

**2000 STATE TRACK & FIELD  
CHAMPIONSHIPS**

# 2000 Time Schedule

## Field Event Qualifying (Friday)

Event	Reporting Time	Starting Time
<i>Field Event Clerk of Course</i>		
Girls' Pole Vault	1:00 p.m.	2:00 p.m.
Girls' Discus	2:00 p.m.	3:00 p.m.
Boys' Shot Put	2:00 p.m.	3:00 p.m.
Girls' High Jump	3:00 p.m.	4:00 p.m.
Boys' Long Jump	3:00 p.m.	4:00 p.m.
Girls' Long Jump	3:00 p.m.	4:00 p.m.
Boys' Discus	4:30 p.m.	5:30 p.m.
Boys' Pole Vault	5:00 p.m.	6:00 p.m.
Girls' Shot Put	5:00 p.m.	6:00 p.m.
Boys' High Jump	5:30 p.m.	6:30 p.m.
Boys' Triple Jump	5:30 p.m.	6:30 p.m.
Girls' Triple Jump	5:30 p.m.	6:30 p.m.

## Field-Event Championships (Saturday)

Event	Reporting Time	Starting Time
<i>Field Event Clerk of Course</i>		
Girls' Pole Vault	1:15 p.m.	2:15 p.m.
Girls' Discus	2:00 p.m.	3:00 p.m.
Boys' Shot Put	2:00 p.m.	3:00 p.m.
Girls' High Jump	2:00 p.m.	3:00 p.m.
Boys' Long Jump	2:00 p.m.	3:00 p.m.
Girls' Long Jump	2:00 p.m.	3:00 p.m.
Boys' Pole Vault	4:00 p.m.	5:00 p.m.
Boys' Discus	4:00 p.m.	5:00 p.m.
Girls' Shot Put	4:00 p.m.	5:00 p.m.
Boys' High Jump	4:30 p.m.	5:30 p.m.
Boys' Triple Jump	4:30 p.m.	5:30 p.m.
Girls' Triple Jump	4:30 p.m.	5:30 p.m.

## Track Qualifying (Friday)

5:00	Girls' 400m Relay	(Heat #1)
5:04		(Heat #2)
5:08		(Heat #3)
5:12	Boys' 400m Relay	(Heat #1)
5:16		(Heat #2)
5:20		(Heat #3)
5:24	Girls' 1600m Run	(Heat #1)
5:31		(Heat #2)
5:38	Boys' 1600m Run	(Heat #1)
5:44		(Heat #2)
5:55	Girls' 100m HH	(Heat #1)
6:00		(Heat #2)
6:05		(Heat #3)
6:10	Boys' 110m HH	(Heat #1)
6:15		(Heat #2)

6:20		(Heat #3)
6:24	Girls' 400m Dash	(Heat #1)
6:28		(Heat #2)
6:32		(Heat #3)
6:36	Boys' 400m Dash	(Heat #1)
6:40		(Heat #2)
6:44		(Heat #3)
6:48	Girls' 100m Dash	(Heat #1)
6:52		(Heat #2)
6:56		(Heat #3)
7:00	Boys' 100m Dash	(Heat #1)
7:04		(Heat #2)
7:08		(Heat #3)
7:12	Girls' 800m Run	(Heat #1)
7:17		(Heat #2)
7:22		(Heat #3)
7:27	Boys' 800m Run	(Heat #1)
7:32		(Heat #2)
7:37		(Heat #3)
7:42	Girls' 300m LH	(Heat #1)
7:46		(Heat #2)
7:50		(Heat #3)
7:55	Boys' 300m IH	(Heat #1)
7:59		(Heat #2)
8:03		(Heat #3)
8:08	Girls' 200m Dash	(Heat #1)
8:12		(Heat #2)
8:16		(Heat #3)
8:20	Boys' 200m Dash	(Heat #1)
8:24		(Heat #2)
8:28		(Heat #3)
8:50	Girls' 1600m Relay	(Heat #1)
8:58		(Heat #2)
9:04		(Heat #3)
9:10	Boys' 1600m Relay	(Heat #1)
9:16		(Heat #2)
9:22		(Heat #3)

## Track Qualifying (Saturday)

4:00	Girls' 400m Relay	6:00	Boys' 300m IH
4:08	Boys' 400m Relay	6:10	Girls' 200m Dash
4:19	Girls' 1600m Run	6:17	Boys' 200m Dash
4:28	Boys' 1600m Run	6:25	Girls' 3200m Run
4:44	Girls' 100m HH	6:42	Boys' 3200m Run
4:54	Boys' 110m HH	7:00	Girls' 1600m Relay
5:04	Girls' 400m Dash	7:10	Boys' 1600m Relay
5:11	Boys' 400m Dash		
5:19	Girls' 100m Dash		
5:25	Boys' 100m Dash		
5:34	Girls' 800m Run		
5:42	Boys' 800m Run		
5:53	Girls' 300m LH		

# Weatherspoon Weathers Obstacles to Excel in Track

By Kirby Lee

Alexis Weatherspoon has conquered her biggest obstacles even before stepping into the starting blocks in 100 and 200 meters in the state track and field championships at Cerritos College today.

The junior from Grant High in Van Nuys is fortunate to be even running let alone walking.

Weatherspoon was born with a severely deformed left foot, which protruded outward. She wore orthopedic shoes for a year as an infant to straighten her foot and allow her to walk normally. Weatherspoon has also overcome a childhood battle with epilepsy and had surgery for hernia. In addition, Weatherspoon has asthma.

Weatherspoon pushed the maladies aside to win the 100 and 200 meters in the 1999 City meet. This season, she ranks among the state's best with marks of 11.79 and 24.64. She has also added the long jump and triple jump to her repertoire.

"I can't say I am a walking time bomb, but more like dice," Weatherspoon said. "I am unpredictable. I never know what's going to turn up next."

Particularly her sophomore season. The 5-5 Weatherspoon, who earned All-City honors playing on the Lancers' basketball team, missed nearly three weeks of training with sore knees after jumping into track.

Weatherspoon was also slowed by another hernia, which is unrelated to the one suffered as a child. The condition has limited her training and may require surgery if she overexerts herself. She has also had a long bout with the flu.

Antelope Valley College sprints coach James Harvey, a family friend who serves as a training consultant, said Weatherspoon workouts last season were limited to mostly drills and she has been unable to do any speedwork because of her maladies. There were also times when Weatherspoon came



**Triumph over Tragedy -- Alexis Weatherspoon has beaten the odds to advance to the state meet. photo by Kirby Lee**

close to quitting and broke out into tears because the pain was so great.

"When Alexis says she is in pain, you know she is really hurting," Harvey said. "She has a heart as big as a stadium. What she has been through has been pretty traumatic. We just tried to get through the season without getting hurt. If she got the starting line at the state meet and does not run a single step, she will be happy. That's more than we've asked for."

Weatherspoon's older brother John, 23, also suffered from epilepsy but her younger sister and brother are unaffected. Doctors are unsure of the cause of John and Alexis' epilepsy but hypothesize it may be caused by a lack of oxygen at birth.

Alexis, who was diagnosed in the first grade, has never lost conscious-

ness but suffered mild seizures which caused mental lapses during classes and conversations. She took medication for five years and her seizures appear to be in remission.

A relapse, however, is still in the back of Weatherspoon's mind, particularly with the death of Florence Griffith-Joyner, who suffered from a similar condition and died in her sleep during a seizure.

"I don't want that to be the only thing I have in common with FloJo," Weatherspoon said. "I just space out and stare into space and the next thing I know I would miss a whole lesson in class. Teachers thought I was not paying any attention. When I was talking to people, I wouldn't remember anything they said."

Still, Weatherspoon has been a model student at Grant. Weatherspoon maintains a 3.8 grade-point average and was nominated by the Grant faculty to serve as a liaison for the technology and communication magnet to improve communication between students and teachers.

Weatherspoon is an accomplished jazz and ballet dancer, pianist and violinist and also participated in gymnastics and swimming as a child.

Her uncle is actor John Weatherspoon, who plays "Pops" on the Wayans Bros. television show. Her father Ronald is a songwriter who has written compositions for Diana Ross and the Temptations.

Her mother Loretta knows the risk of Weatherspoon's involvement in sports with epilepsy, asthma and hernia but encouraged her daughter to go out for track as a Grant freshman. In her first season of track Weatherspoon finished second in the 100 in the City championships to earn a state-meet berth.

"I worry about her physical condition but she is a competitor and you have to realize what is going to happen is going to happen," her mother said. "You can't sit away and let life pass you by."

# Californian's Dominate National High School Records in Track and Field

California is truly the "Golden State" when it comes to performances on athletic fields, gyms, pools and other athletic facilities across the state. The National High School Record Book will attest to this. The book is jam-packed with great performances and records by California athletes in a variety of sports.

In the sport of track and field, California athletes are especially well-represented. California girls tracksters hold 10 of 17 national high school records. Seven of those have been accomplished in the 1990's.

Marion Jones, who competed at both Rio Mesa Oxnard High and Thousand Oaks High in her fabulous high school career, owns two of those records. Jones is the national record setter in the 100 meters (11.14) and the 200 meters (22.67).

Besides Jones, other California greats who have a place in the national record book include: Denean Howard of Kennedy Granada Hills, who holds the national mark in the 400 meters (52.39). Howard has the oldest national record in the books for a California girl athlete setting the standard in 1982. One year later, in 1983, Fullerton Union graduate Natalie Kaaiawahia set the national record in the shot put (53-7 3/4).

Mills High standout Leslie Maxie continued the trend in 1984 setting the national mark in the 300-meter low hurdles (40.18). It was seven years before another Californian would enter the record books when Juliana Yendork from Walnut High, set a national record in the triple jump (44-0 1/2) in 1991.

Suzy Powell of Downey Modesto joined the list with a best discus toss of 188-4 in 1994. Then Thousand Oaks High School added another star to the list when Kim Mortensen eclipsed the

national mark in the 3200 meters (9:48.59) in 1996.

On the team side, St. Bernard Playa del Rey and Long Beach Wilson both broke marks held by California schools. St. Bernard broke the 400 meter relay record with a time of 44.70 in 1997. The following year, Long Beach Wilson set a new national record in the 1600 meter relays (3:36.32).

Boys track athletes have also fared well nationally, holding seven national records and many second and third best national marks.

Calvin Harrison of North Salinas set a national record of 45.25 in the 400 meters, the only national record for boys in any state during the 1993 season. Charles Mayfield of Muir High, has held onto the national record in the triple jump (52-10 1/2) since 1980.

Lompoc's George Porter set the standard in the 300 meter intermediate hurdles (35.32) in 1985. That same year, Hawthorne set the team mark in the 1600 meter relays with a sizzling 3:07.40.

In 1986 Eric Mastalir of Jesuit High set the new national mark in the 3200 meter run at 8:44.95. James Stallworth of Tulare set the national mark in the long jump in 1989 at 26-4 3/4.

The newest boys' national mark came in 1996 when Bell Gardens standout Michael Granville bested Pete Richardson's (Berkeley High) long-time record in the 800 meters. Richardson set the mark of 1:47.31 in 1981, but Granville beat that with a time of 1:46.45.

As the old saying goes, records are made to be broken. Californians take this to heart.



*Sprint Sensation -- Marion Jones set national records in both the 100 and 200 meters as a junior for Thousand Oaks High. In her career, Jones had a record nine individual state titles.*

## NATIONAL RECORDS HELD BY CALIFORNIA GIRLS (TRACK & FIELD)

- 100 Meters:** 11.14 - Marion Jones, Thousand Oaks H.S. 1992  
**200 Meters:** 22.67 - Marion Jones, Thousand Oaks H.S. 1992  
**400 Meters:** 52.39 - Denean Howard, Kennedy HS. 1982  
**3200 Meters:** 9:48.59 - Kim Mortensen, Thousand Oaks H.S. 1996  
**300 Meter LH:** 40.18 - Leslie Maxie, Mill H.S. 1984  
**400 Meter Relay:** 44.70 - St. Bernard, Playa del Rey 1997  
**1600 Meter Relay:** 3:36.32 - Long Beach Wilson 1998  
**Triple Jump:** 44-0 1/2 - Juliana Yendork, Walnut H.S. 1991  
**Shot Put:** 53-7 3/4 - Natalie Kaaiawahia, Fullerton HS 1983  
**Discus Throw:** 188-4 - Suzy Powell, Downey Modesto H.S. 1994

## NATIONAL RECORDS HELD BY CALIFORNIA BOYS (TRACK AND FIELD)

- 400 Meters:** 45.25 - Calvin Harrison, North Salinas H.S. 1993  
**800 Meters:** 1:46.45 - Michael Granville, Bell Gardens H.S. 1996  
**3200 Meters:** 8:44.95 - Eric Mastalir, Jesuit H.S. 1986  
**300 Meter IH:** 35.32 - George Porter, Lompoc Cabrillo H.S. 1985  
**1600 Meter Relays:** 3:07.40 - Hawthorne 1985  
**Long Jump:** 26-4 3/4 - James Stallworth, Tulare 1989  
**Triple Jump:** 52-10 1/2 - Charles Mayfield, Muir H.S. 1980

# Nation's Premier Track Event

## Figures to Have Plenty of Excitement

### *Henderson, Perkins Square off in 400 Meters*

By Rich Gonzalez  
San Gabriel Valley Tribune

NORWALK — Long considered home to America's premier female prep talent, the Golden State has really outdone itself this spring! As proof, a pair of Southern Californians have set national records in the same event in recent weeks, a third athlete had seriously threatened knocking off another national mark, and the area now boasts the national record holders in the distance medley relay as well as the strongest collection of 1,600-meter baton units in U.S. history. In fact, Californians hold down this season's nation-leading marks in nine of the sixteen girls' events!

Athletes on the boys' side aren't actually dragging their heels either, not with one red-hot distance star flirting with four-minute four-lappers in recent outings, a triumvirate of pole vaulters as good as any in the country and national-class sprinters just starting to rev into high gear for their own assault on the all-time standards.

Teamwise, the battle for state plaques projects to J.W. North of Riverside having a slight edge over Berkeley for the girls' crown, with Moore League rivals Long Beach Wilson and Long Beach Poly in hot pursuit.

For the boys, a wide-open affair is on tap, with Serra (Gardena) and Rancho Bernardo (San Diego Section) having the slight edge, although Long Beach Poly, Taft and Gahr are other serious contenders.

So sit back and enjoy the next two days of action as the 81st edition of the CIF-State Track and Field Championships roll into town to take center stage



*Simply Sensational - Morse High's Monique Henderson smashed the national high school record in the 400 with a time of 51.31 at the CIF Southern Section Finals. Henderson broke Angel Perkins' (Gahr High) clocking of 52.28 set the previous week. This is a must-see event!*  
photo by Kirby Lee

at Cerritos College, promising a slew of exceptional season-ending performances by an estimated 900 scholar/athletes representing 300-plus schools.

Here's a look at some of the top names and stories to look for, starting with the girls' events:

Nothing elicits excitement from a track crowd and produces more breathtaking drama than the speed events, with this year's collection of dashers sure to achieve that effect at "record" levels. Leading the way are San Diego Morse's Monique Henderson and Cerritos Gahr's Angel Perkins, a pair of one-lap standouts who have combined to twice rewrite

the record books in recent weeks. Perkins kicked off the postseason theatrics with a 52.28 clocking to set the National Federation Record at the Southern Section Division I finals, but it lasted only seven days as Henderson smashed it by smoking the track for a 51.31 as part of the greatest single-day sprint effort in national history (to go along with a 23.70 for 200, 11.88 for 100, and 51.8 anchor for the long relay). Now Henderson aims to gain revenge for her setback to Perkins in the prestigious Arcadia Invitational. Can these two one-lap wonders crack into "50-point" turf? Yikes !!!

As talented as Henderson and Perkins are, neither might be the favorite at the 200 distance, where Berkeley's Aisha Margain holds camp. The Yellowjackets senior scorched the tartan straightaway for a lifetime-best (11.63) in the 100 last week, already having powered her way to a wind-aided 23.10 (national best under any conditions) in the deuce earlier this spring!

Henderson went 23.70 last week, with Perkins checking in at 23.73, making this a potential lean-at-the-finish-line affair! Margain is the favorite in the 100 in the race for team points under the 10-8-6-4-2-1 scoring system for the top six places, with Centennial's Tiffany Bennett (11.69) and L.A. Grant's Alexis Weatherspoon (11.77 after a season-opening injury) among the leading challengers.

Despite J.W. North's DQ in the short relay last week (they were the year's national leader at 45.30), the relays promise to be a pair of sizzling affairs. Margain, Katrina Keith, Simone Brooks and T'Carra Pennick lead Berkeley (46.13), which looks to

get its state team-title bid off on the right track. James Logan (46.77) and Long Beach Wilson (46.78) are also in the running for the top spot. The meet-ending long relay could be even more exciting, where J.W. North (3:39.46) and Long Beach Wilson (3:39.64) helped produce the fastest race in national history as two squads eclipsed 3:40 in the same race for the first time ever! Poly (3:45.04) and Berkeley (3:47.50) also lurk closely in the rear-view mirror.

The hurdling events should be a pair of blazing affairs, with Long Beach Wilson's Lashinda Demus and J.W. North's Nichole Denby ranking as this year's national leaders and among the best in prep history in their specialties! Demus, the third-fastest low hurdler in U.S. annals (40.44 last year), appeared on her way to taking down Californian Leslie Maxie's national mark (40.19) last week, but she chopped her strides and struck the final hurdle hard to keep the longtime standard at bay at least another week. Denby, with a nation-leading 13.41 to her credit in the highs (the #11 time in U.S. history), ran 13.92 to get here today, sensational considering the third hurdle flight was placed in the wrong location last week, altering the steps and the rhythm of the entire Southern Section field in that one early on. As indication of Denby's stellar effort, she left runner-up Demus 1.37 seconds behind in the official results. Other leading barrier negotiators to keep tabs on include Oak Grove's Tamara Gulley (13.87) and Woodland Hills Taft's Deneeka Torrey (13.76w, 42.79) and Undine Becker (14.43, 43.28).

San Lorenzo Valley's Alejandra Barrientos has been downright awesome this spring, with nation-leading marks of 2:09.35, 4:46.60 and 10:11.19 to her credit, punctuated by a 4:44.5 split for 1,600 on the school's national record-setting distance medley relay jaunt (11:41.28 for her, younger sister Raquel Barrientos, Lindsay Scarborough

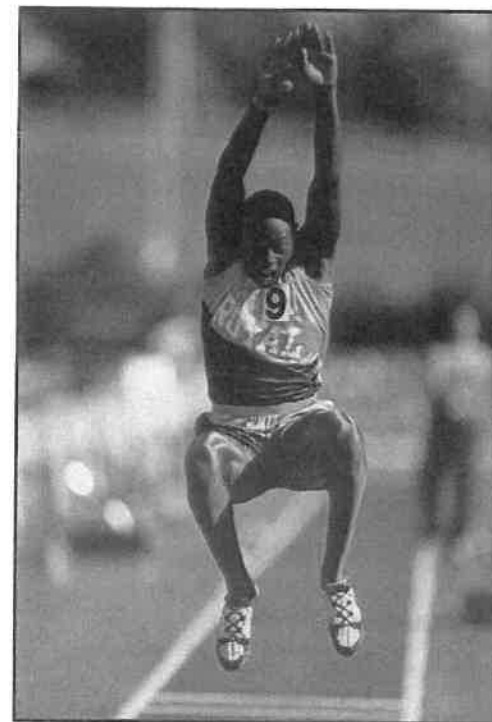
and Shiloh Whiting) in sending the Franklin Field crowd at the fabled Penn Relays into a frenzy. She and Montgomery's Sara Bei (sub-4:57 and sub-10:35 indoor for one and two miles, respectively), a two-time qualifier for the cross country nationals, are headed for a grueling double this weekend, with the latter fresh off a seasonal-best 4:49.09 clocking at her section finals. Glendale Hoover's Anita Siraki (10:18.61) is aiming for the upset in the 3,200, although some might consider her the favorite considering her slew of top efforts, having just one event to focus on, and being under the tutelage of standout coach Greg Switzer (has any California coach produced more top-level individuals in the distances?) provide a lethal combination. Keep an eye on Mira Costa frosh Lynn Dixon (4:50.05), the nation's newest distance find, and seasoned Newport Harbor junior Amber Steen (4:50.75, 10:52.32).

Although Barrientos won't be in the two-lap race, Corona del Mar's Liz Morse and Vallejo's Spring Dawson should provide fans with quite a treat. Morse went 2:08 and change indoors against an open field to kick off the year, with an outdoor best 2:09.40 while weathering a grueling schedule (she keyed a CIF-SS Division III title for the Sea Queens with an amazing quadruple!). Dawson (2:09.36) clipped more than three seconds off her personal best last week, giving the ultra-tough Morse (also 24.80 and 55.89) something to think about as this clash plays itself out. Shannon Rowbury of Sacred Heart Cathedral (San Francisco) has posted a 2:10.89 to loom among the top challengers.

Temple City's Laura Chen has been the pole vaulter to beat all season, with five meet records to her credit thus far. But while Chen's clearance of 12-3 tops the state for 2000 (a mere inch off the state record for juniors set by Golden West's Brooke

Lankard in 1997), Birmingham's Melissa Astete (12-2 1/4) to claim the LA City Section crown and Long Beach Poly's Jaim Kolar (12-0) also have their sights fixated on a championship flight pattern. Rachel Ziemann (Edison, Huntington Beach) came through with a huge four-inch improvement in the high jump at the SS Masters Meet last weekend, joining Central Coast Section titlist Jenna Grimaldi (St. Ignatius) with 5-10 qualifying marks coming in. Among others in the picture for the top spot are 5-9 jumpers Chaunte Howard of J.W. North and Sharon Day of Costa Mesa, and Ziemann's twin sister Bianca (5-8).

No less than six athletes have successfully soared 19 feet thus far in the long jump under wind-legal conditions, headed by Elzunia Lamb of San Benito (19-11 3/4). Although ranking as the favorite, Lamb's task is made tougher by the recent emergence of Mission Viejo's Dana Bethel (including a seasonal-best 19-1), the continued progress in frosh phenom Michelle Sanford of Woodbridge (19-3 and the daughter of USC sprint recordholder James Sanford) and Sac-Joaquin



**Flying High**—Oliver Jackson of Royal High in Simi Valley finished second in the long jump last year and jumped 24-0 3/4 at the CIF Southern Section Finals.

Section winner Jimia White of Casa Roble (19-5). Blessing Ufodiama (41-1 3/4) has mastered the triple jump in recent years, but the Long Beach Poly star has found company in the 40-foot ranks at championship time as Laguna Creek's Lauren Chestnut extended for a 41-0 measurement last time out and Gahr's Nicole Duhart (40-4 1/2) has joined that select group under windy conditions.

A great clash ensues in the shot put, where San Luis Obispo junior Karen Freberg took over the national lead in the event with a heave of 50-10 1/4 at League Finals, with #2 nationally Jill Camarena of Woodland just a half-inch short of eclipsing the 50-foot barrier at the Arcadia Invitational. A third athlete on the radar screen is Jessica Cosby of Cleveland (Reseda), who posted a lifetime best 48-6 1/4 at Arcadia. Jill Camarena looks to cap a stellar senior campaign, with the Woodland High star having a 161-9 toss to her credit thus far. Her top challenger should be San Diego Hoover's Candace Hill (151-9), with Michelle Daggs (149-4 for Oakland Bishop O'Dowd) and Krissy Schelir (149-3 at Sierra Tollhouse) among the other top entrants.

Ryan Hall has captured the imagination of the Golden State's distance runners in recent weeks to highlight the boys' events coming in, with the Big Bear junior coming down from the mountain to repeatedly humble solid competition with seeming ease. Reportedly under the tutelage of Irv Ray (coach of American mile recordholder Steve Scott), Hall has dazzled Southland fans in recent weeks with Division IV record clockings of 4:05.78 and 4:05.01 for the 1,600 and 9:02.57 for the 3,200. Hall has dropped the four-lap battle from his agenda this week, opting to focus on the 3,200 for strength work in preparation for his anticipated showdown with Virginian Alan Webb (3:59.9 relay split for 1,600) at the National Scholastic Out-



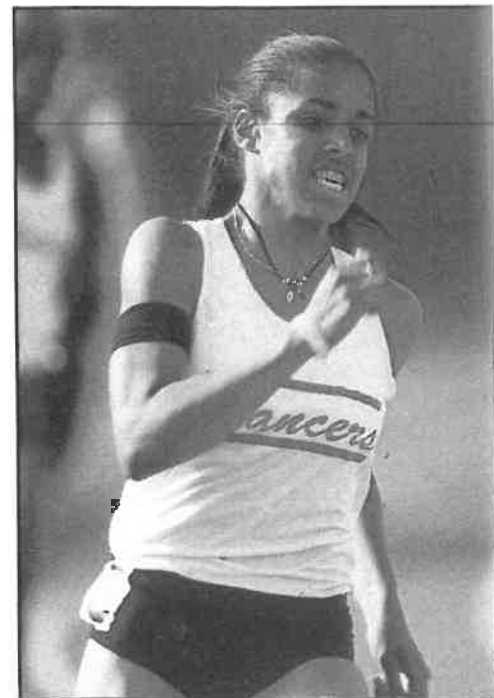
**One to Watch -- Erby Houston of Gahr High ran a 1:54.58 (800 meters) in the CIF Southern Section finals . photo by Kirby Lee**

door Championships in two weeks. Can you say 4-minute mile? Although going unchallenged in recent weeks, Hall won't have it easy this weekend with Ventura standout Josh Spiker (8:56.66 in 1999) having rebounded admirably from leg surgery to join Buchanan's Fernando Cabada (8:59.08 in '99) and San Diego Ramona's Matt McInvale (9:05:50) as leading entrants. Keep an eye on Southern Section underclassmen Tom Kubler of Viewpoint (peaking nicely for a 9:16.98 PR last week) and Cate's Henry Hagenbuch (9:17.39), among the nation's hottest sophomores!

With Hall and the Wisconsin-bound Spiker out of the mix for the 1,600, who'll step up to challenge Arizona State-signed ace Ryan Bousquet of Esperanza? It could be a pair of multi-lappers from Santee West Hills. Evan Fox, the CIF State Scholar-Athlete of the Year award winner (see page 8), braved warm weather to win San Diego Section honors in a personal best 4:10.84, with teammate Ben Aragon (4:12.08) right on his tail. Jin Daikoku (4:12.63), the San Francisco Section champ, and LA City titlist Sergio Campos (4:13.63) are also

in the title mix. The race at 800 meters might be a rematch of last week's San Diego Section affair, where Sean Rancho Bernardo's Sean Ricketts (1:52.69), Vista's Jared Emmons (1:53.13) and Poway's Aaron Powell (1:53.16) handled the spotlight in grand fashion, leaving a pair of sub-1:54 competitors out of the qualifying. Tustin's Alonso Smith had been the state leader over the last month after his 1:52.87 win at the Orange County Championships, looking to regain the top spot here. Chris Wells-Anders (1:53.00) of El Camino Real (Los Angeles) is another top entry.

After having laid low for most of this season, Albert Hollis (Christian Brothers, Sacramento) really rolled to the sprints forefront with a wind-aided 10.29 clocking his last time out, making the "dash clash" with Long Beach Poly's Bennie Robinson and Gardena Serra's Warren Rogers among the most anticipated matchups of the week. Hollis, whose imposing frame befits his gridiron presence, is in a groove (also 21.06 for the deuce last week), but Robinson (10.41, 21.13) has big Arcadia and Masters Meet wins to his credit while Rogers (10.34, 20.88) sports the best lifetime marks among the trio.



**Two-Event Standout -- Grant High's Alexis Weatherspoon could place in both the 100 and 200 meters . photo by Kirby Lee**

Fred Williams (21.12 for Woodland Hills Taft) and Rodney Landingham (10.49 for Sonora) are others to watch.

Jason Lovell (Cleveland, Reseda) sports the state's fastest time in the one-lap sprint (47.43), but the experience harbored by Chino's Travon Walton (47.09 last year), Gahr's Robert Nunn (47.59) and Riverside Notre Dame's Derrick Johnson (47.74) make this race anyone's guess. The relays could depend largely upon the health of Serra's Rogers. He's been nursing a tender hamstring in recent weeks, but the Cavaliers stunned their opposition with 41.22 and 3:13.72 Masters Meet wins without their main gun in the lineup last week! But DQs are always a major risk factor in these events (just ask L.B. Poly's unit, which was booted out of the divisional prelims), so look for such speed factories as Unversity City (41.18), Gahr (41.38, 3:15.55), L.B. Poly (3:14.40) and Cleveland (41.39, 3:16.06) to be caught in a no-room-for-error race to the wire!

The presentation of the boys team-title plaques might hinge on what happens in the hurdle events, where Serra's Steven Smith, the state's most-improved hurdler in recent weeks (dropping almost two seconds in the intermediates to 37.50) locks up with Rancho Bernardo's Bobby Salimi (lifetime bests of 37.27 and 14.08 in sweeping the San Diego-area titles) head on. Both their teams are in serious contention for the team title. In either case, Smith and Salimi must contend with versatile wunderkind Trevor Jones of Newport Harbor and blazer Chris Morgan of Taft (Woodland Hills). The UCLA-bound Jones, whose name appears on the California "top marks" lists with mind-boggling frequency, boasts the state-leading mark in the intermediates (37.08) and has gone 14.21 in the highs. Morgan is the favorite in the highs after scorching the straightaway for a state-leading 13.94 clocking in winning the Arcadia Invitational.

Aerialists take center stage in the field events, where a trio of Californians are ranked on the top seven in the national pole vault lists this year! Marina senior Logan Odden leads the way, having cleared an Orange County record 16-7 at the Mt. Carmel Invitational in late April. The mark ranks third nationally this spring, with Verdugo Hills' Shane Hackett (sixth at 16-4) and Mt. Carmel's Travis Offner (seventh at 16-2) also regarded as models of consistency in this nerve-racking event! Palmdale's Jerrick Holmes is the only seven-footer in the high jump field (clearing that precise height at an early-season meet), but Ebon Glenn (St. Mary's Berkeley) ranks as the hottest entrant after last week's 6-11 mark at sectionals. Four others in the field have cleared 6-10, meaning keen strategy in choosing an entering height and total misses might play a major role in determining final places. Another interesting story to keep tabs on is the performance of Camarillo junior Chadd Smith, who has chosen to brave through the final months of the season while postponing his surgery for torn knee cartilage.

Royal's Oliver Jackson rode a sensational series of efforts at last month's Ventura County Championships to claim the state long jump lead, capping his day with a wind-legal effort measured at 24-5 3/4. But with Lincoln's (Stockton) Brandon Parker soaring a seasonal-best 24-3 1/2 last week, state-meet veteran Tony Allmond (St. Paul, Santa Fe Springs) stretching out to 24-4, and all-around talent Matt Ware (Student Sports Magazine's top-rated junior in football) of Loyola, this should be a great competition! The triple jump appeared to be wide open a few weeks ago, but breakthrough efforts last week from Highland's Anton Porter (49-9-1/2) and Helix's Tony Ortiz (49-3) were the best marks in the state this year under any condi-

tions. Rashod Higgs of Indence (San Jose) has gone 48-2 to head up a dozen athletes hving gone 47 plus.

The leading entrants in discus hail from opposite of the Southern Section, Esperanza's Travis Pendlet state-leading 199-2) and Arroyo Grande's Sean Shields (199-2) being the latest products: a pair of factories. Few schools have generated as many top weight men over the years as these two recognized powerhouses. Rhuben Williams of Eagle has been at the top of the field for shot put supremacy since spring with a heave of 61-8. Arroyo Grande's Shields (61-8) are the other 60-footers in the field.

### 1999 CIF Track and Field Sportsmanship Award Winners

<i>Athlete</i>	<i>High School</i>
Jill Camarena	Woodland
Tim Adrian	Moorpark
Kim Stone	York
Jeremy Richards	Righetti
Tenisha Johnson	Arch. Mitty
Bernard Grady	Scripps Ranch
Buffie Ryan	Soquel
Brandon Braunstein	Newark Mills
Antonia Lozano	Katella
Alejandra Barrientos	San Lorenzo
Marcus Chandler	Sierra
Derrick Wise	A.B. Miller





# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 400m RELAY

**Prelims: 5:00 p.m. - Fri. Final: 4:00 p.m. - Sat.**

Records - National: 44.70 St. Bernard (Playa del Rey, CA) 1997  
State: 44.70 St. Bernard (Playa del Rey, CA) 1997

Lane	School	Sect.	Mark	Pos	Place	Mark
1	Fremont (Ok)	OS	49.63			
2	Milpitas	CCS	48.52			
3	Holy Names	NCS	48.04			
4	Rio Mesa	SS	47.73			
5	Berkeley	NCS	46.13			
6	Birmingham	LAS	47.73			
7	Notre Dame-S.O.	SS	48.03			
8	Mt. Miguel	SDS	48.48			
9	Lemoore	CS	49.11			
<hr/>						
1	Washington (Sf)	SFS	50.27			
2	Gunn	CCS	48.65			
3	Morningside	SS	48.15			
4	Deer Valley	NCS	47.90			
5	Logan, James	NCS	46.77			
6	Gahr	SS	47.72			
7	Cleveland	LAS	47.97			
8	Stockdale	CS	48.45			
9	Ceres	SJS	48.93			
<hr/>						
1	Red Bluff	NS	50.36			
2	Woodcreek	SJS	48.91			
3	Morse	SDS	48.34			
4	Dorsey	LAS	47.92			
5	Long Beach Wilson	SS	47.04			
6	El Camino (Sd)	SDS	47.64			
7	Archbishop Mitty	CCS	47.94			
8	Vallejo	SJS	48.40			
9	Edison (Ce)	CCS	49.02			

## BOYS 400m RELAY

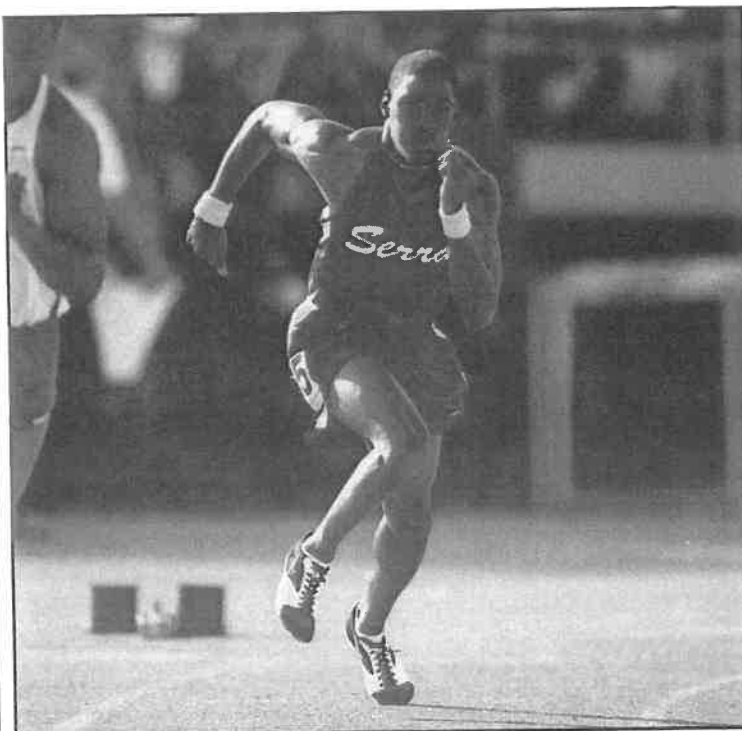
**Prelims: 5:12 p.m. - Fri. Final: 4:08 p.m. - Sat.**

Records - National: 39.76 Fort Worth O.D., Wyatt, TX 1998  
State: 40.35 John Muir (Pasadena, CA) 1997

Lane	School	Sect.	Mark	Pos	Place	M
1	Lassen	NS	43.03			
2	Bellarmine	CCS	42.61			
3	Dorsey	LAS	42.28			
4	Morningside	SS	41.90			
5	University City	SDS	41.18			
6	Pasadena	SS	41.73			
7	Sonora (Sj)	SJS	42.25			
8	Carson	LAS	42.56			
9	Deer Valley	NCS	42.93			
<hr/>						
1	Foothill (Nc)	NCS	43.26			
2	Archbishop Riordan	CCS	42.69			
3	Grant (Sj)	SJS	42.31			
4	Rancho Bernardo	SDS	41.93			
5	Serra (Ss)	SS	41.22			
6	Clovis West	CS	41.70			
7	Hanford	CS	42.21			
8	Kennedy (Sj)	SJS	42.46			
9	Pittsburg	NCS	42.84			
<hr/>						
1	Lincoln (Sf)	SFS	45.06			
2	Mc Clymonds	OS	42.72			
3	Lincoln (Sd)	SDS	42.31			
4	Palmdale	SS	41.95			
5	Gahr	SS	41.38			
6	Cleveland	LAS	41.39			
7	St Mary's (Nc)	NCS	42.00			
8	Redwood (Ce)	CS	42.33			
9	Milpitas	CCS	42.81			



Tracy Thomas played a big role in Riverside North High's first-ever team title last year. photo by Kirby Lee



Warren Rogers helped Serra to a 41.22 timing in the CIF Southern Section Final. photo by Kirby Lee

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 1600m RUN

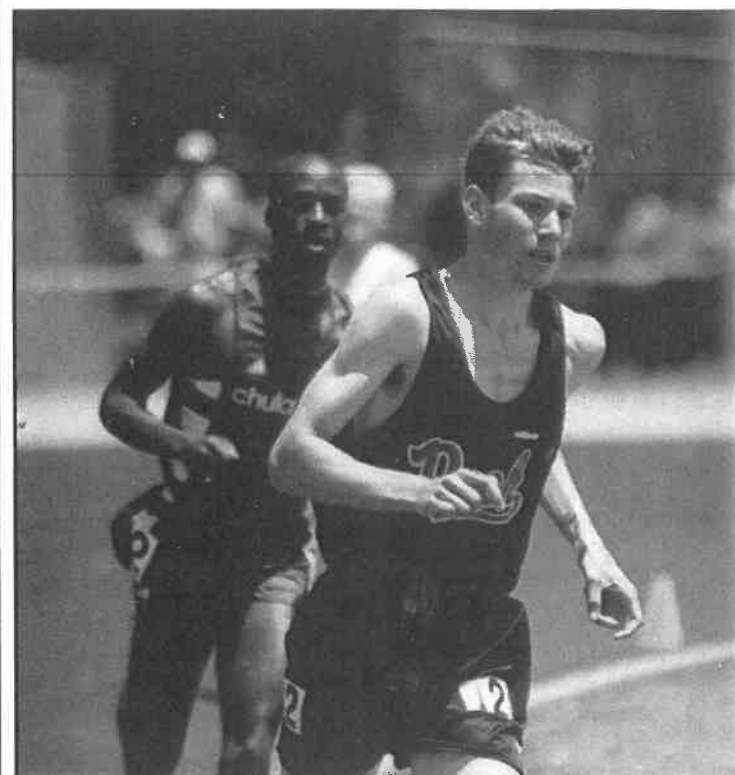
## BOYS 1600m RUN

**Prelims: 5:24 p.m. - Fri. Final: 4:19 p.m. - Sat.**  
 Records - National: 4:39.40 Laura Matson (Bloomfield Hills, MI) 1991  
 State: Polly Plummer (University, Irvine) 1982

**Prelims: 5:38 p.m. - Fri. Final: 4:28 p.m. - Sat.**  
 Records: - National: 3:58.30 Paul Vandergrift, Conshohocken Archbishop  
 Kennedy, PA 1987  
 State: 4:04.00 Michael Stember (Jesuit, Carmichael) 1995

Pos.	Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1	Alicia Veiss	09 Mc Farland	CS	5:06.36		
2	Ali Nicolas	12 Lincoln	CS	5:03.18		
3	Cosette Smith	12 Mira Costa	SS	4:57.22		
4	Jenny Aldridge	10 Maria Carillo	NCS	4:56.40		
5	Alejandra Barrientos	11 San Lorenzo Valley	CCS	4:47.56		
6	Amber Steen	11 Newport Harbor	SS	4:50.75		
7	Jenny Esser	10 Foothill	NCS	4:56.60		
8	Kristin Cohoon	10 Chadwick	SS	5:02.42		
9	Natalie Stein	11 North Hollywood	LAS	5:06.29		
10	Katie Baker	12 Poway	SDS	5:10.40		
11	Julia Gray	12 San Pedro	LAS	5:12.73		
12	Maja Ruznic	11 ISA	SFS	5:13.60		
13	Lindi Bedke	10 Centennial	CS	5:16.91		
1	Robyn Stevens	11 Vacaville	SJS	5:06.55		
2	Sarah West	10 Davis	SJS	5:04.30		
3	Desiree Davila	11 Hilltop	SDS	4:59.00		
4	Bridget Duffy	10 St Mary's	NCS	4:56.60		
5	Sara Bei	11 Montgomery	NCS	4:49.09		
6	Lynn Dixon	09 Mira Costa	SS	4:50.05		
7	Breane Sandberg	11 Peninsula	SS	4:57.01		
8	Raquel Barrientos	09 San Lorenzo Valley	CCS	5:00.15		
9	Lauren Gustafson	12 Mills	CCS	5:05.60		
10	Julie Komosinski	11 Torrey Pines	SDS	5:09.20		
11	Ciara Harvey	10 Central Valley	NS	5:13.02		
12	Valerie Delgado	09 Buchanan	CS	5:13.27		
13	Maria Blazquez	10 Roosevelt	LAS	5:18.17		

Pos.	Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1	Eddie Alaniz	12 Mt. Pleasant	CCS	4:20.21		
2	Kyle Dunst	12 Peninsula	SS	4:18.57		
3	Chris Lanese	12 Moreau Catholic	NCS	4:18.18		
4	Josh Pope	12 Poway	SDS	4:15.32		
5	Ryan Bousquet	12 Esperanza	SS	4:09.38		
6	Jin Daikoku	11 Lowell	SFS	4:15.13		
7	Neil McDonagh	12 St Ignatius	CCS	4:16.84		
8	Jordan Kinley	10 Maria Carillo	NCS	4:18.56		
9	Chris Layman	12 Corona	SS	4:19.29		
10	Brandon Collins	11 Jesuit	SJS	4:22.04		
11	Daniel Clements	11 Taft	LAS	4:22.10		
12	Erik Webb	12 North Bakers.	CS	4:23.63		
13	Leon Buchanan	12 Monroe	LAS	4:23.80		
1	Sergio Campos	12 Marshall	LAS	4:21.10		
2	Andres Gomez	11 Mc Farland	CS	4:18.63		
3	Josh Campbell	12 North Monterey	CCS	4:18.27		
4	Nick Brannen	12 Don Lugo	SS	4:15.95		
5	Evan Fox	12 West Hills	SDS	4:10.84		
6	Ben Aragon	11 West Hills	SDS	4:12.08		
7	Garrett Milner	12 San Clemente	SS	4:16.69		
8	Zach Ardell-Smith	12 San Leandro	CCS	4:18.41		
9	Chris Wondoloski	11 De La Salle	NCS	4:19.52		
10	Trevor Uyemura	10 Sanger	CS	4:22.04		
11	Joel Bosserman	10 Del Oro	NS	4:23.18		
12	Will Merchad	12 Davis	SJS	4:23.33		
13	Matt Sartor	11 Enterprise	NS	4:24.53		



Alejandra Barrientos ran a 4:47.56 at the section finals. photo by Kirby Lee

Evan Fox of West Hills High School is a leading contender to take the 1600 meter title.

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 100m HH

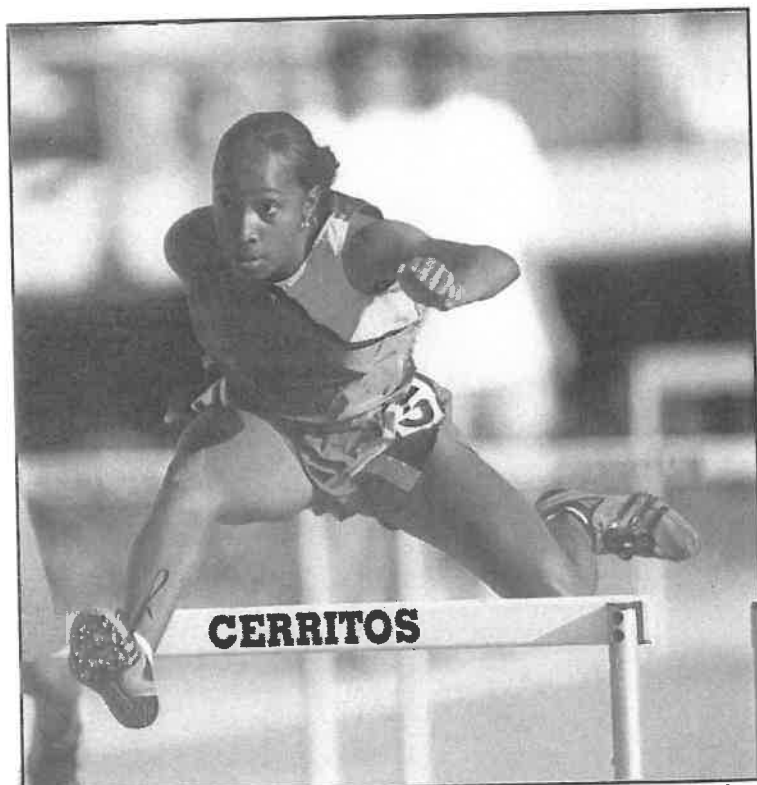
**Prelims: 5:55 p.m. - Fri. Final: 4:44 p.m. - Sat.**  
 Records - National: 13.23 Dominique Calloway (Lakewood, CO) 1996  
 State: 13.23 Nicole Hoxie (JW North, Riverside) 1997

Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1 Julie Handy	10 Esperanza	SS	15.83		
2 Gina Londono	10 Highland	SS	15.42		
3 Brynne Steward	09 Cleveland	LAS	14.94		
4 Danielle Stokes	10 St Mary's	NCS	14.58		
5 Tamara Gulley	12 Oak Grove	CCS	13.76		
6 Sani Roseby	12 Monterey	CCS	14.54		
7 Catie Coin	12 Rancho Bernardo	SDS	14.86		
8 Breyanna Barmer	10 Helix	SDS	15.40		
9 Kira Costa	09 Lemoore	CS	15.81		
1 Emily Azevedo	11 Chico	NS	15.92		
2 Essence Stamps	11 Dorsey	LAS	15.43		
3 Willimena Cisco	10 Laguna Creek	SJS	15.01		
4 Deneeka Torrey	12 Taft	LAS	14.60		
5 Nicole Denby	12 North, JW	SS	13.92		
6 Ashley Lodree	09 El Cerrito	NCS	14.46		
7 Tanisha Johnson	09 Eastlake	SDS	14.86		
8 Lashinda Demus	11 Long Beach Wilson	SS	15.29		
9 Roshena Duree	10 Burton	SFS	15.59		
1 Ashanti Ellis	10 Skyline	CS	16.04		
2 Laura Pilliti	10 Stockdale	CS	15.52		
3 Stephanie Cowling	12 Benicia	SJS	15.09		
4 Brooklyn Hann	11 L Burbank	SJS	14.63		
5 Beyonka McDowell	12 Vallejo	SJS	14.43		
6 Undine Becker	11 Mt. Pleasant	CCS	14.43		
7 Simone Brooks	12 Berkeley	NCS	14.65		
8 Osarhiemen Omwangh	10 Buchanan	CS	15.23		
9 Chelsea Johnson	10 Atascadero	SS	15.74		

## BOYS 110m HH

**Prelims: 6:10 p.m. - Fri. Final: 4:54 p.m. - Sat.**  
 Records: - National: 13.1 Dennis Brantley, Houston Worthing, TX 1980  
 State: 13.41 Steve Kerbo (Mission Viejo) 1982

Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1 Chris Santana	11 Benicia	SJS	15.64		
2 Darion Williamson	12 Morse	SDS	14.80		
3 Jeremy Thornburg	12 Cathedral City	SS	14.51		
4 Jeff Hunter	11 Granite Hills	SDS	14.40		
5 Christopher Morgan	11 Taft	LAS	14.07		
6 Daveed Diggs	12 Berkeley	NCS	14.32		
7 Jeff Garrison	11 North, JW	SS	14.50		
8 Matt Chisam	12 St Francis	CCS	14.80		
9 Jason Jones	12 West Valley	NS	15.46		
1 Stanley Wong	11 Washington	SFS	16.21		
2 Erik Allen	12 Mission San Jose	CCS	14.95		
3 Nate Petralli	11 Elk Grove	SJS	14.63		
4 Chris Johnson	11 Arlington	SS	14.45		
5 Bobby Salimi	12 Rancho Bernardo	SDS	14.08		
6 Greg Ross	12 Sheldon		14.31		
7 Kenneth Thomas	11 Gardena	SS	14.50		
8 Maurice Mann	12 Monterey	CCS	14.80		
9 Cory Sims	11 South Bakers.	CS	15.11		
1					
2 Jeremy Garcia	12 Reedley	CS	15.05		
3 Logan Moore	12 Elk Grove	SJS	14.63		
4 Scott Jarvis	11 Covina	SS	14.49		
5 Kenan Jackson	12 Cleveland	LAS	14.10		
6 Trevor Jones	12 Newport Harbor	SS	14.22		
7 Ben Bogdanot	12 Buchanan	CS	14.50		
8 Carlos Johnson	12 Liberty	NCS	14.69		
9 Nate Boudreaux	12 Piedmont Hills	NCS	15.16		



Nicole Denby, of Riverside North, is a returning state champion in the 100 meter hurdles and was second in the 300 meter hurdles.  
 photo by Kirby Lee

### QUIZ

- Which boys' team won the first-ever state championship in 1915?
  - John Muir
  - Jefferson LA
  - Hawthorne
  - Manual Arts LA
- Which famous track star was not a California athlete?
  - Rafer Johnson
  - Ollie Matson
  - Steve Prefontaine
  - George Porter
- How many national records do California athletes hold in track and field (boys and girls combined)?
  - 17
  - 18
  - 19
  - 15

answers: 1 D; 2 C; 3 A

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 400m DASH

**Prelims: 6:24 p.m. - Fri. Final: 5:04 p.m. - Sat.**  
 Records - National: 52.39 Denean Howard (Kennedy, Gran. Hills, CA) '82  
 State: 52.39 Denean Howard (Kennedy, Gran. Hills, CA) 1982

Pos. Name	Gr. School	Sect. Sect. Mark	Place	Mark
1 Ilia Silas 12 Hogan SJS 59.31				
2 Rochelle Carter 11 Hillsdale CCS 57.46				
3 Gigi Mendola 12 Birmingham LAS 57.04				
4 Erin Reed 12 Taft LAS 55.96				
5 Monique Henderson 11 Morse SDS 51.31				
6 Donisha Sanford 10 Morningside SS 55.74				
7 Shante Smith 11 Mt. Pleasant CCS 56.76				
8 Rebecca Cartmell 10 San Ramon Valley NCS 57.39				
9 Britney Gilbert 09 Tulare Union CS 59.30				
1 Georgya Ferguson 10 Burton SFS 59.93				
2 Naomi Mattos 11 Fallbrook SDS 57.49				
3 T'Carra Penick 11 Berkeley NCS 57.19				
4 Julia Pitts 10 North Torrance SS 56.11				
5 Angel Perkins 10 Gahr SS 53.34				
6 Cheri Craddock 09 Logan, James NCS 55.18				
7 Monique Jessie 12 Carson LAS 56.62				
8 Chloe Jarvis 12 St Francis SJS 57.39				
9 Sheena Goss 12 Laguna Creek SJS 58.37				
1 Destany Clearley 10 Fall River NS 60.32				
2 Ocie Parks 11 Fremont CS 57.77				
3 Stephanie Blake 11 Francis Parker SDS 57.23				
4 Nicole Gaskins 12 Diamond Bar SS 56.12				
5 Maggie Vessey 12 Soquel CCS 54.78				
6 Ashlee Brown 09 North, JW SS 55.15				
7 Keysha Gaines 09 Stockdale CS 56.59				
8 Bahati Bodden 11 Logan, James NCS 57.35				
9 Terrlyah Woods 12 Edison CS 58.11				

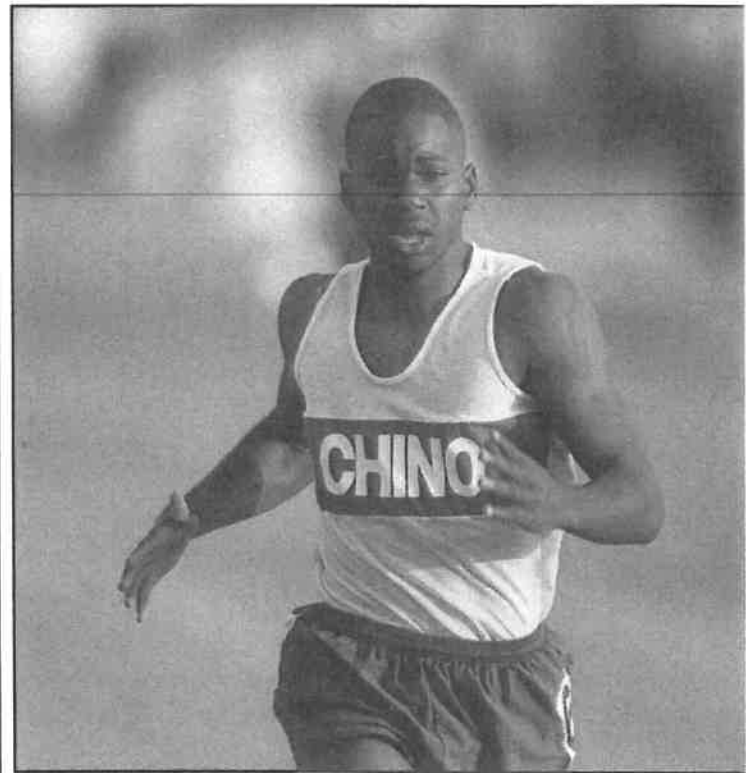
## BOYS 400m DASH

**Prelims: 6:36 p.m. - Fri. Final: 5:11 p.m. - Sat.**  
 Records: - National: 45.25 Calvin Harrison (North, Salinas, CA) 1993  
 State: 45.25 Calvin Harrison (North, Salinas, CA) 1993

Pos. Name	Gr. School	Sect. Sect. Mark	Place	Mark
1 Obi Osuji 11 Red Bluff NS 50.31				
2 Brady Douglas 10 Mt. Miguel SDS 49.22				
3 Chris Dunbar 10 St Mary's NCS 48.83				
4 Carl McGirt 12 Upland SS 48.22				
5 Travon Walton 12 Chino SS 47.68				
6 Reginal Allen 12 McLane CS 48.03				
7 Juan Cruz 12 Palma CCS 48.69				
8 R.J. Oliver 12 Escondido SDS 49.21				
9 Randy Fair 11 Folsom SJS 49.61				
1 Anthony Rollins 11 Mc Ateer SFS 51.15				
2 Gabe Cabrera 12 Silver Creek CCS 49.38				
3 Raul Rivera 12 Tulare Union CS 48.90				
4 Mark Petty 12 Serra SS 48.32				
5 Brandon Matlock 12 Stockdale CS 47.77				
6 Robert Nunn 12 Gahr SS 47.96				
7 Ramai Porter 10 Birmingham LAS 48.60				
8 Bennie Prescott 12 Vallejo SJS 49.16				
9 Aaron Williams 10 San Leandro NCS 49.58				
1				
2 Isaiah Peoples 11 Grace Davis SJS 49.44				
3 Steve Fitch 12 San Ramon Valley NCS 49.00				
4 Denye Versher 12 St Mary's NCS 48.55				
5 Derrick Johnson 12 Notre Dame-Riv. SS 47.77				
6 Jason Lovell 11 Cleveland LAS 47.83				
7 Boris McDaniel 11 Lincoln SDS 48.58				
8 Brian Edwards 11 Los Gatos CCS 49.14				
9 Randolph Bundy 10 Cleveland LAS 49.55				



Maggie Vessey of Soquel High School tops her heat with a section time of 54.78.



Chino High's Travon Walton had the best section final time (47.68) and figures as a favorite. photo by Kirby Lee

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 100m DASH

**Prelims: 6:48 p.m. - Fri. Final: 5:19 p.m. - Sat.**

Records - National: 11:14 Marion Jones (Thousand Oaks, CA) 1991  
State: 11:14 Marion Jones (Thousand Oaks, CA) 1991

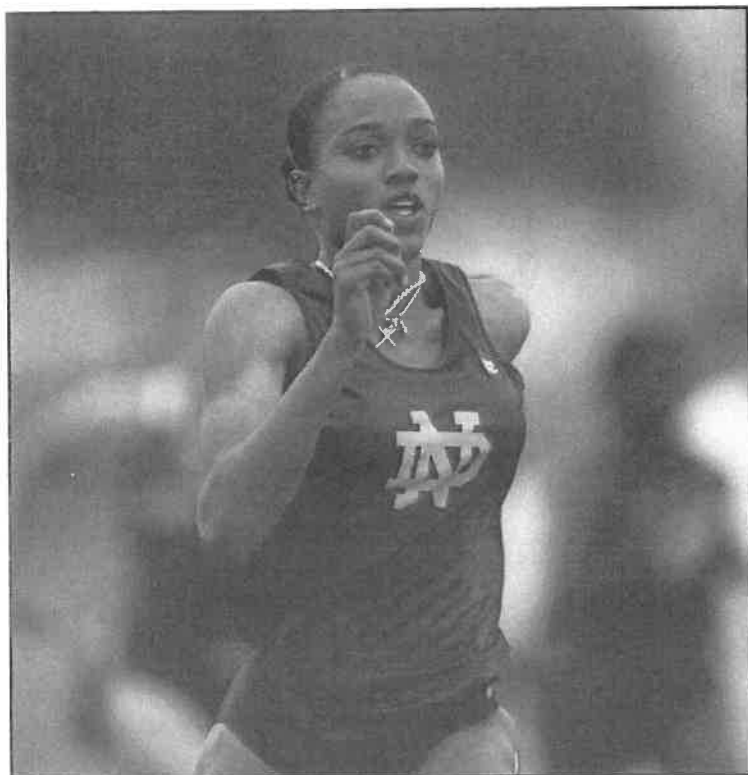
Pos.	Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1	Emily Griffin	11 Del Oro	NS	12.43		*
2	Bridgette Williams	09 North, JW	SS	12.13		
3	China Jones	11 Deer Valley	NCS	11.99		
4	Sani Roseby	12 Monterey	CCS	11.84		
5	Tiffany Bennett	12 Centennial	CE	11.69		
6	Adrena Williams	12 Logan, James	NCS	11.82		
7	Porchea Carroll	11 Rio Mesa	SS	11.98		
8	Tamara Gulley	12 Oak Grove	CCS	12.10		
9	Kameelah Allen	12 Mt. Miguel	SDS	12.38		
1	Kelli Enos	11 Willows	NS	12.45		
2	Raynisha Bragg	11 Edison	SJS	12.18		
3	Michelle Stinnette	10 Cleveland	LAS	12.03		
4	Halima Decree	12 Foothill	CS	11.86		
5	Aishia Margain	12 Berkeley	NCS	11.63		
6	Nicole Denby	12 North, JW	SS	11.81		
7	Latalia Goins	10 ISA	SFS	11.90		
8	Charlene Deardorf	11 Mt. Pleasant	CCS	12.09		
9	Beverly Zikarra	11 University SD	SDS	12.27		
1	Michelle Armstrong	12 Fremont	CS	12.86		
2	Nastassja Hall	10 Rancho Buena Vista	SDS	12.22		
3	Katrina Keith	11 Berkeley	NCS	12.03		
4	Sierra Hauser-Price	11 Notre Dame-S.O.	SS	11.86		
5	Alexis Weatherspoon	11 Grant	LAS	11.77		
6	Reshundra Smiley	11 Ceres	SJS	11.79		
7	Tracee Thomas	10 North, JW	SS	11.90		
8	Marcia Fenton	11 Dorsey	LAS	12.09		
9	Maxine Marlow	10 Centennial	CE	12.23		

## BOYS 100m DASH

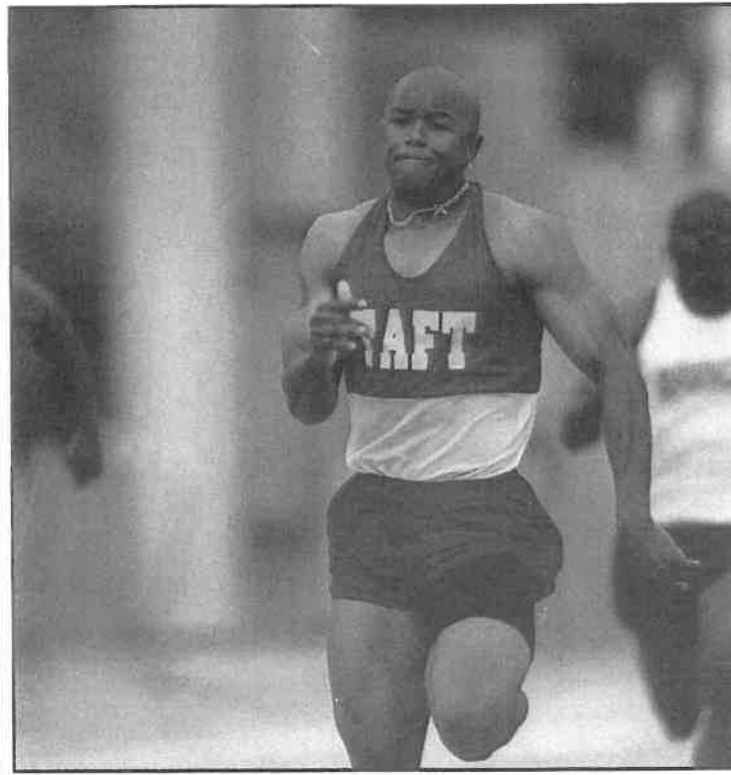
**Prelims: 7:00 p.m. - Fri. Final: 5:25 p.m. - Sat.**

Records: - National: 9.9h Henry Neal (Greenville, TX) 1990  
State: 10.30 Riley Washington (Southwest, San Diego) 1992

Pos.	Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1	Rashaad Allen	11 Mc Clymonds	CS	11.11		
2	Joe-K Onyenegecha	11 El Cerrito	NCS	10.99		
3	Blake Mackey	10 Bakersfield	CS	10.79		
4	Fred Williams	12 Taft	LA	10.68		
5	Albert Hollis	12 Christian Bro.	SJS	10.29		
6	Bennie Robinson	12 L.B. Poly	SS	10.63		
7	Michael Roberts	11 Patrick Henry	SDS	10.78		
8	Latorance Flax	12 Hanford	CS	10.93		
9	Jeff Billing	12 West Valley	NS	11.08		
1	Steven Tate	10 Lincoln	SFS	11.12		
2	Idoro Amanam	12 Bellarmine	CCS	11.00		
3	Antwan Guidry	11 Leigh	CCS	10.85		
4	Warren Rogers	12 Serra	SS	10.69		
5	Rodney Landingham	11 Sonora	SJS	10.49		
6	Lamont Long	12 University City	SDS	10.59		
7	Phillip Francis	11 Fairfax	LAS	10.76		
8	Claude Melvin	12 Gahr	SS	10.89		
9	Deonte Lewis	12 Livermore	NCS	11.01		
1	Paul Gates	12 Freedom	SJS	11.23		
2	Khaek Khongsaengda	11 Eureka	NS	11.00		
3	Merrian Fontenot	12 Leuzinger	SS	10.84		
4	Christopher Morgan	11 Taft	LAS	10.72		
5	Ricci Dula	12 Encina	SJS	10.58		
6	Dante Washington	12 Clovis West	CS	10.59		
7	Karl Paymah	12 Culver City	SS	10.76		
8	Nick Banks	10 Kearny	SDS	10.85		
9	Philip Jackson	12 Archbishop Riordan	CCS	11.03		



Sierra Hauser-Price of Notre Dame Sherman Oaks has a chance to be a finalist. photo by Kirby Lee.



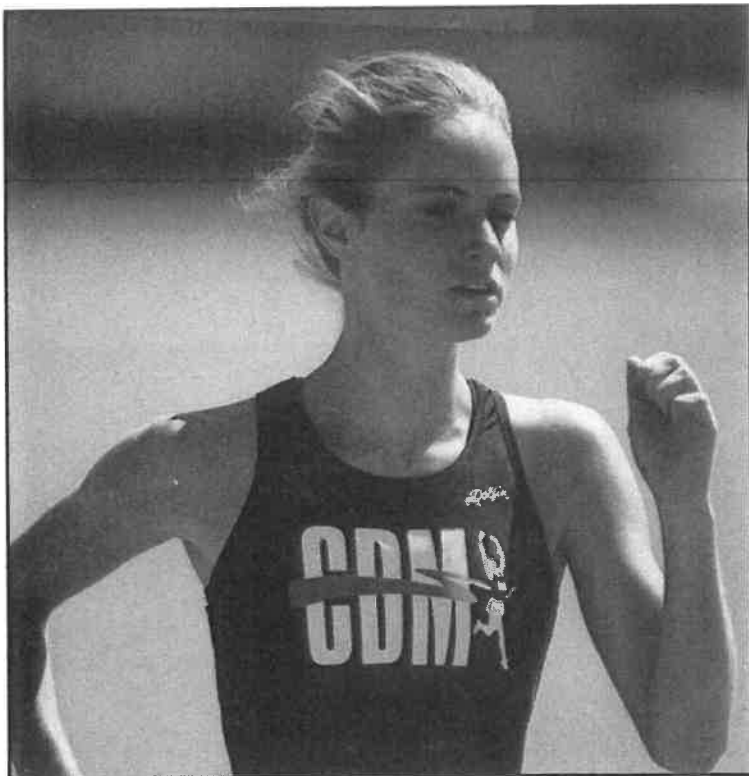
Fred Williams of Taft is one of the leaders here with a section run of 10.68. photo by Kirby Lee

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 800m RUN

**Prelims: 7:12 p.m. - Fri. Final: 5:34 p.m. - Sat.**  
 Records - National: 2:04.50 Joetta Clark (Maplewood, Columbia, NJ) '80  
 State: 2:04.91 Trena Hull (Compton) 1984

Pos. Name	Gr. School	Sect.	Sec. Mark	Place	Mark
1 Nicole Robidart	11 San Pedro	IAS	2:19.18		
2 Shantae McKinney	09 Westchester	IAS	2:16.23		
3 Jenna Keith	12 Centennial	CS	2:15.00		
4 Angelita Green	12 L.B. Poly	SS	2:13.56		
5 Spring Dawson	12 Vallejo	SJS	2:09.36		
6 Ashley Freeman	09 Long Beach Wilson	SS	2:13.33		
7 Jenny Esser	10 Foothill	NCS	2:14.87		
8 Jamillah Titus	10 Vintage	SJS	2:16.16		
9 Nicole Hodgson	11 Notre Dame San Jose	CCS	2:17.52		
1 Maja Ruznic	11 ISA	SFS	2:21.72		
2 Jill Steele	10 Mt. Carmel	SDS	2:16.52		
3 Keyotta Delemena	09 L.B. Poly	SS	2:15.26		
4 Natalie Garcia	11 Buchanan	CS	2:13.98		
5 Liz Morse	12 Corona Del Mar	SS	2:10.71		
6 Jenna Timinsky	10 San Dieguito Academy	SDS	2:13.38		
7 Yfa Kretzschmar	10 San Francisco Univ	SFS	2:14.59		
8 Marilyn Smith	12 Clovis West	CS	2:15.90		
9 Jennifer Tyler	11 Westchester	IAS	2:17.74		
1 Courtney Allen	10 Rancho Buena Vista	SDS	2:17.40		
3 Shiloh Whiting	11 San Lorenzo Valley	NCS	2:15.35		
4 Janelle Del Soldat	12 Crescenta Valley	SS	2:14.33		
5 Morgan Banks	10 Sir Francis Drake	NCS	2:11.04		
6 Shannon Rowbury	10 Sacred Hrt Cathedr	CCS	2:11.57		
7 Katie Scarlett	12 Woodland	NS	2:14.36		
8 Talita Wells	10 Clayton Valley	NCS	2:15.42		
9 Aleah Howington	12 Foothill	NS	2:19.17		

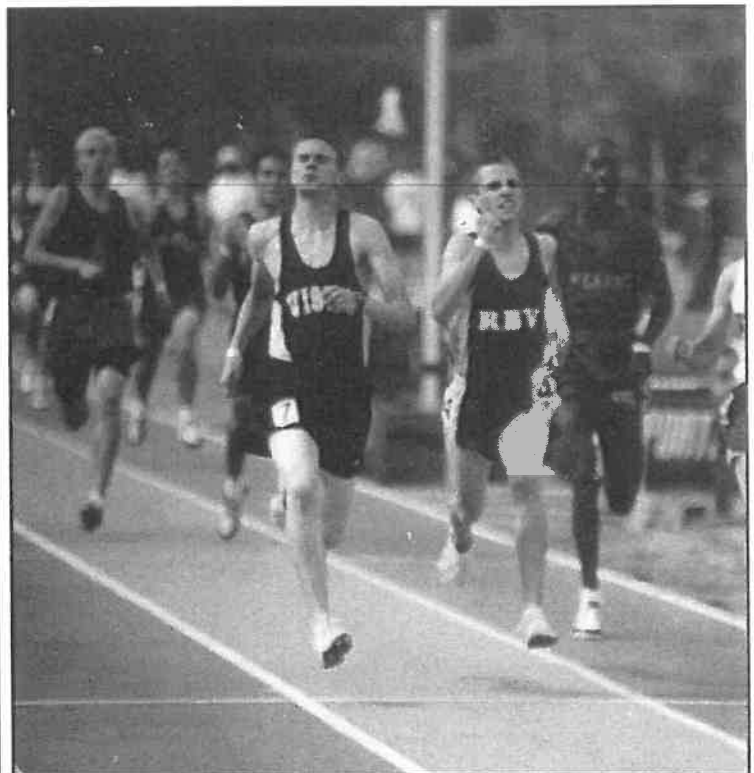


Corona del Mar's Liz Morse looks for a second straight title in the 800 meters. photo by Kirby Lee

## BOYS 800m RUN

**Prelims: 7:27 p.m. - Fri. Final: 5:42 p.m. - Sat.**  
 Records: - National: 1:46.45 Michael Granville (Bell Gardens, CA) 1996  
 State: 1:46.45 Michael Granville (Bell Gardens, CA) 1996

Pos. Name	Gr. School	Sect.	Sec. Mark	Place	Mark
1 Jonathan Gee	12 Lowell	SFS	1:59.33		
2 Micaah Strom	12 Mission San Jose	NCS	1:56.58		
3 Landis Rush	12 Valley	SJS	1:55.29		
4 Mike Serratos	12 Don Lugo	SS	1:54.36		
5 Sean Ricketts	12 Rancho Bernardo	SDS	1:52.69		
6 Matt Bates	11 Los Gatos	CCS	1:54.12		
7 Kris Monte	11 Capistrano Valley	SS	1:54.94		
8 Justin Temple	12 Dorsey	IAS	1:56.56		
9 Chris Fuge	12 Salinas	CCS	1:58.65		
1 Leland Lemmons	12 Mc Clymonds	CS	2:05.10		
2 Eric Gifford	10 Exeter	CS	1:57.08		
3 Daniel Villegas	12 Calaveras	SJS	1:55.36		
4 Erby Houston	11 Gahr	SS	1:54.58		
5 Christopher Wells	11 El Camino	IAS	1:53.00		
6 Alonso Smith	11 Tustin	SS	1:53.77		
7 Ontae Chaney	12 Cleveland	IAS	1:55.15		
8 Sean Geraghty	11 St Mary's	NCS	1:56.55		
9 Cecelio Barrera	11 Corcoran	CS	1:58.63		
1 Edgar Monsivais	12 Reedley	CS	1:59.34		
2 David Pearl	12 Bellarmine	CCS	1:57.28		
3 Jeff Squires	11 Mission San Jose	NCS	1:56.17		
4 Martell Mungia	11 Woodcreek	NS	1:54.71		
5 Jared Emmons	12 Vista	SDS	1:53.13		
6 Aaron Powell	11 Poway	SDS	1:53.16		
7 Brian Anderson	12 Burroughs-Burbank	SS	1:54.78		
8 Tim Nelson	11 Northgate	NCS	1:56.22		
9 Robert McNeil	11 Sutter	NS	1:58.29		



Jared Emmons of Vista ran a 1:53.13 in the CIF San Diego Section finals.

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 300m LH

**Prelims: 7:42 p.m. - Fri. Final: 5:53 p.m. - Sat.**

Records - National: 40.18 Leslie Maxie, Millbrae (Mills, CA) 1984  
State: 40.26 Janeene Vickers (Pomona) 1987

Pos.	Name	Gr.	School	Sect.	Sect. Mark	Place	Mark
1	Gaynell Troy	12	Fremont	CS	46.06		
2	Simone Brooks	12	Berkeley	NCS	45.22		
3	Lindsay Scarborough	11	San Lorenzo Valley	NCS	44.30		
4	Chelsea Johnson	10	Atascadero	SS	43.42		
5	Lashinda Demus	11	Long Beach Wilson	SS	41.20		
6	Deanna Slaton	12	Silver Creek	CCS	43.38		
7	Osarhiemen Omwangh	10	Buchanan	CS	44.29		
8	Brooklyn Hann	11	L Burbank	SJS	45.10		
9	Linda Hannan	12	Vacaville	SJS	45.87		
1	Brooke Meredith	12	West Valley	NS	47.26		
2	Bryne Steward	09	Cleveland	IAS	45.40		
3	Bryeanna Barmer	10	Helix	SDS	44.51		
4	April Russell	12	De Anza	NCS	43.43		
5	Nicole Denby	12	North, JW	SS	42.26		
6	Deneeka Torrey	12	Taft	IAS	43.20		
7	Kelly Smith	12	Long Beach Wilson	SS	44.22		
8	Tiffany Brown	10	Stockdale	CS	44.67		
9	Ebony Brown	11	Madera	CS	45.82		
1	Georgya Ferguson	10	Burton	SFS	48.41		
2	Kirah White	10	Edison	SJS	45.62		
3	Catie Coin	12	Rancho Bernardo	SDS	44.53		
4	Tunisia Johnson	10	L.B. Poly	SS	43.68		
5	Undine Becker	11	Mt. Pleasant	CS	43.01		
6	Tanisha Johnson	09	Eastlake	SDS	43.04		
7	Ashley Lodree	09	El Cerrito	NCS	43.98		
8	Monique Jessie	12	Carson	IAS	44.60		
9	Bahati Bodden	11	Logan, James	NCS	45.75		

## BOYS 300m LH

**Prelims: 7:55 p.m. - Fri. Final: 6:00 p.m. - Sat.**

Records - National: 35.32 George Porter (Cabrillo, Lompoc, CA) 1985  
State: 35.50 George Porter (Cabrillo, Lompoc, CA) 1985

Pos.	Name	Gr.	School	Sect.	Sect. Mark	Place	Mark
1	Sorush Groger	12	San Leandro	NCS	40.22		
2	Shawn Hooper	12	Encina	SJS	39.59		
3	Alex Steele	12	Washington	CE	38.80		
4	Halihil Guy	11	St. Mary's	NCS	38.23		
5	Trevor Jones	12	Newport Harbor	SS	36.89		
6	Jeremy Thornburg	12	Cathedral City	SS	37.85		
7	Erik Allen	12	Mission San Jose	NCS	38.58		
8	Nate Boudreaux	12	Piedmont Hills	NCS	39.27		
9	Cameron Burks	12	Dorsey	LAS	40.18		
1	Stanley Wong	11	Washington	SFS	43.39		
2	Clay Manning	12	Reedley	CS	39.78		
3	Kenneth Thomas	11	Gardena	SS	38.67		
4	John Williams	11	Notre Dame-S.O.	SS	38.03		
5	Bobby Salimi	12	Rancho Bernardo	SS	37.27		
6	Kurt Siebert	12	Norco	SS	37.77		
7	Tyson Redmond	11	Laguna Creek	SJS	38.58		
8	Rigo Canela	12	Oak Grove	CCS	39.21		
9	Thomas Mack	09	Bakersfield	CS	40.01		
1	Jason Jones	12	West Valley	NS	39.92		
2	Brandon Williams	12	Mt. Pleasant	CCS	38.81		
3	Darnell Talbert	11	Mt. Carmel	SDS	38.29		
4	Jeff Hunter	11	Granite Hills	SDS	37.29		
5	Steven Smith	12	Serra	SS	37.50		
6	Micah Kemp	12	Stagg	SJS	38.33		
7	Daveed Diggs	12	Berkeley	NCS	39.20		
8	John Walker	11	Birmingham	IAS	39.93		



Lashinda Demus of Long Beach Wilson looks to defend her title and is hot off a 41.20 section finals mark. photo by Kirby Lee



John Walker of Birmingham ran a 39.93 at the CIF Los Angeles City Section finals. photo by Kirby Lee

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 200m DASH

## BOYS 200m DASH

**Prelims: 8:08 p.m. - Fri. Final: 6:10 p.m. - Sat.**

Records - National: 22.67 Marion Jones (Thous. Oaks, CA) 1992  
State: 22.83 Marion Jones (Thous. Oaks) 1992

Pos.	Name	Gr.	School	Sect.	Sect. Mark	Place	Mark
1	Erin Curtis	11	Archbishop Mitty	CCS	26.03		
2	Emily Griffin	11	Del Oro	SJS	25.02		
3	Erin Reed	12	Taft	IAS	24.54		
4	Alexis Weatherspoon	11	Grant	IAS	24.20		
5	Aishia Margain	12	Berkeley	NCS	23.65		
6	Sani Roseby	12	Monterey	CCS	24.19		
7	Allyson Felix	09	Los Angeles Baptist	SS	24.47		
8	Maxine Marlow	10	Centennial	CS	25.00		
9	Jaime Stanfield	11	Edison	CS	25.76		
1	Elise Geiger	10	Gunn	CCS	26.07		
2	Tiffany Johnson	10	St Mary's	NCS	25.16		
3	Katrina Keith	11	Berkeley	NCS	24.68		
4	Reshundra Smiley	11	Ceres	SJS	24.31		
5	Monique Henderson	11	Morse	SDS	23.70		
6	Sierra Hauser-Price	11	Notre Dame-S.O.	SS	24.16		
7	Nastassja Hall	10	Rancho Buena Vista	SDS	24.46		
8	Bridgette Williams	09	North, JW	SS	24.86		
9	Deanna Goodwin	09	ISA	SFS	25.73		
1	Shante Winters	11	Woodcreek	SJS	25.31		
2	Michelle Stinnette	10	Cleveland	IAS	24.73		
3	Tracee Thomas	10	North, JW	SS	24.33		
4	Angel Perkins	10	Gahr	SS	23.78		
5	Tiffany Bennett	12	Centennial	CS	24.11		
6	Cheri Craddock	09	Logan, James	NCS	24.45		
7	Cieara Ray	12	Fallbrook	SDS	24.83		
8	Kelli Enos	11	Willows	NS	25.38		

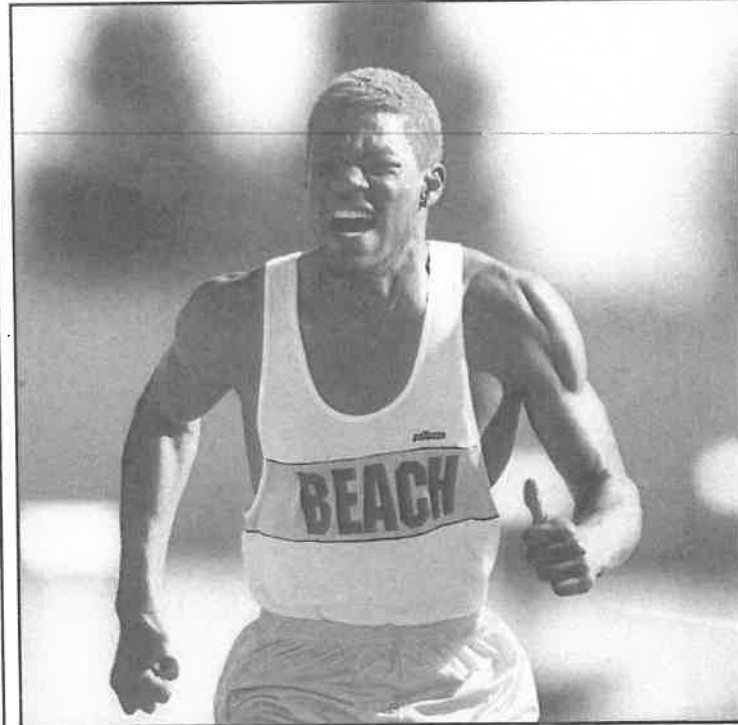
**Prelims: 8:20 p.m. - Fri. Final: 6:17 p.m. - Sat.**

Records - National: 20.0h Roy Martin (Roosevelt, Dallas TX) 1985  
State: 20.76 Kareem Kelly (Long Beach Poly) 1998

Pos.	Name	Gr.	School	Sect.	Sect. Mark	Place	Mark
1	Dennis Taylor	12	Pittsburg	NCS	22.90		
2	Brandon Holland	12	Buchanan	CS	22.37		
3	Charles Allgood	12	Washington	IAS	21.78		
4	Michael Roberts	11	Patrick Henry	SDS	21.70		
5	Albert Hollis	12	Christian Bros.	SJS	21.06		
6	Merrian Fontenot	12	Leuzinger	SS	21.56		
7	Karl Paymah	12	Culver City	SS	21.73		
8	Steven Tate	10	Lincoln	SFS	22.34		
9	Johnathon Lott	12	Kings Christian	CS	22.57		
1	Wesley Williams	12	Redwood	CS	22.57		
2	Rubin Williams	12	Valley Christian		22.38		
3	Boris McDaniel	11	Lincoln	SDS	21.80		
4	Carlos Moore	11	Morningside	SS	21.68		
5	Fred Williams	12	Taft	IAS	21.12		
6	Lamont Long	12	University City	SDS	21.50		
7	Claude Melvin	12	Gahr	SS	21.73		
8	Paul Gates	12	Freedom	SJS	22.31		
9	Khaek Khongsaengda	11	Eureka	NS	22.48		
1	Philip Jackson	12	Archbishop Riordan	CCS	22.40		
2	Antwan Guidry	11	Leigh	CCS	21.96		
3	Phillip Francis	11	Fairfax	IAS	21.71		
4	Bennie Robinson	12	L.B. Poly	SS	21.19		
5	Rodney Landingham	11	Sonora	SJS	21.36		
6	Maurice Dosty	11	Franklin		21.71		
7	Joe-K onyenegecha	11	El Cerrito	NCS	22.23		
8	Obi Osuji	11	Red Bluff	NS	22.43		



Gahr High's Angel Perkins placed third last year and will be challenging Tracee Thomas and Sani Roseby. photo by Kirby Lee



Bennie Robinson ran a 21.19 at the CIF Southern Section finals and helps fuel the Jackrabbits title hopes. photo by Kirby Lee



# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 3200m RUN

**Final: 6:25 p.m. - Sat.**

Records - National: 9:48.59 Kim Mortensen (Thousand Oaks, CA) 1996  
State: 9:52.80 Kim Mortensen (Thousand Oaks, CA) 1996

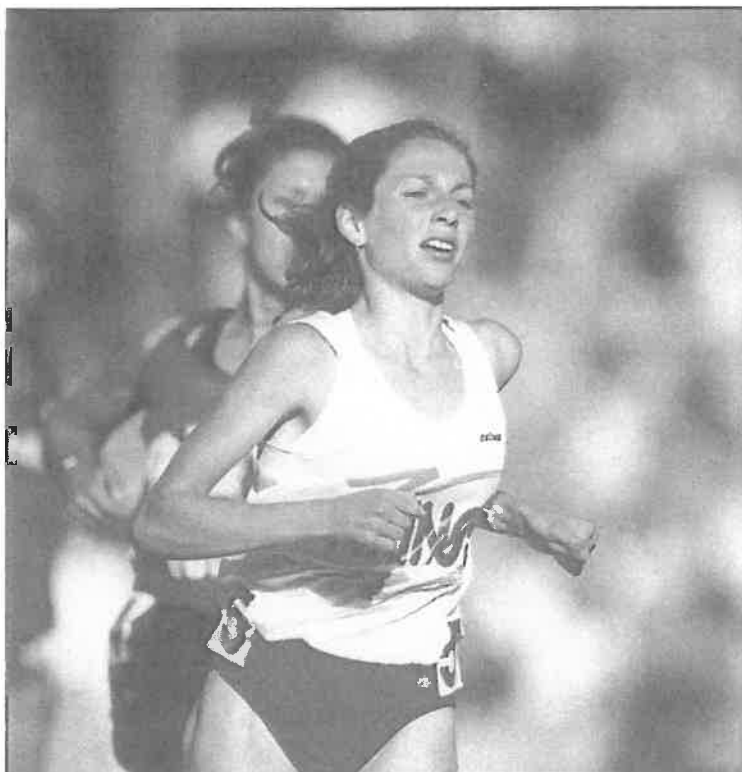
Pos.	Name	Gr.	School	Sect.	Sect. Mark	Place	Mark
1	Emily Vince	10	Peninsula	SS	10:54.19		
2	Amber Steen	11	Newport Harbor	SS	10:52.32		
3	Jamie Witt	12	Folsom	SJS	10:47.36		
4	Alex Guerrero	12	Hughson	SJS	10:46.42		
5	Sara Bei	11	Montgomery	NCS	10:33.14		
6	Anita Siraki	11	Hoover	SS	10:38.21		
7	Julie Allen	10	Fountain Valley	SS	10:46.54		
8	Latesha Jones	12	Rialto	SS	10:49.75		
9	Amber Trotter	10	Ukiah	NS	10:52.56		
10	Alejandra Barrientos	11	San Lorenzo Vall.	NCS	10:56.01		
11	Susan Chan	11	Monte Vista	NCS	10:57.09		
12	Ruth Graham	09	Gunn	CCS	10:58.73		
13	Kim Smith	11	Clovis West	CS	11:03.27		
14	Shannon Rowbury	10	Sacred Hrt Cathedral	CCS	11:05.36		
15	Kelli Vanderburg	11	Buchanan	CS	11:06.68		
16	Julie Manson	12	Rancho Bernardo	SDS	11:07.16		
17	Valerie Flores	12	San Pedro	LAS	11:07.94		
18	Heather Hansen	10	Madera	CS	11:09.78		
19	Clara Horowitz	10	Head Royce	NCS	11:10.08		
20	Natalie Stein	11	North Hollywood	LAS	11:11.92		
21	Michelle Solone	10	Folsom	SJS	11:13.13		
22	Alle Porter	12	Dunsmuir	NS	11:15.05		
23	Loretta Kilmer	11	Ramona	SDS	11:24.33		
24	Jasmine Marquez	11	El Capitan	SDS	11:34.21		
25	Michi Hirakawa-Won	11	Lowell	SFS	11:41.72		
26	Julia Gray	12	San Pedro	LAS	11:42.58		

## BOYS 3200m RUN

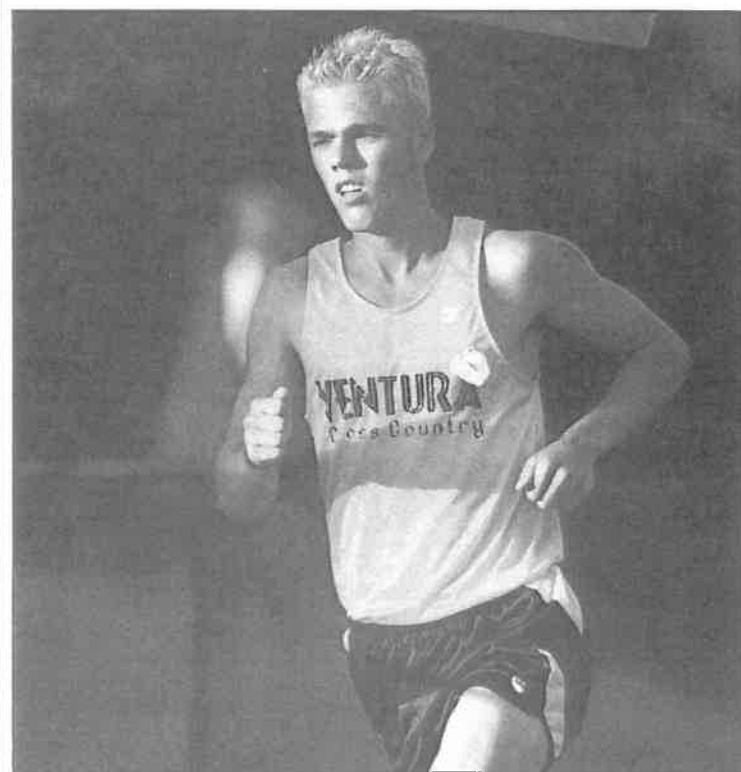
**Final: 6:42 p.m. - Sat.**

Records - National: 8:44.95 Eric Mastalir, Jesuit Carmichael, CA 1986  
State: 8:44.95 Eric Mastalir, Jesuit Carmichael, CA 1986

Pos.	Name	Gr.	School	Sect.	Sect. Mark	Place	Mark
1	Travis Laird	12	San Marcos	SDS	9:21.07		
2	Henry Hagenbuch	10	Cate	SS	9:18.54		
3	Tom Kubler	11	Viewpoint	SS	9:16.98		
4	Danny Mejia	12	Katella	SS	9:13.66		
5	Ryan Hall	11	Big Bear	SS	9:02.57		
6	Josh Spiker	12	Ventura	SS	9:13.35		
7	Girmay Guangul	12	Santa Clara	CCS	9:16.38		
8	Fernando Cabada	12	Buchanan	CS	9:17.89		
9	Mario Macias	12	Delano	CS	9:20.49		
10	Brett Gotcher	10	Aptos	CCS	9:21.44		
11	Neil Davis	11	Bellarmine	CCS	9:21.68		
12	Daniel Avila	12	Reedley	CS	9:21.90		
13	Yong-Sung Leal	09	Arroyo	NCS	9:22.80		
14	Gilliatt Ghebray	10	Logan, James	NCS	9:25.09		
15	Vic Moreno	12	Escalon	SJS	9:28.31		
16	Anton Chamberlain	12	Oak Ridge	SJS	9:28.70		
17	Shaun Lyle	10	Eureka	NS	9:29.00		
18	Sergio Campos	12	Marshall	LAS	9:29.81		
19	Tim Nelson	09	Liberty Chr.	SS	9:30.81		
20	Daniel Clements	11	Taft	LAS	9:31.29		
21	Justin Neuroth	12	Vista	SDS	9:31.34		
22	Carl Dambowski	10	Merill West	CS	9:31.87		
23	Matt McInvale	12	Ramona	SDS	9:34.73		
24	Tom Phelps	11	Piedmont Hills	CCS	9:35.72		
25	Raymundo Castillo	11	Belmont	LAS	9:38.15		
26	Robert Eap	12	Lincoln	SFS	10:17.88		



Sara Bei, a junior from Montgomery High School, has won individual titles in both the 1600 and 3200 meters. photo by Kirby Lee



Josh Spiker of Ventura High is the defending state champion in the 3200 meters. photo by Kirby Lee

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS 1600m RELAYS

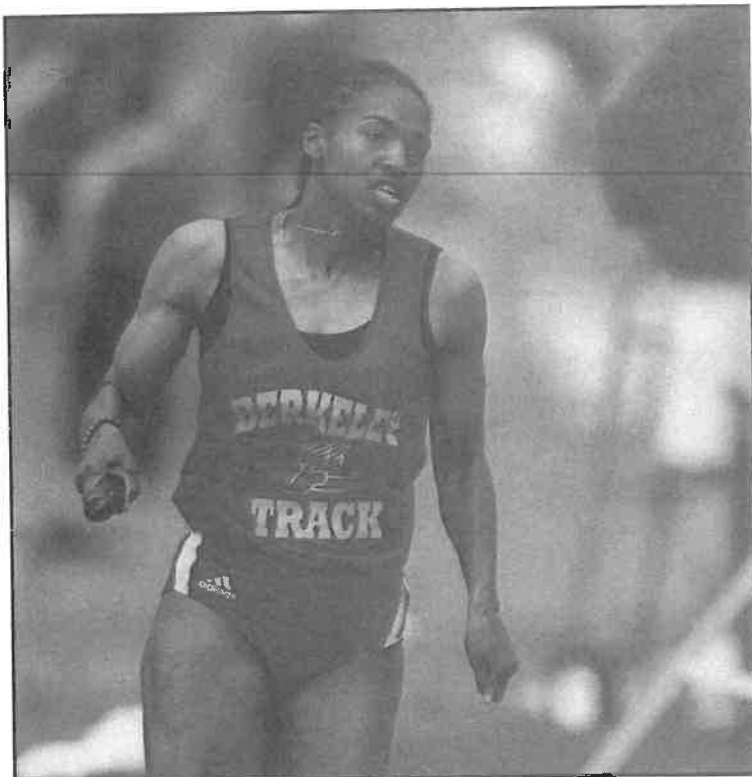
**Prelims: 8:50 p.m. - Fri. Final: 7:00 p.m. - Sat.**  
 Records - National: 3:36.32 Long Beach Wilson (Long Beach, CA) 1998  
 State: 3:36.32 Long Beach Wilson (Long Beach) 1998

Pos.	School	Sect.	Sect. Mark	Place	Mark
1	Fremont (Ok)	CS	4:03.85		
2	Vallejo	SJS	3:57.64		
3	Rancho Bernardo	SDS	3:55.82		
4	LA Salle	SS	3:52.83		
5	North, JW	SS	3:39.46		
6	De Anza	NCS	3:52.64		
7	Buchanan	CS	3:55.05		
8	Morse	SDS	3:56.88		
9	Silver Creek	SJS	4:00.90		
1	Foothill	NS	4:07.35		
2	Centennial	CS	3:57.75		
3	Deer Valley	NCS	3:56.19		
4	San Lorenzo Valley	NCS	3:53.15		
5	Long Beach Wilson	SS	3:39.64		
6	Morningside	SS	3:48.38		
7	Rancho Buena Vista	SDS	3:54.59		
8	Westchester	LAS	3:56.81		
9	Dorsey	IAS	3:59.98		
1	International Studies Academy	SFS	4:12.00		
2	Woodcreek	SJS	3:59.05		
3	Maria Carillo	NCS	3:56.40		
4	Birmingham	LAS	3:53.64		
5	L.B. Poly	SS	3:45.04		
6	Berkeley	NCS	3:48.28		
7	Edison	CS	3:54.14		
8	Soquel	CCS	3:56.55		
9	Laguna Creek	SJS	3:59.75		

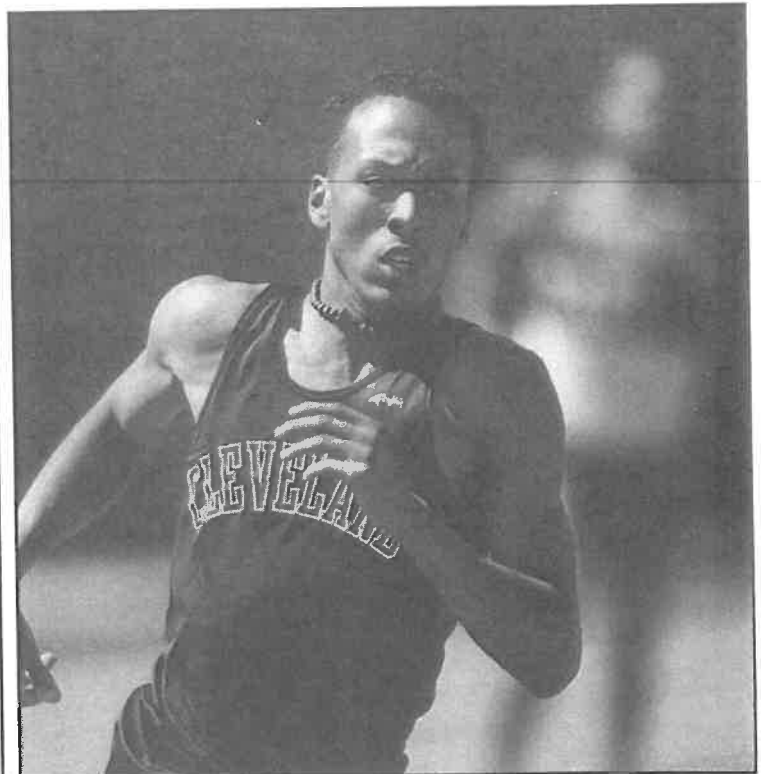
## BOYS 1600m RELAYS

**Prelims: 9:10 p.m. - Fri. Final: 7:10 p.m. - Sat.**  
 Records - National: 3:07.40 Hawthorne (Hawthorne, CA) 1985  
 State: 3:08.66 Muir (Pasadena) 1996

Pos.	School	Gr. School	Sect.	Sect. Mark	Place	Mark
1	West Valley		NS	3:26.98		
2	Jesuit		SJS	3:21.13		
3	Stockdale		CS	3:20.64		
4	St Mary's		NCS	3:17.77		
5	Serra		SS	3:13.72		
6	Santa Margarita		SS	3:17.46		
7	San Lorenzo Valley		NCS	3:20.33		
8	Gardena		SS	3:21.01		
9	Fortuna		NCS	3:23.52		
1	Mc Clymonds		OS	3:31.80		
2	Fairfax		LA	3:21.24		
3	Deer Valley		NCS	3:20.91		
4	West Hills		SDS	3:18.00		
5	L.B. Poly		SS	3:14.40		
6	Serra		SDS	3:17.30		
7	Vallejo		SJS	3:19.86		
8	Palma		CCS	3:21.00		
9	Northgate		NCS	3:22.12		
1	Lincoln		SF	3:38.51		
2	Bakersfield		CS	3:21.79		
3	Bellarmine		CCS	3:20.99		
4	Morningside		SS	3:18.28		
5	Gahr		SS	3:15.55		
6	Cleveland		IAS	3:17.27		
7	Rancho Bernardo		SDS	3:19.57		
8	Valley (Sj)		SJS	3:21.00		
9	McLane		CS	3:21.94		



Aisha Morgain leads Berkeley's hopes in the 1600 meter relays.  
 photo by Kirby Lee



Jason Lovell is the top relay runner for Cleveland High School.  
 photo by Kirby Lee

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## BOYS HIGH JUMP

**Prelims: 6:30 p.m. - Fri. Final: 5:30 p.m. - Sat.**  
 Records - National: 7-05.25 Dorthel Edwards, Athens, GA 1984  
 State: 7-03.25 Lee Balkin, Glendale 1979

Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1 Edwin Shew	11 Lowell	SFS	6'02.00"	A	
2 Kenton Paulino	11 Fremont	LAS	6'02.00"		
3 Isaiah Mayne	12 Skyline	CS	6'02.00"		
4 Brandon Peters	12 Arroyo	NCS	6'04.00"		
5 Dan Trautner	11 Northgate	NCS	6'04.00"		
6 Kent Centers	10 Bellarmine	CCS	6'04.00"		
7 Isaac Simms	11 University City	SDS	6'05.00"		
8 Darren Williams	12 Andrew Hill	OCS	6'06.00"		
9 Doug Smith	12 West Valley	SS	6'06.00"		
10 Keno White	11 Rancho Bernardo	SDS	6'06.00"		
11 Reuben Mastin	12 Del Mar	CCS	6'06.00"		
12 Fernando Lopez	12 Taft	LAS	6'06.00"		
13 Jim Lunnen	12 Santa Margarita	SS	6'06.00"		
14 Eric Norcross	12 Clovis West	CS	6'06.00"		
15 Jon Willison	12 Montgomery	NCS	6'07.00"		
16 Chris Staton	12 Patrick Henry	SDS	6'08.00"		
17 James Sadler	12 Sierra	SJS	6'08.00"		
18 David Glasgow	12 Golden Valley	SJS	6'08.00"		
19 Michael Wood	12 Palisades	SS	6'08.00"		
20 James Randel	12 Lemoore	CS	6'08.00"		
21 Chadd Smith	11 Camarillo	SS	6'08.00"		
22 Jason Romero	12 Ganesha	SS	6'08.00"		
23 Curtis Dilley	12 Center	SJS	6'09.00"		
24 Teak Wilburn	10 Chico	NS	6'09.00"		
25 Arthur Hinojosa	12 West Bakersfield	CS	6'10.00"		
26 Jerrick Holmes	12 Palmdale	SS	6'10.00"		
27 Ebon Glenn	12 St Mary's	NCS	6'11.00"		

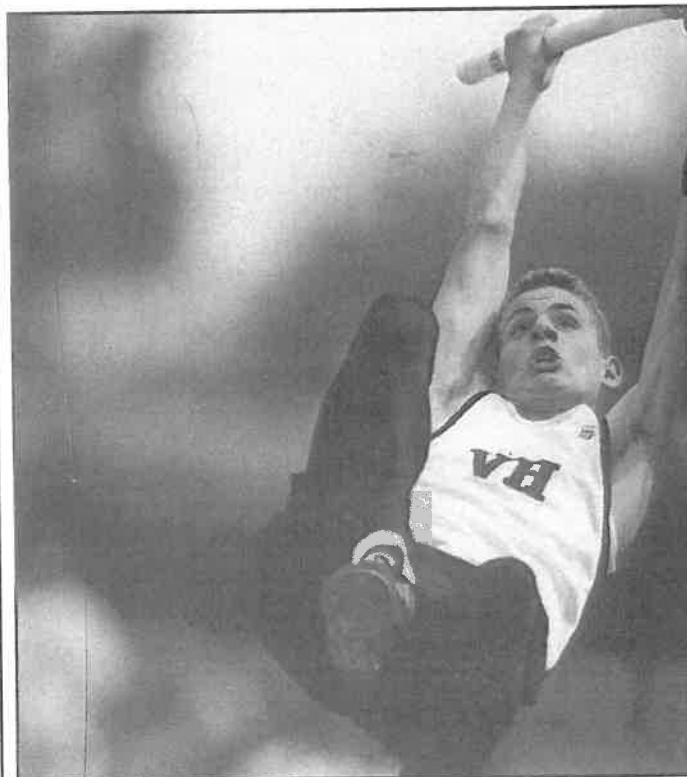
## BOYS POLE VAULT

**Prelims: 6:00 p.m. - Fri. Final: 5:00 p.m. - Sat.**  
 Records: - National: 17-9.05 Joe Dial Marlow, OK 1981  
 State: 17-00.5 Anthony Curran, Crespi 1978

Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Ma
1 Tyler Gray	12 West Valley	NS	13'00.00"		
2 Robert Mooney	12 Birmingham	LAS	13'00.00"		
3 Jeff Harris	10 Ygnacio Valley	NCS	13'06.00"		
4 Casey Meirovitz	12 Moreau Catholic	NCS	13'09.00"		
5 Adam Hess	12 Logan, James	NCS	13'09.00"		
6 Will Snyder	12 San Benito	OCS	14'00.00"		
7 Nate Guido	12 Montgomery	NCS	14'00.00"		
8 Mark Martello	12 San Clemente	SS	14'00.00"		
9 Scott Weighall	10 Highland	CS	14'00.00"		
10 John Pinson	12 Kennedy	LAS	14'01.00"		
11 Tim Warner	10 Carlsbad	SDS	14'04.00"		
12 Ryan Ledger	12 Clovis West	CS	14'06.00"		
13 Matt Chisam	12 St Francis	OCS	14'06.00"		
14 Theotis Daniels	12 Gonzales	OCS	14'06.00"		
15 Rigo Vargas	12 Oakdale	SJS	14'06.00"		
16 Levi Walker	11 Hemet	SS	14'06.00"		
17 Ryan Grand	12 Sonora	SJS	14'06.00"		
18 Daniel Lundy	12 Woodcreek	SJS	14'06.00"		
19 Scott Sobieralshi	11 Golden West	CS	15'00.00"		
20 Pat Luke	12 Santa Margarita	SS	15'00.00"		
21 John Takahashi	12 Grossmont	SDS	15'04.00"		
22 Dustin Morrison	12 Alta Loma	SS	15'06.00"		
23 Travis Offner	12 Mt. Carmel	SDS	15'08.00"		
24 Logan Odden	12 Marina	SS	16'01.00"		
25 Shane Hackett	12 Verdugo Hills	SS	16'02.00"		



Golden Valley's David Glasgow went 6-8 at the CIF Sac-Joaquin Section finals.



Shane Hackett of Verdugo Hills figures as a favorite in pole vault. photo by Kirby Lee

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## BOYS LONG JUMP

## BOYS TRIPLE JUMP

**Prelims: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.**

Records - National: 26-04.75 James Stallworth, Tulare, CA 1989  
State: 26-04.75 James Stallworth, Tulare, CA 1989

Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1 Donald Wilson	10 Dorsey	LAS	21'05.00"		
2 Michael Johnson	12 Mission San Jose	NCS	21'07.50"		
3 Chris Costa	11 California	NCS	21'07.75"		
4 Jamaal Crawford	12 Taft	LAS	21'10.25"		
5 Raymond Ng	12 Galileo	SFS	22'00.50"		
6 Chase Lyman	12 St Francis	CCS	22'02.75"		
7 Solomon Welch	10 St Mary's	NCS	22'03.00"		
8 Shannon Nowden	11 Mission Bay	SDS	22'04.25"		
9 Antonio Thomas	12 Century	SS	22'05.00"		
10 Andre Serrette	12 Eisenhower	SS	22'06.00"		
11 Steve Baker	12 Gunn	CCS	22'08.50"		
12 Christopher Morgan	11 Taft	LAS	22'09.50"		
13 Zonte Dunn	12 Wood	SJS	22'11.25"		
14 Trevor Chatterton	12 Concord	NCS	22'11.25"		
15 Alex Jones	11 Buchanan	CS	23'00.25"		
16 Jess Washington	12 Tulare Western	CS	23'00.25"		
17 Juaune Armon	12 Archbishop Mitty	CCS	23'01.50"		
18 Josh Lopes	12 Highland	CS	23'03.00"		
19 Tony Allmond	12 St Paul	SS	23'04.50"		
20 Jeff Billing	12 West Valley	NS	23'05.00"		
21 Eric Williams	12 Rancho Bernardo	SDS	23'05.75"		
22 Tony Ortiz	12 Helix	SDS	23'08.75"		
23 David Malonson	12 Mayfair	SS	23'09.75"		
24 Trevell Quinley	11 Merrill West	CS	23'11.00"		
25 Oliver Jackson	12 Royal	SS	24'00.75"		
26 Brandon Parker	12 Lincoln Stockton	SJS	24'03.50"		

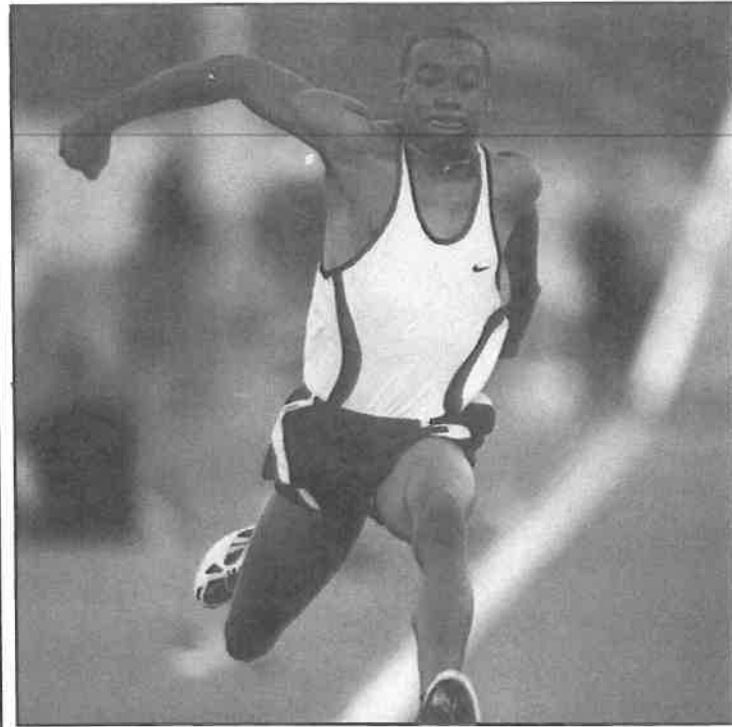
**Prelims: 6:30 p.m. - Fri. Final: 5:30 p.m. - Sat.**

Records: - National: 52-10.5 Charles Mayfield, Muir (Pasadena) 1980  
State: 52-04.75 Ken Frazier, Mission (San Francisco) 1981

Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1 Atiba Wright	11 Grant	LA	44'02.50"		
2 Michael Voong	12 Galileo	SFS	44'06.00"		
3 Patrick Grogan	11 Piedmont Hills	NCS	44'07.00"		
4 Isaac Clark	12 Lassen	NS	44'09.00"		
5 Jamaal Crawford	12 Taft	LAS	44'11.25"		
6 John Wiley	12 Bakersfield	CS	45'05.75"		
7 James Little	11 Turlock	SJS	45'06.00"		
8 Roshod Higgs	12 Independence	CCS	45'06.50"		
9 Jon-Pierre Loche	12 Bishop O' Dowd	NCS	45'08.50"		
10 Lenny McCormick	12 Clovis	CS	45'10.50"		
11 Michael Johnson	12 Mission San Jose	NCS	45'11.00"		
12 Ken Myers	11 Del Campo	SJS	46'02.50"		
13 Jason Romero	12 Ganesha	SS	46'02.50"		
14 Jamal Randall	12 Monte Vista	SDS	46'03.00"		
15 Asokah Muhammad	11 St Mary's	NCS	46'03.50"		
16 Donald Wilson	10 Dorsey	LAS	46'03.50"		
17 James Sadler	12 Sierra	SJS	46'06.50"		
18 Roger Nunn	12 Gahr	SS	46'08.25"		
19 Clarence Moore	12 Cypress	SS	47'02.50"		
20 Trandon Harvey	11 Sweetwater	SDS	47'06.00"		
21 Nate Maxwell	12 Mt. Pleasant	CCS	47'09.50"		
22 Solomon Welch	10 St Mary's	NCS	47'09.75"		
23 Jess Washington	12 Tulare Western	SJS	47'10.50"		
24 Jamil Smith	11 Palmdale	SS	47'11.75"		
25 Tony Ortiz	12 Helix	SDS	49'03.00"		
26 Anton Porter	12 Highland	SS	49'09.50"		



**Tony Allmond of St. Paul High is a leading contender here with a section mark of 23-4 1/2. photo by Kirby Lee**



**Jamil Smith of Palmdale jumped 47-11 3/4 in the section finals. photo by Kirby Lee.**

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## BOYS SHOT PUT

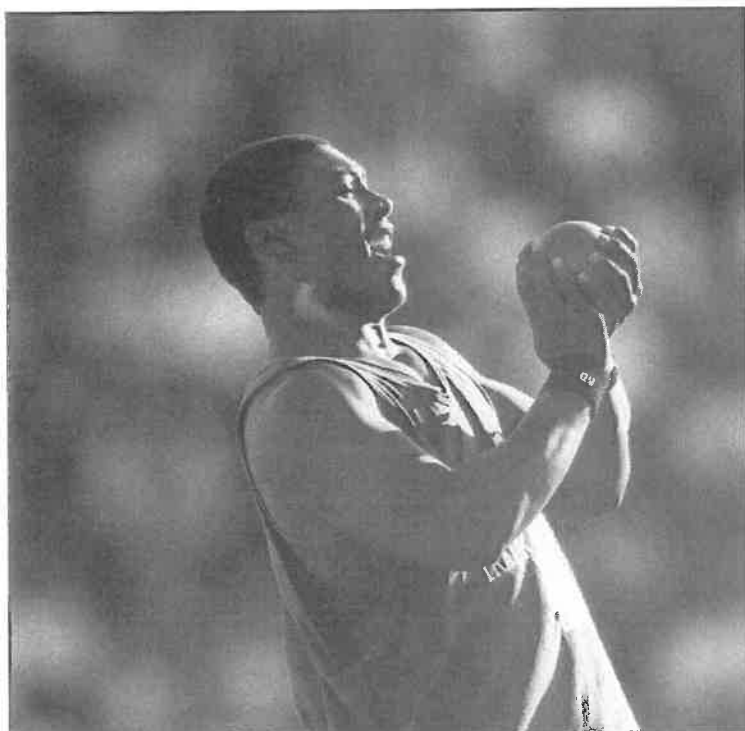
**Prelims: 3:00 p.m. - Fri. Final: 3:00 p.m. - Sat.**  
 Records - National: 77-00.0 Michael Carter, Dallas TX (Jefferson) 1979  
 State: 74-04.75 Brent Noon (Fallbrook) 1990

Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1 Matthew Joyner	12 Lincoln	SFS	42'04.00"	*	
2 Luis Medina	12 Birmingham	LAS	50'02.00"		
3 Edgardo Gonzalez	11 South Gate	LAS	50'08.50"		
4 Jason Turek	12 Rancho Bernardo	SDS	52'02.00"		
5 Jake Golenor	10 Foothill	NS	52'04.25"		
6 Andy Todd	12 Deer Valley	NCS	52'06.50"		
7 Steve Vieira	12 Carlsbad	SDS	52'07.00"		
8 William O'Neil	11 Clovis West	CS	53'00.00"		
9 Drew Tombleson	12 Woodland	NS	54'01.50"		
10 Tony Rivera	11 Menlo Atherton	CCS	55'03.00"		
11 Travis Watkins	12 Helix	SDS	55'07.00"		
12 Ryan Lockner	12 California	NCS	55'08.25"		
13 Adam Tafralis	10 Mills	CCS	56'05.00"		
14 Corey Hardin	12 Acalanes	NCS	56'05.00"		
15 John Newell	12 Woodland	NS	56'08.00"		
16 Anthony Sanchez	12 North Salinas	CCS	56'10.00"		
17 David Rivera	12 Arroyo Grande	SS	57'02.75"		
18 Teron Brown	12 Muir	SS	57'10.50"		
19 Brian Moon	12 Bishop O' Dowd	NCS	58'02.50"		
20 Travis Johnson	12 Notre Dame-S.O.	SS	58'04.00"		
21 Jake Knight	11 Rubidoux	SS	58'07.50"		
22 Cole Sprague	12 Coalinga	CS	59'02.00"		
23 Sean Sheilds	11 Arroyo Grande	SS	59'03.25"		
24 David Adamo	12 Clovis West	CS	59'07.50"		
25 Rusty Price	12 Atwater	SJS	61'06.50"		
26 Rhuben Williams	12 Eagle Rock	LAS	61'11.00"		

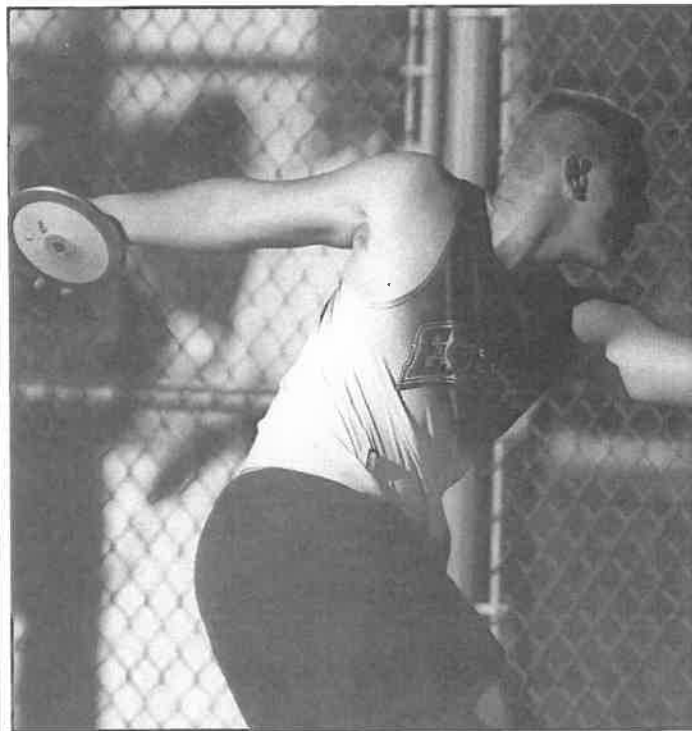
## BOYS DISCUS

**Prelims: 5:30 p.m. - Fri. Final: 5:00 p.m. - Sat.**  
 Records: - National: 224-03.0 Kamy Keshmiri, Reno, NV 1987  
 State: 203-04.0 Blutreich, Capo Valley; Powell, Redwood '85

Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1 Danny Kwong	10 Lowell	SFS	124'07.00"		
2 Vinnie William	12 Hollywood	LAS	127'11.00"		
3 Louis Menina	12 Birmingham	LAS	128'10.00"		
4 Jamal Jones	12 Skyline	OS	138'01.00"		
5 Charlie Griffin	11 Logan, James	NCS	149'07.00"		
6 Kurt Seefeld	10 Marin Catholic	NCS	155'10.00"		
7 Phil Hughes	12 Gridley	NS	159'10.00"		
8 Tony Arieta	12 De La Salle	NCS	166'00.00"		
9 Travis Asch	12 El Capitan	SDS	166'05.00"		
10 Hans Van Dale	11 Aptos	CCS	166'05.00"		
11 Javon Kemp	11 South Bakers.	CS	168'09.00"		
12 Chris Schwacofer	12 Gilroy	CCS	169'03.00"		
13 Gilbert Rocha	12 Linden	SJS	169'07.00"		
14 John Cunnie	12 San Marin	NCS	169'08.00"		
15 Jason Tuerk	12 Rancho Bernardo	SDS	170'08.00"		
16 Mike Meyer	12 Del Campo	SJS	170'09.00"		
17 William O'Neil	11 Clovis West	CS	171'06.00"		
18 Jeff Pederson	11 Sierra	CS	175'01.00"		
19 Sean Shields	11 Arroyo Grande	SS	176'09.00"		
20 Josh Rider	12 Murrieta Valley	SS	176'10.00"		
21 Rusty Price	12 Atwater	SJS	179'03.00"		
22 Jason Rider	11 Murrieta Valley	SS	180'10.00"		
23 Rhuben Williams	12 Eagle Rock	LAS	181'02.00"		
24 Chris Gocong	11 Carpinteria	SS	183'03.00"		
25 Tavis Jones	12 Mira Mesa	SDS	183'06.00"		
26 Tony Miranda	12 Sacred Hrt Cathedral	CCS	194'04.00"		
27 Travis Pendleton	12 Esperanza	SS	197'04.00"		



**Eagle Rock's Rhuben Williams is the clear-cut favorite in the boys' shot put.** photo by Kirby Lee



**Travis Pendleton of Esperanza is the leader going into the meet with a section throw of 197-4.** photo by Kirby Lee

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS HIGH JUMP

**Prelims: 6:30 p.m. - Fri. Final: 3:00 p.m. - Sat.**  
 Records - National: 6-03.0 Amy Acuff, Corpus Cristi, TX (Calallen) 1992  
 State: 6-02.0 Latrese Johnson, Clovis 1985

Pos.	Name	Gr.	School	Sect.	Sect. Mark	Place	Mark
1	Victoria Curtis	10	Cleveland	LAS	5'00.00"		
2	Patrice Edwards	11	Banning	LAS	5'00.00"		
3	Kelsey Turner	12	Granite Hills	SDS	5'02.00"		
4	Heather Hernandez	09	Turlock	SJS	5'02.00"		
5	Eva Tanner	09	Grossmont	SDS	5'04.00"		
6	Lauren Jones	11	Torrey Pines	SDS	5'04.00"		
7	Skye Vendt-Pearch	12	Sonoma Valley	NCS	5'04.00"		
8	Kristen Andre	10	Kelseyville	NCS	5'04.00"		
9	Rachel Schaffner	09	Moreau Catholic	NCS	5'04.00"		
10	Jennifer Towsley	11	San Benito	OCS	5'04.00"		
11	Aoife Keane	11	St Ignatius	OCS	5'05.00"		
12	Amber Nixon	12	Amador Valley	NCS	5'05.00"		
13	Tara Maves	12	Nevada Union	SJS	5'05.00"		
14	Becky Rankin	12	Las Plumas	NS	5'06.00"		
15	Schquay Brignac	12	Taft	LA	5'06.00"		
16	Niki Avery	12	Lemoore	CS	5'06.00"		
17	Christine Harms	10	EL Dorado	SJS	5'06.00"		
18	Kelly Dahl	11	Kingsburg	CS	5'06.00"		
19	Jenna Lazzerini	12	Garces	CS	5'06.00"		
20	Chaunte Howard	10	North, JW	SS	5'07.00"		
21	Lisa Wygant	12	Camarillo	SS	5'07.00"		
22	Bianca Ziemann	10	Edison-HB	SS	5'07.00"		
23	Sharon Day	09	Costa Mesa	SS	5'09.00"		
24	Rachel Ziemann	10	Edison-HB	SS	5'10.00"		
25	Jenna Grimaldi	11	St Ignatius	SFS	5'10.00"		

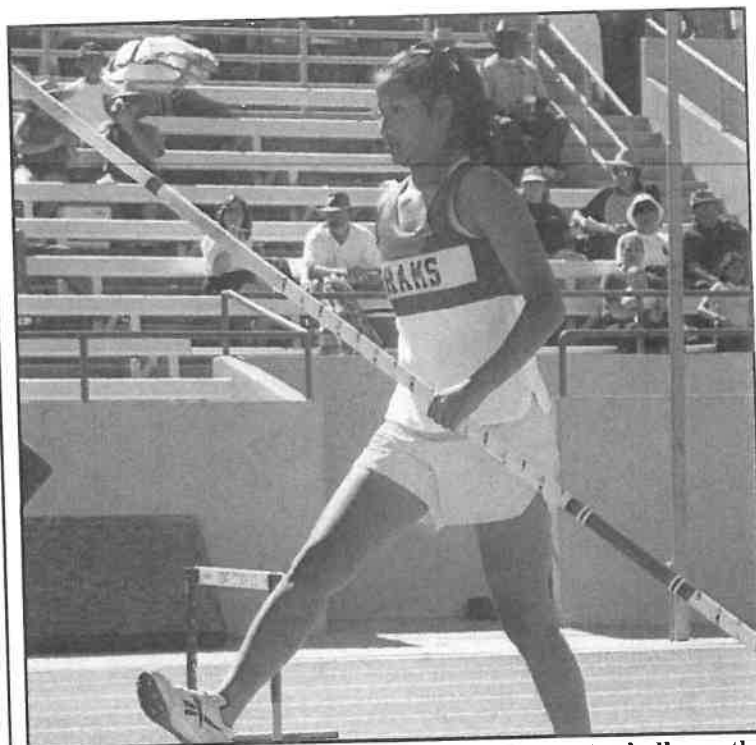
## GIRLS POLE VAULT

**Prelims: 2:00 p.m. - Fri. Final: 2:15 p.m. - Sat.**  
 Records: - National: 13-0 Shannon Agee, Helena, MT 1998  
 State: 12-8 Tracy O'Hara, Rancho Bernardo 1998

Pos.	Name	Gr.	School	Sect.	Sect. Mark	Place	Mark
1	Heidi Kreis	11	San Pedro	LAS	9'00.00"		
2	Jenka Helm	12	Las Lomas	NCS	10'00.00"		
3	Sarah Burgess	11	Liberty	NCS	10'00.00"		
4	Kayla Wilson	12	Oakdale	SJS	10'03.00"		
5	Katie Nishimura	10	Bella Vista	SJS	10'03.00"		
6	Ali Fisher	11	Woodland	NS	10'03.00"		
7	Veronica Garcia	11	Newark Memorial	NCS	10'03.00"		
8	Julia Preston	12	Poway	SDS	10'04.00"		
9	Michelle Rivera	10	Birmingham	LAS	10'06.00"		
10	Katie Collins	12	Vista	SDS	10'08.00"		
11	Ashley Lennon	11	Petaluma	NCS	10'09.00"		
12	Shannon Benson	12	Golden West	CS	11'00.00"		
13	Molly Pascarella	11	Rancho Bernardo	SDS	11'00.00"		
14	Buffie Ryan	12	Soquel	OCS	11'00.00"		
15	Lexine Lesser	12	Hanford	CS	11'00.00"		
16	Paige Roberts	11	Atascadero	SS	11'00.00"		
17	Katharine Pacheco	11	Golden West	CS	11'00.00"		
18	Lauren Ho	11	Westmoor	OCS	11'06.00"		
19	Chelsea Connolly	11	Soquel	OCS	11'06.00"		
20	Anna Diko	12	Murrieta Valley	SS	11'06.00"		
21	Katie Eckley	11	West Valley	NS	11'06.00"		
22	Laura Chen	11	Temple City	SS	11'06.00"		
23	Jamie Kolar	11	L.B. Poly	SS	11'06.00"		
24	Caroline Rebello	12	Marina	SS	11'06.00"		
25	Melissa Astete	11	Birmingham	LAS	12'00.25"		



The sister duo of Bianca Ziemann (pictured) and Rachel Ziemann of Edison High figure among the favorites in the high jump. photo by Kirby Lee



Laura Chen, from Templeton City High, figures to challenge the leaders and the 12-0 mark.

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS LONG JUMP

**Prelims: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.**

Records - National: 20-01.75 Kathy McMillian, Raeford, NC 1976

State: 20-00.5 Marion Jones, Thousand Oaks 1993

Pos. Name	Gr. School	Sect. Sect. Mark	Pos. Place Mark
1 Shante Washington	12 Banning		16' 06.75"
2 Renee Williams	09 Skyline	OS	16' 06.75"
3 Chrissie Heckman	12 Sutter	NS	16' 09.75"
4 Tammy Carpenter	12 Birmingham	LAS	16' 11.00"
5 Jessica Thomas	10 El Camino	SDS	17' 04.50"
6 Nastassja Hall	10 Rancho Buena Vista	SDS	17' 05.50"
7 Kalani Holleman	11 Hayward	NCS	17' 06.75"
8 Charlene Deardorf	11 Mt. Pleasant	CCS	17' 07.75"
9 Gilleon Smith	12 MT Eden	NCS	17' 09.50"
10 Aroline Neal	12 Rancho Buena Vista	SDS	17' 10.50"
11 Kira Costa	09 Lemcoze	CS	18' 00.00"
12 Ashley Lodree	09 El Cerrito	NCS	18' 01.00"
13 Lakiste Barkus	12 Cerritos	SS	18' 01.25"
14 Brandi Phifer	09 Clovis West	CS	18' 02.00"
15 Lacey Turner	12 Dos Palos	CS	18' 02.50"
16 Shante Smith	11 Mt. Pleasant	OCS	18' 02.75"
17 Beyonka McDowell	12 Vallejo	SJS	18' 03.75"
18 Blessing Ufodiama	12 L.B. Poly	SS	18' 04.25"
19 Corri Allen	12 Laguna Creek	SJS	18' 04.50"
20 Alexis Weatherspoon	11 Grant	IAS	18' 07.00"
21 Porchea Carroll	11 Rio Mesa	SS	18' 07.50"
22 Jimia White	11 Casa Roble	SJS	18' 07.75"
23 Roshena Duree	10 Burton	SFS	18' 08.00"
24 Dana Bethel	11 Mission Viejo	SS	19' 00.25"
25 Michelle Sanford	09 Woodbridge	SS	19' 00.50"
26 Shanita Bryant	12 Ygnacio Valley	NCS	19' 04.00"
27 Elzunia Lamb	11 San Benito	OCS	19' 04.25"

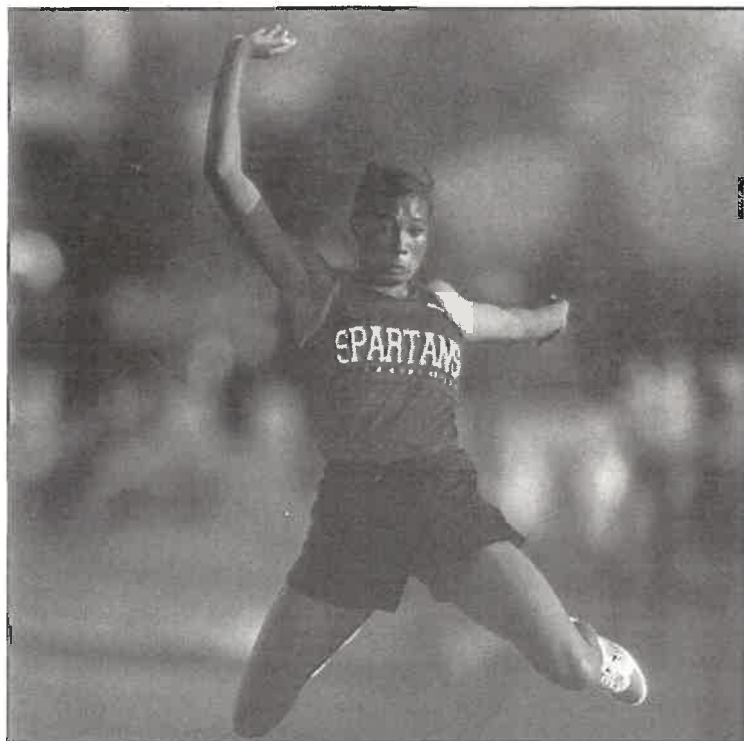
## GIRLS TRIPLE JUMP

**Prelims: 6:30 p.m. - Fri. Final: 5:30 p.m. - Sat.**

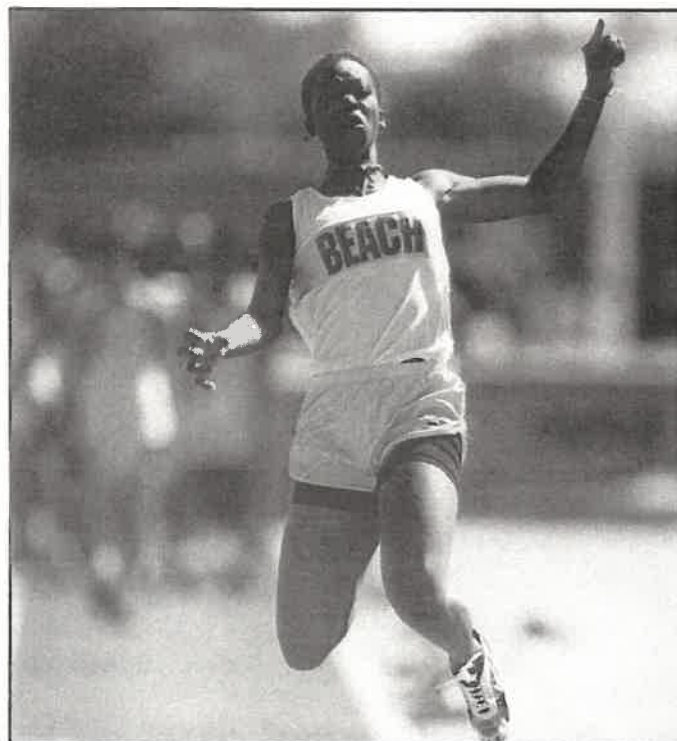
Records - National: 44-05.5 Juliana Yendork, Walnut, CA 1991

State: 44-05.5 Juliana Yendork, Walnut, CA 1991

Pos. Name	Gr. School	Sect. Sect. Mark	Place
1 Mary Young	11 Tulare Union	CS	ND
2 Tamiliya Brown	12 Skyline	OS	35' 04.75"
3 Sarah Robinson	09 Hoover	CS	36' 01.25"
4 Xaviera Terry	12 Palisades	LAS	36' 04.00"
5 Laura Pilliti	10 Stockdale	CS	36' 06.50"
6 Sarah Iceman	12 Central Valley	NS	36' 09.25"
7 Jane Givens	12 La Jolla	SDS	36' 10.50"
8 Meagan Bornes	11 Rancho Buena Vista	SDS	37' 04.75"
9 Schquay Brignac	12 Taft	IAS	37' 05.25"
10 Beth Fernlund	12 Maria Carillo	NCS	37' 05.75"
11 Patrice Edwards	11 Banning		37' 08.00"
12 Elzunia Lamb	11 San Benito	CCS	37' 09.00"
13 Shanita Bryant	12 Ygnacio Valley	NCS	37' 11.00"
14 Roshena Duree	10 Burton	SFS	37' 11.00"
15 Sraeya George	12 Valhalla	SDS	37' 11.75"
16 Tiffany Johnson	10 St Mary's	NCS	38' 02.00"
17 Michelle Sanford	09 Woodbridge	SS	38' 05.75"
18 Lisa Smith	12 La Mirada	SS	38' 06.50"
19 Kalani Holleman	11 Hayward	NCS	38' 07.25"
20 Aryn Murray	12 Live Oak	NS	38' 10.00"
21 Latoya Phillips	12 Archbishop Mitty	OCS	39' 00.00"
22 Trinety White	11 Marysville	SJS	39' 00.00"
23 Brooklyn Hann	11 L Burbank	SJS	39' 05.00"
24 Jenny Moore	12 Upland	SS	39' 06.75"
25 Candice Baucham	11 L.B. Poly	SS	39' 09.25"
26 Blessing Ufodiama	12 L.B. Poly	SS	39' 11.75"
27 Lauren Chesnut	10 Laguna Creek	SJS	41' 00.00"



Porchea Carroll of Rio Mesa figures to score in the long jump and the 100 meters. photo by Kirby Lee.



Blessing Ufodiama of Long Beach Poly jumped 39-11 3/4 at the section finals. photo by Kirby Lee.

# CIF STATE TRACK AND FIELD CHAMPIONSHIPS

## GIRLS SHOT PUT

**Prelims: 6:00 p.m. - Fri. Final: 5:00 p.m. - Sat.**

Records - National: 53-07.75 Natalie Kaaiawahia, Fullerton, CA 1983  
State: 52-11.50 Kristin Heaston, Ygnacio Valley 1993

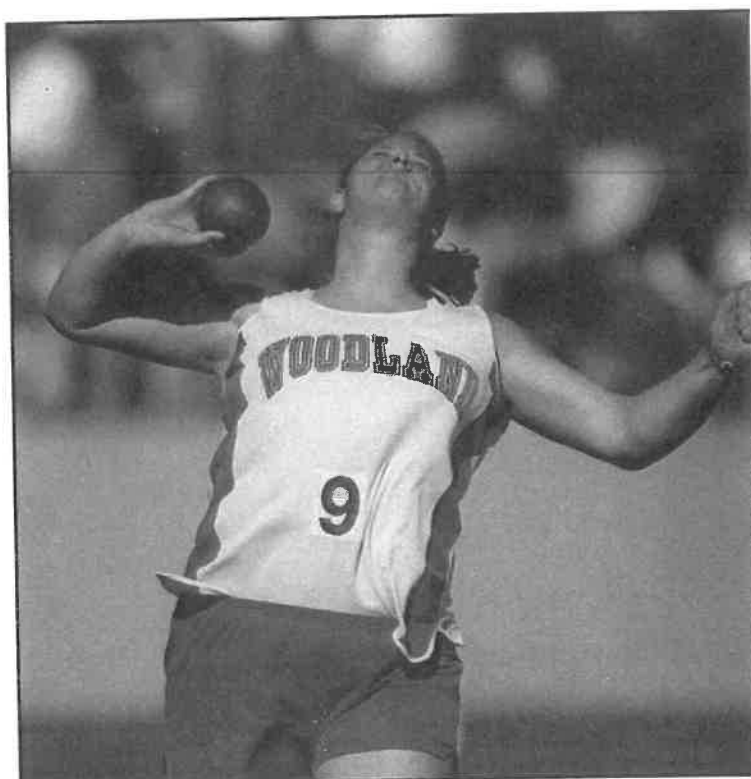
Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1 Cassie August	12 Carmel	CCS	36'02.00"		
2 Noni Nzerem	12 Lowell	SFS	37'00.00"		
3 Lisa Hawkins	12 Taft	LAS	37'07.75"		
4 Mikaelyn Austin	12 Rancho Bernardo	SS	37'08.75"		
5 Jamie Hawkins	10 Big Valley	NS	38'02.75"		
6 Angel Johnson	12 Oakland	CS	38'04.25"		
7 Tammy J'Artenay	12 Coalinga	CS	38'10.50"		
8 Kai Ivory	12 Marymount	SS	38'11.00"		
9 Aigamarie Taumua	10 Sweetwater	SDS	40'00.50"		
10 Tala Barber	11 Twentynine Palms	SS	40'02.25"		
11 Serena Boykin	12 Dorsey	LAS	40'04.50"		
12 Shelaine Larson	12 Buena	SS	40'07.25"		
13 Rachel Varner	10 Bakersfield	CS	41'01.50"		
14 Angelina Ray	12 Laguna Creek	SJS	41'03.50"		
15 Jenna Johnson	12 St Joseph-Sm	SS	41'04.50"		
16 Sabrina Kirkwood	10 Mercy-Sf	CCS	41'05.75"		
17 Amanda Patteson	12 Granada	NCS	42'02.50"		
18 Candace Hill	12 Hoover	SDS	43'02.75"		
19 Krissy Schelir	12 Sierra	CS	43'06.50"		
20 Michelle Daggs	12 Bishop O' Dowd	NCS	43'09.00"		
21 Kamaiya Warren	10 St Mary's	NCS	44'01.00"		
22 Katie McKeever	11 Woodland	NS	44'03.00"		
23 Laura Sauao	12 Overfelt	CS	45'09.00"		
24 Amanda Garcia	12 Carondelet	NCS	46'09.75"		
25 Jill Camarena	12 Woodland	NS	48'00.00"		
26 Jessica Cosby	12 Cleveland	LAS	48'06.00"		
27 Karen Freberg	11 San Luis Obispo	CS	49'01.50"		

## GIRLS DISCUS

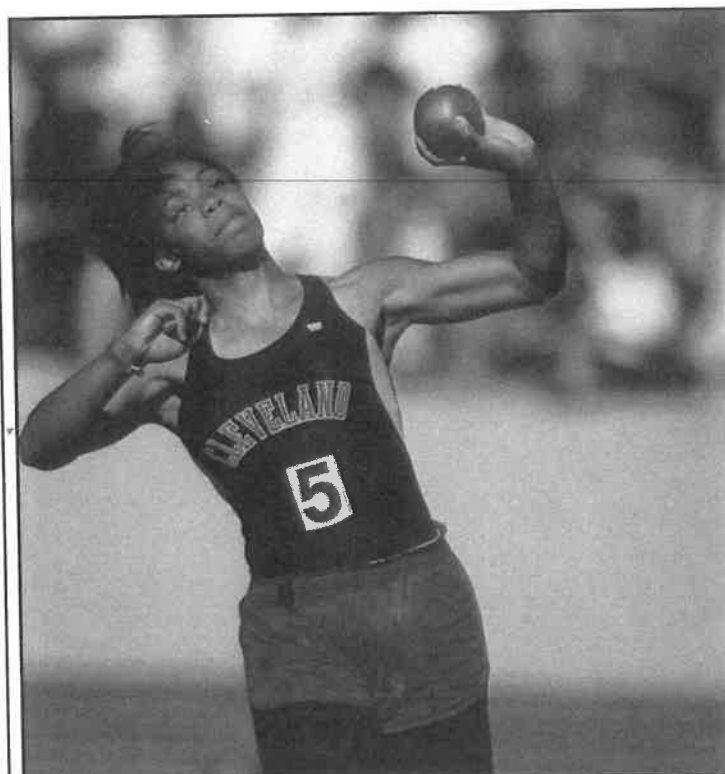
**Prelims: 3:00 p.m. - Fri. Final: 3:00 p.m. - Sat.**

Records - National: 188-4 Suzany Powell, Modesto, CA (Downey) 1994  
State: 181-3 Stephanie Brown, Arroyo Grande 1998

Pos. Name	Gr. School	Sect.	Sect. Mark	Place	Mark
1 Michelle Perdande	11 Eagle Rock	LAS	69'10.00"		
2 Erin Helm	11 Burton	SFS	88'09.00"		
3 Ellen Shapstone	09 Birmingham	LAS	91'02.00"		
4 Shayma Hill	12 Casa Roble	SJS	122'03.00"		
5 Lacy Oliver	12 Los Molinos	NS	123'02.00"		
6 Rachel Varner	10 Bakersfield	CS	124'07.00"		
7 Rhiannon Hnry	12 Rancho Buena Vista	SDS	128'10.00"		
8 Jennifer Ladouceur	11 California	NCS	128'11.00"		
9 Aspen Marshall	11 Armijo	SJS	131'11.00"		
10 Amanda Patteson	12 Granada	NCS	133'06.00"		
11 Mikaelyn Austin	12 Rancho Bernardo	SDS	133'10.00"		
12 Moji Alade	11 Highland	CS	134'07.00"		
13 Kristin Thompson	12 Esperanza	SS	135'03.00"		
14 Michelle Peguignot	11 Arroyo Grande	SS	135'05.00"		
15 Kamaiya Warren	10 St Mary's	NCS	136'05.00"		
16 Laura Sauao	12 Overfelt	CS	136'08.00"		
17 Krista Dill	12 Newport Harbor	SS	137'04.00"		
18 Billie Jo Grant	09 Arroyo Grande	SS	140'05.00"		
19 Sabrina Kirkwood	10 Mercy-Sf	CCS	140'08.00"		
20 Krissy Schelir	12 Sierra	CS	140'08.00"		
21 Anne Farnady	12 Los Gatos	CCS	142'05.00"		
22 Gennessa Guzman	11 Charter Oak	SS	144'04.00"		
23 Michelle Daggs	12 Bishop O' Dowd	NCS	145'08.00"		
24 Candace Hill	12 Hoover	SDS	146'02.00"		
25 Jill Camarena	12 Woodland	NS	156'03.00"		



Jill Camarena of Woodland High is the defending state champion in the shot. photo by Kirby Lee



Jessica Cosby of Cleveland High is a challenger in the shot put. photo by Kirby Lee



# CIF STATE TRACK AND FIELD CHAMPIONSHIP RECORDS

<u>Boys</u>		<u>Girls</u>	
<b>100 METERS</b>		<b>100 METERS</b>	
10.30 Riley Washington, (Southwest) San Diego	1992	11.14 Marion Jones, Thousand Oaks	1992
<b>200 METERS</b>		<b>200 METERS</b>	
20.77 Henry Thomas, Hawthorne	1984	22.83 Marion Jones, Thousand Oaks	1992
<b>400 METERS</b>		<b>400 METERS</b>	
45.25 Calvin Harrison, North Salinas	1993	52.39 Denean Howard, (Kennedy) Granada Hills	1982
<b>800 METERS</b>		<b>800 METERS</b>	
1:46.45 Michael Granville, Bell Gardens	1996	2:04.91 Trena Hull, Compton	1984
<b>1600 METERS</b>		<b>1600 METERS</b>	
4:04.00 Michael Stember, Jesuit Carmichael	1995	4:39.92 Polly Plumer, (University) Irvine	1982
4:05.4 Mark Schilling, Garden Grove	1972*	<b>3200 METERS</b>	
<b>3200 METERS</b>		9:52.80 Kim Mortensen, Thousand Oaks	1996
8:44.95 Eric Mastalir, Jesuit Carmichael	1986	<b>100 METER LOW HURDLES</b>	
<b>110 METER HIGH HURDLES</b>		13.34 Janeene Vickers, Pomona	1987**
13.41 Steve Kerho, Mission Viejo	1982	<b>100 METER HIGH HURDLES</b>	
<b>300 METER INTERMEDIATE HURDLES</b>		13:35 Nicole Hoxie, North Riverside	1997
35.50 George Porter, (Cabrillo) Lompoc	1985	<b>300 METER LOW HURDLES</b>	
<b>400 METER RELAY</b>		40.26 Janeene Vickers, Pomona	1987
40.35 John Muir, Pasadena	1997	<b>400 METER RELAY</b>	
<b>1600 METER RELAY</b>		45.13 Berkeley	1981
3:08.66 John Muir, Pasadena	1996	<b>1600 METER RELAY</b>	
<b>HIGH JUMP</b>		3:36.32 Long Beach Wilson	1998
7'3 1/4" Lee Balkin, Glendale	1979	<b>HIGH JUMP</b>	
<b>LONG JUMP</b>		6'2" Latrese Johnson, Clovis	1985
26'4 3/4" James Stallworth, Tulare	1989	<b>LONG JUMP</b>	
<b>POLE VAULT</b>		22'0 1/2" Marion Jones, Thousand Oaks	1993
17'1/2" Anthony Curran, (Crespi) Encino	1978	<b>POLE VAULT</b>	
<b>TRIPLE JUMP</b>		12-8 1/4 Kathleen Donoghue, Rancho Bernardo	1999
52'4 3/4" Ken Frazier (Mission) San Francisco	1981	<b>TRIPLE JUMP</b>	
<b>SHOT PUT</b>		43'11 1/2 Juliana Yendork, Walnut	1991
74'4 3/4" Brent Noon, Fallbrook	1990	<b>SHOT PUT</b>	
<b>DISCUS THROW</b>		52'11 1/2" Kristin Heaston, Ygnacio Valley	1993
203'4" Brian Blutreich, (Cap. Valley) Mission Viejo	1985	<b>DISCUS THROW</b>	
Rob Powell, Redwood	1990	181-3 Stephanie Brown, Arroyo Grande	1998

\*mile record - Note: Eric Hulst's 8:44.9 in the 3200 was hand timed.

\*\*discontinued after 1993 season

## U.S. NATIONAL HIGH SCHOOL RECORDS

<u>Boys</u>		<u>Girls</u>	
<b>100 METERS</b>		<b>100 METERS</b>	
9.9 Henry Neal, Greenville, TX	1990	11.14 Marion Jones, Thousand Oaks, CA	1992
<b>200 METERS</b>		<b>200 METERS</b>	
20.0 Roy Martin, Dallas, TX, Roosevelt	1985	22.67 Marion Jones, Thousand Oaks, CA	1992
<b>400 METERS</b>		<b>400 METERS</b>	
45.25 Calvin Harrison, North Salinas, CA	1993	52.39 Denean Howard, Granada Hills, CA, Kennedy	1982
<b>800 METERS</b>		<b>800 METERS</b>	
1:46.45 Michael Granville, Bell Gardens, CA	1996	2:04.5 Joletha Clark, Maplewood, NJ, Columbia	1980
<b>1600 METERS</b>		<b>1600 METERS</b>	
3:58.30 Paul Vandergrift, Conshohocken Archbishop Kennedy, PA '87		4:39.4 Laura Matson, Andover, Bloomfield Hills, MI	1985
<b>3200 METERS</b>		<b>3200 METERS</b>	
8:44.95 Eric Mastalir, Jesuit Carmichael, CA	1986	9:48.59 Kim Mortensen, Thousand Oaks, CA	1996
<b>110 METER HIGH HURDLES</b>		<b>100 METER HIGH HURDLES</b>	
13.1 Dennis Brantley, Houston Worthing, TX	1980	13.23 Dominique Calloway, Denver South, CO	1996
<b>300 METER INTERMEDIATE HURDLES</b>		<b>300 METER LOW HURDLES</b>	
35.32 George Porter, Lompoc, CA, Cabrillo	1985	40.18 Leslie Maxie, Millbrae, CA, Mills	1984
<b>400 METER RELAY</b>		<b>400 METER RELAY</b>	
39.76 Fort Worth O.D., Wyatt, TX	1998	44.70 St. Bernard Playa del Rey, CA	1997
<b>1600 METER RELAY</b>		<b>1600 METER RELAY</b>	
3:07.40 Hawthorne, CA	1985	3:36.32 Long Beach Wilson, CA	1998
<b>HIGH JUMP</b>		<b>HIGH JUMP</b>	
7'5 1/4" Dothel Edwards, Athens, GA, Cedar Shoals	1984	6'3 Amy Acuff, Corpus Christi, Calallen TX	1992
<b>LONG JUMP</b>		<b>LONG JUMP</b>	
26'4 3/4 James Stallworth, Tulare	1989	22' 1 3/4" Kathy McMillian, Raeford, NC, Hoke County	1976
<b>POLE VAULT</b>		<b>POLE VAULT</b>	
18-2 1/4 Eric Eshbach, Orangeville, TX	1999	13-0 Shannon Agee, Helena, MT	1998
<b>TRIPLE JUMP</b>		<b>TRIPLE JUMP</b>	
52'10 1/2" Charles Mayfield, Pasadena, CA, John Muir	1980	44-0 1/2 Juliana Yendork, Walnut, CA	1991
<b>SHOT PUT</b>		<b>SHOT PUT</b>	
77' 0" Michael Carter, Dallas, TX, Jefferson	1979	53'7 3/4" Natalie Kaaiawahia, Fullerton, CA	1983
<b>DISCUS THROW</b>		<b>DISCUS THROW</b>	
224' 3" Kamy Keshmiri, Reno, NV	1987	188'4" Suzy Powell, Downey Modesto, CA	1994

# PAST CIF STATE TRACK AND FIELD TEAM CHAMPIONS

## BOYS

School	Points	Coach	Location	Dates
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	4/3/1915
Manual Arts, Los Angeles	37 1/2	Otto Fritsch	YMCA Field, Los Angeles	4/8/1916
Coalinga	25	Charles Geer	Berkeley	4/28/1917
Pasadena	25	George Main	Sacramento Fair	4/27/1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	4/26/1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	4/24/1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	4/30/1921
Huntington Beach	16	Ray Walker	Stockton Fair	5/6/1922
Hollywood	17 1/2	William Paige	Occidental College, Los Angeles	5/12/1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	5/10/1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	5/9/1925
Polytechnic, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	5/8/1926
Glendale	35	Norman Hayhurst	Modesto High	5/7/1927
Polytechnic, Long Beach	21	Norman Baker	Selma High	5/5/1928
San Diego	22 3/4	Glenn Broderick	Los Angeles Coliseum	5/11/1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	5/10/1930
San Diego (tie)	11	Glenn Broderick		
Santa Ana (tie)	11	G.A. "Tex" Oliver		
Polytechnic, Los Angeles	19 1/2	Edward Leahy	Visalia	5/23/1931
Polytechnic, Long Beach	22 1/2	Norman Baker	Modesto Junior College	5/2/1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	5/20/1933
Muir, Pasadena	15 1/2	Albion Walton	Edwards Stadium, Berkeley	5/26/1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	5/25/1935
Muir, Pasadena	18	Albion Walton	Gridley High	5/23/1936
Jefferson, Los Angeles	23 1/2	Harold Edelson	Wilson High, Long Beach	5/22/1937
San Diego	18 1/2	Glenn Broderick	San Benito High, Hollister	5/28/1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	5/27/1939
Bakersfield	18 1/2	"Cap" Haralson	Visalia High	5/25/1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	5/24/1941
Redondo	21	Harold Grant	Compton College	5/25/1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	5/31/1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	5/29/1948
Jefferson, Los Angeles	28 1/2	Estel Johnson	Los Angeles Coliseum	5/28/1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	5/27/1950
Jefferson, Los Angeles	16 1/2	Estel Johnson	Edwards Stadium, Berkeley	5/26/1951
Jefferson, Los Angeles	30 1/2	Estel Johnson	Los Angeles Coliseum	5/24/1952
Manual Arts, Los Angeles	16 3/5	Charles Toney	Ratcliffe Stadium, Fresno	5/29/1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	5/29/1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	5/28/1955
Jefferson, Los Angeles	24 2/3	Estel Johnson	Chico State College	6/2/1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	6/1/1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	5/31/1958
Manual Arts, Los Angeles (tie)	11	Charles Toney		
Polytechnic, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	5/29/1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium	6/4/1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	6/3/1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	6/2/1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	5/31-6/1/1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	6/5-6/1964
Polytechnic, Long Beach (tie)	13	Leon Forman		
Polytechnic, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	6/4-5/1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	6/3-4/1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	6/2-3/1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	5/31-6/1/1968
Los Angeles	22	E. Bravo	UCLA	6/6-7/1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	6/5-6/1970
Lompoc	13	Frank Hiatt	UCLA	6/4-5/1971
Sacramento	18**	Scotty Bingham	Oroville High	6/1-2/1972
Wilson, San Francisco	20	Adam Banks	Woodland High	6/1-2/1973
Muir, Pasadena	23**	Walter Opp	Memorial Stadium, Bakersfield	5/31-6/1/1974
Harry Elis, Richmond	22	Silvester Greenwood	San Diego	6/6-7/1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	U.C. Berkeley	6/4-5/1976
San Fernando, Los Angeles (tie)	12	John Wachtler		
Pasadena	26	Bob Pruitt	UCLA	6/3-4/1977
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	6/2-3/1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	6/1-2/1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	6/6-7/1980
Berkeley	58	Willie White	Cerritos College, Norwalk	6/5-6/1981
Crenshaw, Los Angeles (Tie)	20	Bob Volles	Hughes Stadium, Sacramento	6/4-5/1982
Mission Viejo (Tie)	20	Gene Gurule 38		

# 2000 CIF State Track and Field Honor Coaches

Honor Coaches are selected by the Track and Field Coaches Alliance and are honored for their contributions to the sport.



**Bob Hastings**  
Las Plumas H.S.

Hastings competed at Las Plumas High in cross country and track and field, under current CIF Northern Section Track and Field Commissioner Norm MacKenzie. After graduating from Las Plumas in 1976, Hastings went on to compete in track and field and cross country at Butte College. He has been coaching cross country and track and field at Las Plumas since 1985. Throughout this time, several of Hastings' athletes have advanced to compete at the state meet.

**John Larralde**  
Carpinteria H.S.

The 2000 season marked the 16th year at Carpinteria for Larralde and his 26th season in coaching. Larralde has coached 20 years at the high school level and six years collegiately. As a high school head coach at Carpinteria and Santa Barbara High Schools, he has coached 58 CIF Southern Section divisional scorers, 17 of them champions. His teams have won 17 league championships, one CIF Southern Section divisional championship (1999) and 12 top five placings. Twenty-two of his former athletes are now coaching.

**Meredith Smith**  
Crenshaw H.S.

Smith has been coaching boys' and girls' track and field at Crenshaw High School for five years. Her teams have compiled an impressive 41-2 dual meet mark during that time with a combined three league titles. Smith has coached



**Michael Wilson**  
Vallejo H.S.

The head track and field coach at Vallejo High School, Wilson's boys' team won the 1999 CIF State Track and Field Championship in the meet held at Hughes Stadium, Sacramento. He was the California Coaches Association Boy's Track Coach of the Year last season and was Sacramento Valley Track Coach of the Year in 1993. Among the state qualifiers he has coached are Ali Evans, Rico Hatter, Giovanni Miles and Spring Dawson.

several state meet qualifiers including Shariff Paxton (2nd in the 110HH in 1997), Kevin Howard and Stacy Goff. Smith also coached junior varsity softball at Banning High School in Wilmington.



**Greg Leland**  
Sierra H.S.

Leland has been the head coach at Sierra High since 1995. His boys' team has won three consecutive league crowns and were the 1999 CIF Sac-Joaquin Section Champions. Leland was the Young Educator of the Year in Manteca Unified in 1989 and the Secondary Teacher of the Year in 1997.

**Karin Fitzhugh**  
Central Valley H.S.

Fitzhugh has been involved in track and field for most of her life. She began her career in Eureka, competing in the Junior Olympic Program. She was a three-sport athlete in college and was all-conference in volleyball, basketball and track at Cal State University Chico. Fitzhugh began her coaching career at Hamilton City High School. She took over the girls' program at Oroville High in 1989 and joined Central Valley in 1998.

**Charles Leathers**  
JW North H.S.

In his 25 year career, Leathers has coached eight state champions, 26 all-Americans, three national record-holders and a female Gatorade Athlete of the Year. Perhaps the highlight of his career came last year when the North High girls' team beat Long Beach Wilson, 42-37, to win the CIF State Championship. His teams have also garnered eight CIF Southern Section titles (1980, 1985, 1991, 1995-98 and 2000).

**Tom Martin**  
Rancho Bernardo H.S.

Martin has been an assistant track and field coach Rancho Bernardo High School since 1991 (high jumps and pole vault). He has also made coaching stops at Monte Vista High in San Diego (1983-85) and Poway High (1986-90). Martin, who was Grossmont League Coach of the Year in 1985, has guided back-pole vault state champions in Tracy O'Hara and Kathleen Donoghue (state meet record-holder).

## Former State Winners to Be Honored; Will Assist With Awards

The CIF will honor a select group of former state champions at a special awards presentation at 3:30 p.m. on Saturday, June 3. The honorees will also assist in the awards presentations, in the event in which they participated.

**Al Hassen (Jefferson High, L.A. - 1930)**  
Hassen is believed to be oldest living champion. He won the 1930 880 title in a big upset. Finished second in his league and fourth in Southern Section meet.

**Lou Zamperini (Torrance High, SS - 1935)**  
Zamperini set a National Record that stood for 20 years as a junior in 1934. He won state as a junior. Zamperini won the 1936 Olympic Trials at 5000m, and was the leading American in that event at Berlin Olympic Games. He was a two-time NCAA Mile winner while at USC. His life has been chronicled in a book "Devil at my Heels" and a recent one-hour prime time special documenting his WWII tribulations (lost at sea, prisoner of war).

**Wilbur Miller (Jefferson High, LA - 1937)**  
Miller won state 440 in 1937. He set a Community College record of 47.1 for 440 in 1938 at Compton College. Miller was also a member of three consecutive National Record relay teams at Jefferson in 1935, 1937 and 1937.

**Wilbur Thompson (Modesto High, SJS - 1937)**  
Thompson, who weighed just 165 pounds, won three weight events at 1937 State Meet -- 12 lb shot, exhibition 16 lb shot and football throw (an official event then). He won two NCAA medals at USC and after service during WWII, returned home to win the Shot Put at the 1948 Olympics in London.

**Ollie Matson (Washington High, San Francisco - 1948)**  
Matson finished 3rd in both 100/200 dashes in

1948 state meet. A week after the state meet, he ran 47.1 for 440 yards, one half second faster than any high schooler had ever run. It took seven more years for any other California high school runner to break 48 seconds. He was a Bronze medalist at 400m at 1952 Helsinki Olympic Games while attending University of San Francisco and lead off US 4x400m Relay team that broke existing WR but finished second. Best known for college and professional football career and is a member of the NFL Hall of Fame.

**Guy Blackburn (Jefferson High, LA - 1950)**  
A member of the team that is considered the best overall high school team of all time. Blackburn won 1950 State 220 and was also a member of a Jefferson National Record relay team. His 9.6 in the 100 yard dash has been bettered by only 4 other sprinters in high school history. NCAA medalist while attending the University of California at Berkeley.

**Lang Stanley (Jefferson High, LA - 1950)**  
Stanley was 5th in mile in 1949 as a junior. Switched to 880 in the latter half of the 1950 season, where he broke every record possible, including Los Angeles City Section, State and National Records. Broke National record at 1950 State meet at Sacramento. He was first high schooler to break 1:54.0 in 880. Was world class half miler and NCAA champion while attending San Jose State.

**Steve Turner (Glendale High, SS - 1950)**  
Turner won both 120 yard high hurdles and 180 yard low hurdles at 1950 State Meet.

# PAST CIF STATE TRACK & FIELD TEAM CHAMPIONS

## BOYS (cont.)

School	Points	Coach	Location	Dates
Hawthorne	40**	Kye Courtney	Memorial Stadium, Bakersfield	6/4/1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	6/2/1984
Hawthorne	29	Kye Courtney	Sacramento	5/31/1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	6/6/1986
Hawthorne	34	Kye Courtney	Sacramento	6/5/1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	6/3/1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	6/2-3/1989
Muir	24	Clyde Turner	Cerritos College, Norwalk	6/1-2/1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	5-31-6-1/1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	6/5-6/1992
Merced (tie)	36	Greg McKinstry	Cerritos College, Norwalk	6-19/1993***
North Salinas (tie)	36	Ed Barber	Cerritos College, Norwalk	6/3-4/1994
Muir Pasadena	36	Clyde Turner	Cerritos College, Norwalk	6/2-3/1995
Muir Pasadena	38	Cyde Turner	Cerritos College, Norwalk	5-31/6-1/1996
Muir Pasadena	57	Clyde Turner	Cerritos College, Norwalk	6/6-7/1997
Long Beach Poly	39	Don Norford	Hughes Stadium, Sacramento	6/5-6/1998
Long Beach Poly	42	Don Norford	Cerritos College, Norwalk	6/5-6/1998
Vallejo	35	Mike Wilson	Hughes Stadium, Sacramento	6-4-6-5/1999

\* No meets held during the World War II period (1941-45)

\*\* Reported figures for finals. Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1 1/2 from 1929 to 1965; 6-4-3-2-1 from 1966-1979; and 10-8-6-5-4-3 since 1980

\*\*\* Meet rescheduled due to rain

## GIRLS

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	5/31-6/1/1974
Washington, Los Angeles	22	Amice Reddick	San Diego	6/6-7/1975
Berkeley	20	Willie White	U.C. Berkeley	6/4-5/1976
Locke, Los Angeles	14	Cherie Muller-Williams	UCLA	6/3-4/1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	6/2-3/1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	6/1-2/1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	6/6-7/1980
Berkeley	64	Willie White	Cerritos College, Norwalk	6/5-6/1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	6/4-5/1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	6/4/1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	6/2/1984
Muir, Pasadena	55	Jim Brownfield	Sacramento	5/31/1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	6/6/1986
Pomona	30	Isaiah Sanders	Sacramento	6/5/1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	6/3/1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres	Cerritos College, Norwalk	6/2-3/1989
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	6/1-2/1990
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	5-31-6-1/1991
Morningside	28	Ron Tatum	Cerritos College, Norwalk	6/5-6/1992
Long Beach Poly	39	Don Norford	Cerritos College, Norwalk	6-19/1993***
Long Beach Poly	56	Don Norford	Cerritos College, Norwalk	6/3-4/1994
Skyline Oakland	36	Darrell Hampton	Cerritos College, Norwalk	6/2-3/1995
Long Beach Poly	52	Don Norford	Cerritos College, Norwalk	5-31/6-1/1996
Long Beach Wilson	43	Terry Kennedy	Hughes Stadium, Sacramento	6/6-7/1997
Long Beach Poly	49	Don Norford	Cerritos College, Norwalk	6/5-6/1998
Long Beach Wilson (tie)	42	Terry Kennedy	Hughes Stadium, Sacramento	6-4-6-5/1999
Long Beach Poly (tie)	42	Don Norford	Hughes Stadium, Sacramento	
JW North, Riverside	42	Charles Leathers	Cerritos College, Norwalk	

Scoring system used were 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980. \*\*\* Meet rescheduled due to rain

# CIF STATE TRACK AND FIELD TEAM RECORDS

## BOYS

### Most State Championships

- 8 - Jefferson, Los Angeles (1938, 49-52, 56, 62, 64)
- 8 - Muir, Pasadena (1934, 36, 67, 74, 90, 94-96)
- 7 - Polytechnic, Long Beach (1928, 32, 59, 64-65, 1997-98)
- 7 - Manual Arts, Los Angeles (1915, 16, 19, 24, 25, 53, 58)
- 6 - Hawthorne (1983-85, 1987-89)

### Most Consecutive State Championships

- 4 - Jefferson, Los Angeles (1949-52)
- 3 - Hawthorne (twice; 1983-85, 1987-89)
- 3 - Muir, Pasadena (1994-96)

## GIRLS

### Most State Championships

- 5 - Berkeley (1974, 76, 1981-83)
- 5 - Long Beach Poly (1991-92, 94, 1997-98)
- 2 - Muir, Pasadena (1985, 1989)
- 2 - Bakersfield (1988, 1990)
- 2 - Long Beach Wilson (1996, 1998)

### Most Consecutive State Championships

- 3 - Berkeley (1981-83)
- 2 - Long Beach Poly (twice; 1991-92, 1997-98)

Note: Boys CIF State Track and Field Championships began in 1915 and have been held annually since - excluding the World War II years (1941-45); The girls' championships were initiated in 1974 and have been held annually since.









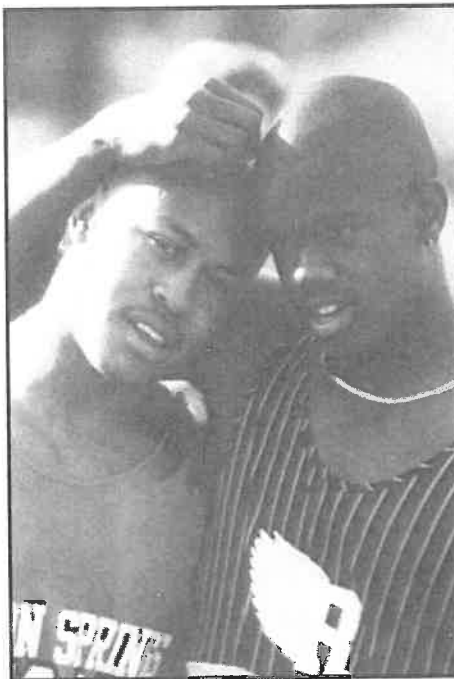


# CIF STATE TRACK AND FIELD INDIVIDUAL EVENT CHAMPIONS (Girls)

1985 - Latrese Johnson (Clovis)	6-2
1986 - Yleana Carrasco (Anaheim)	5-10
1987 - Lynn Patrick (Serra, San Diego)	5-10
1988 - Crissy Mills (Campbell Hall)	5-10
1989 - Crissy Mills (Campbell Hall)	6-0
1990 - Chi Johnson (Menlo-Atherton)	5-8
1991 - Tanya Smith (Cordova)	5-11
1992 - Kristy Kieruff (Esperanza)	5-10
1993 - Tracye Lawyer (Cate Carpinteria)	5-10
1994 - Kristy Kieruff (Esperanza Anaheim)	5-10
1995 - Tara Flaming (Immanuel Reedley)	6-0
1996 - Liz Giltner (Chaminade)	5-10
1997 - Tayyiba Haneef (Laguna Hills)	5-9
1998 - Tia Hanson (El Cajon)	5-8
1999 - Kim Stone (York)	5-9

## Long Jump

1974 - Jodi Anderson (Washington, L.A.)	19-7
1975 - Jodi Anderson (Washington)	19-6 1/2
1976 - Jodi Anderson (Washington)	20-0 1/4
1977 - Lisa Gourline (El Toro)	19-1
1978 - Kathy Hayes (Madera)	19-3
1979 - Gwen Loud (Westchester)	20-4 1/2
1980 - Marlene Harmon (Thousand Oaks)	20-8 3/4
1981 - Chris Mose (El Cajon)	18-10 1/4
1982 - Wendy Brown (Woodside)	19-10 1/2
1983 - Gail Devers (Sweetwater)	19-6
1984 - Wendy Brown (Woodside)	20-9 3/4
1985 - Yvette Roberts (Washington UnionEaston)	19-1
1986 - Madette Smith (Quartz Hills)	20-4 3/4
1987 - Karen Lawson (St. Francis, Mt. View)	19-1 1/2
1988 - Tonya Conner (Barstow)	19-5 3/4
1989 - Juliana Yendork (Walnut)	20-2 1/2
1990 - Juliana Yendork (Walnut)	20-1 1/2
1991 - Juliana Yendork (Walnut)	20-7 1/2
1992 - Kam Warner (West, Bakersfield)	20-6 1/4
1993 - Marion Jones (Thousand Oaks)	22-0 1/2
1994 - Tara Dettlinger (Foothill, Sac.)	19-7 1/2
1995 - Jernae Wright (James Logan)	20-8
1996 - Jernae Wright (James Logan)	20-3
1997 - April Home (Clovis West)	17-06 1/4
1998 - Angela Williams (Chino)	19-7 3/4
1999 - Sani Roseby (Monterey)	19-8 3/4 w:3.4



*Friends and Champions - Bryan Howard (left) of Canyon Springs High School and Pat Johnson of Redlands High School were fierce competitors on the track and friends off it. Howard was a state champion in the 100 meters in 1993. Johnson doubled as a winner in the 100 and 200 meters in 1994. photo by Bill Cockerham.*

## Triple Jump

1982 - Wendy Brown (Woodside)	40-3
1983 - Wendy Brown (Woodside)	42-10 1/2
1984 - Wendy Brown (Woodside)	41-10w
1985 - Sheila Hudson (Rio Linda)	40-2
1986 - Felicia Harris (San Lorenzo)	39-6 1/4
1987 - Kim Lassair (Northgate)	39-1
1988 - Stacy Thompson (Morse)	41-10
1989 - Juliana Yendork (Walnut)	42-0 1/4
1990 - Juliana Yendork (Walnut)	43-6 1/2
1991 - Juliana Yendork (Walnut)	39-11 1/4
1992 - Kayla Montgomery (Clovis West)	40-1 1/4
1993 - Cheaza Figueroa (Quartz Hill)	38-11 1/2
1994 - Tamiaka Porter (Orange Glen)	40-6 1/2
1995 - Kelly O'Conner (Esperanza)	40-2 1/2
1996 - Kelly O'Conner (Esperanza)	40-0
1997 - Andrea Booker (El Camino)	40-0 1/4
1998 - Andrea Booker (El Camino)	40-3 3/4
1999 - Heather Contreras (Sutter)	40-3 3/4

## Shot Put

1974 - Kathy Devine (Mission Bay, SD)	47-4 1/2
1975 - Kathy Devine (Mission Bay)	42-3 3/4
1976 - Becky Daniel (Newport Harbor)	42-9 3/4
1977 - Debra Thorntana (Sacramento)	43-9
1978 - Kerry Zwart (Crescenta Valley)	45-11 1/2
1979 - Susie Ray (Villa Park)	48-4 1/2
1980 - Natalie Kaaiawahia (Fullerton)	48-4 1/2
1981 - Natalie Kaaiawahia (Fullerton)	51-8 1/2
1982 - Natalie Kaaiawahia (Fullerton)	50-3
1983 - Natalie Kaaiawahia (Fullerton)	52-7 1/2
1984 - Pam Alexander (Arlington)	46-3 1/2
1985 - Elaine Oden (Irvine)	46-11 3/4
1986 - Brandi Gail (Rowland, Hac. Heights)	45-2 1/2
1987 - Jenny Wheelchel (Agoura)	43-9 1/2
1988 - Dawn Dumble (Bakersfield)	48-2 1/2

1989 - Melisa Weis (Bakersfield)	44-1
1990 - Dawn Dumble (Bakersfield)	49-3 1/2
1991 - Mika Hilaire (Pittsburg)	45-4 1/4
1992 - Kristin Heaston (Ygnacio Valley)	45-3 1/2
1993 - Kristin Heaston (Ygnacio Valley)	52-11 1/2
1994 - Delores Tuimoloua (Channel Island)	46-10
1995 - Rebecca Morrison (Presentation)	47-6 3/4
1996 - Stephanie Brown (Arroyo Grande)	43-0 1/4
1997 - Cynthia Ademiluyi (Long Beach Poly)	47-05 1/4
1998 - Stephanie Brown (Arroyo Grande)	48-103/4
1999 - Jill Camarena (Woodland)	48-6

## Discus Throw

1976 - Kathy Middleton (Poway)	134-5
1977 - Karen Stampfl (Lassen, Susanville)	137-8
1978 - Christi Pyle (Hoover, Glendale)	149-3
1979 - Leslie Deniz (Gridley)	167-1
1980 - Leslie Deniz (Gridley)	172-11
1981 - Natalie Kaaiawahia (Fullerton)	162-10
1982 - Jacque Norton (Mission Viejo)	160-2
1983 - Natalie Kaaiawahia (Fullerton)	170-1
1984 - Stacy Hom (Cordova)	159-1
1985 - Lill Li (Nogales, La Puente)	162-2
1986 - Tracy Crawford (South East, S.D.)	156-2
1987 - Dawn Dumble (Bakersfield)	144-10
1988 - Melisa Weis (Bakersfield)	159-7
1989 - Melisa Weis (Bakersfield)	168-0
1990 - Melisa Weis (Bakersfield)	169-11
1991 - Celeste Mc Vey (Redlands)	160-11
1992 - Suzy Powell (Downey Modesto)	169-8
1993 - Suzy Powell (Downey Modesto)	168-11
1994 - Suzy Powell (Downey Modesto)	174-2
1995 - Nadia Lopez (Arroyo Grande)	152-6
1996 - Chaniqua Ross (Laguna Creek)	158-4
1997 - Chaniqua Ross (Laguna Creek)	177-01
1998 - Stephanie Brown (Arroyo Grande)	181-03
1999 - April Burton (Bakersfield)	153-10

## Pole Vault

1995 - Melissa Price (Kingsburg)	12-6
1996 - Alexa Harz (Peninsula)	12-1 1/4
1997 - Bridget Pearson (Hoover Glendale)	12-0
1998 - Tracy O'Hara (Rancho Bernardo)	12-8
1999 - Kathleen Donoghue (Rancho Bernardo)	12-8 1/4



*Double Trouble - Mebrathom Keflezighi of San Diego High School was a rare doubles winner with titles in both the 1600 and 3200 meters in the 1994 state meet. photo by Kirby Lee.*



*National Record-Holder - Thousand Oaks High School can claim to have two national record-holders in girls' track and field. Marion Jones is one and Kim Mortensen, pictured above, is the other. Mortensen breezed to a 9:48.59 in 1996. photo by Bill Cockerham, California Track and Running News.*

# CIF STATE TRACK AND FIELD MOST INDIVIDUAL TITLES

## MOST INDIVIDUAL TITLES (GIRLS)

- 9 - **Marion Jones, Rio Mesa**  
Oxnard (1990-91), Thousand Oaks (1992-93)  
100m (1990-93) 200m (1990-93) LJ (1993)
- 6 - **Wendy Brown, Woodside**  
HJ (1984) TJ (1982-84) LJ ('82-84)
- 6 - **Juliana Yendork, Walnut**  
LJ (1989-91) TJ (1989-91)
- 6 - **Natalie Kaaiawahia, Fullerton**  
Shot ('80-83) Discus ('81 & '83)
- 5 - **Angela Williams, Chino**  
100m (1997-98), 200m (1998), 400m (1995),  
LJ (1998)
- 5 - **Angela Burnham, Rio Mesa Oxnard**  
100m (1986, 1988-89) 200m (1988-89)
- 4 - **Julia Stamps, Santa Rosa**  
3200 (1994-95, 1997) 1600 (1997)
- 4 - **Denean Howard, Kennedy Granada Hills**  
200m (1981-82) 400m (1980 & 1982)
- 4 - **Janeene Vickers, Pomona**  
300LH ('86-87) 100MLH ('86-87)
- 4 - **Melisa Weis, Bakersfield**  
Discus (1988-90) Shot (1989)
- 4 - **Lindsay Hyatt, Placer**  
800m (1996-99)
- 3 - **Pam Waters, Bell**  
200m (1975-76) 100m (1976)
- 3 - **Angela Rolfe, Dorsey LA**  
400m (1987-89)
- 3 - **Janice Nichols, Bakersfield**  
300m (1990-92)
- 3 - **Kathy Costello, Pleasant Hill**  
1600m (1975) 800m (1974-75)
- 3 - **Ann Reagan, Camden San Jose**  
800m (1977-79)
- 3 - **Polly Plumer, University Irvine**  
1600m (1980-82)
- 3 - **Kira Jorgensen, Vista**  
1600m (1987-89)
- 3 - **Vicki Cook, Alemany Mission Hills**  
3200m (1980-82)
- 3 - **Milena Glusac, Fallbrook**  
3200m (1992-93) 1600m (1993)
- 3 - **Felice Lipscomb, Santa Monica**  
100MLH (1989-90) 300MLH (1990)
- 3 - **Twila Sims, Lompoc**  
300LH (1989, 1992) 100LH (1992)
- 3 - **Jodi Anderson, Washington LA**  
LJ (1974-76)
- 3 - **Dawn Dumble, Bakersfield**  
Discus (1988-90) Shot (1989)
- 3 - **Suzy Powell, Downey Modesto**  
Shot (1992-94)
- 3 - **Lakeisha Backus, Long Beach Wilson**  
100m (95) 200m (94-95)
- 3 - **Stephanie Brown, Arroyo Grande**  
DT (1998, SP (1996, 1998)

## MOST INDIVIDUAL TITLES (BOYS)

- 6 - **Bud Houser, Oxnard**  
SP (1920-22), DT (1920-22)
- 5 - **Charley Paddock, Pasadena**  
100yards (1916, 1918), 220 yards (1916-18)
- 4 - **Frank Wykoff, Glendale**  
100yards (1927), 220 yards (1927-28),  
LJ (1927)
- 4 - **Eddie Morris, Huntington Beach**  
100 yards (1940), 220 yards (1938-40)
- 4 - **Roman Gomez, Belmont**  
1600m (1984-85) 3200m (1984-85)
- 3 - **Obea Moore, Muir Pasadena**  
200m (1995-96) 200m (1996)
- 3 - **Bill Cowings, Fowler**  
200m (1960) 100m (1959-60)
- 3 - **Forrest Beaty, Hoover Glendale**  
100m (1961-62) 200m ('61)
- 3 - **Billy Mullins, Hamilton LA**  
100m (1976) 200m (1975-76)
- 3 - **Quincy Watts, Taft**  
100m (1987) 200m (1986-87)
- 3 - **Jerry Proctor, Muir Pasadena**  
110HH ('67) 300IH ('67) LJ ('67)
- 3 - **Reynaldo Brown, Compton**  
HJ (1967-69)
- 3 - **Brian Bluetreich, Capistrano Valley**  
Shot (84-85) Discus (85)



**FIVE-TIME CHAMPION-**  
Angela Williams, of Chino High School, won individual titles in four different events. She twice won championships in the 100 meters (1997-98). In addition, she took individual championships in the 200 meters (1998), in the 400 meters (1995), and in the long jump (1998).

photo by Kirby Lee