

Randall Sturgeon Invitational

Saturday, March 11, 2017

We are pleased to announce that on Saturday, March 11, 2017, we will host the 3rd annual Randall Sturgeon Invitational (formally the King Gilbert). The meet will be held at Granite Bay High School and will feature an all weather track and FinishLynx timing system.

Format: There are 4 divisions of competition – varsity boys/girls and JV boys/girls. Each school will be allowed 3 entries in all events except the 1600m and the 3200m which will be allowed 4 entries. There is only 1 entry per relay (4X100 and 4X400).

We will continue with minimum marks in the throwing this year. All athletes will receive 4 attempts. The first attempt will be measured as usual. The following 3 attempts will need to meet the minimum required distance in order to obtain a measurement.

Awards: Custom medals will be provided for 1st through 3rd and ribbons for 4th – 6th place in all individual events. Plaques will be awarded to the 1st place teams in all 4 divisions.

Entry Fees: Entry Fee is due **by March 10, 2017 if mailed or bring to the meet**

Entries: Due Wednesday, March 8, at 11:59 pm. Please double check your work as we won't be making any additions at the meet. Substitutions will be allowed.

In order to conduct a smooth and exciting track and field meet, the event will be limited to the first **25 teams** who contact Coach Nasca by email. Teams will be notified by email of acceptance. Additional information concerning entering your athletes online at athletic.net will be emailed to each accepted school two weeks prior to the meet.

4-Divisions-\$255.00
3-Divisions-\$230.00
2-Divisions-\$180.00
1-Division-\$110.00

Make checks payable to:
Granite Bay Track & Field
#1 Grizzly Way
Granite Bay, Ca 95746

Hospitality: We will have breakfast items for coaches under the bleachers. The meet will also have a complete snack bar.

Athletic Trainer: Nick Wright, William Jessup University

Entry Process: Email Coach Nasca at ptcoach24@gmail.com with your intent to attend. **Please specify participating divisions; Varsity boys/girls, F/S boys/girls.** Entries will be completed on athletic.net and are due Wednesday, March 8th.

All the Best for a Successful Track Season,

Jackie Nasca
Head Coach-Granite Bay High School
ptcoach24@gmail.com