

## 2019 Sac-Joaquin Section Division II Track and Field Prelims Schedule

### FIELD EVENT SCHEDULE – Tuesday, May 7, 2019

Field Event	Reporting Time	Scratch Time	Starting Time
Boys' High Jump	2:00 p.m.	2:45 p.m.	3:00 p.m.
Boys' Discus	2:00 p.m.	2:45 p.m.	3:00 p.m.
Girls' Long Jump	2:00 p.m.	2:45 p.m.	3:00 p.m.
Girls' Pole Vault	2:00 p.m.	2:45 p.m.	3:00 p.m.
Girls' Shot Put	4:30 p.m.	5:15 p.m.	5:30 p.m.
Boys' Long Jump	4:30 p.m.	5:15 p.m.	5:30 p.m.

*All of the above field events will conduct prelims and finals on May 7*

### RUNNING EVENT SCHEDULE – Tuesday, May 7, 2019

Track Events	Scratch Time	Event Time	Track Events (continued)	Scratch Time	Event Time
Girls' 4 x 100 Relay - Heat 1	4:15	4:30	Girls' 800 M - Heat 1	6:00	6:15
Girls' 4 x 100 Relay - Heat 2	4:15	4:34	Girls' 800 M - Heat 2	6:00	6:20
Girls' 4 x 100 Relay - Heat 3	4:15	4:38	Girls' 800 M - Heat 3	6:00	6:25
Boys' 4 x 100 Relay - Heat 1	4:27	4:42	Boys' 800 M - Heat 1	6:15	6:30
Boys' 4 x 100 Relay - Heat 2	4:27	4:46	Boys' 800 M - Heat 2	6:15	6:35
Boys' 4 x 100 Relay - Heat 3	4:27	4:50	Boys' 800 M - Heat 3	6:15	6:40
Girls' 100 M HH - Heat 1	4:40	4:55	Girls' 300 M LH - Heat 1	6:30	6:45
Girls' 100 M HH - Heat 2	4:40	5:00	Girls' 300 M LH - Heat 2	6:30	6:49
Girls' 100 M HH - Heat 3	4:40	5:05	Girls' 300 M LH - Heat 3	6:30	6:53
Boys' 110 M HH - Heat 1	4:55	5:10	Boys' 300 M LH - Heat 1	6:42	6:57
Boys' 110 M HH - Heat 2	4:55	5:15	Boys' 300 M LH - Heat 2	6:42	7:01
Boys' 110 M HH - Heat 3	4:55	5:20	Boys' 300 M LH - Heat 3	6:42	7:05
Girls' 400 M - Heat 1	5:10	5:25	Girls' 200 M - Heat 1	6:55	7:10
Girls' 400 M - Heat 2	5:10	5:29	Girls' 200 M - Heat 2	6:55	7:14
Girls' 400 M - Heat 3	5:10	5:34	Girls' 200 M - Heat 3	6:55	7:18
Boys' 400 M - Heat 1	5:23	5:38	Boys' 200 M - Heat 1	7:07	7:22
Boys' 400 M - Heat 2	5:23	5:42	Boys' 200 M - Heat 2	7:07	7:26
Boys' 400 M - Heat 3	5:23	5:46	Boys' 200 M - Heat 3	7:07	7:30
Girls' 100 M - Heat 1	5:35	5:50	Girls' 4 x 400 Relay - Heat 1	7:35	7:50
Girls' 100 M - Heat 2	5:35	5:54	Girls' 4 x 400 Relay - Heat 2	7:35	7:58
Girls' 100 M - Heat 3	5:35	5:58	Girls' 4 x 400 Relay - Heat 3	7:35	8:06
Boys' 100 M - Heat 1	5:47	6:02	Boys' 4 x 400 Relay - Heat 1	7:59	8:14
Boys' 100 M - Heat 2	5:47	6:06	Boys' 4 x 400 Relay - Heat 2	7:59	8:22
Boys' 100 M - Heat 3	5:47	6:10	Boys' 4 x 400 Relay - Heat 3	7:59	8:30

## 2019 Sac-Joaquin Section Division II Track and Field Finals Schedule

### FIELD EVENT SCHEDULE—Thursday, May 9, 2019

Field Event	Reporting Time	Scratch Time	Starting Time
Girls' High Jump	2:00 p.m.	2:45 p.m.	3:00 p.m.
Girls' Discus	2:00 p.m.	2:45 p.m.	3:00 p.m.
Unified Long Jump	2:00 p.m.	2:45 p.m.	3:00 p.m.
Boys' Triple Jump	2:00 p.m.	2:45 p.m.	3:00 p.m.
Boys' Pole Vault	2:00 p.m.	2:45 p.m.	3:00 p.m.
Boys' Shot Put	4:30 p.m.	5:15 p.m.	5:30 p.m.
Girls' Triple Jump	4:30 p.m.	5:15 p.m.	5:30 p.m.

*All of the above field events will conduct prelims and finals on May 9*

### RUNNING EVENT SCHEDULE – Thursday, May 9, 2019

Track Events	Scratch Time	Event Time
Unified 4 x 100 M Relay	5:30	5:45
Girls' 4 x 100 M Relay	5:45	6:00
Boys' 4 x 100 M Relay	5:53	6:08
Girls' 1600 M	6:04	6:19
Boys' 1600 M	6:13	6:28
Girls' 100 M HH	6:29	6:44
Boys' 110 M HH	6:39	6:54
Girls' 400 M	6:49	7:04
Boys' 400 M	6:56	7:11
Unified 100 M	7:04	7:19
Girls' 100 M	7:10	7:25
Boys' 100 M	7:16	7:31
Girls' 800 M	7:24	7:39
Boys' 800 M	7:32	7:47
Girls' 300 M LH	7:43	7:58
Boys' 300 M LH	7:50	8:05
Girls' 200 M	8:00	8:15
Boys' 200 M	8:07	8:22
Girls' 3200 M	8:15	8:30
Boys' 3200 M	8:32	8:47
Girls' 4 x 400 M Relay	8:50	9:05
Boys' 4 x 400 M Relay	9:00	9:15