

## 2019 Del Oro Invitational

### Admission:

Adults / Seniors.....\$7

Students / non competing athletes.....\$5

(children 5 and under are free)

**Schedule:** We will have a rolling schedule beginning at 12:30 for field events, and 1pm for on track events. We will do our best to clearly communicate all field events over the PA. Check in for field events will be at the event.

**Parking:** Busses may drop off by the stadium, and then park near entrance of stadium parking lot. The school lots may be used as well for spectator parking.

**Bathrooms / Changing facilities:** There will be no changing area provided, bathrooms are limited with a large turnout, please have athletes arrive already changed.

**Facility:** All-weather 9 lane track, we will only run 8 lanes for hurdles. 2 pole vault, 2 high jump pits, 2 discus, 2 shot rings, and 2 horizontal jump runways. ¼" pyramid spikes only please, we have extras for sale at the snack bar for \$3 per set.

**Team Packets:** May be picked up as early as 11:30am at the team entrance, and will only be issued with receipt of payment. Packets will include:

Order of events

Track Event Check in Schedule

Athlete Bibs

1 set of spare ¼" spikes

Safety pins, (please bring extra)

Coaches Wristbands, (will be provided for all coaches on athletic.net)

**Hospitality Tent:** There will be snacks and beverages for coaches in the hospitality tent, located straight up from the 100M starting line.

**Coaches Meeting:** Will be at 12:15pm, email questions in advance to [coachkentwitty@gmail.com](mailto:coachkentwitty@gmail.com) so that I may be proactive in addressing prior to meet day.

**Throws:** Frosh / Soph discus will take place on the varsity baseball field located above the stadium by the snack bar. There will be a 10 minute warm up period between flights, throwers will be allowed 3 throws from ring in warm up. **Top 9 advance to finals immediately following trials.**

**Field Events:** 3 attempts in trials, 3 attempts in finals. Best mark does not carry over. If your athlete misses their flight in trials they will be granted one (1) attempt so long as trials for the division haven't concluded. There will be a 10 minute warm up period between each flight, if the athletes say they are ready to go this may be reduced for the flight.

**High Jump Opening:** FSG – 4', VG – 4'4", FSB – 4'10", VB – 5'4"

**Pole Vault Opening:** FSG – 6'6", VG – 8', FSB – 7'6", VB – 9'6"

**Medals:** Will be presented on the podium mid field after results are final, no medals will be mailed