

2018 Sac Joaquin Section Track and Field Division II-III At Large Standards

An athlete shall earn an at-large entry into the Divisional Meet if his/her mark at the final league competition (which qualifies entrants to the Divisional Meets) is equal to or better than the average 6th place finisher in the DII-III Finals for the three most recent years.

2018 DII-III Boys Standards	
100 Meters	11.33
200 Meters	23.09
400 Meters	50.21
800 Meters	1:58.51
1600 Meters	4:31.83
3200 Meters	9:47.35
110 Hurdles	15.18
300 Hurdles	40.49
4 x 100 Relay	43.45
4 x 400 Relay	3:27.23
High Jump	5-11
Pole Vault	12-07
Long Jump	21-00
Triple Jump	43-02
Shot Put	47-05
Discus	132-05

2018 DII-III Girls Standards	
100 Meters	12.82
200 Meters	26.17
400 Meters	59.53
800 Meters	2:19.50
1600 Meters	5:19.45
3200 Meters	11:18.10
100 Hurdles	16.50
300 Hurdles	47.96
4 x 100 Relay	50.07
4 x 400 Relay	4:06.48
High Jump	4-11
Pole Vault	9-03
Long Jump	16-04
Triple Jump	33-09
Shot Put	34-02
Discus	106-01