

**California State Track and Field Championships 2018 "At-Large"
Standards**

	Boys	Girls
100	10.75	11.94
200	21.80	24.17
400	48.37	55.50
800	1:54.68	2:10.86
1600	4:14.73	4:56.02
3200	9:08.89	10:34.21
110/100 Hurdles	14.35	14.21
300 Hurdles	38.17	43.48
4x100 Relay	41.81	47.46
4x400 Relay	3:19.12	3:50.42
High Jump	6-06.00	5-04.00
Pole Vault	14-09.00	11-11.0 0
Long Jump	22-04.00	18-02.0 0
Triple Jump	45-11.00	38-04.0 0
Shot Put	54-04.00	40-10.0 0
Discus	168-11	134-05