
258	Jason Barreda	12 Loyola	SS	4:16.38	3		
18	Ricardo Etheridge	11 Barstow	SS	4:14.73	4		
430	Mebrathom Keflizighi	12 San Diego	SD	4:06.15	5		
178	Brett Strahan	11 Hart	SS	4:14.70	6		
48	Alex Teekell	11 Bishop O'Dowd	NC	4:16.33	7		
346	Michael Blair	11 Napa	SJ	4:17.77	8		
169	Daniel Sikiric	10 Gunderson	CC	4:21.17	9		
335	Paul Temmerman	12 Mt. Whitney	CE	4:23.23	10		
152	Eduardo Verdejo	12 Foothill	CE	4:24.01	11		
25	Ricardo Valenzuela	12 Belmont	LA	4:27.29	12		
276	Yonathan Asmerom	11 McAteer	SF	4:31.10	13		
149	David Alexis	12 Fairfield	SJ	4:22.43	1		
82	Mike Wojciechowski	10 Clayton Valley	NC	4:19.63	2		
485	Jeff Fisher	11 Thousand Oaks	SS	4:16.69	3		
204	Michael Stember	10 Jesuit	SJ	4:15.53	4		
460	Mark Hauser	12 St. Augustine	SD	4:13.94	5		
8	Eric Dunn	12 Arroyo Grande	SS	4:14.47	6		
308	Larry Henderson	10 Mira Mesa	SD	4:15.65	7		
6	Chris Maier	12 Amador Valley	NC	4:17.54	8		
21	Todd Dando	12 Bellarmine	CC	4:20.08	9		
262	Kim Lindahl	11 Madera	CE	4:22.49	10		
543	Aaron Gillen	10 Yreka	NO	4:26.68	11		
361	Peter Gilmore	11 Pacific Palisades	LA	4:27.25	12		
26	Amado Munoz	12 Belmont	LA	4:32.02	13		
353	Mark Gladney	12 Oakland	OK	4:36.76	14		



Eric Dunn, Arroyo Grande High.

GIRLS 100m HURDLES

Prelim: 5:50 p.m. - Fri. Final: 4:36 p.m. - Sat.

Records: - National: 13.33 Dawn Bowles, S. Plainfield, NJ (Neptune) 1988
State: 13.34 Janeene Vickers, Pomona 1981

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
93	Merica Maunula	12 Chester	NO	16.18	1		
353	Kori Joiner	12 Rancho Bernardo	SD	15.19	2		
309	Kelly Moten	11 Muir	SS	14.87	3		
466	Chidera Madu	12 Valley	SJ	14.59	4		
314	Joanna Hayes	11 North (Riverside)	SS	14.34	5		
34	Ayana Grant	10 Bishop O'Dowd	NC	14.58	6		
492	Rori Kelly	10 Westchester	LA	14.70	7		
408	Tina Watkins	11 South Bakersfield	CE	15.04	8		
424	Gina Ocegura	11 St. Francis	CC	15.74	9		
108	Alexis Glenn	12 Dorsey	LA	16.38	1		
450	Alice Tote	11 Turlock	SJ	15.15	2		
118	Anita Madden	12 Edison	CE	14.88	3		
17	Mikki Rogers	11 Apple Valley	SS	14.64	4		
31	Bisa Grant	12 Bishop O'Dowd	NC	14.32	5		
26	Jenny Berrien	12 Berkeley	NC	14.54	6		
363	Andrea Wasden	11 Rio Mesa	SS	14.65	7		
277	Kiesha Porter	12 Mira Mesa	SD	15.03	8		
249	Kim Veeder	12 Los Gatos	CC	15.44	9		
259	Patricia Low	10 Lowell	SF	18.16	1		
302	Carlene Jones	12 Morse	SD	15.24	2		
206	Felicia Stone	11 J.F. Kennedy	SJ	14.86	3		
23	Laren Parker	10 Bakersfield	CE	14.64	4		
211	Davetta Shepard	9 J.F. Kennedy (Richmond)	NC	14.20	5		
158	Meisha McKelvy	12 Gahr	SS	14.37	6		
199	Jennifer Odum	11 Independence	CC	14.64	7		
474	Keisha Griffis	11 Washington	LA	14.92	8		
401	Sakai Metcalf	11 Skyline	OK	15.36	9		



Miesha McKelvy, Gahr High.

CIF STATE CHAMPIONSHIPS

BOYS 110m HURDLES

Prelim: 6:02 p.m. - Fri. Final: 4:42 p.m. - Sat.

Records - National: 12.9 Renaldo Nehemiah, Fanwood, NJ 1977
State: 13.41 Steve Kerho, Mission Viejo 1982

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
278	Sean Stewart	12 McAteer	SF	15.11	1		
94	Aaron Hill	11 De Anza	NC	14.94	2		
239	Mark Walton	12 Livingston	SJ	14.70	3		
350	Delewis Johnson	12 Nogales	SS	14.45	4		
11	Larry Parker	12 Bakersfield	CE	14.20	5		
128	Steve Forte	11 El Camino	SD	14.43	6		
23	Coke Edmond	12 Bellarmine	CC	14.58	7		
114	Anthony Mabry	12 Dorsey	LA	14.84	8		
31	Joe Cokes	11 Berkeley	NC	14.99	9		
535	Eric Martin	12 Wheatland	NO	15.15	1		
458	Dan Race	12 Soquel	CC	14.81	2		
300	John Welch	12 Merced	SJ	14.71	3		
400	Brian Fell	11 Rancho Bernardo	SD	14.64	4		
179	Jason Medearis	12 Hart	SS	14.21	5		
495	Gerimi Burleigh	12 Upland	SS	14.37	6		
184	Keyan Scott	12 Hoover	CE	14.66	7		
168	Danny Haag	12 Granada Hills	LA	14.81	8		
376	Donte Joseph	9 Pinole Valley	NC	15.06	9		
164	Rashaan Robinson	12 Fremont	OK	16.97	1		
401	Marcus Thomas	12 Rancho Bernardo	SD	14.85	2		
475	Anthony Montgomery	12 St. Mary's	NC	14.75	3		
9	Bryan Jones	12 Arroyo Grande	SS	14.47	4		
338	Ken Haslip	12 Muir	SS	14.34	5		
181	Charles Alade	12 Highland	CE	14.36	6		
370	Eric Imhoff	12 Patterson	SJ	14.59	7		
449	Nam Duong	12 Silver Creek	CC	14.80	8		
135	Paul Kokorowski	12 El Camino Real	LA	15.09	9		



Jason Medearis of Hart High.

Photo by Bill Cockerham, California Track & Running News

GIRLS 400m RUN

Prelim: 6:38 p.m. - Fri. Final: 4:48 p.m. - Sat.

Records - National: 52.39 Denean Howard, Granada Hills, CA (Kennedy) 1980
State: 52.39 Denean Howard, Granada Hills (Kennedy) 1980

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
491	Nidelola Balogun	9 Westchester	LA	58.97	1		
355	Sabrina Edge	10 Rancho Buena Vista	SD	58.34	2		
32	Crystal Miles-Threat	10 Bishop O'Dowd	NC	56.85	3		
274	Sylvia Pieslak	11 menlo-Atherton	CC	56.13	4		
331	Latasha Gilliam	12 Pittsburg	NC	55.32	5		
30	Vicki Anwurl	11 Bishop Montgomery	SS	56.03	6		
240	Pam Simpson	11 Long Beach Poly	SS	56.80	7		
272	Katina Morris	10 McLane	CE	58.26	8		
28	Nicole Dufresne	11 Beyer	SJ	58.54	9		
509	Traci Anderson	12 Yreka	NO	59.01	1		
255	Myrsha Kirtman	9 Lowell	SF	58.34	2		
107	Betty Butler	10 Dorsey	LA	57.41	3		
291	Joranda White	12 Morningside	SS	56.05	4		
301	Lana Garner	10 Morse	SD	55.48	5		
237	Martina Ze	10 Livermore	NC	55.88	6		
464	Nadine Donaldson	11 Valley	SJ	56.54	7		
105	Tisha Ponder	10 Del Mar	CC	58.05	8		
364	Keyshay Thomas	12 Roosevelt	CE	58.75	9		
117	Amy Cameron	9 Edison	CE	59.14	1		
101	Stephanie Castillo	10 Crenshaw	LA	58.37	2		
198	Veronica Woods	12 Independence	CC	56.94	3		
53	Veronica Carter	9 Cajon	SS	56.67	4		
463	Africa Williams	12 Valley	SJ	55.54	5		
417	Malika Edmonson	9 St. Bernard	SS	55.66	6		
397	Angela Harris	12 Skyline	OK	56.70	7		
189	Brandee Grant	9 Holy Names	NC	57.58	8		
451	Drisana Carey	9 University	SD	58.72	9		



Lana Garner of Morse High.

CIF STATE CHAMPIONSHIPS

BOYS 400m RUN

Prelim: 6:26 p.m. - Fri. Final: 4:54 p.m. - Sat.

Records - National: 45.25 Calvin Harrison, N. Salinas, CA 1993
State: 45.25 Calvin Harrison, N. Salinas 1993

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
451	Taz Tims	10 Skyline	OK	50.50	1	_____	_____
69	Matt Roszell	12 Castro Valley	NC	49.60	2	_____	_____
439	Todd Smith	11 San Jose	CC	48.85	3	_____	_____
511	Ramsey Jay	11 Ventura	SS	48.06	4	_____	_____
537	James Davis	12 Wood (Vacaville)	SJ	47.10	5	_____	_____
484	Andre De Saussure	12 Taft	LA	47.77	6	_____	_____
332	Brent Wingrath	12 Mt. Carmel	SD	48.78	7	_____	_____
93	Tyree Reed	12 De Anza	NC	49.41	8	_____	_____
522	Melvin Roberts	12 West Bakersfield	CE	49.98	9	_____	_____
251	Raymond Lie	11 Lowell	SF	50.41	1	_____	_____
473	Marlon Monroe	11 St. Mary's	NC	49.66	2	_____	_____
427	Richard Blayney	12 San Benito	CC	48.99	3	_____	_____
318	Lamar Reed	12 Morningside	SS	48.20	4	_____	_____
364	Jere Miller	12 Patrick Henry	SD	47.41	5	_____	_____
52	Jerome Davis	11 Burroughs (Ridgecrest)	SS	47.86	6	_____	_____
112	Gene Shepard	12 Dorsey	LA	48.76	7	_____	_____
497	Mike Wilson-III	11 Vallejo	SJ	49.56	8	_____	_____
51	Larry Leach	11 Bullard	CE	50.04	9	_____	_____
406	Antwoine Taylor	12 Richmond	NC	50.12	1	_____	_____
85	Marty Watts	12 Clovis West	CE	49.97	2	_____	_____
212	Darin Higgins	11 Lassen	NO	49.26	3	_____	_____
4	Steve Campbell	11 Alta Loma	SS	48.25	4	_____	_____
417	Mike Russell	11 Rowland	SS	47.53	5	_____	_____
529	Felton Charles	10 Westmore	CC	47.73	6	_____	_____
325	Lydell Burston	10 Morse	SD	48.32	7	_____	_____
272	Bobby Jones	11 Manual Arts	LA	49.35	8	_____	_____
288	Clint Cooley	12 McClatchy	SJ	50.11	9	_____	_____

DID YOU KNOW?

Five athletes have won two consecutive titles in the 400 meter run. The last to accomplish this feat was Steve Lewis of American High in Fremont in 1986 and 1987. Chip Rish of Marina High also took back-to-back championships in 1984 and 1985.

BOYS SHOT PUT

Prelim: 6:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records: - National: 77-00.0 Michael Carter, Dallas, TX (Jefferson) 1979
State: 74-04.75 Brent Noon, Fallbrook 1990

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
356	Phillip Dawson	12 Oakland Technical	OK	43-06.0	1	_____	_____
282	Steve Parker	9 McAteer	SF	47-01.0	2	_____	_____
138	Jeff Macrea	10 El Camino Real	LA	50-08.25	3	_____	_____
274	Michael Curry	11 Marshall	LA	51-03.75	4	_____	_____
89	Aaron Towne	11 Corning	NO	52-02.5	5	_____	_____
54	John Zukoski	12 California	NC	52-08.25	6	_____	_____
80	Paul Gagnon	12 Clairemont	SD	52-10.0	7	_____	_____
541	Zach Wirth	12 Woodland	SJ	53-01.0	8	_____	_____
362	Marc Matock	12 Palma	CC	53-02.0	9	_____	_____
554	Brian Chase	9 Rincon Valley Jr. Hi	NC	53-03.0	10	_____	_____
312	Drew Anderson	12 Monte Vista	NC	53-07.5	11	_____	_____
446	Frank Diaz	12 Santana	SD	53-11.5	12	_____	_____
140	Joe Borges	11 Elk Grove	SJ	54-01.5	13	_____	_____
150	Brad Hisey	12 Fallbrook	SD	54-02.5	14	_____	_____
2	Damon Blechen	12 Agoura	SS	54-04.0	15	_____	_____
470	Hosea Nelson	11 St. Ignatius	CC	54-04.0	16	_____	_____
66	Chris Cate	12 Casa Roble	SJ	55-01.75	17	_____	_____
407	Coleman Johnson	12 Riverside Poly	SS	55-04.5	18	_____	_____
469	Chris DeMartini	12 St. Ignatius	CC	55-05.0	19	_____	_____
162	Jason Hammond	10 Fowler	CE	55-06.75	20	_____	_____
137	Brian Tade	12 El Camino Real	LA	56-00.5	21	_____	_____
476	Ihsan Warren	12 St. Mary's	NC	56-05.25	22	_____	_____
81	Jeremy Lingefelter	11 Claremont	SS	56-10.5	23	_____	_____
13	Jeremy Staat	12 Bakersfield	CE	57-01.75	24	_____	_____
264	JD Martin	10 Madera	CE	57-03.75	25	_____	_____
307	Phil Fonua	11 Mira Costa	SS	57-05.0	26	_____	_____
348	Wade Tift	12 Newport Harbor	SS	59-08.5	27	_____	_____



Wade Tift of Newport Harbor High.

Photo by Katsuya Rainone

CIF STATE CHAMPIONSHIPS

BOYS HIGH JUMP

Prelim: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 7-05.25 Dothel Edwards, Athens, GA 1984
State: 7-03.25 Lee Balkin, Glendale 1979

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
354	Titus Irvin	10 Oakland	OK	5-06.0	1	_____	_____
279	Calvin Chanemany	11 McAteer	SF	5-10.0	2	_____	_____
314	Oscar Hammons	12 Monte Vista	SD	6-02.0	3	_____	_____
333	Thanh Nguyen	12 Mt. Carmel	SD	6-02.0	4	_____	_____
166	Ronald Steward	11 Gardena	LA	6-04.0	5	_____	_____
115	Keith Friday	11 Dorsey	LA	6-04.0	6	_____	_____
461	John Fernquest	12 St. Francis	CC	6-04.0	7	_____	_____
536	Eric Neumann	12 Wilcox	CC	6-04.0	8	_____	_____
50	Nate Forman	12 Bonita Vista	SD	6-04.0	9	_____	_____
76	Jason McGinnis	12 Chino	SS	6-06.0	10	_____	_____
57	Troy Langley	12 Canyon (Anaheim)	SS	6-06.0	11	_____	_____
351	Neil Lahey	12 North Monterey	CC	6-06.0	12	_____	_____
377	Saleem Mahdi	10 Pittsburg	NC	6-06.0	13	_____	_____
7	Matt Hurd	10 Antoich	NC	6-06.0	14	_____	_____
374	Jeff Bond	12 Piedmont	NC	6-07.0	15	_____	_____
37	James Lincoln	12 Birmingham	LA	6-08.0	16	_____	_____
404	Michael Wilkins	11 Red Bluff	NO	6-08.0	17	_____	_____
500	James Nieto	12 Vallejo	SJ	6-08.0	18	_____	_____
88	Jon Roby	11 Corcoran	CE	6-09.0	19	_____	_____
375	Pat Leonard	11 Piner	NC	6-09.0	20	_____	_____
74	Rich Pitchford	12 Charter Oak	SS	6-10.0	21	_____	_____
481	David Larson	11 Stockdale	CE	6-10.0	22	_____	_____
151	Gary Schuler	12 Folsom	SJ	6-10.0	23	_____	_____
499	Jerrold Johns	11 Vallejo	SJ	6-10.0	24	_____	_____
56	Jeremy Fischer	12 Camarillo	SS	7-00.0	25	_____	_____
126	Art Lloyd	12 Eisenhower	SS	7-00.0	26	_____	_____
336	Erik Nyberg	12 Mt. Whitney	CE	7-00.0	27	_____	_____



Jeremy Fischer of Camarillo High.

Photo by Bill Cockerham, California Track & Running News

GIRLS TRIPLE JUMP

Prelim: 6:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records - National: 44-00.5 Juliana Yendork, Walnut, CA 1991
State: 44-00.5 Juliana Yendork, Walnut 1991

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
271	Auril Hampton	11 McAteer	SF	32-00.0	1	_____	_____
321	Demetria Beverly	10 Oakland Technical	OK	34-11.5	2	_____	_____
164	Lavon Wade	12 Gardena	LA	35-11.5	3	_____	_____
473	Aisha Harrison	11 Wasco	CE	36-02.5	4	_____	_____
172	Cindy Pettibon	11 Gunderson	CC	36-06.5	5	_____	_____
95	Neisha Henderson	11 Cleveland	LA	36-07.0	6	_____	_____
15	Christine Brockett	12 Antoich	NC	36-07.75	7	_____	_____
20	Jakaria Stewart	12 Archbishop Mitty	CC	36-08.0	8	_____	_____
314	Joanna Hayes	11 North (Riverside)	SS	36-10.0	9	_____	_____
97	Tracy Iwanski	12 Clovis	CE	36-10.25	10	_____	_____
82	Jeanarta Jackson	11 Central	CC	36-10.75	11	_____	_____
160	Dominique Hughes	12 Ganesha	SS	37-00.75	12	_____	_____
19	Kim Triplett	12 Aragon	CC	37-00.75	13	_____	_____
219	Andrea Lacson	10 James Logan	NC	37-01.0	14	_____	_____
163	Kimela West	11 Gardena	LA	37-01.75	15	_____	_____
476	Carey Moyles	12 Washington	NC	37-02.25	16	_____	_____
435	Reynda King	12 St. Mary's	SS	37-02.5	17	_____	_____
149	Keeta Zimmerman	12 Eureka	NC	37-03.75	18	_____	_____
185	Kathy Sorenson	12 Hilltop	SD	37-07.0	19	_____	_____
329	Gigi Charlson	11 Paradise	NO	37-07.5	20	_____	_____
128	Kerry O'Bric	10 Edison	SS	37-08.75	21	_____	_____
307	Shadeshia Pearman	12 Mt. Miguel	SD	37-10.25	22	_____	_____
468	Julie Tinker	10 Valley	SJ	37-11.0	23	_____	_____
467	Deaweh Totimeh	11 Valley	SJ	38-01.0	24	_____	_____
322	Tamieka Porter	12 Orange Glen	SD	38-02.75	25	_____	_____
310	Amber Roberts	12 Muir	SS	38-10.75	26	_____	_____
152	Michele Reid	12 Folsom	SJ	39-10.0	27	_____	_____



Michele Reid, Folsom High.

CIF STATE CHAMPIONSHIPS

BOYS TRIPLE JUMP

Prelim: 6:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records - National: 52-10.5 Charles Mayfield, Pasadena, CA (Muir) 1980
State: 52-04.75 Ken Frazier (Mission, SF) 1981

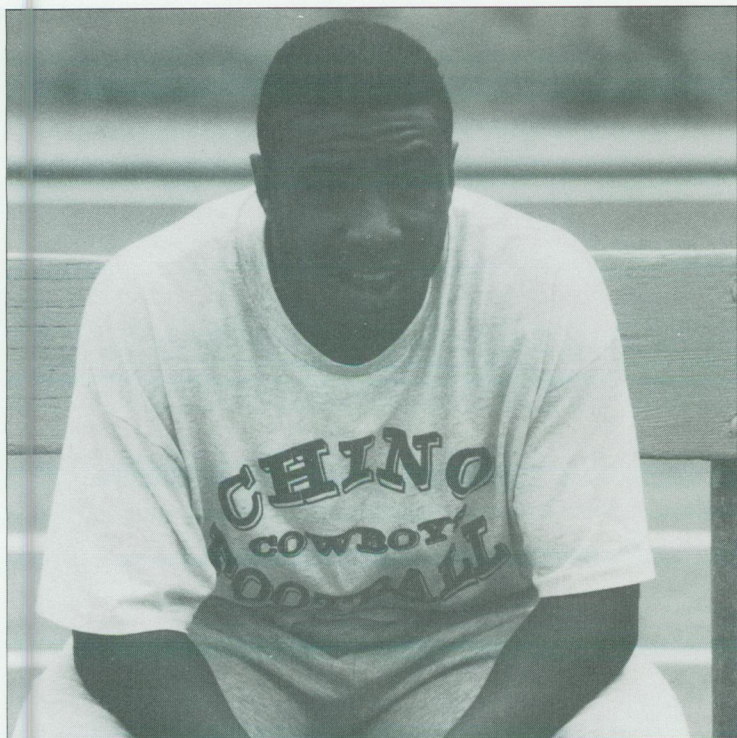
#	Name	Gr. School	Sect.	Mark	Pos.	Place	Mark
281	Kobie Roberts	11 McAteer	SF	41-04.0	1	_____	_____
355	Tyrone Allen	11 Oakland	OK	43-07.75	2	_____	_____
12	Ryan Pierce	10 Bakersfield	CE	44-04.0	3	_____	_____
37	James Lincoln	12 Birmingham	LA	44-08.0	4	_____	_____
186	Sal Grewal	12 Irvington	NC	44-10.25	5	_____	_____
208	Andre Wallace	12 Jordan	LA	45-01.75	6	_____	_____
487	Tyon Baker	12 Tulare Western	CE	45-05.5	7	_____	_____
197	Gary Smith	11 James Logan	NC	45-07.75	8	_____	_____
357	Mark Karlstad	12 Oakmont	SJ	45-08.5	9	_____	_____
24	Eric Stallings	12 Bellarmine	CC	45-09.0	10	_____	_____
352	Chris Ferreira	11 Oak Ridge	SJ	45-10.5	11	_____	_____
385	Peter Slater	10 Pleasant Valley	NO	45-11.5	12	_____	_____
196	Rasheed Abdullash	11 James Logan	NC	45-11.5	13	_____	_____
124	Anthony Leyba	12 Edison	SJ	46-05.5	14	_____	_____
429	Robert Macias	12 San Benito	CC	46-09.0	15	_____	_____
351	Neil Lahey	12 North Monterey	CC	46-09.75	16	_____	_____
49	Joshua Leng	12 Bishop O'Dowd	NC	46-10.5	17	_____	_____
241	Carl Hampton	12 Long Beach Poly	SS	47-01.5	18	_____	_____
166	Ronald Steward	11 Gardena	LA	47-01.5	19	_____	_____
402	Leroy Parham	12 Rancho Bernardo	SD	47-02.0	20	_____	_____
240	Ty Anderson	10 Long Beach Poly	SS	47-03.5	21	_____	_____
419	Myron McClure	12 Rowland	SS	47-05.5	22	_____	_____
482	Reggie Mitchell	12 Sweetwater	SD	47-05.5	23	_____	_____
319	Mike Turner	11 Morningside	SS	47-07.0	24	_____	_____
483	Chuck Bishop	12 Taft	CE	48-04.5	25	_____	_____
399	Jamal Chase	12 Quartz Hill	SS	48-10.75	26	_____	_____
403	Von Ware	12 Rancho Buena Vista	SD	52-00.0	27	_____	_____

GIRLS 100m RUN

Prelim: 6:38 p.m. - Fri. Final: 5:00 p.m. - Sat.

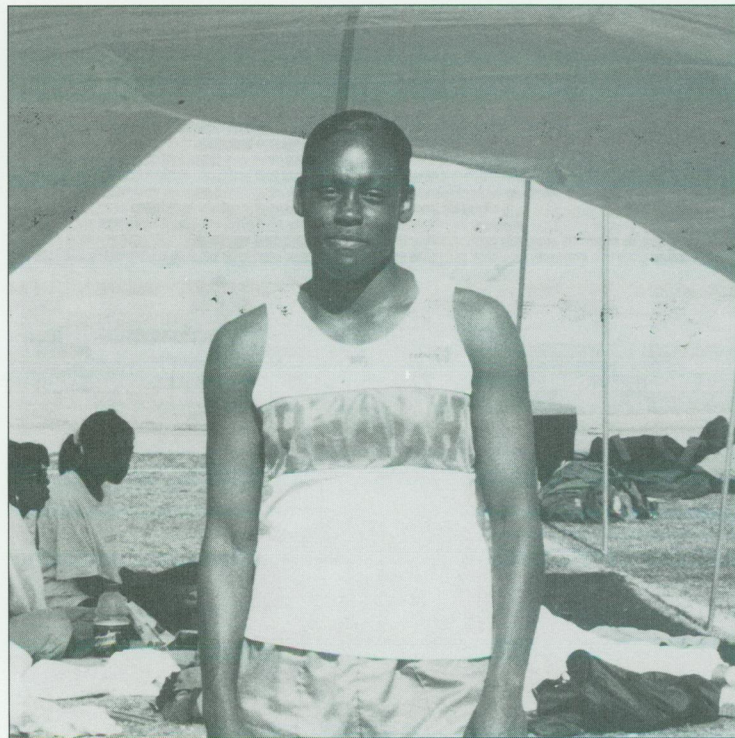
Records: - National: 11.14 Marion Jones, Thousand Oaks, CA 1992
State: 11.14 Marion Jones, Thousand Oaks 1992

#	Name	Gr. School	Sect.	Mark	Pos.	Place	Mark
104	Annie Pogue	9 Del Mar	CC	12.57	1	_____	_____
481	Natasha Walton	12 Washington	SF	12.46	2	_____	_____
288	Akiba McKinney	9 Monte Vista	SD	12.22	3	_____	_____
148	Jaime Sims	12 Etiwanda	SS	11.92	4	_____	_____
308	Heather Sumpter	11 Muir	SS	11.78	5	_____	_____
31	Bisa Grant	12 Bishop O'Dowd	NC	11.89	6	_____	_____
106	Tonya Adams	10 Dixon	SJ	12.21	7	_____	_____
449	Ayonna Hendrix	11 Tulare Western	CE	12.42	8	_____	_____
162	Dreshionda Broadway	10 Gardena	LA	12.54	9	_____	_____
483	Tracy Turner	11 West Valley	NO	12.96	1	_____	_____
224	Karen Garner	12 Kearny	SD	12.50	2	_____	_____
96	Capricia Thompson	10 Clovis	CE	12.26	3	_____	_____
152	Michele Reid	12 Folsom	SJ	12.00	4	_____	_____
238	Aminah Haddad	11 Long Beach Poly	SS	11.69	5	_____	_____
212	Kelli White	11 James Logan	NC	11.87	6	_____	_____
395	Aisha Wallace	11 Skyline	OK	12.15	7	_____	_____
247	Kim Hay	12 Los Gatos	CC	12.34	8	_____	_____
161	Latarya McCarthy	12 Gardena	LA	12.54	9	_____	_____
130	Tinika McThomas	12 El Camino Real	LA	12.74	1	_____	_____
190	Renee Cobb	11 Hoover	CE	12.43	2	_____	_____
213	Nequila Goods-Guidry	12 James Logan	NC	12.25	3	_____	_____
55	Madinah Ali	11 Canyon Springs	SS	12.05	4	_____	_____
462	Zhauntel Holman	9 Valley	SJ	11.69	5	_____	_____
239	Andrea Anderson	11 Long Beach Poly	SS	11.81	6	_____	_____
300	Kunesha Miller	11 Morse	SD	12.05	7	_____	_____
211	Davetta Shepard	9 J.F. Kennedy (Richmond)	NC	12.30	8	_____	_____
197	Kathy Gross	9 Independence	CC	12.56	9	_____	_____



Jesus Reyes of Chino High.

Photo by Bill Cockerham, California Track & Running News



Andrea Anderson of Long Beach Poly High.

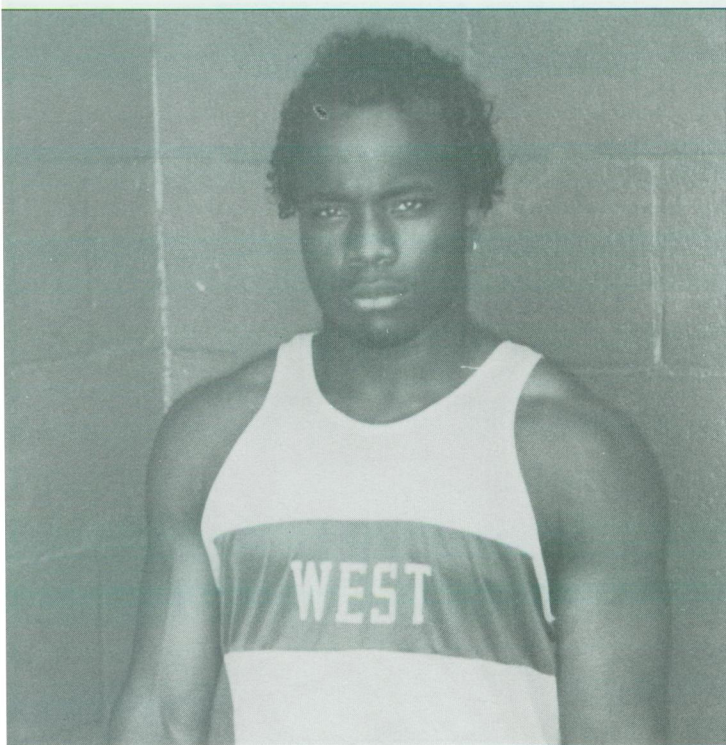
CIF STATE CHAMPIONSHIPS

BOYS 100m RUN

Prelim: 6:50 p.m. - Fri. Final: 5:06 p.m. - Sat.

Records - National: 9.9 Henry Neal, Greenville, TX 1990
State: 10.30 Riley Washington, Southwest 1992

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
92	Dee Moronkola	11 De Anza	NC	11.05	1	_____	_____
221	Jaime Houston	12 Lemoore	CE	10.89	2	_____	_____
450	Jason Cooper	10 Skyline	OK	10.84	3	_____	_____
79	Johnny Robinson	12 Chula Vista	SD	10.77	4	_____	_____
496	Ali Evans	12 Vallejo	SJ	10.37	5	_____	_____
405	Pat Johnson	12 Redlands	SS	10.61	6	_____	_____
512	Jim McElroy	12 Washington	LA	10.81	7	_____	_____
298	Brent Vartan	12 Menlo-Atherton	CC	10.88	8	_____	_____
104	Akinyela Taylor	12 Dominquez	SS	10.92	9	_____	_____
472	Jerome Spence	12 St. Mary's	NC	11.07	1	_____	_____
317	Ray Butler	11 Morningside	SS	10.91	2	_____	_____
111	Leon Settle	12 Dorsey	LA	10.85	3	_____	_____
521	Marques Holiwell	11 West Bakersfield	CE	10.76	4	_____	_____
163	Willie Jones	12 Franklin	SJ	10.44	5	_____	_____
447	Shawn Williams	11 Silver Creek	CC	10.74	6	_____	_____
538	Gary Young	12 Woodbridge	SS	10.81	7	_____	_____
127	Bryant Eubanks	11 El Camino	SD	10.87	8	_____	_____
101	Leon Callen	10 De La Salle	NC	11.00	9	_____	_____
75	Clifton Jackson	11 Chico	NO	11.09	1	_____	_____
528	Kaaron Conwright	11 Westchester	LA	10.91	2	_____	_____
245	Jason Isaac	12 Los Gatos	CC	10.87	3	_____	_____
235	Rashaan Sanders	12 Lincoln	SF	10.74	4	_____	_____
59	Bryan Howard	11 Canyon Springs	SS	10.44	5	_____	_____
187	Tony Bray	11 J.F. Kennedy	SJ	10.58	6	_____	_____
488	Vince Williams	10 University City	SD	10.79	7	_____	_____
520	Marvin Love	12 Washington	NC	10.87	8	_____	_____
183	Kendrial Terrance	11 Hoover	CE	10.94	9	_____	_____



Marques Holiwell of West High.

GIRLS 800m RUN

Prelim: 7:04 p.m. - Fri. Final: 5:13 p.m. - Sat.

Records - National: 2:04.5 Joetta Clark, Maplewood, NJ (Columbia) 1980
State: 2:04.91 Trena Hull, Compton 1984

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
90	Melinda George	11 Chatsworth	LA	2:21.75	1	_____	_____
44	Kelly Robles	9 Bullard	CE	2:17.08	2	_____	_____
281	Angie Milner	9 Modesto	SJ	2:15.83	3	_____	_____
33	Candace Miles-Threat	10 Bishop O'Dowd	NC	2:14.63	4	_____	_____
64	Tiffany Roberts	11 Carondelet	NC	2:12.30	5	_____	_____
241	Sherron Rhetta	10 Long Beach Poly	SS	2:14.54	6	_____	_____
471	Angela Shea	11 Vista	SD	2:15.81	7	_____	_____
328	Brook Yerman	12 Paradise	NO	2:16.79	8	_____	_____
248	Meg Veeder	12 Los Gatos	CC	2:18.46	9	_____	_____
398	Anna Rensi	12 Skyline	OK	2:23.59	1	_____	_____
371	Marla Pleyte	11 San Benito	CC	2:17.37	2	_____	_____
452	Vanessa Hanley	11 University	SD	2:16.16	3	_____	_____
289	Pamela Richardson	11 Montgomery	NC	2:14.73	4	_____	_____
81	Kristie Johnston	11 Central	CE	2:12.18	5	_____	_____
225	Tiffany Boykin	11 Laguna Hills	SS	2:13.83	6	_____	_____
145	Courtney Pugmire	11 Esperanza	SS	2:15.50	7	_____	_____
311	Rebecca Redon	11 Nevada Union	SJ	2:16.84	8	_____	_____
107	Betty Butler	10 Dorsey	LA	2:19.10	9	_____	_____
256	Alyssa Mellot	11 Lowell	SF	2:26.64	1	_____	_____
393	Laneisha McPherson	10 Silver Creek	CC	2:18.33	2	_____	_____
515	Rachelle Loftus	9 Buchanan	CE	2:16.23	3	_____	_____
171	Stacey Murphy	9 Granite Hills	SD	2:14.87	4	_____	_____
3	Ashley Monahan	12 Amador Valley	NC	2:12.96	5	_____	_____
127	Julie Koudelka	12 Edison	SS	2:12.99	6	_____	_____
516	Katie Nuanes	9 Santa Margarita	SS	2:15.41	7	_____	_____
102	Tanya Andrews	11 Del Campo	SJ	2:16.69	8	_____	_____
470	Jenny Chipello	10 Van Nuys	LA	2:20.76	9	_____	_____



Kristie Johnson of Central High in Fresno.

CIF STATE CHAMPIONSHIPS

Favi 151000
vsta HS
(619) 726-5611

BOYS 800m RUN

GIRLS 300m HURDLES

Prelim: 7:16 p.m. - Fri. Final: 5:20 p.m. - Sat.

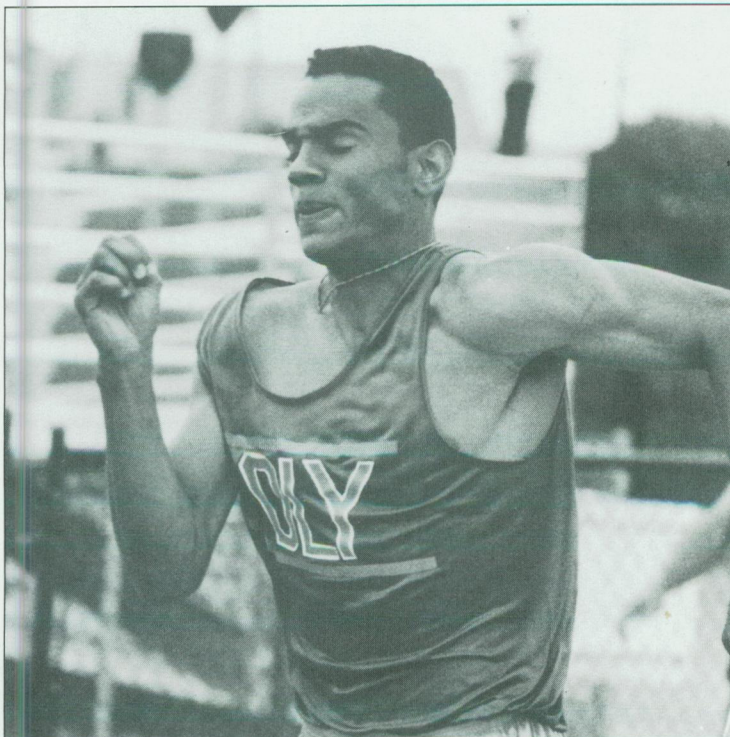
Prelim: 7:28 p.m. - Fri. Final: 5:27 p.m. - Sat.

Records - National: 1:47.31 Pete Richardson, Berkeley, CA 1981
State: 1:47.31 Pete Richardson, Berkeley 1981

Records - National: 40.18 Leslie Maxie, Millbrae, CA (Mills) 1984
State: 40.26 Janeene Vickers, Pomona 1987

#	Name	Gr. School	Sect.	Mark	Pos.	Place	Mark
360	Erik Larsen	10 Pacific Palisades	LS	1:58.64	1		
542	Andy Anderson	12 Yreka	NO	1:56.80	2		
441	Matt Silva	12 San Pasqual	DF	1:54.22	3		
545	Matt Teson	12 Ayala	DD	1:52.87	4		151.39
73	Vondre Armour	12 Central	VR	1:51.17	5		152.4 153.10
167	Adam Ozarski	12 Granada	NC	1:52.65	6		150.8 151.52
58	Mike Wenz	12 Canyon (C.C.)	DD	1:53.40	7		151.73
539	Jorge Satoscoy	12 Woodland	DJ	1:56.28	8		152.8 153.22
426	Nate Crosno	11 Salinas	CC	1:57.87	9		153.55
276	Jonathan Asmerom	11 McAteer	SF	2:00.16	1		153.2
540	Bevan Brian	12 Woodland	SJ	1:56.56	2		
261	Vashon Jones	10 Madera	CE	1:55.60	3		
337	Obea Moore	9 Muir	SS	1:52.91	4		154.01
20	Michael Granville	10 Bell Gardens	SS	1:50.76	5		151.47
139	Jessie Camp	12 El Capitan	SD	1:51.96	6		152.74
474	Jonevan Hornsby	11 St. Mary's	NC	1:53.39	7		154.57
170	Jason Williams	11 Gunn	CC	1:55.88	8		156.05
113	Anthony Wheeler	12 Dorsey	LA	1:58.49	9		
290	Tim Brown	9 McClymonds	OK	2:06.56	1		26.05 54.16 123.18 155.05
445	Dan Valles	11 Santa Theresa	CC	1:57.64	2		29.07 32.41
299	Eric Caldwell	12 Merced	SJ	1:55.20	3		154.41
460	Mark Hauser	12 St. Augustine	SD	1:53.05	4		
193	Aaron Richberg	11 James Logan	NC	1:50.34	5		153.8 153.95
161	Josh Quintal	12 Fortuna	NC	1:52.62	6		153.9 154.83
418	Brian Peterson	12 Rowland	SS	1:53.36	7		154.2 154.31
408	Jose Miranda	12 Roosevelt	CE	1:55.81	8		154.4
415	Rey Duarte	12 Roosevelt	LA	1:57.86	9		

#	Name	Gr. School	Sect.	Mark	Pos.	Place	Mark
483	Tracy Turner	11 West Valley	NO	46.89	1		
386	Christyna Serrano	12 San Lorenzo Valley	CC	45.88	2		
277	Kiesha Porter	12 Mira Mesa	SD	44.60	3		
138	Nneka Black	12 El Cerrito	NC	44.18	4		
314	Joanna Hayes	11 North (Riverside)	SS	43.31	5		
519	Charon Stewart	11 Beacon	NC	44.14	6		
466	Chidera Madu	12 Valley	SJ	44.49	7		
118	Anita Madden	12 Edison	CE	45.48	8		
492	Rori Kelly	10 Westchester	LA	46.77	9		
481	Natasha Walton	12 Washington	SF	46.93	1		
354	Lindsey Krause	12 Rancho Bernardo	SD	45.85	2		
467	Deaweh Totimeh	11 Valley	SJ	44.67	3		
214	Sunshine Peterson	12 James Logan	NC	44.19	4		
474	Keisha Griffis	11 Washington	LA	43.59	5		
1	Cathy Prater	12 Agoura	SS	43.96	6		
249	Kim Veeder	12 Los Gatos	CC	44.45	7		
500	Felicia Pulley	11 Wilson (Long Beach)	SS	44.88	8		
99	Adrian Williams	11 Clovis West	CE	46.14	9		
246	Qualema Hayes	12 Los Angeles	LA	47.97	1		
342	Jennifer Seborer	11 Porterville	CE	45.72	2		
309	Kelly Moten	11 Muir	SS	44.73	3		
397	Angela Harris	12 Skyline	OK	44.22	4		
275	Felicia Johnson	12 Merced	SJ	43.76	5		
10	Kim Couvson	12 American	NC	43.85	6		
42	Stacy Hebert	10 Buena	SS	44.39	7		
302	Carlene Jones	12 Morse	SD	44.76	8		
390	Zakiya Sullivan	12 Santa Teresa	CC	45.93	9		



Jared Lewis of Riverside Poly High.



Amber Roberts of Muir High.

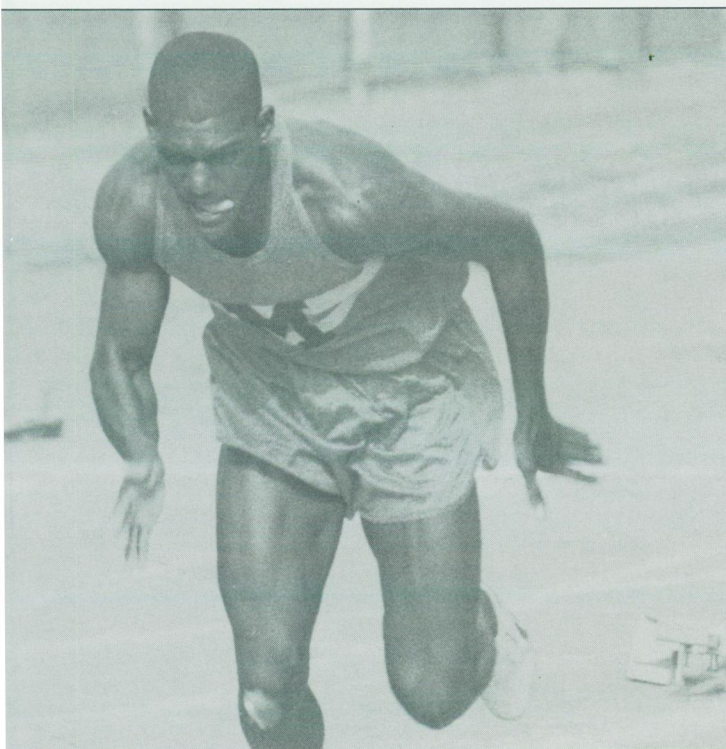
CIF STATE CHAMPIONSHIPS

BOYS 300m HURDLES

Prelim: 7:40 p.m. - Fri. Final: 5:34 p.m. - Sat.

Records - National: 35.32 George Porter, Lompoc, CA (Cabrillo) 1985
State: 35.50 George Porter, Lompoc (Cabrillo) 1985

#	Name	Gr.	School	Sect.	Sect. Mark	Pos.	Place	Mark
278	Sean Stewart	12	McAteer	SF	40.62	1	_____	_____
498	Max Ford	11	Vallejo	SJ	38.94	2	_____	_____
475	Anthony Montgomery	12	St. Mary's	NC	38.40	3	_____	_____
444	James Meyer	12	Santa Cruz	CC	38.04	4	_____	_____
338	Ken Haslip	12	Muir	SS	36.65	5	_____	_____
176	Jason Brownlee	12	Hamilton	LA	37.82	6	_____	_____
400	Brian Fell	11	Rancho Bernardo	SD	38.35	7	_____	_____
28	Jackie Jenkins	11	Golden West	CE	38.49	8	_____	_____
194	Bryan Click	11	James Logan	NC	39.65	9	_____	_____
315	Chris Barnsdale	10	Montgomery	NC	40.09	1	_____	_____
168	Danny Hagg	12	Granada Hills	LA	38.75	2	_____	_____
449	Nam Duong	12	Silver Creek	CC	38.38	3	_____	_____
128	Steve Forte	11	El Camino	SD	37.98	4	_____	_____
179	Jason Medearis	12	Hart	SS	36.80	5	_____	_____
425	Mel Lete	12	Saddleback	SS	37.62	6	_____	_____
11	Larry Parker	12	Bakersfield	CE	38.26	7	_____	_____
300	John Welch	12	Merced	SJ	38.50	8	_____	_____
68	DeAndre Montgomery	12	Castlemont	OK	39.44	9	_____	_____
122	Ben Warner	12	East Nicholas	NO	40.72	1	_____	_____
409	Jesus Aguirre	12	Roosevelt	CE	38.61	2	_____	_____
67	Sadat Piggee	10	Castle Park	SD	38.40	3	_____	_____
505	Eric Gilson	12	Valley	SJ	38.02	4	_____	_____
23	Coke Edmond	12	Bellarmine	CC	37.25	5	38.3	_____
339	Desean Holmes	12	Muir	SS	37.58	6	_____	_____
350	Delewis Johnson	12	Nogales	SS	38.18	7	_____	_____
142	Jason Lewis	11	Fairfax	LA	38.58	8	_____	_____
70	Dominique Canfield	12	Castro Valley	NC	39.22	9	_____	_____



Defending state champ Kenny Haslip of Muir High.

GIRLS 200m RUN

Prelim: 7:53 p.m. - Fri. Final: 5:40 p.m. - Sat.

Records - National: 22.67 Marion Jones, Thousand Oaks, CA 1992
State: 22.71 Marion Jones, Thousand Oaks 1992

#	Name	Gr.	School	Sect.	Sect. Mark	Pos.	Place	Mark
11	Katie Jasmer	10	Anderson	NO	26.26	1	_____	_____
272	Katina Morris	10	McLane	CE	25.48	2	_____	_____
288	Akiba McKinney	9	Monte Vista	SD	24.99	3	_____	_____
212	Kelli White	11	James Logan	NC	24.28	4	_____	_____
238	Aminah Haddad	11	Long Beach Poly	SS	23.45	5	_____	_____
308	Heather Sumpter	11	Muir	SS	24.26	6	_____	_____
114	Rochelle Hogans	12	Downey	SJ	24.91	7	_____	_____
198	Veronica Woods	12	Independence	CC	25.17	8	_____	_____
130	Tinika McThomas	12	El Camino Real	LA	25.98	9	_____	_____
490	Nikelola Balogun	9	Westchester	LA	26.04	1	_____	_____
475	Tricia Jacento	12	Washington	NC	25.63	2	_____	_____
269	Jonniquenett Maker	12	Luther Burbank	SJ	24.93	3	_____	_____
300	Kunsha Miller	11	Morse	SD	24.49	4	_____	_____
331	Latasha Gilliam	1	Pittsburg	NC	23.62	5	_____	_____
239	Andrea Anderson	11	Long Beach Poly	SS	24.03	6	_____	_____
396	Reyna Goodwin	12	Skyline	OK	24.89	7	_____	_____
274	Sylvia Pieslak	11	Menlo-Atherton	CC	25.20	8	_____	_____
365	Tyna Ryan	11	Roosevelt	CE	25.86	9	_____	_____
482	Noretia Seals	9	Washington	SF	26.51	1	_____	_____
161	Latarya McCarthy	12	Gardena	LA	25.59	2	_____	_____
301	Lana Garner	10	Morse	SD	25.10	3	_____	_____
333	Tori Edwards	11	Pomona	SS	24.72	4	_____	_____
499	Keisha Bacus	11	Wilson (Long Beach)	SS	23.65	5	_____	_____
462	Zhauntel Holman	9	Valley	SJ	24.16	6	_____	_____
508	Shavonne Jennings	10	Woodside	CC	24.87	7	_____	_____
157	Tamika Brown	12	Ft. Bragg	NC	25.41	8	_____	_____
364	Keyshay Thomas	12	Roosevelt	CE	25.83	9	_____	_____



Tai-Ne Gibson of Morningside High.

CIF STATE CHAMPIONSHIPS

BOYS 200m RUN

Prelim: 8:05 p.m. - Fri. Final: 5:46 p.m. - Sat.

Records - National: 20.0 Roy Martin, Dallas, TX (Roosevelt) 1985
State: 20.77 Henry Thomas, Hawthorne 1984

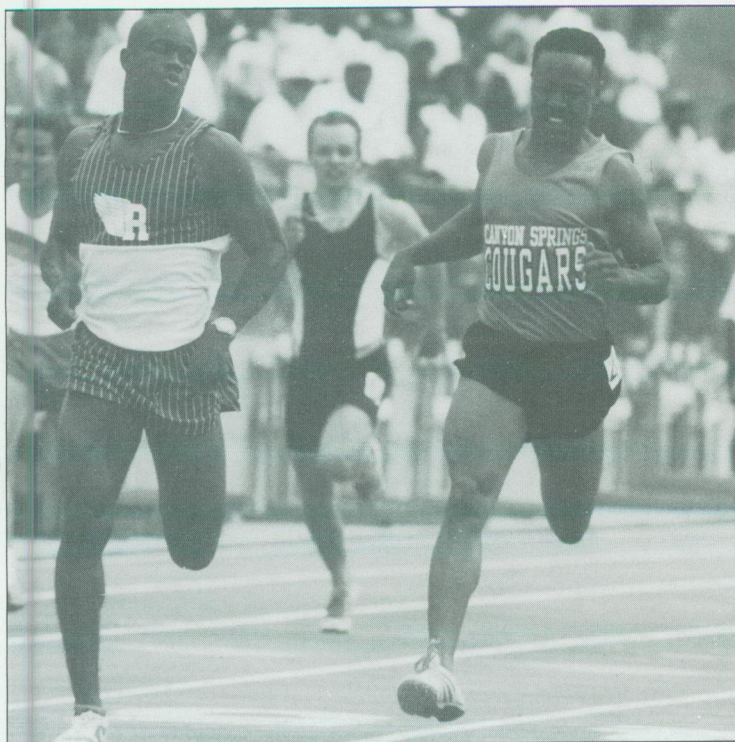
#	Name	Gr.	School	Sect.	Sect. Mark	Pos.	Place	Mark
93	Tyree Reed	12	De Anza	NC	22.43	1		
221	Jaime Houston	12	Lemoore	CE	21.97	2		
125	Demond Birks	12	Eisenhower	SS	21.78	3		
447	Shawn Williams	11	Silver Creek	CC	21.45	4		
59	Bryan Howard	11	Canyon Springs	SS	20.98	5		
163	Willie Jones	12	Franklin	SJ	21.20	6		
111	Leon Settle	12	Dorsey	LA	21.63	7		
488	Vince Williams	10	University City	SD	21.89	8		
30	Juan Cherry	11	Berkeley	NC	22.34	9		
165	Edward Hogg	12	Galileo	SF	22.44	1		
260	Lonnell Greene	11	Madera	CE	22.12	2		
450	Jason Cooper	10	Skyline	OK	21.78	3		
512	Jim McElroy	12	Washington	LA	21.47	4		
496	Ali Evans	12	Vallejo	SJ	21.05	5		
529	Felton Charles	10	Westmoor	CC	21.31	6		
538	Gary Young	12	Woodbridge	SS	21.71	7		
365	Clinton Lane	11	Patrick Henry	SD	21.86	8		
520	Marvin Love	12	Washington	NC	22.18	9		
75	Clifton Jackson	11	Chico	NO	22.46	1		
29	Hannibal Navies	11	Berkeley	NC	22.17	2		
528	Kaaron Conwright	11	Westchester	LA	21.89	3		
245	Jason Isaac	12	Los Gatos	CC	21.52	4		
187	Tony Bray	11	J.F. Kennedy	SJ	21.18	5		
405	Pat Johnson	12	Redlands	SS	21.38	6		
364	Jere Miller	12	Patrick Henry	SD	21.60	7		
443	Phillip Pipersburg	10	Santa Barbara	SS	21.90	8		
222	Santoy Berry	10	Lemoore	CE	22.19	9		

GIRLS 1600m RELAY

Prelim: 8:30 p.m. - Fri. Final: 6:25 p.m. - Sat.

Records - National: 3:37.69 Pasadena, CA (Muir) 1985
State: 3:37.71 Kennedy (Granada Hills) 1981

#	Name	Gr.	School	Sect.	Sect. Mark	Pos.	Place	Mark
47	Bullard		Bullard	CE	4:05.07	1		
165	Gardena		Gardena	LA	4:01.09	2		
200	Independence		Independence	CC	3:57.32	3		
37	Bishop O'Dowd		Bishop O'Dowd	NC	3:53.85	4		
242	Poly, Long Beach		Long Beach Poly	SS	3:42.58	5		
292	Morningside		Morningside	SS	3:51.71	6		
356	Rancho Buena Vista		Rancho Buena Vista	SD	3:56.62	7		
175	Highlands		Highlands	SJ	3:59.04	8		
511	Yreka		Yreka	NO	4:03.59	9		
109	Dorsey		Dorsey	LA	4:04.15	1		
366	Salinas		Salinas	CC	4:01.24	2		
132	El Capitan		El Capitan	SD	3:58.37	3		
334	Pomona		Pomona	SS	3:52.91	4		
418	St. Bernard		St. Bernard	SS	3:49.77	5		
4	Amador		Amador Valley	NC	3:52.60	6		
66	Carondelet		Carondelet	NC	3:54.73	7		
207	John F. Kennedy		J.F. Kennedy	SJ	3:58.71	8		
119	Edison		Edison	CE	4:02.36	9		
263	Lowell		Lowell	SF	4:06.54	1		
493	Westchester		Westchester	LA	4:02.04	2		
250	Los Gatos		Los Gatos	CC	3:58.41	3		
469	Valley		Valley	SJ	3:52.80	4		
57	Canyon Springs		Canyon Springs	SS	3:51.16	5		
220	James Logan		James Logan	NC	3:51.65	6		
403	Skyline		Skyline	OK	3:56.88	7		
344	Poway		Poway	SD	3:58.42	8		
83	Central		Central	CE	4:02.13	9		



Bryan Howard of Canyon Springs.

Photo by Bill Cockerham, California Track & Running News



Central High's 4 x 400 Relay Team (L-R: Amy Nazaruff, Kristie Johnson, Brandy Wood, Jeananta Jackson).

CIF STATE CHAMPIONSHIPS

BOYS 1600m RELAY

Prelim: 8:48 p.m. - Fri. Final: 6:30 p.m. - Sat.

Records - National: 3:07.40 Hawthorne, CA 1985
 State: 3:08.94 Berkeley 1981

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
292	McClymonds	McClymonds	OK	3:24.08	1		
246	Los Gatos	Los Gatos	CC	3:20.67	2		
477	St. Mary's	St. Mary's	NC	3:18.10	3		
301	Merced	Merced	SJ	3:17.11	4		
366	Henry	Patrick Henry	SD	3:16.45	5		
33	Berkeley	Berkeley	NC	3:16.94	6		
143	Fairfax	Fairfax	LA	3:17.76	7		
154	Foothill	Foothill	SS	3:19.20	8		
410	Roosevelt	Roosevelt	CE	3:21.94	9		
213	Lassen	Lassen	NO	3:24.31	1		
95	De Anza	De Anza	NC	3:21.23	2		
514	Washington	Washington	LA	3:18.98	3		
506	Valley	Valley	SJ	3:17.15	4		
320	Morningside	Morningside	SS	3:13.45	5		
14	Bakersfield	Bakersfield	CE	3:16.65	6		
420	Rowland	Rowland	SS	3:17.42	7		
326	Morse	Morse	SD	3:19.82	8		
171	Gunn	Gunn	CC	3:21.59	9		
252	Lowell	Lowell	SF	3:29.09	1		
265	Madera	Madera	CE	3:20.90	2		
391	Pomona	Pomona	SS	3:19.19	3		
16	Dorsey	Dorsey	LA	3:17.19	4		
340	Muir	Muir	SS	3:12.65	5		
501	Vallejo	Vallejo	SJ	3:16.58	6		
228	Lincoln Prep	Lincoln Prep	SD	3:17.63	7		
530	Westmoor	Westmoor	CC	3:20.46	8		
198	James Logan	James Logan	NC	3:21.26	9		

GIRLS 3200m RUN

Final: 5:36 p.m. - Sat.

Records - National: 10:03.7 Erin Keogh, Langley, VA (McLean) 1987
 State: 10:08.14 Cory Schubert, San Jose (Del Mar) 1983

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
65	Kristen Gordon	9 Carondelet	NC	11:00.10	1		
54	Kim Nelson	12 Canyon (Anaheim)	SS	10:54.15	2		
103	Sarah Dickerman	12 Del Campo	SJ	10:53.84	3		
372	Amy Haase	10 San Dieguito	SD	10:51.41	4		
518	Julia Stamps	9 Rincon Valley Jr. Hi	NC	10:28.49	5		
43	Carrie Garritson	12 Buena Park	SS	10:45.52	6		
439	Kim Mortensen	10 Thousand Oaks	SS	10:53.65	7		
434	Annie Ebner	10 St. Lucy's	SS	10:53.91	8		
323	Gabriela Rodriguez	12 Oxnard	SS	10:54.36	9		
436	Tracy Cohn	9 Stockdale	CE	11:07.00	10		
406	Sara Jakel	12 Sonoma Valley	NC	11:09.35	11		
18	Nicole Silva	11 Aptos	CC	11:09.59	12		
227	Emily Allison	10 Leland	CC	11:11.68	13		
343	Jessica Pound	12 Poway	SD	11:11.81	14		
465	Jamie Whitmore	12 Valley	SJ	11:12.64	15		
98	Emili Lawson	9 Clovis West	CE	11:13.26	16		
433	Laura Sandavol	10 St. Ignatius	CC	11:13.64	17		
279	Elissa Riedy	11 Mission San Jose	NC	11:13.93	18		
270	Sherrie Donovan	12 Madera	CE	11:17.49	19		
506	Magi Martinez	12 Wood	SJ	11:19.04	20		
226	Sally Pyle	12 Lassen	NO	11:36.55	21		
174	Genevieve Debose	12 Hamilton	LA	11:39.29	22		
453	Danica Bucley	11 Valhalla	SD	11:40.97	23		
205	Kirstin Cabo	12 J.F. Kennedy	LA	11:50.89	24		
229	Gisela Colunga	12 Lincoln	LA	11:59.74	25		
258	Dasii Lucero	10 Lowell	SF	12:12.14	26		
400	Anne-Marie Franco	10 Skyline	OK	12:21.30	27		



Anthony Wheeler of Dorsey High.



From left - Carrie Caulkins of Esperanza High and Carrie Garritson of Buena Park High.

CIF STATE CHAMPIONSHIPS

BOYS 3200m RUN

Final: 6:10 p.m. - Sat.

Records - National: 8:41.5 Steve Prefontaine, Coos Bay, OR (Marshfield) 1969
 State: 8:44.9 Eric Hulst, Laguna Beach 1976

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
141	Matt Creason	12 Eureka	NC	9:15.22	1	_____	_____
546	Jeff McLarty	11 Ayala	SS	9:13.05	2	_____	_____
55	Eleazar Hernandez	11 Camarillo	SS	9:11.26	3	_____	_____
363	Antonio Arce	11 Palmdale	SS	9:09.21	4	_____	_____
430	Mebrathom Keflezighi	12 San Diego	SD	9:03.27	5	_____	_____
358	Jaime Martinez	12 Orange	SS	9:06.08	6	_____	_____
424	Rondie Gibbs	12 Rubidoux	SS	9:09.22	7	_____	_____
102	Konrad Knutsen	12 Del Campo	SJ	9:13.04	8	_____	_____
238	Steve Immel	12 Livermore	NC	9:13.74	9	_____	_____
103	Rey Sanchez	11 Delano	CE	9:16.24	10	_____	_____
259	Jason Balkman	11 Lynbrook	CC	9:16.94	11	_____	_____
448	Erique Torres	10 Silver Creek	CC	9:17.91	12	_____	_____
205	Matt Farley	12 Jesuit	SJ	9:18.24	13	_____	_____
22	Tom Becker	11 Bellarmine	CC	9:20.86	14	_____	_____

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
263	Eric Kropf	12 Madera	CE	9:22.89	15	_____	_____
431	Jose Melgar	12 San Diego	SD	9:22.97	16	_____	_____
309	Devin Elizondo	12 Mission Bay	SD	9:25.42	17	_____	_____
373	Steve Brown	12 Piedmont	NC	9:26.80	18	_____	_____
206	Ned Presnall	12 Jesuit	SJ	9:27.94	19	_____	_____
459	Humberto Sanchez	12 South Gate	LA	9:35.35	20	_____	_____
416	Miguel Ramirez	12 Roosevelt	LA	9:35.47	21	_____	_____
440	Keith Kennedy	11 San Leandro	NC	9:36.95	22	_____	_____
543	Aaron Gillen	10 Yreka	MO	9:39.80	23	_____	_____
310	Jose Padilla	12 Monroe	LA	9:42.18	24	_____	_____
275	Galvin Gonzalez	11 McFarland	CE	9:43.46	25	_____	_____
277	Bolota Asmerom	10 McAteer	SF	10:08.44	26	_____	_____
452	Senai Kidane	11 Skyline	OK	10:19.60	27	_____	_____



Matt Farley leads a group of Jesuit High runners.



Daniel Boswell of Bullard High in Fresno looks to challenge in the high jump.

Photo by Bill Cockerham, California Track & Running News

Top Two Girl Pole Vaulters in Nation Compete in Exhibition

Price and Chase First Girls Ever Showcased at State Championships

The top two female pole vaulters in the country will perform in a pole vaulting exhibition on Saturday following the boys' pole vaulting event. The boys' pole vaulting event begins at 3 p.m.

Kingsburg High's Melissa Price, the national leader with a vault of 11-1, will be one of the performers. Also competing will be Jocelyn Chase of Agoura High, whose top vault to date is 10-6.

This marks the first time ever that girls will be showcased in the pole vaulting event at the state championship level.

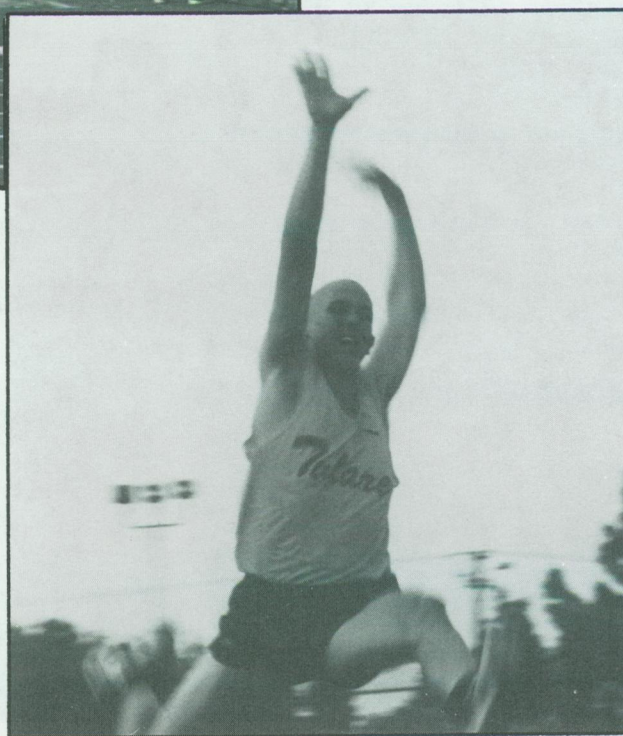
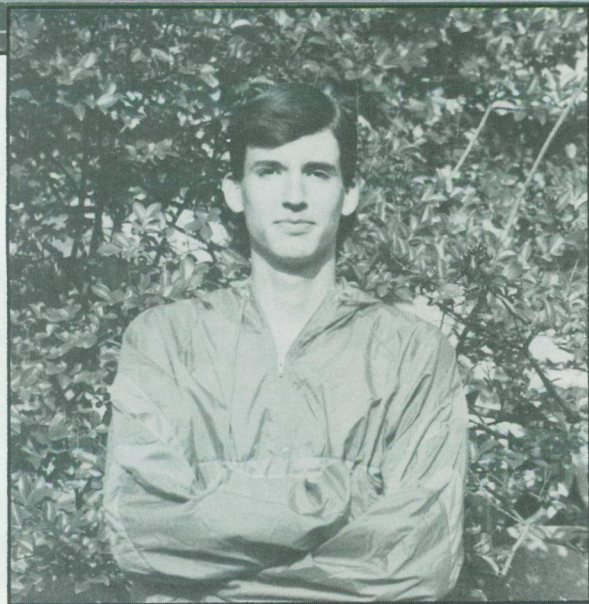
In the second year that girls were permitted to pole vault in California, overall marks showed skill improvement in the event. The highest mark for a female pole vaulter, according

to a survey sent to member schools, was 11-1 by Price. Several girls topped the 9-foot mark.

Girls were allowed to compete on a student team in the pole vault, following the CIF Federated Council's approval of a modification of CIF Bylaw 2701 in 1992.

The purpose of the survey sent to member schools was to ascertain the number of girls pole vaulting, their best marks, and to get additional comments on the event from coaches.

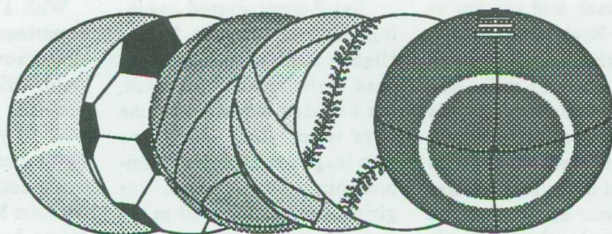
In general, coaches felt positive about the event and the participation opportunities it provides for female vaulters. Many coaches felt the event would grow, but only if it became a scoring event for the girl's team.



UC DAVIS

SPORTS CAMPS

SUMMER • 1994



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call

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the Aggie Edge

Diving •

Water Polo •

Coed Soccer •

Girls Basketball •

Boys Basketball •

*Basketball Shooter
Clinics •*

Aggie Kids' Camp •

Contact Football •

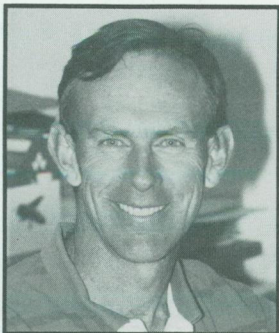
Coed Volleyball •

Roller Hockey •

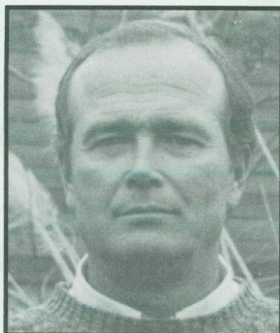
Baseball •

1994 CIF Track and Field Honor Coaches

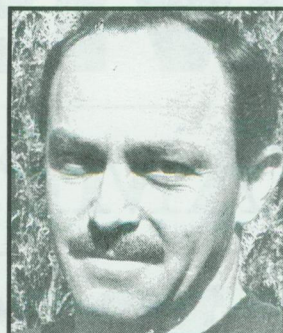
Honor Coaches are selected by the Track and Field Coaches Alliance, in conjunction with the CIF Section Commissioners, and are honored for their contributions to the sport.



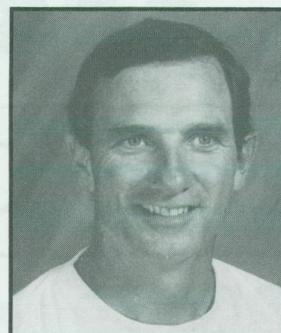
Rich Gunther
Beyer High
CIF Sac-Joaquin Section



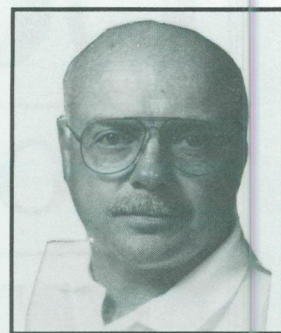
Rod Hunt
Valley High
CIF Sac-Joaquin Section



Curtis Parks
Williams High
CIF Northern Section



Jim Barrett
Pleasant Valley High
CIF Northern Section



Bill Mocnik
Carson High
CIF LA City Section

During his 15 years as head coach, Rich Gunther has placed a high emphasis on personal growth and improvement for athletes of all abilities. In addition to his coaching responsibilities, Rich is the meet director for the CIF Sac-Joaquin Section finals. Annually he directs the Modesto City Track Meet among others. His clubs have posted a 104-83 dual meet record.

During his 18 years as a head track and field coach, Rod Hunt's teams have garnered nine league titles and three CIF Sac-Joaquin Section crowns. He has coached more than 70 state meet athletes. Under his direction, there have been five 100-meter Sac-Joaquin Section champions, while 14 different relay teams have also qualified for the state meet. His '91 1600 relay team holds the Section record (3:14.6).

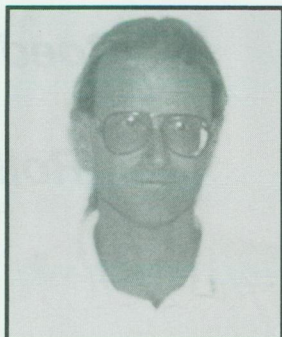
A coach and teacher at Williams High since 1981, Curtis Parks has been head track coach for 12 years and athletic director for 10. He has served on the CIF Northern Section Track Committee for the past nine years and has coached four athletes to the state championships. Curtis calls this honor one of his career highlights, along with being selected as the coach for an All-Star football game.

Jim Barrett started coaching track at Pleasant Valley High in 1975. He has been the head girls' coach ever since, but has also worked with the boys' team. Jim's teams have won league and section championships, while many of his girls' have participated in the state meet. Jim emphasizes growth through personal goal setting, which he believes to be the basis of his team's success.

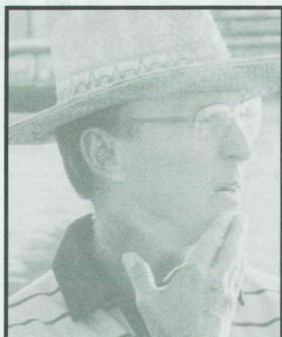
With 17 years of coaching experience, Bill Mocnik has a vast knowledge of track and field. Bill has been the head coach at Carson High for the past 10 years and has served as inspector for the CIF Southern Section Divisional and Masters Meet since 1981. His teams have won five league titles and placed as high as third at the state championships. Carson has a dual meet record of 49-20 under Mocnik.



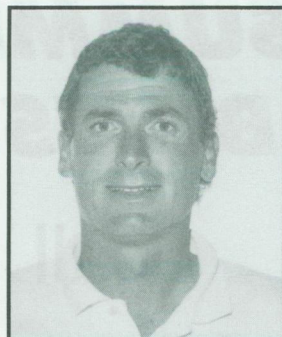
Frank Asman
Van Nuys High
CIF LA City Section



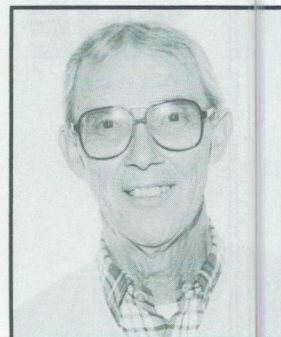
Mike Cummings
Orange Glen High
CIF San Diego Section



Chuck McIntire
Mira Mesa High
CIF San Diego Section



Gerry Geraghty
San Ramon Valley High
CIF North Coast Section



Gene DeSoto
Santa Rosa High
CIF North Coast Section

For Frank Asman, track and cross country coach at Van Nuys High, winning meets has never been the most important part of the job. Throughout a long and distinguished career, Asman has always valued developing a relationship with his athletes and preparing them for life. In his 32 years at Van Nuys High, Asman has produced many league champions and coached numerous state qualifiers.

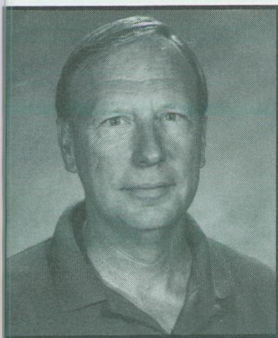
Mike Cummings has provided leadership and inspiration as head track and field coach at Orange Glen High for 11 years. Mike models and develops within student-athletes a winning philosophy which heralds patience and hard work. His teams have produced numerous CIF San Diego Section champions and state meet finalists.

With a wealth of coaching experience, Chuck McIntire continues to gain respect from the coaching community. McIntire, the head coach at Mira Mesa, has been coaching for 35 years - 20 of those in the sport of track and field. McIntire's teams won a league championship in 1987.

Between coaching the San Ramon Valley High track team, Gerry Geraghty has managed to create a bond with his athletes. Coaching since 1980 at San Ramon Valley, Geraghty's girls teams have recorded a 72-26 record, including four league championships. Seven times during that period his teams have placed in the NCS top five.

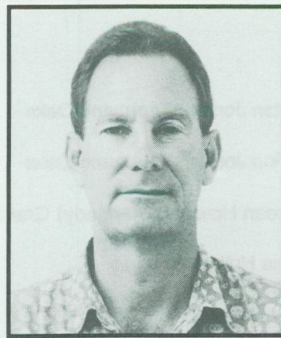
With six grown boys of his own, it only figures that Santa Rosa High track coach Gene DeSoto would be successful coaching young men. DeSoto believes that participation, not winning, is the important thing. His teams have posted a win-loss record of 83-27 and captured three North Bay League championships and one CIF North Coast Section title.

1994 CIF Track and Field Honor Coaches



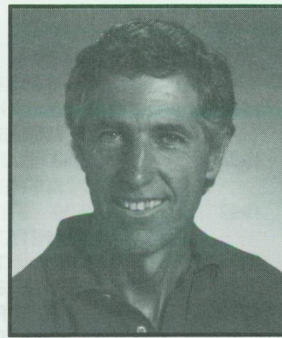
Don Robinson
Hoover High
CIF Central Section

Don Robinson has been the head track coach at Hoover High in Fresno since 1976. During his tenure his teams have won eight boys and girls Fresno City team titles, while his boys have won two league championships and his girls three. His girls' teams have also claimed two CIF Central Section championships. Don was named California Track and Running News Girls Track Coach of the Year in 1991.



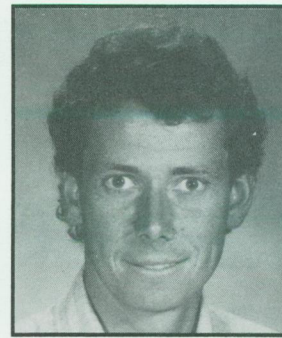
Ad Fancon
Taft Union High
CIF Central Section

Unlike most coaches, Ad Fancon has the distinction of coaching his daughter at Taft Union High School. Lori Fancon was a state meet qualifier as a junior last season. Ad has coached for 23 years, 22 of those at Taft Union. He also spent some time as a coach in the Peace Corps from 1972-74 in the Phillipines. Fancon is a graduate of Cal State Northridge, where he earned a teaching credential in 1969.



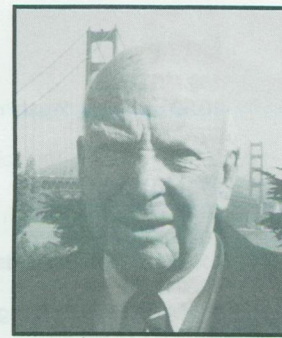
Thomas Tute
St. Francis High
CIF Central Coast Section

Thomas Tute has been the track coach at St. Francis High since 1966. A graduate of San Jose State University, his teams have won six West Catholic Athletic League Varsity Track Championships, five DeAnza Athletic League girls cross country championships and three CIF Central Coast Section girls cross country championships. He has co-directed the CCS Region II Track and Field finals.



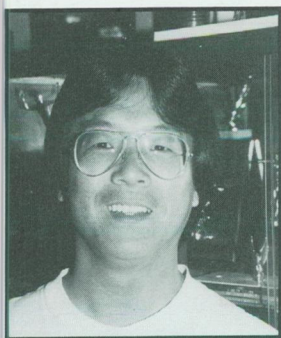
Roger O'Sullivan
N. Monterey County HS
CIF Central Coast Section

Roger O'Sullivan, the track coach at North Monterey County High for 11 years, is a graduate of Marquette University. He received a Counselor Educational Masters Degree from San Jose State. Roger's girls teams have amassed an overall record of 32-5, and have never finished lower than 2nd in league. He has coached nine athletes who have qualified for competition at the state track championships.



Bill Bahr
McAteer High
CIF San Francisco Section

In his 42 years of coaching, Bill Bahr's greatest thrills still come from seeing his kids enjoy the sport. Bahr has had a highly successful run as a coach. His boys teams have won six straight CIF San Francisco Section championships dating back to 1986. Over the past 2-plus seasons his boys are 35-0 in dual meet competition. Bahr, who competed in track in college, has been a track and field starter for 26 years.



Kevin Fong
Galileo High
CIF San Francisco Section

Kevin Fong, a Galileo High graduate, is a former CIF San Francisco Section champion in the pole vault. He competed for San Francisco State where he led the Gators in scoring at the 1982 NCAC Championships. Upon completing his athletic career, Kevin began coaching and has been a part of five San Francisco Section championship teams.



John Mahr
Hesperia High
CIF Southern Section

John Mahr is a highly honored track coach and teacher. He was selected as his school district's Teacher of the Year in 1990 and has coached track and field for 13 years, including two in college. His boys teams have won six San Andreas League titles with Mahr at the helm, while his girls team have compiled a 46-17 dual meet record.



Brian FitzGerald
Rio Mesa High
CIF Southern Section

In his 14 years of coaching, Brian FitzGerald's girls teams have won an amazing 114 dual meets while losing just 11. His 1988 girls team won the CIF State Track and Field Championship and he has coached two National Athletes of the Year: Angela Burnham and Marion Jones. Brian was selected Teacher of the Year in his school district in 1990-91.

Congratulations

to the 1994

Track and Field

Honor Coaches

CIF STATE TRACK AND FIELD CHAMPIONSHIP RECORDS

Boys

100 METERS			
10.30	Riley Washington, (Southwest) San Diego	1992	
200 METERS			
20.77	Henry Thomas, Hawthorne	1984	
400 METERS			
45.25	Calvin Harris, North Salinas	1993	
800 METERS			
1:47.31	Pete Richardson, Berkeley	1981	
1600 METERS			
4:05.4	Mark Schilling, Garden Grove	1972	
3200 METERS			
8:44.9	Eric Hulst, Laguna Beach	1975	
110 METER HIGH HURDLES			
13.41	Steve Kerho, Mission Viejo	1982	
300 METER INTERMEDIATE HURDLES			
35.50	George Porter, (Cabrillo) Lompoc	1985	
400 METER RELAY			
40.78	John Muir, Pasadena	1987	
1600 METER RELAY			
3:08.94	Berkeley	1981	
HIGH JUMP			
7'3 1/4"	Lee Balkin, Glendale	1979	
LONG JUMP			
26'4 3/4"	James Stallworth, Tulare	1989	
POLE VAULT			
17'1/2"	Anthony Curran, (Crespi) Encino	1978	
TRIPLE JUMP			
52'4 3/4"	Ken Frazier (Mission) San Francisco	1981	
SHOT PUT			
74'4 3/4"	Brent Noon, Fallbrook	1990	
DISCUS THROW			
203'4"	Brian Blutreich, (Cap. Valley) Mission Viejo	1985	
	Rob Powell, Redwood	1990	

Girls

100 METERS			
11.14	Marion Jones, Thousand Oaks	1992	
200 METERS			
22.83	Marion Jones, Thousand Oaks	1992	
400 METERS			
52.39	Denean Howard, (Kennedy) Granada Hills	1982	
800 METERS			
2:04.91	Trena Hull, Compton	1984	
1600 METERS			
4:39.92	Polly Plumer, (University) Irvine	1982	
3200 METERS			
10:08.14	Cory Schubert, (Del Mar) San Jose	1983	
100 METER LOW HURDLES			
13:34	Janeene Vickers, Pomona	1987	
300 METER LOW HURDLES			
40.26	Janeene Vickers, Pomona	1987	
400 METER RELAY			
45.13	Berkeley	1981	
1600 METER RELAY			
3:37.71	Kennedy, Granada Hills	1981	
HIGH JUMP			
6'2"	Latrese Johnson, Clovis	1985	
LONG JUMP			
22'0 1/2"	Marion Jones, Thousand Oaks	1993	
TRIPLE JUMP			
43'11 1/2"	Juliana Yendork, Walnut	1991	
SHOT PUT			
52'11 1/2"	Kristin Heaston, Ygnacio Valley	1993	
DISCUS THROW			
172'11"	Leslie Deniz, Gridley	1980	

U.S. NATIONAL HIGH SCHOOL RECORDS

Boys

100 METERS			
9.9	Henry Neal, Greenville, TX	1990	
200 METERS			
20.0	Roy Martin, Dallas, TX, Roosevelt	1985	
400 METERS			
45.25	Calvin Harrison, North Salinas, CA	1993	
800 METERS			
1:47.31	Pete Richardson, Berkeley, CA	1981	
1600 METERS			
3:58.30	Jim Ryun, Wichita, KS, East	1965	
3200 METERS			
8:41.50	Steve Prefontaine, Coos Bay, OR, Marshfield	1969	
110 METER HIGH HURDLES			
12.9	Renaldo Nehemiah, Fanwood, NJ, Scotch Plains	1977	
300 METER INTERMEDIATE HURDLES			
35.32	George Porter, Lompoc, CA, Cabrillo	1985	
400 METER RELAY			
40:39.9	Jasper, TX	1991	
1600 METER RELAY			
3:07.40	Hawthorne, CA	1985	
HIGH JUMP			
7'5 1/4"	Dothel Edwards, Athens, GA, Cedar Shoals	1984	
LONG JUMP			
26'4 3/4"	James Stallworth, Tulare	1989	
POLE VAULT			
17'9 1/2"	Joe Dial, Narlow, OK	1981	
TRIPLE JUMP			
52'10 1/2"	Charles Mayfield, Pasadena, CA, John Muir	1980	
SHOT PUT			
77'0"	Michael Carter, Dallas, TX, Jefferson	1979	
DISCUS THROW			
224'3"	Kamy Keshmiri, Reno, NV	1987	

Girls

100 METERS			
11.14	Marion Jones, Thousand Oaks, CA	1992	
200 METERS			
22.67	Marion Jones, Thousand Oaks, CA	1992	
400 METERS			
52.39	Denean Howard, Granada Hills, CA, Kennedy	1982	
800 METERS			
2:04.5	Joletta Clark, Maplewood, NJ, Columbia	1980	
1600 METERS			
4:39.4	Laura Matson, Andover, Bloomfield Hills, MI	1985	
3200 METERS			
10:03.07	Erin Keogh, Langley, VA, McLean	1987	
100 METER LOW HURDLES			
13.2	Tanya Davis, Houston Sterling, TX	1985	
300 METER LOW HURDLES			
40.18	Leslie Maxie, Millbrae, CA, Mills	1984	
400 METER RELAY			
45.11	Hawthorne, CA	1985	
800 METER RELAY			
1:36.7	Dallas Carter, TX	1993	
1600 METER RELAY			
3:37.69	Pasadena, CA John Muir	1985	
HIGH JUMP			
6'3"	Amy Acuff, Corpus Christi, Calallen TX	1992	
LONG JUMP			
22' 1 3/4"	Kathy McMillian, Raeford, NC, Hoke County	1976	
TRIPLE JUMP			
44-0 1/2"	Juliana Yendork, Walnut, CA	1991	
SHOT PUT			
53'7 3/4"	Natalie Kaaiawahia, Fullerton, CA	1983	
DISCUS THROW			
178'6"	Suzy Powell, Downey Modesto, CA	1993*	

*threw 178-8 at Arcadia this year (record still pending)

PAST CIF STATE TRACK AND FIELD TEAM CHAMPIONS

BOYS

School	Points	Coach	Location	Dates
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	4/3/1915
Manual Arts, Los Angeles	37 1/2	Otto Fritsch	YMCA Field, Los Angeles	4/8/1916
Coalinga	25	Charles Geer	Berkeley	4/28/1917
Pasadena	25	George Main	Sacramento Fair	4/27/1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	4/26/1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	4/24/1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	4/30/1921
Huntington Beach	16	Ray Walker	Stockton Fair	5/6/1922
Hollywood	17 1/2	William Paige	Occidental College, Los Angeles	5/12/1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	5/10/1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	5/9/1925
Polytechnic, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	5/8/1926
Glendale	35	Norman Hayhurst	Modesto High	5/7/1927
Polytechnic, Long Beach	21	Norman Baker	Selma High	5/5/1928
San Diego	22 3/4	Glenn Broderick	Los Angeles Coliseum	5/11/1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	5/10/1930
San Diego (tie)	11	Glenn Broderick		
Santa Ana (tie)	11	G.A. "Tex" Oliver		
Polytechnic, Los Angeles	19 1/2	Edward Leahy	Visalia	5/23/1931
Polytechnic, Long Beach	22 1/2	Norman Baker	Modesto Junior College	5/2/1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	5/20/1933
Muir, Pasadena	15 1/2	Albion Walton	Edwards Stadium, Berkeley	5/26/1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	5/25/1935
Muir, Pasadena	18	Albion Walton	Gridley High	5/23/1936
Jefferson, Los Angeles	23 1/2	Harold Edelson	Wilson High, Long Beach	5/22/1937
San Diego	18 1/2	Glenn Broderick	San Benito High, Hollister	5/28/1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	5/27/1939
Bakersfield	18 1/2	"Cap" Haralson	Visalia High	5/25/1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	5/24/1941
Redondo	21	Harold Grant	Compton College	5/25/1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	5/31/1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	5/29/1948
Jefferson, Los Angeles	28 1/2	Estel Johnson	Los Angeles Coliseum	5/28/1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	5/27/1950
Jefferson, Los Angeles	16 1/2	Estel Johnson	Edwards Stadium, Berkeley	5/26/1951
Jefferson, Los Angeles	30 1/2	Estel Johnson	Los Angeles Coliseum	5/24/1952
Manual Arts, Los Angeles	16 3/5	Charles Toney	Ratcliffe Stadium, Fresno	5/29/1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	5/29/1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	5/28/1955
Jefferson, Los Angeles	24 2/3	Estel Johnson	Chico State College	6/2/1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	6/1/1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	5/31/1958
Manual Arts, Los Angeles (tie)	11	Charles Toney		
Polytechnic, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	5/29/1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium	6/4/1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	6/3/1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	6/2/1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	5/31-6/1/1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	6/5-6/1964
Polytechnic, Long Beach (tie)	13	Leon Forman		
Polytechnic, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	6/4-5/1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	6/3-4/1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	6/2-3/1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	5/31-6/1/1968
Los Angeles	22	E. Bravo	UCLA	6/6-7/1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	6/5-6/1970
Lompoc	13	Frank Hiatt	UCLA	6/4-5/1971
Sacramento	18**	Scotty Bingham	Oroville High	6/1-2/1972
Wilson, San Francisco	20	Adam Banks	Woodland High	6/1-2/1973
Muir, Pasadena	23**	Walter Opp	Memorial Stadium, Bakersfield	5/31-6/1/1974
Harry Elis, Richmond	22	Silvester Greenwood	San Diego	6/6-7/1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	U.C. Berkeley	6/4-5/1976
San Fernando, Los Angeles (tie)	12	John Wachtler		
Pasadena	26	Bob Pruitt	UCLA	6/3-4/1977
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	6/2-3/1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	6/1-2/1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	6/6-7/1980
Berkeley	58	Willie White	Cerritos College, Norwalk	6/5-6/1981
Crenshaw, Los Angeles (Tie)	20	Bob Volles	Hughes Stadium, Sacramento	6/4-5/1982
Mission Viejo (Tie)	20	Gene Gurley		

PAST CIF STATE TRACK AND FIELD TEAM CHAMPIONS

BOYS (cont.)

School	Points	Coach	Location	Dates
Hawthorne	40**	Kye Courtney	Memorial Stadium, Bakersfield	6/4/1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	6/2/1984
Hawthorne	29	Kye Courtney	Sacramento	5/31/1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	6/6/1986
Hawthorne	34	Kye Courtney	Sacramento	6/5/1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	6/3/1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	6/2-3/1989
Muir	24	Clyde Turner	Cerritos College, Norwalk	6/1-2/1990
Compton	30	Curtiss Seymore	Cerritos College, Norwalk	5-31-6-1/1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	6/5-6/1992
Merced (tie)	36	Greg MCKinstry	Cerritos College, Norwalk	6-19/1993***
North Salinas (tie)	36	Ed Barber		

* No meets held during the World War II period (1941-45)

** Reported figures for finals. Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1 1/2 from 1929 to 1965; 6-4-3-2-1 from 1966 to 1979; and 10-8-6-5-4-3 since 1980

*** Meet rescheduled due to rain

GIRLS

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	5/31-6/1/1974
Washington, Los Angeles	22	Arnice Reddick	San Diego	6/6-7/1975
Berkeley	20	Willie White	U.C. Berkeley	6/4-5/1976
Locke, Los Angeles	14	Cherie Muller-Williams	UCLA	6/3-4/1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	6/2-3/1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	6/1-2/1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	6/6-7/1980
Berkeley	64	Willie White	Cerritos College, Norwalk	6/5-6/1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	6/4-5/1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	6/4/1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	6/2/1984
Muir, Pasadena	55	Jim Brownfield	Sacramento	5/31/1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	6/6/1986
Pomona	30	Isaiah Sanders	Sacramento	6/5/1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	6/3/1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres		
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	6/2-3/1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	6/1-2/1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	5-31-6-1/1991
Long Beach Poly	39	Don Norford	Cerritos College, Norwalk	6/5-6/1992
Long Beach Poly	56	Don Norford	Cerritos College, Norwalk	6-19/1993***

Scoring system used were 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980.

*** Meet rescheduled due to rain

CIF STATE TRACK AND FIELD TEAM RECORDS

BOYS

Most State Championships

- 8 - Jefferson, Los Angeles (1938, 49-52, 56, 62, 64)
- 7 - Manual Arts, Los Angeles (1915, 16, 19, 24, 25, 53, 58)
- 6 - Hawthorne (1983-85, 1987-89)
- 5 - Polytechnic, Long Beach (1928, 32, 59, 64-65)
- 5 - Muir, Pasadena (1934, 36, 67, 74, 90)

Most Consecutive State Championships

- 4 - Jefferson, Los Angeles (1949-52)
- 3 - Hawthorne (twice; 1983-85, 1987-89)

GIRLS

Most State Championships

- 5 - Berkeley (1974, 76, 1981-83)
- 2 - Muir, Pasadena (1985, 1989)
- 2 - Bakersfield (1988, 1990)
- 2 - Long Beach Poly (1991-1992)

Most Consecutive State Championships

- 3 - Berkeley (1981-83)
- 2 - Long Beach Poly (1991-92)

Note: Boys CIF State Track and Field Championships began in 1915 and have been held annually since - excluding the World War II years (1941-45); The CIF Girls State Track and Field Championships were initiated in 1974 and have been held annually since.

CIF STATE TRACK AND FIELD INDIVIDUAL EVENT CHAMPIONS (Boys)

100-Meter Dash

1957 - Preston Griffin (Centennial, Compton)	9.6
1958 - Hubie Watson (Jordan, L.A.)	9.6
1959 - Bill Cowings (Fowler)	9.7
1960 - Bill Cowings (Fowler)	9.7
1961 - Forrest Beaty (Hoover, Glendale)	9.5
1962 - Forrest Beaty (Hoover)	9.5
1963 - Alvin Mann (Edison, Fresno)	9.6
1964 - Jim Hines (McClymonds, Oak.)	9.7
1965 - Harold Busby (Muir, Pasadena)	9.5
1966 - Phil Underwood (Dorsey, L.A.)	9.6
1967 - Mel Gray (Montgomery, Santa Rosa)	9.4
1968 - Bob Ballard (Bellflower)	9.6
1969 - Willie Robinson (Central, El Centro)	9.6
1970 - Alle Carter (Bonita, La Verne)	9.8
1971 - George Reddick (Hamilton, L.A.)	9.6
1972 - Carl McCullough (Sacramento)	9.5
1973 - Elijah Jefferson (Crawford, S.D.)	9.6w
1974 - Elijah Jefferson (Crawford, S.D.)	9.8
1975 - Kevin Williams (San Fernando)	9.4
1976 - Billy Mullins (Hamilton, L.A.)	10.4
1977 - David Russell (Henry, S.D.)	9.61
1978 - Michael Sanford (Pasadena)	9.85
1979 - Bill Green (Cubberley, Palo Alto)	9.59
1980 - Howard Hawkins (Warren, Downey)	10.55
1981 - Ken Robinson (Berkeley)	10.60
1982 - Lew Dunn (North, Riverside)	10.53
1983 - Steve Jones (Burbank, Sacramento)	10.64
1984 - Henry Thomas (Hawthorne)	10.44
1985 - Ron McCree (Madera)	10.49
1986 - Ron McCree (Madera)	10.57
1987 - Quincy Watts (Taft)	10.49
1988 - Darren Stringer (Vacaville)	10.78
1989 - Curtis Conway (Hawthorne)	10.42
1990 - Napoleon Kaufman (Lompoc)	10.57
1991 - Ricky Carrigan (Compton)	10.33w
1992 - Riley Washington (Southwest)	10.30
1993 - Bryan Howard (Canyon Springs)	10.43

200-Meter Dash

1957 - Preston Griffin (Centennial, Compton)	21.3
1958 - Mel Clipper (Muir, Pasadena)	20.7
1959 - Hubie Watson (Jordan, L.A.)	21.6
1960 - Bill Cowings (Fowler)	21.0
1961 - Forest Beaty (Hoover, Glendale)	21.5
1962 - Richard Stebbins (Fremont, L.A.)	20.9
1963 - John House (Muir, Pasadena)	21.3
1964 - Jim Hines (McClymonds, Oak.)	21.5**
1965 - Harold Busby (Muir, Pasadena)	21.0
1966 - Phil Underwood (Dorsey, L.A.)	21.2
1967 - Mel Gray (Montgomery, Santa Rosa)	20.7**
1968 - Willie Deckard (Dorsey, L.A.)	21.7
1969 - Willie Robinson (Central, El Centro)	21.7
1970 - Jackie White (Santa Ana)	21.5
1971 - Chuck Bommarito (Crestmoor, San Bruno)	21.2
1972 - Mike Shavers (Albany)	21.0
1973 - Clancy Edwards (Santa Ana)	21.2
1974 - Millard Hampton (Silver Creek, San Jose)	21.1
1975 - Billy Mullins (Hamilton, L.A.)	21.2
1976 - Billy Mullins (Hamilton, L.A.)	21.6
1977 - David Russell (Henry, S.D.)	20.97
1978 - Michael Sanford (Pasadena)	21.42
1979 - Michael Sanford (Pasadena)	21.00
1980 - Ken Robinson (Berkeley)	21.21
1981 - Kevin Wilhite (Cordova)	20.81
1982 - Antonio Manning (Hamilton)	21.05
1983 - Henry Thomas (Hawthorne)	21.02
1984 - Henry Thomas (Hawthorne)	20.77
1985 - Michael March (Hawthorne)	20.83
1986 - Quincy Watts (Taft, Woodland Hills)	21.03
1987 - Quincy Watts (Taft)	20.99
1988 - Bryan Bridgewater (Washington)	21.00
1989 - Barry Smith (Mission)	20.82
1990 - Napoleon Kaufman (Lompoc)	21.15
1991 - Ricky Carrigan (Compton)	20.84w
1992 - Gentry Bradley (Plux X)	20.97
1993 - Calvin Harrison (North Salinas)	21.12

** Turn (Since 1967, to 220 and then 200 meters were run exclusively around one turn.)

400-Meter Dash

1958 - Dixon Farmer (Miramonte, Orinda)	48.6
1959 - Dixon Farmer (Miramonte)	48.6
1960 - Ullis Williams (Compton)	47.2
1961 - Ullis Williams (Compton)	47.8
1962 - Dennis Diaz (Keppel, Alhambra)	47.8
1963 - Tommie Smith (Lemoore)	47.3
1964 - Fred Banks (Jefferson, L.A.)	47.5
1965 - Randy Julian (Bolsa Grande, Garden Grove)	47.4
1966 - Mike Newton (Whittier)	47.2
1967 - Mike Newton (Whittier)	47.2
1968 - Edesel Garrison (Centennial, Compton)	46.7
1969 - Larance Jons (Lemoore)	46.8
1970 - Rick Brown (Los Altos)	47.8
1971 - Tony Kryosiak (Garden Grove)	46.7
1972 - Robert Harrell (Santa Ana)	47.4
1973 - Ron Whitaker (Wilson, S.F.)	47.0
1974 - Rod Connors (Cordova)	47.7
1975 - John Ware (Sacramento)	47.2
1976 - Darold Harris (Pittsburg)	47.6
1977 - James Sanford (Pasadena)	46.60
1978 - Bill Green (Cubberley, Palo Alto)	46.77
1979 - Tony Banks (Morse, San Diego)	47.28
1980 - Mike Turner (Centennial, Compton)	47.51
1981 - David Timmons (Oakland)	47.09
1982 - Fabian Cooper (Washington)	46.38
1983 - Larry Walker (Edison, Fresno)	47.03
1984 - Chip Rish (Marina)	46.82
1985 - Chip Rish (Marina)	45.7
1986 - Steve Lewis (American, Fremont)	46.59
1987 - Steve Lewis (American, Fremont)	46.7
1988 - Travis Hannah (Hawthorne)	47.02
1989 - Beno Bryant (Dorsey)	47.52
1990 - Mike Sulcer (Muir)	47.54
1991 - Richard Dupree (Roosevelt)	47.21
1992 - Derek Shephard (Lincoln)	46.95
1993 - Calvin Harrison (North Salinas)	45.25

800-Meter Run

1957 - Jim Cerveny (Mission Bay, S.D.)	1:52.7
1958 - Alfred Gentry (Fremont, L.A.)	1:55.4
1959 - Dave Dunbar (Westmoor, Daly City)	1:53.2
1960 - Ray VanAsten (Bonita, La Verne)	1:51.9
1961 - Mike Gibeau (Lincoln, S.F.)	1:53.1
1962 - Doug Parker (Chico)	1:52.2
1963 - Dennis Carr (Lowell, Whittier)	1:50.9
1964 - Bob Hose (Madison, S.D.)	1:57.7
1965 - Richard Joyce (Sierra, Whittier)	1:48.8
1966 - Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967 - Lawrence Banks (Dorsey, L.A.)	1:51.2
1968 - George Alfaro (Pittsburg)	1:52.3
1969 - Ricco Sanchez (Canoga Park)	1:51.6
1970 - Rick Brown (Los Altos)	1:50.6
1971 - Percell Keeling (Morningside, Inglewood)	1:51.9
1972 - Dale Scott (El Cerrito)	1:49.7
1973 - Randy Lopez (Alhambra)	1:52.4
1974 - John Musich (Burbank)	1:51.0
1975 - Conrad Suhr (Leigh, San Jose)	1:51.0
1976 - Wyatt Bishop (Carlmont, Belmont)	1:54.4
1977 - Jim Walters (Estancia, Costa Mesa)	1:49.4
1978 - David Mack (Locke, L.A.)	1:53.83
1979 - David Mack (Locke)	1:50.17
1980 - Peter Quinonez (Tulare)	1:50.11
1981 - Pete Richardson (Berkeley)	1:47.31
1982 - John Phillips (Los Altos)	1:49.99
1983 - Kimmie James (Richmond)	1:50.63
1984 - Eric Schemerhorn (Woodbridge)	1:49.61
1985 - Sean Langer (Bakersfield)	1:51.75
1986 - Vincent Thompson (Locke, L.A.)	1:50.25
1987 - Don Gabor (Amador Valley)	1:52.3
1988 - Mark Senior (Mt. Miguel)	1:51.37
1989 - Gordon Johnson (Piedmont)	1:51.88
1990 - Craig Magress (Santa Teresa)	1:51.66
1991 - Mike Terry (El Modena)	1:53.99
1992 - Mike Katri (Fortuna)	1:49.56
1993 - Vondre Armour (Bakersfield)	1:50.13

1600-Meter Run

1957 - Tim Roelen (San Fernando)	4:20.2
1958 - Woody Covington (Compton)	4:23.7

1600-Meter Run (Cont.)

1959 - Dale Story (Orange)	4:11.0
1960 - Ben Tucker (Polytechnic, S.F.)	4:14.3
1961 - Bruce Bess (La Habra)	4:18.8
1962 - Dennis Carr (Lowell, Whittier)	4:08.7
1963 - Tracy Smith (Arcadia)	4:14.4
1964 - Mike Ryan (Wilcox, Santa Clara)	4:11.2
1965 - Tim Danielson (Chula Vista)	4:08.4
1966 - Tim Danielson (Chula Vista)	4:07.0
1967 - Mike Solomon (Westminster)	4:11.4
1968 - Clifton West (Kennedy, Sacramento)	4:09.0
1969 - Decker Underwood (South, Torrance)	4:12.1
1970 - Brent Tubb (Cleveland, Reseda)	4:12.9
1971 - Brent Tubb (Cleveland)	4:09.6
1972 - Mark Schilling (Garden Grove)	4:05.4
1973 - Alvin Gilmore (Lompoc)	4:11.4
1974 - Rick Kimball (De La Salle, Concord)	4:06.6
1975 - John Johnson (Skyline, Oakland)	4:09.5
1976 - Jim Arriola (Gahr, Cerritos)	4:14.6
1977 - Mark Stillman (Willow Glen, San Jose)	4:06.9
1978 - Paul Medvin (University, L.A.)	4:08.91
1979 - Paul Medvin (University)	4:12.82
1980 - Larry Guinne (Castro Valley)	4:06.18
1981 - Jeff Scott (El Camino, Sacramento)	4:10.06
1982 - Tome Grewe (Carpinteria)	4:08.05
1983 - Jim Frey (Yreka)	4:08.82
1984 - Roman Gomez (Belmont)	4:09.05
1985 - Roman Gomez (Belmont)	4:15.93
1986 - Mark Mastilir (Jesuit, Carmichael)	4:07.81
1987 - Scott Robinson (Bellarmine)	4:07.95
1988 - Reggie Williams (River City)	4:08.78
1989 - Francis O'Neil (San Pasqual)	4:08.67
1990 - Coley Candaele (Carpinteria)	4:06.26
1991 - Daniel DasNeves (Helix)	4:12.22
1992 - Daniel DasNeves (Helix)	4:09.54
1993 - Brian Wilkinson (Merced)	4:08.13

3200-Meter Run

1965 - Ralph Gamez (Berkeley)	9:12.9
1966 - Ralph Gamez (Berkeley)	9:01.6
1967 - Pete Romero (Reedley)	9:00.5
1968 - Ruben Chappins (Excelsior, Norwalk)	9:05.7
1969 - Ruben Chappins (Excelsior)	8:57.0
1970 - Ron Johnson (West, Torrance)	8:55.6
1971 - Dale Fleet (Claremont, S.D.)	8:53.8
1972 - Curtis Beck (Santa Monica)	8:52.3
1973 - Terry Williams (Lompoc)	8:54.8
1974 - Rick Kimball (De La Salle, Concord)	8:46.5
1975 - Eric Hulst (Laguna Beach)	8:44.9
1976 - Eric Hulst (Laguna Beach)	8:57.3
1977 - Frank Assumma (Eisenhower, Rialto)	8:52.9
1978 - Jeff Nelson (Burbank)	8:59.28
1979 - Jeff Nelson (Burbank)	8:47.35
1980 - Andy Diconti (La Canada)	8:55.79
1981 - Jon Butler (Edison, Huntington Beach)	8:46.78
1982 - Harold Kuphaldt (Bella Vista)	8:51.99
1983 - Eric Reynolds (Camarillo)	8:54.75
1984 - Roman Gomez (Belmont)	8:58.91
1985 - Roman Gomez (Belmont)	9:03.05
1986 - Eric Mastilir (Jesuit, Carmichael)	8:44.95
1987 - Paul Thomas (Jesuit, Carmichael)	9:02.82
1988 - Reggie Williams (River City)	8:59.61
1989 - David Welsh (Jesuit)	8:58.08
1990 - Bryan Damerworth (Agoura)	8:53.26
1991 - Dave Hartman (Canyon Country)	8:58.38
1992 - Angel Martinez (San Gabriel)	8:56.34
1993 - Matt Farley (Jesuit Carmichael)	9:04.39

110-Meter High Hurdles

1957 - Ken Overholser (Glendale)	14.3
1958 - Floyd James (Centennial, Compton)	14.1
1959 - Bob Pierce (Burbank)	14.3
1960 - Robert Bonds (Polytechnic, Riverside)	13.9
1961 - Abe Johnson (McClymonds, Oak.)	14.2w
1962 - Ron White (Dorsey, L.A.)	14.0
1963 - Carl Davis (Compton)	13.9
1964 - Earl McCullough (Polytechnic, Long Beach)	14.1
1965 - Bill Persons (San Francisco)	13.8
Rich Miller (Monrovia)	13.8
1966 - Donald Parish (Dorsey, L.A.)	13.9

CIF STATE TRACK AND FIELD INDIVIDUAL EVENT CHAMPIONS (Boys)

110-Meter High Hurdles (Cont.)

1967 - Jerry Proctor (Muir, Pasadena)	13.7
1968 - Kerry Hampton (Polytechnic, S.F.)	14.0
1969 - Jerry Wilson (Roosevelt, Fresno)	13.7
1970 - Alfonzo Hall (Morningside, Inglewood)	13.9
1971 - Charles Jackson (Lompoc)	13.6w
1972 - Daniel Jones (Palo Verde, Blythe)	13.6
1973 - Mike Johnson (Pasadena)	13.6w
1974 - Fred Shaw (Muir, Pasadena)	13.7
1975 - Robert Gains (Kennedy, Richmond)	13.3
1976 - Lloyd Jones (Ganeshia, Pomona)	14.5
1977 - Phillip Johnson (Gardena)	13.66
1978 - Milan Stewart (West Covina)	13.97
1979 - Jim Scannella (San Ramon, Danville)	13.87
1980 - Don Ward (St. Mary's, Berkeley)	13.73
1981 - David Ashford (West Covina)	13.67
1982 - Steve Kerho (Mission Viejo)	13.41
1983 - Mark Boyd (St. Mary's, Berkeley)	13.93
1984 - Raymond Young (Hawthorne)	14.32
1985 - Robert Reading (St. Mary's, Berk.)	13.88
1986 - Terry Johnson (Katella, Anaheim)	13.88
1987 - Dana Hall (Ganeshia)	13.98
1988 - Darrell Thompson (Cerritos)	14.25
1989 - William Henry (Arroyo Grande)	14.05
1990 - Curtis Hawkins (Carson)	14.41
1991 - Issac Carson (Jefferson)	13.67
1992 - Charlie Davidson (Saddleback)	13.94
1993 - Drue Powell (Reseda)	13.87

300-Meter Intermediate Hurdles

1957 - Jesse Bradfor (Shafer)	19.0
1958 - David Douglas (East Bakersfield)	19.0
1959 - Dixon Farmer (Miramonte, Orinda)	19.2
1960 - Robert Bonds (Polytechnic, Riverside)	18.8
1961 - Bill Mackey (East Bakersfield)	19.1
1962 - Ed Moody (McClymonds, Oakland)	18.3
1963 - Alvin Mann (Edison, Fresno)	18.9
1964 - Earl McCulloch (Polytechnic, Long Beach)	18.4
1965 - Manuel Murrell (Polytechnic, Long Beach)	18.2*
1966 - George Farmer (Puente, La Puente)	18.7
1967 - Jerry Proctor (Muir, Pasadena)	18.7**
1968 - Roy Hamley (Lowell, Whittier)	18.8
1969 - Jerry Wilson (Roosevelt, Fresno)	18.3
1970 - Milt Turner (Castlemont, Oakland)	18.6
1971 - Charles Jackson (Lompoc)	18.5
1972 - Daniel Jones (Palo Verde, Blythe)	18.7
1973 - Randall Jeffrey (Los Angeles)	18.7
1974 - Fred Shaw (Muir, Pasadena)	18.9**
1975 - Dedy Cooper (Ellis, Richmond)	36.5
1976 - Charles White (San Francisco)	36.7
1977 - Andre Phillips (Silver Creek, San Jose)	36.43
1978 - Gary Lee (Polytechnic, Long Beach)	36.58
1979 - Gary Lee (Polytechnic, Long Beach)	36.22
1980 - Don Ward (St. Mary's, Berkeley)	36.57
1981 - Walter Murray (Berkeley)	36.26
1982 - Steve Kerho (Mission Viejo)	35.85
1983 - Danny Harris (Perris)	35.52
1984 - George Porter (Cabrillo)	36.10
1985 - George Porter (Cabrillo)	35.50
1986 - Rodney Bradshaw (Saugus)	37.30
1987 - Yki Vallery (Hawthorne)	37.14
1988 - John Montgomery (Independence)	36.43
1989 - John Prudenti (Siena)	37.28
1990 - Rocky Morris (Andrew Hill)	37.46
1991 - Keith Williams (Escondido)	37.28
1992 - Demond Smith (Hawthorne)	37.34
1993 - Kenny Haslip (Muir Pasadena)	37.80

400-Meter Relay

1968 - Centennial, Compton
1969 - Castlemont, Oakland
1970 - Santa Ana
1971 - El Cerrito
1972 - Wilson, San Francisco
1973 - Wilson, San Francisco
1974 - Kennedy, Richmond
1975 - Ellis, Richmond
1976 - Kennedy, Barstow
1977 - Pasadena
1978 - El Cerrito

1979 - Pasadena	
1980 - Washington, Los Angeles	
1981 - Berkeley	
1982 - Oakland	
1983 - Edison, Fresno	
1984 - Berkeley	40.83
1985 - Muir, Pasadena	41.32
1986 - Johnson, Sacramento	41.30
1987 - Muir, Pasadena	40.78
1988 - Oakland	41.33
1989 - Long Beach Poly	41.82
1990 - San Bernardino	41.05
1991 - Compton	41.68
1992 - Morningside	42.04
1993 - Merced	41.42

1600-Meter Relay

1968 - Centennial, Compton	3:14.3
1969 - Los Angeles	3:15.2
1970 - Los Altos	3:15.6
1971 - Castlemont, Oakland	3:13.2
1972 - El Cerrito	3:17.6
1973 - Cordova, Rancho Cordova	3:17.4
1974 - Muir, Pasadena	3:13.8
1975 - Ellis, Richmond	3:15.7
1976 - Pasadena	3:18.2
1977 - Pasadena	3:13.7
1978 - Banning, Wilmington	3:11.57
1979 - Locke, Los Angeles	3:14.04
1980 - Centennial, Compton	3:10.37
1981 - Berkeley	3:08.94
1982 - Compton	3:14.45
1983 - Hawthorne	3:10.11
1984 - Hawthorne	3:09.45
1985 - Hawthorne	3:14.13
1986 - Hawthorne	3:14.79
1987 - Hawthorne	3:11.77
1988 - Hawthorne	3:10.46
1989 - Dorsey	3:12.21
1990 - Muir	3:14
1991 - Morningside	3:15.01
1992 - Morningside	3:15.37
1993 - North Salinas	3:14.19

High Jump

1957 - Robert Avant (Hart, Newhall)	6-8
1958 - Ray Nickleberry (Oxnard)	6-8
Paul Stuber (Bellflower)	6-8
1959 - Paul Stuber (Bellflower)	6-7 1/4
1960 - Archie Green (Oakland)	6-6 1/4
Roger Olsen (Willow Glen, San Jose)	6-6 1/4
1961 - Richard Jones (Bakersfield)	6-8 1/4
1962 - Richard Jones (Bakersfield)	6-7 1/2
Otis Burrell (Jefferson, L.A.)	6-7 1/2
Bob Channell (McLane, Fresno)	6-7 1/2
1963 - Ed Caruthers (Valley, Santa Ana)	6-8
1964 - Gregg Heet (Lowell, Whittier)	6-7 3/4
1965 - Ken Brown (Castlemont, Oakland)	6-8 1/2
1966 - Tom Clyburn (Balboa, S.F.)	6-10
1967 - Reynaldo Brown (Compton)	6-9 1/4
1968 - Reynaldo Brown (Compton)	7-0
1969 - Reynaldo Brown (Compton)	7-0
1970 - Jerry Culp (Oceanside)	7-0 1/4
1971 - Dwight Stones (Glendale)	7-1 1/2
1972 - Carl Miles (Polytechnic, Long Beach)	6-10
1973 - Randy Turner (Wilson, S.F.)	6-6
1974 - Charles Hatch (Wilson, S.F.)	7-0
1975 - Johnny Washington (Fremont, L.A.)	7-0
1976 - John Lane (American, Fremont)	6-11
1977 - Dennis Smith (Santa Monica)	7-2
1978 - Brad Harris (Los Alamitos)	6-11
1979 - Lee Balkin (Glendale)	7-3 1/4
1980 - Greg Denby (Crenshaw, L.A.)	6-10
1981 - Anthony Caire (Plus X, Downey)	7-1
1982 - Maurice Crumby (Balboa, S.F.)	7-2
1983 - Kenny Burke (Westlake)	7-0
1984 - Kenny Burke (Westlake)	7-0
1985 - Mark Webster (Homestead, Cupertino)	6-9
1986 - Derrick Moore (Millikan, Long Beach)	6-10
1987 - Luis F. Juico (Piedmont Hills)	7-1

1988 - Reggie Bettor (antelope Valley)	7-0
1989 - Mark Wilson (Charter Oak)	7-0
1990 - Kevin Carlson (Katella)	7-0
1991 - Avery Anderson (North, Riv.)	7-2
1992 - Griffin Childers (Woodland)	6-11
1993 - Jeff Nadeau (Monroe LA)	7-2

Long Jump

1957 - Luther Hayes (Lincoln, S.D.)	23-8 1/2
1958 - Steve Rogers (Brawley)	24-6
1959 - Effen Jones (Delano)	23-5 3/4
1960 - Walt Roberts (Compton)	24-7 1/4
1961 - Robert McKeever (Fremont, L.A.)	24-3
1962 - James Kennedy (Lincoln, S.D.)	24-5 3/4
1963 - Jerry Williams (Berkeley)	24-3 1/2
1964 - Bobby Bonds (Polytechnic, Riverside)	25-3
1965 - Manuel Murrell (Polytechnic, L.B.)	24-9 3/4
1966 - Doyle Steel (San Diego)	25-3 1/4
1967 - Jerry Proctor (Muir, Pasadena)	25-4 1/2
1968 - Heulon Hewitt (Merced)	24-7
1969 - Lynn Swann (Serra, San Mateo)	24-2 3/4
1970 - Lynn Swann (Serra, San Mateo)	24-2 3/4
1971 - Randy Williams (Edison, Fresno)	26-3 1/4
1972 - Carl McCullough (Sacramento)	24-7
1973 - Jerry Herndon (Cajon, San Bernardino)	25-4 1/2
1974 - James Lofton (Washington, L.A.)	24-3 1/2
1975 - Paul Wilson (Fontana)	24-8 1/2
1976 - Larry Doubly (Manual Arts, L.A.)	25-3 3/4
1977 - Kurt Durham (Oakland)	25-0 3/4
1978 - Dokie Williams (El Camino, Oceanside)	25-1 1/4
1979 - George Gaffney (Lemoore)	24-1 3/4
1980 - Charles Mayfield (Muir, Pasadena)	23-4 3/4
1981 - Ed Tave (Muir, Pasadena)	25-0 1/2
1982 - Eornell Archie (Norte Del Rio)	24-4 3/4
1983 - Johnny Cleveland (Soquel)	24-6 1/2
1984 - Joe Richardson (Pasadena)	24-11
1985 - Larry Nelson (Simi Valley)	24-3 1/4
1986 - Curtis Rodgers (Johnson, Sacramento)	23-10
1987 - Percy Knox (Antelope Valley)	24-6 1/2
1988 - Darcy Gillandersleev (Grant)	24-5 1/2
1989 - James Stallworth (Tulare)	26-4 3/4
1990 - Jerome Price (University City, S.D.)	25-3 1/4
1991 - Steve Stanley (Gardena)	25-1 1/4
1992 - Eugene Dreher (Antelop Valley)	24-1 1/2
1993 - LeAndrew Childs (Inglewood)	24-0

Pole Vault

1957 - Voyce Hendrix (Riverside)	13-6
1958 - John Rose (Hoover, Glendale)	14-1
1959 - Bob Looney (Santa Barbara)	13-8 3/4
1960 - Mike Flanagan (Ganeshia, Pomona)	13-3
Gary Down (Anaheim)	13-3
1961 - Mike Graves (El Cajon)	14- 2 1/4
1962 - Eric Berge (Costa Mesa)	14-3
Bob Richardson (Ganeshia, Pomona)	
1963 - Bill Fosdick (Hill, San Jose)	14-8 3/4
1964 - Paul Wilson (Warren, Downey)	14-4 1/4
1965 - Paul Wilson (Warren)	15-6 1/2
1966 - Wayne Meyes (Foothill, Sacramento)	15-0 3/4
1967 - Tom Reynolds (Morningside)	14-10
1968 - Steve Smith (South, Torrance)	15-3 1/2
1969 - Steve Smith (South)	16-0
1970 - Tom Lindsay (LaSierra, Carmichael)	14-10 1/2
1971 - Tim Quinn (Monroe, Sepulveda)	15-2
1972 - Hubert Black	15-2
1973 - Tim Curran (Crespi, Encino)	16-2 3/4
1974 - Jim Knaub (Lakewood)	16-6
1975 - Keith Schimmel (Villa Park)	15-6
1976 - Tim Hintnaus (Aviation, Redondo Bch)	15-2
1977 - Anthony Curran (Crespi, Encino)	16-0
1978 - Anthony Curran (Crespi)	17-0 1/4
1979 - Clark Elliot (Bellflower)	15-6
1980 - Greg Stull (Troy, Fullerton)	15-10
1981 - Doug Wicks (South, Bakersfield)	15-2
1982 - Scott Christensen (Acalances)	15-6
1983 - Mike Kibort (Saratoga)	15-6
1984 - Moen Ivar (Los Gatos)	16-2
1985 - Brent Burns (Acalanes, Lafayette)	16-2
1986 - Steve Toney (Menlo-Atherton, Ath.)	16-2
1987 - Steve Sloum (Foothill, Santa Ana)	15-6

CIF STATE TRACK AND FIELD INDIVIDUAL EVENT CHAMPIONS (Boys/Girls)

1988 - Tom Richards (San Marcos)	16-0
1989 - Jim Lawrence (Del Mar)	15-6
1990 - Ed Lasquette (Mt. Pleasant)	15-10
1991 - David Cox (Hoover)	16-6
1992 - Clarence Phelps (Christian Brothers)	16-0
1993 - Scott Slover (Leland San Jose)	16-2

Triple Jump

1939 - Jack Laughner (Wilson, Long Beach)	44-8 1/2
1973 - Willie Banks (Oceanside)	49-7 1/4
1974 - Willie Banks (Oceanside)	50-9
1975 - Mike Dobbins (Merced)	49-3
1976 - Greg Caldwell (Fremont, Los Angeles)	51-812W
1977 - Dokie Williams (El Camino, Oceanside)	51-0 1/2
1978 - Dokie Williams (El Camino)	50-4 1/4
1979 - Henry Ellard (Hoover, Fresno)	48-2 1/2
1980 - Freeman Miller (Fremont, Los Angeles)	50-8
1981 - Ken Frezier (Mission, S.F.)	50-10 3/4
1982 - Archie Cornell (Fresno)	50-3 1/4
1983 - Torrey Barr (McLane, Fresno)	50-2 1/2
1984 - Joe Richardson (Pasadena)	51-8 1/4
1985 - Terrence Strong (Bakersfield)	51-912W
1986 - Marcus Hooks (Lakewood)	51-4 1/4
1987 - Joel Smith (Cordova)	50-10
1988 - Tyrone Scott (Mesa Verde)	50-6
1989 - Lenny McGill (Orange Glen)	51-1 1/4
1990 - Poupheet Singbandith (Magnolia)	51-7 3/4
1991 - Offord Rollins (Wasco)	51-4 3/4
1992 - Tony Parrish (Marina)	49-1
1993 - Tony Parrish (Marina)	50-113/4

Shot Put (Boys)

1957 - Clark Branson (Pasadena)	64-0 3/4
1958 - Jack Slocombe (Millikan, Long Beach)	61-4 1/2
1959 - Mike Parker (Turlock)	57-8
1960 - Matthew Baggett (Berkeley)	60-7
1961 - Bill Pace (El Rancho, Pico Rivera)	64-3 1/2
1962 - Jim O'Brien (DeAnza, Richmond)	62-2 1/4
1963 - Bruce Wilshelm (Fremont, Sunnyvale)	63-4 3/4
1964 - Bob Brannan (Los Gatos)	62-7 1/4
1965 - Steve Marcus (Pacific Palisades)	63-111/4
1966 - John Hubbell (Polytechnic, Long Bch)	66-11
1967 - John Buehler (Whittier)	65-3 1/4
1968 - Pete Schmonck (San Dieguito, Encinitas)	63-11
1969 - Sam Cunningham (Santa Barbara)	61-2
1970 - Randy Withrow (Pasadena)	63-8 3/4
1971 - Mark Stevens (Newport Harbor)	67-2 1/4
1972 - Randy Cross (Crespi, Encino)	65-7 1/4
1973 - Jim Niedhart (Newport Harbor)	67-2 1/4
1974 - Dave Kurrasch (Santa Ana)	63-101/2
1975 - Dave Kurrasch (Santa Ana)	65-9 1/2
1976 - Steve Montgomery (Lassen, Susanville)	68-0
1977 - Craig Polley (Sunny Hills, Fullerton)	62-4 1/4
1978 - Dave Porath (Atwater)	65-103/4
1979 - Don Mosebar (Mt. Whitney, Visalia)	62-6 3/4
1980 - Scott Garnett (Muir, Pasadena)	64-4 1/4
1981 - John Frazier (Antelope Valley, Lancaster)	63-83/4
1982 - Pat Kyle (Buena Park)	60-4
1983 - Curt Siscel (Vacaville)	63-9 1/2
1984 - Brian Blutreich (Capistrano Valley)	64-7 1/4
1985 - Brian Blutreich (Capistrano Valley)	68-4
1986 - Brian Boggess (El Capitan, Lakeside)	61-4
1987 - Dave Bultman (Royal, Simi Valley)	67-0
1988 - Kaleaph Carter (Edison, Hunt. Beach)	64-0 1/4
1989 - Brent Noon (Fallbrook)	66-1 1/2
1990 - Brent Noon (Fallbrook)	74-4 3/4
1991 - Mark Parlin (Esperanza)	61-5 1/2
1992 - Pete Swanson (San Benito)	61-3 1/4
1993 - Tyson Lingenfelter (Upland)	60-9 1/2

Discus Throw (Boys)

1959 - Ron Sindow (San Rafael)	176-1
1960 - Alex Darnes (Polytechnic, S.F.)	178-8
1961 - Bob Stoecker (Los Altos)	188-61/2
1962 - Bob Stoecker (Los Altos)	185-11 1/2
1963 - Stan McDonald (Edison, Fresno)	178-1
1964 - Bill Staley (Las Lomas, Walnut Creek)	181-2
1965 - Bruce Naglee (Baltimore, San Jose)	172-31/2
1966 - Jim Peters (Piedmont)	189-1
1967 - Fred DeBernardi (Hart, Newhall)	178-2

1968 - Rory Kenward (San Marcos, Santa Barb.)	183-11
1969 - Chris Adams (Los Altos)	188-0
1970 - Chris Adams (Los Altos)	201-3
1971 - Bob Otto (Porterville)	184-9
1972 - Scott Overton (Los Altos)	185-10
1973 - Lonnie Shelton (Foothill, Bakersfield)	195-5
1974 - Ray Burton (Vacaville)	193-0
1975 - Mike Alberg (Lodi)	171-11
1976 - Scott Endler (Hoover, Fresno)	192-10
1977 - David Thompson (Santa Ynez)	190-0
1978 - David Porath (Atwater)	199-5
1979 - Hand Kraychir (San Jacinto)	192-9
1980 - Paul Dender (Shafter)	192-9
1981 - Antonio Dobbins (Burrroughs, Ridgecrest)	180-10
1982 - Antonio Dobbins (Burrroughs)	191-1
1983 - Barry Estes (Clovis)	183-4
1984 - Tambi Wenj (Fountain Valley)	185-11
1985 - Brian Blueteich (Capistrano Valley, Mission Viejo)	203-4
1986 - Jeff Hooper (Del Campo, Fair Oaks)	187-4
1987 - Dave Bultman (Royal, Simi Valley)	193-6
1988 - John Wirtz (Leland)	192-10
1989 - Derrick Stevens (Bakersfield)	188-2
1990 - Rob Powell (Redwood)	203-4
1991 - Jeff Buckey (Bakersfield)	182-5
1992 - Jeff Buckey (Bakersfield)	186-10
1993 - Chad Peare (Trabuco Hills)	182-2

1976 - Marquite Belk (Silver Creek, San Jose)	55.2
1977 - Valerie Brisco (Locke, L.A.)	55.14
1978 - Arlise Emerson (Westminster)	54.3
1979 - Sherril Howard (San Geronio, San Bernardino)	53.65
1980 - Denean Howard (Kennedy, Gran. Hills)	53.04
1981 - Gervaise McGraw (Ganesh, Pomona)	54.15
1982 - Denean Howard (Kennedy, Gran. Hills)	52.39
1983 - Leslie Maxie (Mills, Millbrae)	53.19
1984 - Choo Choo Knighten (Locke, L.A.)	52.67
1985 - Choo Choo Knighten (Locke)	52.78
1986 - Princess Bennett (Compton)	53.56
1987 - Angela Rolfe (Dorsey)	53.55
1988 - Angela Rolfe (Dorsey)	54.26
1989 - Angela Rolfe (Dorsey)	53.97
1990 - Janice Nichols (Bakersfield)	53.89
1991 - Janice Nichols (Bakersfield)	54.19
1992 - Janice Nichols (Bakersfield)	54.46
1993 - Asha Jaysinghe (Arcadia)	55.45

800-Meter Run (Girls)

1974 - Kathy Costello (Pleasant Hill)	2:10.4
1975 - Kathy Costello (Pleasant Hill)	2:09.2
1976 - Alice Trumbley (Coalinga)	2:13.3
1977 - Ann Regan (Camden, San Jose)	2:08.0
1978 - Ann Regan (Camden)	2:07.93
1979 - Ann Regan (Camden)	2:10.21
1980 - Marilyn Davis (Miramonte, Orinda)	2:09.73
1981 - Donna Curtis (Culver City)	2:06.08
1982 - Rennie Durand (Laguna Beach)	2:06.36
1983 - Kerri Zaleski (Millikan, L.B.)	2:06.41
1984 - Trena Hull (Compton)	2:04.91
1985 - Kristen Dowell (Santa Teresa, San Jose)	2:10.07
1986 - Laura Chapel (University City, S.D.)	2:08.66
1987 - Kimberly McAllister (Locke, L.A.)	2:12.92
1988 - Kathy Roldan (Mt. Whitney)	2:12.11
1989 - Kim Toney (Atascadero)	2:09.33
1990 - Kim Toney (Atascadero)	2:06.13
1991 - Nicole Teter (West Valley)	2:08.14
1992 - Miesha Marzell (Bishop O'Dowd)	2:10.29
1993 - Miesha Marzell (Bishop O'Dowd)	2:09.13

1600-Meter Run (Girls)

1974 - Jill Caldwell (Westminster)	5:02.2
1975 - Kathy Costello (Pleasant Hill)	4:53.5
1976 - Linda Broderick (Tamalpais, Mill Valley)	4:56.8
1977 - Linda Goen (North, Bakersfield)	4:47.8
1978 - Cheri Williams (Livermore)	4:44.95
1979 - Linda Goen (North, Bakersfield)	4:51.08
1980 - Polly Plumer (University, Irvine)	4:46.71
1981 - Polly Plumer (University)	4:42.43
1982 - Polly Plumer (University)	4:44.93
1983 - Cory Schubert (Di Mar, San Jose)	4:44.93
1984 - Shannon Clark (Mt. View)	4:47.52
1985 - Shannon Clark (Mt. View)	4:49.14
1986 - Darcy Arreola (Grossmont, Le Mesa)	4:45.13
1987 - Kira Jorgensen (Vista)	4:45.98
1988 - Kira Jorgensen (Vista)	4:49.54
1989 - Kira Jorgensen (Vista)	4:49.55
1990 - Becky Spies (Livermore)	4:48.74
1991 - Becky Spies (Livermore)	4:45.11
1992 - Shelley Taylor (Edison, Hunt. Bch.)	4:48.52
1993 - Milena Glusac (Fallbrook)	4:50.83

3200-Meter Run (Girls)

1977 - Roxanne Bier (Independence, San Jose)	10:39.7
1978 - Cheri Williams (Livermore)	10:17.71
1979 - Lisa Scaduto (Santa Monica)	10:35.0
1980 - Vicki Cook (Alemany, Mission Hills)	10:14.78
1981 - Vicki Cook (Alemany)	10:12.31
1982 - Vicki Cook (Alemany)	10:16.27
1983 - Cory Shubert (Del Mar, San Jose)	10:08.14
1984 - Kristen O'Hara (Palos Verde)	10:11.82
1985 - Rebecca Chamberlain (Leigh, S. Jose)	10:23.85
1986 - Laurie Chapman (Gunderson, S. Jose)	10:12.86
1987 - Mary Mendoza (Presentation)	10:33.04
1988 - Karen Hecox (South Hills)	10:16.14
1989 - Rayna Cervantes (Montebello)	10:32.95
1990 - Deena Drossin (Agoura)	10:29.60
1991 - Deena Drossin (Agoura)	10:30.71
1992 - Milena Glusac (Fallbrook)	10:28.62

Girls Champions

100-Meter Dash (Girls)

1974 - Janice Wiser (La Jolla)	10.8
1975 - Sandra Howard (Manual Arts, L.A.)	10.7
1976 - Pam Waters (Bell)	11.0
1977 - Jeanette Bolden (Centennial, Compton)	10.48W
1978 - Kella Bolton (Hill, San Jose)	10.92
1979 - Gwen Loud (Westchester)	10.62
1980 - Sharon Ware (Berkeley)	11.42
1981 - Sharon Ware (Berkeley)	11.66
1982 - Gervaise McGraw (Ganesh, Pomona)	11.69
1983 - Lisa Winston (Jordan, Long Beach)	11.73
1984 - Gail Devers (Sweetwater)	11.51
1985 - Tessa Giddens (Locke, L.A.)	11.58
1986 - Angela Burnham (Rio Mesa, Oxnard)	11.78
1987 - Janeene Vickers (Pomona)	11.76
1988 - Angela Burnham (Rio Mesa, Oxnard)	11.52
1989 - Angela Burnham (Rio Mesa, Oxnard)	11.31
1990 - Marion Jones (Rio Mesa, Oxnard)	11.67W
1991 - Marion Jones (Rio Mesa, Oxnard)	11.17
1992 - Marion Jones (Thousand Oaks)	11.14
1993 - Marion Jones (Thousand Oaks)	11.61

200-Meter Dash (Girls)

1974 - Janice Wiser (La Jolla)	24.2
1975 - Pam Waters (Bell)	24.4
1976 - Pam Waters (Bell)	24.8
1977 - Kim Robinson (Westchester)	23.97
1978 - Kella Bolton (Hill, San Jose)	23.53
1979 - Gwen Loud (Westchester)	23.535
1980 - Sheri Howard (Kennedy, Granada Hills)	23.19
1981 - Denean Howard (Kennedy, Gran. Hills)	23.73
1982 - Denean Howard (Kennedy)	23.53
1983 - Lisa Winston (Jordan, L.B.)	23.83
1984 - Paulette Blalock (Compton)	23.59
1985 - Tami Stiles (Hawthorne)	23.45
1986 - Tami Stiles (Hawthorne)	24.02
1987 - Hadette Smith (Quartz Hill)	24.12
1988 - Angela Burnham (Rio Mesa)	23.45
1989 - Angela Burnham (Rio Mesa)	23.56
1990 - Marion Jones (Rio Mesa)	23.71
1991 - Marion Jones (Rio Mesa)	22.91W
1992 - Marion Jones (Thousand Oaks)	22.83
1993 - Marion Jones (Thousand Oaks)	23.14

400-Meter Dash (Girls)

1974 - Vernioica Venezis (Terra Linda, San Rafael)	56.4
1975 - Jodi Anderson (Washington, L.A.)	55.3

CIF STATE TRACK AND FIELD INDIVIDUAL EVENT CHAMPIONS (Girls)

3200-Meters (Cont.)

1993 - Milena Glusac (Fallbrook) 10:42.68

100-Meter Low Hurdles (Girls)

1974 - Yvonne Boone (Fremont, Oakland) 11.1
 1975 - Yvonne Boone (Fremont) 10.1
 1976 - Tuti Lee (Merced) 10.7
 1977 - Kris Costello (Lynbrook, San Jose) 13.97
 1978 - Kris Costello (Lynbrook) 13.83
 1979 - Janet Yarborough (Clovis) 14.01
 1980 - Judy Young (Berkeley) 13.52w
 1981 - Sherifa Sanders (Berkeley) 13.74
 1982 - Natalie Spinks (Skyline) 13.88
 1983 - Chewauki Knighten (Locke, L.A.) 13.88
 1984 - Gail Devers (Sweetwater) 13.41
 1985 - Lana Cantrell (Muir, Pasadena) 13.57
 1986 - Janeene Vickers (Pomona) 13.74
 1987 - Janeene Vickers (Pomona) 13.34
 1988 - Michelle Decoux (Bishop O'Dowd) 13.91
 1989 - Felice Lipscomb (Santa Monica) 13.69
 1990 - Felice Lipscomb (Santa Monica) 13.58
 1991 - Pheirma Woods (Duarte) 14.08
 1992 - Twila Sims (Lompoc) 13.83
 1993 - Bisa Grant (Bishop O'Dowd) 14.11

300-Meter Low Hurdles (Girls)

1981 - Audrey Williams (Saugus) 42.26
 1982 - Gayle Kellon (Walnut) 41.09
 1983 - Gayle Kellon (Walnut) 41.71
 1984 - Leslie Maxie (Mills) 40.90
 1985 - Leslie Maxie (Mills, Millbrae) 41.80
 1986 - Janeene Vickers (Pomona) 41.32
 1987 - Janeene Vickers (Pomona) 40.96
 1988 - Michelle Decoux (Bishop O'Dowd) 42.16
 1989 - Twila Sims (Lompoc) 42.54
 1990 - Felice Lipscomb (Santa Monica) 41.69
 1991 - Erin Blunt (San Pasqual) 43.02
 1992 - Twila Sims (Lompoc) 42.75
 1993 - Angela Harris (Skyline Oak.) 42.78

400-Meter Relay (Girls)

1974 - Berkeley
 1975 - Muir, Pasadena
 1976 - Muir, Pasadena
 1977 - Crawford, San Diego
 1978 - Jordan, Los Angeles
 1979 - Westchester
 1980 - Kennedy, Granada Hills
 1981 - Berkeley
 1982 - Dorsey, Los Angeles
 1983 - Hawthorne 46.56
 1984 - Hawthorne 45.99
 1985 - Hawthorne 45.95
 1986 - Hawthorne 45.54
 1987 - St. Francis, Mountain View 45.95
 1988 - Hawthorne 47.10
 1989 - Muir, Pasadena 46.46
 1990 - Bakersfield 46.49
 1991 - Morningside 46.38
 1992 - Morningside 46.34
 1993 - Long Beach Polay 45.74

1600-Meter Relay (Girls)

1974 - Berkeley 3:46.4
 1975 - Washington, Los Angeles 3:44.5
 1976 - Fremont, Los Angeles 3:55.9
 1977 - Locke, Los Angeles 3:52.1
 1978 - Fremont, Los Angeles 3:51.93
 1979 - San Geronio, San Bernardino 3:44.05
 1980 - Kennedy, Granada Hills 3:37.98
 1981 - Kenndey, Granada Hills 3:37.17
 1982 - Dorsey, Los Angeles 3:41.72
 1983 - Dorsey, Los Angeles 3:46.24
 1984 - Locke, Los Angeles 3:38.65
 1985 - Muir, Pasadena 3:43.30
 1986 - Compton 3:42.31
 1987 - Long Beach Poly 3:45.20
 1988 - Hawthorne 3:47.32
 1989 - Hawthorne 3:46.59
 1990 - Morningside, Inglewood 3:44.16
 1991 - Long Beach Poly 3:48.85
 1992 - Long Beach Poly 3:45.91
 1993 - Long Beach Poly 3:42.75

High Jump

1974 - Pam Blackburn (Bubberley, Palo Alto) 5-8
 1975 - Kim Maddox (Los Angeles) 5-8
 1976 - Kari Gosswiller (Upland) 5-10
 1977 - Kari Gosswiller (Upland) 5-9
 1978 - Sue McNeal (Carlsbad) 5-10 1/4
 1979 - Tonya Alston (Chico) 5-9
 1980 - Karen Lysaght (St. Francis, Sac.) 6-0
 1981 - Katrina Johnson (Marshall, Pasadena) 5-10
 1982 - Katrina Johnson (Marshall, Pasadena) 5-11
 1983 - Tonya Mendonca (Mt. Whitney, Visalia) 6-1
 1984 - Wendy Brown (Woodside) 6-1 1/4
 1985 - Latrese Johnson (Clovis) 6-2
 1986 - Yleana Carrasco (Anahelm) 5-10
 1987 - Lynn Patrick (Serra, San Diego) 5-10
 1988 - Crissy Mills (Campbell Hall) 5-10
 1989 - Crissy Mills (Campbell Hall) 6-0
 1990 - Chi Johnson (Menlo-Atherton) 5-8
 1991 - Tanya Smith (Cordova) 5-11
 1992 - Kristy Kieruff (Esperanza) 5-10
 1993 - Tracye Lawyer (Cate Carpinteria) 5-10

Long Jump

1974 - Jodi Anderson (Washington, L.A.) 19-7
 1975 - Jodi Anderson (Washington) 19-6 1/2
 1976 - Jodi Anderson (Washington) 20-0 1/4
 1977 - Lisa Gourdine (El Toro) 19-1
 1978 - Kathy Hayes (Madera) 19-3
 1979 - Gwen Loud (Westchester) 20-4 1/2
 1980 - Marlene Harmon (Thousand Oaks) 20-8 3/4
 1981 - Chris Mose (El Cajon) 18-10 1/4
 1982 - Wendy Brown (Woodside) 19-10 1/2
 1983 - Gail Devers (Sweetwater) 19-6
 1984 - Wendy Brown (Woodside) 20-9 3/4
 1985 - Yvette Roberts (Washington UnionEaston) 19-1
 1986 - Madette Smith (Quartz Hills) 20-4 3/4
 1987 - Karen Lawson (St. Francis, Mt. View) 19-1 1/2
 1988 - Tonya Conner (Barstow) 19-5 3/4
 1989 - Juliana Yendork (Walnut) 20-2 1/2

1990 - Julliana Yendork (Walnut) 20-1 1/2
 1991 - Julliana Yendork (Walnut) 20-7 1/2
 1992 - Kam Warner (West, Bakersfield) 20-6 1/4
 1993 - Marion Jones (Thousand Oaks) 22-0 1/2

Triple Jump

1982 - Wendy Brown (Woodside)
 1983 - Wendy Brown (Woodside) 40-3
 1984 - Wendy Brown (Woodside) 42-10 1/2
 1985 - Sheila Hudson (Rio Linda) 41-10w
 1986 - Felicia Harris (San Lorenzo) 40-2
 1987 - Kim Lassar (Northgate) 39-6 1/4
 1988 - Stacy Thompson (Morse) 39-1
 1989 - Julliana Yendork (Walnut) 41-10
 1990 - Julliana Yendork (Walnut) 42-0 1/4
 1991 - Julliana Yendork (Walnut) 43-6 1/2
 1992 - Kayla Montgomery (Clovis West) 39-11 1/4
 1993 - Cheaza Figueroa (Quartz Hill) 40-1 1/4

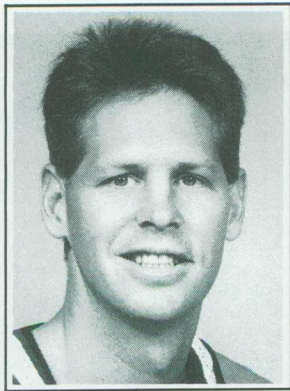
Shot Put

1974 - Kathy Devine (Mission Bay, San Diego) 47-4 1/2
 1975 - Kathy Devine (Mission Bay) 42-3 3/4
 1976 - Becky Daniel (Newport Harbor) 42-9 3/4
 1977 - Debra Thorntana (Sacramento) 43-9
 1978 - Kerry Zwart (Cresenta Valley) 45-11 1/2
 1979 - Susie Ray (Villa Park) 48-4 1/2
 1980 - Natalie Kaaiwahia (Fullerton) 48-4 1/2
 1981 - Natalie Kaaiwahia (Fullerton) 51-8 1/2
 1982 - Natalie Kaaiwahia (Fullerton) 50-3
 1983 - Natalie Kaaiwahia (Fullerton) 52-7 1/2
 1984 - Pam Alexander (Arlington) 46-3 1/2
 1985 - Elaine Oden (Irvine) 46-11 3/4
 1986 - Brandi Gail (Rowland, Hac. Heights) 45-2 1/2
 1987 - Jenny Wheelchel (Agoura) 43-9 1/2
 1988 - Dawn Dumble (Bakersfield) 48-2 1/2
 1989 - Melissa Weis (Bakersfield) 44-1
 1990 - Dawn Dumble (Bakersfield) 49-3 1/2
 1991 - Mika Hilaire (Pittsburg) 45-4 1/4
 1992 - Kristin Heaston (Ygnacio Valley) 45-3 1/2
 1993 - Kristin Heaston (Ygnacio Valley) 52-11 1/2

Discus Throw

1976 - Kathy Middleton (Poway) 134-5
 1977 - Karen Stampfl (Lassen, Susanville) 137-8
 1978 - Christl Pyle (Hoover, Glendale) 149-3
 1979 - Leslie Deniz (Gridley) 167-1
 1980 - Leslie Deniz (Gridley) 172-11
 1981 - Natalie Kaaiwahia (Fullerton) 162-10
 1982 - Jacque Norton (Mission Viejo) 160-2
 1983 - Natalie Kaaiwahia (Fullerton) 170-1
 1984 - Stacy Hom (Cordova) 159-1
 1985 - Lill Lli (Nogales, La Puente) 162-2
 1986 - Tracy Crawford (South East, S.D.) 156-2
 1987 - Dawn Dumble (Bakersfield) 144-10
 1988 - Melissa Weis (Bakersfield) 159-7
 1989 - Melissa Weis (Bakersfield) 168-0
 1990 - Melissa Weis (Bakersfield) 169-11
 1991 - Celeste Mc Vey (Redlands) 160-11
 1992 - Suzy Powell (Downey Modesto) 169-8
 1993 - Suzy Powell (Downey Modesto) 168-11

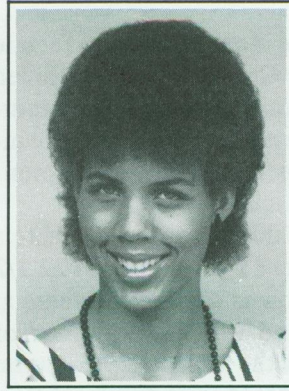
Sportsmanship — A Key to Success



Danny Ainge

"I learned from my high school coaches how hard work and goal setting are not only productive but fun. I learned to appreciate my opportunities to be able to be successful in sports, and sportsmanship played a large role."

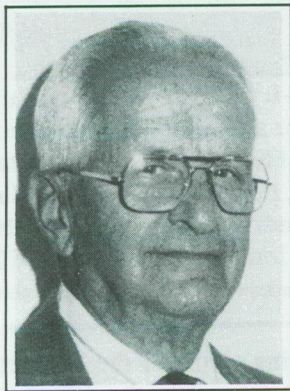
— **Danny Ainge, pro basketball player**
1992 Inductee, National High School Sports Hall of Fame



Cheryl Miller

"What high school athletics taught me most was comradeship — learning to work with others toward a common goal. And the result of hard work, determination, sportsmanship, sacrifice and dedication is success."

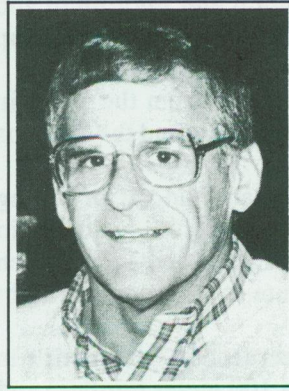
— **Cheryl Miller, college basketball all-American**
1990 Inductee, National High School Sports Hall of Fame



Bill Pack

"I've always loved high school officiating more than any other level because the players are at an age when you can help shape their lives, teach them sportsmanship and feel you have helped them become better citizens."

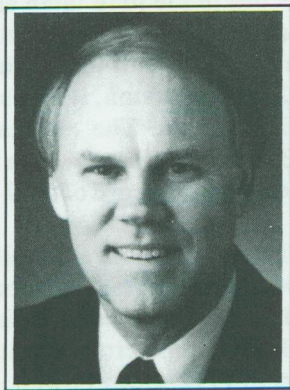
— **Bill Pack, 53-year veteran of high school officiating**
1991 Inductee, National High School Sports Hall of Fame



Joe Cesari

"Athletics is never an end in itself, but rather a means to an end. The discipline, dedication and sportsmanship that kids learn in high school sports is their ticket to anything in life. A dedicated student and athlete will always put something positive back in society."

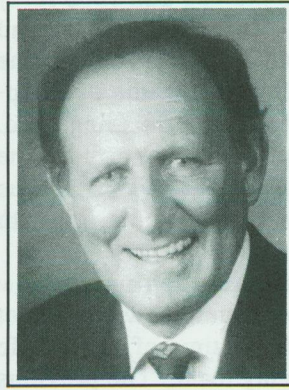
— **Joe Cesari, former high school wrestling coach**
1992 Inductee, National High School Sports Hall of Fame



Jim Bond

"My fondest memories of high school athletics are a winsome and unselfish group of teammates who genuinely enjoyed each other, an extremely gifted coach who was as concerned about his players' ethical and moral conduct and character as he was about their athletic skills and, finally, a great little town called Pampa, Texas."

— **Jim Bond, former all-state basketball player in Texas**
1990 Inductee, National High School Sports Hall of Fame



Ron Waller

"High school athletics teaches discipline, mental and physical toughness, sportsmanship, self-respect as well as respect for your peers. High school sports also provides the ability to cope, improvise and adjust no matter what adversity may arise. I learned to develop a positive and winning attitude."

— **Ron Waller, former professional football player**
1991 Inductee, National High School Sports Hall of Fame



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Jones Crushes State Mark For Individual Titles

Long Beach Poly Girls Take Second Crown; Merced, North Salinas Share Boys Title

Marion Jones, perhaps the most celebrated female track and field athlete ever from the Golden State, concluded her high school career in grand fashion winning three individual titles and shattering the state mark of six career championships at the 1993 CIF State Track and Field Championships held at Cerritos College on Saturday, June 19.

With championships in the 100 meters, the 200 meters and in the long jump - where she set a state record of 22 1/2 - Jones made it nine individual crowns in her four years at both Rio Mesa Oxnard and Thousand Oak High's. Jones, of course, holds the national record in the 100 and 200 meters.

Four other athletes have amassed six individual titles, including Bud Houser of Oxnard from 1920-22 in the shot put and discus, Natalie Kaaiawahia of Fullerton from 1980-83 in the shot and discus, Wendy Brown of Woodside from 1982-84 in the long jump, triple jump and high jump and Juliana Yendork of Walnut from 1989-91 in the long jump and triple jump.

Jones received a rousing ovation from the 5,300 in attendance as she made a last victory run around the Cerritos College course.

Andrea Anderson and Aminah Haddad of Long Beach Poly High spent most of the day chasing Jones (in both the 100 and 200 meters), but at day's end Long Beach Poly emerged with 56 points en route to its second straight team crown.

Miesha Marzell, who took her second straight title in the 800 meters, Bisa Grant (first in 100 meter hurdles) and Crystal Miles-Threat (third in the 400) lifted Bishop O'Dowd Oakland High to 37 points and a second place finish. Thousand Oaks was third with 30 points.

Long Beach Poly took both the 400 and 1600 relay events on the strength of sprinters Anderson, Haddad and Latasha Prothro. Anderson finished second to Jones in the 100, with Haddad placing third. In the 200, the duo flip-flopped with Haddad second and Anderson finishing third.

North Salinas High boys pulled away to win the 1600 relay, the last event of the day, to gain a share of the team title with Merced High. It's the first title for both schools.

Calvin Harrison of North Salinas put on quite a show winning in the 200 meters and the 400 meters, where he set both a state and national record with a time of 45.25. He anchored the North Salinas 1600 relay team. The previous national record in the 400 was 45.5 shared by Anthony Ketchum of Needville, Texas, Roddie Haley of Texarkana, Texas and Deon Minor of Paris, Texas.

Anthony Volsan, who placed third in both the 100 and 200 meters and helped Merced to a first place finish in the 400 meter relay and Brian Wilkinson, a winner in the 1600 meters (4:08.13), were the main cogs for Merced High.

Muir of Pasadena dominated in the hurdles with Kenny Haslip placing first in the 300 meter intermediate



CHAMPIONSHIP TRIO - (L-R) Kristin Heaston, Suzy Powell and Marion Jones pose for a photo on the way home from the Olympic Trials in Seoul Korea. Heaston set a state record in the shot put (52-11 1/2), Powell won the individual title in the discus and Jones took individual crowns in the 100 meters the 200 meters and in the long jump (state record 22 1/2). special thanks to Mrs. Heaston for use of photo.

hurdles and Gerald Stamps finishing second in the 110 meter intermediate hurdles. Muir was second in the 400 meter relays and fourth in the 1600 meter relays and ended up third in the team standings with 30 points.

On the day, three state and one national record was set. In addition to Jones' state record in the long jump and Calvin Harrison's state and national record in the 400, Kristin Heaston of Ygnacio Valley High set a standard in the girls shot put with a throw of 52-11 1/2. For Heaston, it was her second straight CIF State title in the shot. The old state record of 52-7 1/2 was set in 1983 by Natalie Kaaiawahia of Fullerton High, who still holds the national record of 53-7 3/4.

Other highlights included Milena Glusac's rare double in the 1600 meters and the 3200 meters. The Fallbrook sensation has won five individual titles in two sports during her career, winning back-to-back division I cross country crowns and taking the 3200 meters in 1992. Suzy Powell, of Downey Modesto, also took back-to-back titles in the discus, to join Marzell, Jones, Heaston and Glusac as repeat winners on the girls side.

There was one repeat champion on the boys side as Marina High's Tony Parrish was again the winner in the triple jump. Harrison was the lone two-event boys champion, with his titles in the 200 and 400. Jeff Nadeau of Monroe High dazzled the crowd as he challenged the state high jump mark, falling just short at 7-2.

1993 CIF State Track Championship Results - Girls

Girls 100 Meters

1. Marion Jones, Thousand Oaks	11.61
2. Andrea Anderson, Long Beach Poly	11.85
3. Aminah Haddad, Long Beach Poly	12.07
4. Keisha Backus, Long Beach Wilson	12.13
5. Bisa Grant, Bishop O'Dowd Oak.	12.24
6. Kelli White, James Logan	12.55

Girls 200 Meters

1. Marion Jones, Thousand Oaks	23.14
2. Aminah Haddad, Long Beach Poly	23.71
3. Andrea Anderson, Long Beach Poly	23.73
4. Keisha Backus, Long Beach Wilson	24.28
5. Bisa Grant, Bishop O'Dowd Oak.	24.40
6. Kelli White, James Logan	25.51

Girls 400 Meters

1. Asha Jaysinghe, Arcadia	55.45
2. Jeronda White, Morningside Inglewood	55.72
3. Crystal Miles-Threat, Bishop O'Dowd	55.78
4. Lashawn Stringer, Morningside Ingle.	55.81
5. Latasha Prothro, Long Beach Poly	55.91
6. Malika Freeman, Skyline Oakland	56.50

Girls 800 Meters

1. Miesha Marzell, Bishop O'Dowd Oak.	2:09.13
2. Kristie Johnston, Central Fresno	2:11.65
3. Sherron Rhetta, Long Beach Poly	2:11.68
4. Barbie Jones, San Marcos	2:13.20
5. Vicky Fleschner, Fortuna	2:13.68
6. Crystal Miles-Threat, Bishop O'Dowd	2:13.71

Girls 1600 Meters

1. Milena Glusac, Fallbrook	4:50.83
2. Erica Sumi, Long Beach Wilson	5:00.15
3. Carrie Caulkins, Esperanza	5:01.01
4. Joanna Cerri, Downey Modesto	5:03.20
5. Michelle Muething, Amador Valley	5:07.10
6. Christina Blackmer, Upland	5:09.28

Girls 3200 Meters

1. Milena Glusac, Fallbrook	10:42.68
2. Kellie Campbell, Corona del Mar	10:55.78
3. Gabriella Rodriguez, Oxnard	11:04.13
4. Kim Nelson, Canyon Anaheim	11:08.45
5. Elyse Homberger, Edison	11:09.30
6. Melissa Keim, San Pasqual	11:09.32

Girls 400 Meter Relay

1. Long Beach Poly	45.74
2. Skyline Oakland	46.33
3. Etiwanda	47.11
4. James Logan	47.35
5. Morningside Inglewood	47.88
6. Morse	48.21

Girls 1600 Meter Relay

1. Long Beach Poly	3:42.75
2. Skyline Oakland	3:43.35
3. Bishop O'Dowd Oakland	3:44.96
4. James Logan	3:48.26
5. Morningside Inglewood	3:53.25
6. University LA	3:58.05

Girls 100 Meter Hurdles

1. Bisa Grant, Bishop O'Dowd	14.11
2. Cavetra Mitchell, Los Alamitos	14.52
3. Meisha McKelvy, Gahr Cerritos	14.53
4. Cheeza Figueroa, Quartz Hill	14.67
5. Jennifer Odom, Independence San Jose	14.97
6. Jenny Berrien, Berkeley	15.06

Girls 300 Meter Hurdles

1. Angela Harris, Skyline Oakland	42.78
2. Crystal Buck, Fontana	44.80
3. Cathy Prater, Agoura	45.29
4. Nicole Thomas, Morningside Inglewood	45.52
5. Kim Couvson, American	46.54
6. Kim Veeder, Los Gatos	46.58

Girls High Jump

1. Tracye Lawyer, Cate Carpinteria	5-10
2. Misty May, Newport Harbor Newport Bch.	5-10
3. Tina Bowman, Newport Harbor New. Bch.	5-9
4t. Danielle Boswell, Bullard Fresno	5-8
4t. Kayla Ross, Newport Harbor Newport Bch.	5-8
6. Alicyn Chappelle, James Logan	5-6

Girls Long Jump

1. Marion Jones, Thousand Oaks	22 1/2 **
2. Amy Littlepage, Mt. Miguel	19-4 1/2
3. Cheeza Figueroa, Quartz Hill	19-0 3/4
4. Jernae Wright, James Logan	18-8 3/4
5. Ebonie Henderson, Bakersfield	18-8
6. Keisha Doby, Lynwood San Jose	18-6 1/4

Girls Triple Jump

1. Cheeza Figueroa, Quartz Hill	40-1 1/4
2. Vanitta Kinard, El Camino Real	39-9 1/2
3. Amy Littlepage, Mt. Miguel	39-0 3/4
4. Tamiaka Porter, Orange Glen	38-6 1/2
5. Christine Sherwood, Watsonville	37-9 1/4
6. Katrina Hall, Franklin	37-8 1/4

Girls Shot Put

1. Kristin Heaston, Ygnacio Valley	52-11 1/2 **
2. Lisa Misipeka, Temecula Valley	45-11
3. Lisa Stephaney, Hoover Fresno	43-11
4. Gina Heads, Newport Harbor New. Bch.	43-6
5. Nada Kawar, Crescenta Valley	43-5 1/4
6. Soozie Shanley, Tulare	42-6 1/2

Girls Discus

1. Suzy Powell, Downey Modesto	168-11
2. Kristin Heaston, Ygnacio Valley	158-11
3. Staci Darden, Sonora	149-0
4. Andrea Bill, University	148-8
5. Soozie Shanley, Tulare	144-6
6. Gina Heads, Newport Harbor New. Bch.	139-6

FINAL TEAM STANDINGS

1. Long Beach Poly	56 (second straight title)
2. Bishop O'Dowd Oakland	37
3. Thousand Oaks	30
4. Skyline Oakland	27
5. Newport Harbor Newport Beach	22
6. Fallbrook, Quartz Hill, Morningside Inglewood (all tied with 20)	

** state record

1993 CIF State Track Championship Results - Boys

Boys 100 Meters

1. Bryan Howard, Canyon Springs	10.43
2. Paul Turner, University City	10.49
3. Anthony Volsan, Merced	10.52
4. Marques Holliwel, West Bakersfield	10.66
5. Lindsey McDonald, Merced	10.67
6. Brian Lewis, Highlands	10.75

Boys 200 Meters

1. Calvin Harrison, North Salinas	21.12
2. Bryan Howard, Canyon Springs	21.53
3. Anthony Volsan, Merced	21.55
4. Pat Johnson, Redlands	22.04
5. Shon Lewis, Wilcox	22.22
6. Leo Settle, Dorsey	22.23

Boys 400 Meters

1. Calvin Harrison, North Salinas	45.25***
2. Andre DeSaussure, Taft	47.11
3. Michael Granville, Bell Gardens	47.78
4. John Lockard, James Logan	48.03
5. Atlas Kendricks, Bakersfield	48.38
6. Derek Favorite, Centennial Corona	48.51

Boys 800 Meters

1. Vondre Armour, Bakersfield	1:50.13
2. Jesse Camp, El Capitan	1:52.97
3. Adrian Garcia, Roosevelt Fresno	1:54.19
4. Matt Silva, San Pasqual	1:54.40
5. Anthony Wheeler, Dorsey LA	1:55.45
6. Nathan Woods, Duarte	1:58.28

Boys 1600 Meters

1. Brian Wilkinson, Merced	4:08.13
2. Morris Giddens, Gardena	4:10.50
3. Mebrahtom Keflazighi, San Diego	4:11.48
4. Mike Prindville, De La Salle	4:11.88
5. Brett Strahan, Hart	4:14.08
6. Juan Pinal, Overfelt	4:15.91

Boys 3200 Meters

1. Matt Farley, Jesuit Sacramento	9:04.39
2. Mebrahtom Keflazighi, San Diego	9:09.26
3. Margarito Casillas, Hoover Glendale	9:13.81
4. Jaime Martinez, Orange	9:15.85
5. Mike Love, Katella	9:17.67
6. Matt Creason, Eureka	9:17.88

Boys 400 Meter Relay

1. Merced	41.42
2. Muir Pasadena	41.53
3. North Salinas	41.63
4. Canyon Springs	41.70
5. University City San Diego	41.86
6. Vallejo	42.01

Boys 1600 Meter Relay

1. North Salinas	3:14.19
2. Foothill Santa Ana	3:14.99
3. Bakersfield	3:16.29
4. Muir Pasadena	3:17.04
5. Merced	3:18.70
6. St. Mary's Berkeley	3:19.67

Boys 110 Meter Hurdles

1. Drue Powell, Reseda	13.87
2. Gerald Stamps, Muir Pasadena	14.23
3. Danny Perryman, Lemoore	14.40

4. Bryon Jones, Arroyo Grande	14.55
5. Gerimi Burleigh, Upland	14.67
6. Henry Barnhill, Mountain View	15:38

Boys 300 Meter Hurdles

1. Kenny Haslip, Muir Pasadena	37.80
2. Adrian Williams, River City	37.83
3. Charlton Jordan, Washington	38.72
4. Bryon Casey, American	38.92
5. Anton Hector, Esperanza	39.02
6. Reuben Parrish, Atwater	39.57

Boys High Jump

1. Jeff Nadeau, Monroe	7-2
2. Jeremy Fischer, Camarillo	7-1
3. Todd Kelly, Big Valley	7-0
4. Jon Roby, Corcoran	6-9
5. James Lincoln, Birmingham	6-8
6. Jim Romero, LA Baptist	6-8

Boys Long Jump

1. LeAndrew Childs, Inglewood	24-0
2. Jesus Reyes, Chino	23-11 3/4
3. Bryan Clark, Fremont	23-4 1/2
4. Jamal Chase, Quartz Hill	23-2 1/2
5. Derrick Mitchell, Mt. Eden	22-10 1/2
6. Jerome Green, Chula Vista	22-9 1/4

Boys Triple Jump

1. Tony Parrish, Marina	50-11 3/4
2. Von Ware, Rancho Buena Vista	49-8
3. Mel Moultry, Beverly Hills	49-2 3/4
4. Ty Gaines, Palmdale	48-9 1/4
5. Jason Sergent, Vallejo	48-7
6. Xavier Howell, Long Beach Poly	47-9 1/4

Boys Pole Vault

1. Scott Slover, Leland San Jose	16-2
2. Robby Weighall, Highland Bakersfield	15-10
3. Tye Harvey, Sonora	15-6
4. Chris Buddin, Orange Glen	15-6
5. Tom Ryan, Bellamine	15-2
6. Jesse Stern, Harvard	15-2

Boys Shot Put

1. Tyson Lingenfelter, Upland	60-9 1/2
2. Jason Young, Newport Harbor Newport Beach	58-10 1/2
3. Chad Peare, Trabuco Hills	57-6 1/2
4. Wade Tift, Newport Harbor Newport Beach	57-2
5. Travis McCullough, Esperanza	55-5 1/2
6. Luke Villanueva, King City	54-9 3/4

Boys Discus

1. Chad Peare, Trabuco Hills	182-2
2. Travis Nutter, Amador Valley	178-9
3. Tyson Lingenfelter, Upland	171-1
4. Tighe Jaffe, Mt. Carmel	164-7
5. Coleman Johnson, Riverside Poly	160-0
6. Billy Bush, Downey Modesto	158-10

BOYS FINAL TEAM STANDINGS

1t. Merced	36 (co-champions)
1t. North Salinas	36 (co-champions)
3. Muir Pasadena	30
4. Canyon Springs	22
5t. Upland	18
5t. Bakersfield	18

***National Record/State Record

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