

**2023 CAPITAL VALLEY CONFERENCE TRACK AND FIELD PRELIMS - Schedule of Events**

**Wednesday, May 3**

**ORDER OF PRELIM TRACK EVENTS**

**Beginning at 2:00 PM**

<u>Event No.</u>	<u>Event</u>
1.	100 Meter Hurdles - Frosh/Soph Girls' (33")
2.	100 Meter Hurdles - Varsity Girls' (33")
3.	110 Meter Int. Hurdles - Frosh/Soph Boys' (36")
4.	110 Meter High Hurdles - Varsity Boys' (39")
5.	400 Meters - Frosh/Soph Girls'
6.	400 Meters - Frosh/Soph Boys'
7.	400 Meters - Varsity Girls'
8.	400 Meters - Varsity Boys'
9.	100 Meters - Frosh/Soph Girls'
10.	100 Meters - Frosh/Soph Boys'
11.	100 Meters - Varsity Girls'
12.	100 Meters - Varsity Boys'
13.	300 Meter Low Hurdles - Frosh/Soph Girls' (30")
14.	300 Meter Low Hurdles - Varsity Girls' (30")
15.	300 Meter Low Hurdles - Frosh/Soph Boys' (33")
16.	300 Meter Int. Hurdles - Varsity Boys' (36")
17.	800 Meters Frosh/Soph Girls'
18.	800 Meters Frosh/Soph Boys'
19.	800 Meters - Varsity Girls'
20.	800 Meters - Varsity Boys'
21.	200 Meters - Frosh/Soph Girls'
22.	200 Meters - Frosh/Soph Boys'
23.	200 Meters - Varsity Girls'
24.	200 Meters - Varsity Boys'
25.	3200 Meters - Frosh/Soph Girls'
26.	3200 Meters - Frosh/Soph Boys'
27.	4 x 800 Relay - Frosh/Soph Girls'
28.	4 x 800 Relay - Frosh/Soph Boys'
29.	4 x 800 Relay - Varsity Girls'
30.	4 x 800 Relay - Varsity Boys'

**ORDER OF FIELD EVENTS**

**Beginning at 2:00 PM**

<u>Event</u>	<u>Time</u>
<b>Long Jump</b>	
Varsity Boys'	2:00 PM
Varsity Girls'	After VB
<b>Triple Jump</b>	
Frosh/Soph Girls'	2:00 PM
Frosh/Soph Boys'	After FSG
<b>High Jump</b>	
Frosh/Soph Boys'	2:00 PM
Frosh/Soph Girls'	After FSB
<b>Pole Vault</b>	
Varsity Girls'	2:00 PM
Varsity Boys'	After VG
<b>Shot Put</b>	
Varsity Boys'	2:00 PM
Varsity Girls'	After VB
<b>Discus</b>	
Frosh/Soph Girls'	2:00 PM
Frosh/Soph Boys'	After FSG

All of the above field events will conduct prelims and finals on **May 3**

## 2023 CAPITAL VALLEY CONFERENCE TRACK AND FIELD FINALS - Schedule of Events

Friday, May 5

### ORDER OF FINALS TRACK EVENTS

Beginning at 4:00 PM

<u>Event No.</u>	<u>Event</u>	<u>Time</u>
1.	100 Meter Hurdles - Frosh/Soph Girls (33")	
2.	100 Meter Hurdles - Varsity Girls (33")	
3.	110 Meter Int. Hurdles - Frosh/Soph Boys (36")	
4.	110 Meter High Hurdles - Varsity Boys (39")	
5.	1600 Meters - Frosh/Soph Girls	
6.	1600 Meters - Frosh/Soph Boys	
7.	400 Meter Relay - Frosh/Soph Girls	
8.	400 Meter Relay - Frosh/Soph Boys	
9.	400 Meter Relay - Varsity Girls	
10.	400 Meter Relay - Varsity Boys	
11.	1600 Meters - Varsity Girls	
12.	1600 Meters - Varsity Boys	
13.	400 Meters - Frosh/Soph Girls	
14.	400 Meters - Frosh/Soph Boys	
15.	400 Meters - Varsity Girls	
16.	400 Meters - Varsity Boys	
17.	100 Meters - Frosh/Soph Girls	
18.	100 Meters - Frosh/Soph Boys	
19.	100 Meters - Varsity Girls	
20.	100 Meters - Varsity Boys	
21.	300 Meter Low Hurdles - Frosh/Soph Girls (30")	
22.	300 Meter Low Hurdles - Varsity Girls (30")	
23.	300 Meter Low Hurdles - Frosh/Soph Boys (33")	
24.	300 Meter Int. Hurdles - Varsity Boys (36")	
25.	800 Meters Frosh/Soph Girls	
26.	800 Meters Frosh/Soph Boys	
27.	800 Meters - Varsity Girls	
28.	800 Meters - Varsity Boys	
29.	200 Meters - Frosh/Soph Girls	
30.	200 Meters - Frosh/Soph Boys	
31.	200 Meters - Varsity Girls	
32.	200 Meters - Varsity Boys	
33.	3200 Meters - Varsity Girls	
34.	3200 Meters - Varsity Boys	
35.	1600 Meter Relay - Frosh/Soph Girls	
36.	1600 Meter Relay - Frosh/Soph Boys	
37.	1600 Meter Relay - Varsity Girls	
38.	1600 Meter Relay - Varsity Boys	

### ORDER OF FIELD EVENTS

Beginning at 2:00 PM

<u>Event</u>	<u>Time</u>
<b>Long Jump</b>	
Frosh/Soph Boys	2:00 PM
Frosh/Soph Girls	After FSB
<b>Triple Jump</b>	
Varsity Boys	2:00 PM
Varsity Girls	After VB
<b>High Jump</b>	
Varsity Girls	2:00 PM
Varsity Boys	After VG
<b>Pole Vault</b>	
Frosh/Soph Girls	2:00 PM
Frosh/Soph Boys	After FSG
<b>Shot Put</b>	
Frosh/Soph Boys	2:00 PM
Frosh/Soph Girls	After FSB
<b>Discus</b>	
Varsity Boys	2:00 PM
Varsity Girls	After VB

All of the above field events will conduct prelims and finals on **May 5**