

We proudly invite you and your team to the 26th annual

Thunder Invitational

Rocklin High School

Rocklin, CA

Saturday April 6th, 2019

We will host **four** levels of competition: Varsity girls/boys and JV girls/boys. Our facilities include an 8 lane all weather track, two sets of shot and discus rings, separate long and triple jump pits, two high jump pits and two pole vault pits . We will be using a finish-lynx timing system run by **Red Cap Timing**. We will have a fully stocked snack bar.

Here is a list of the following important information:

- **All entries to the meet will be submitted through**
www.athletic.net by 10pm Tuesday April 2nd
- **9 a.m. start time**
- **Please no spikes longer than 1/4 inch**
- **All trials will be run and scored as timed finals**
- **3 throws will be followed by 3 final attempts for top 9 competitors in shot and discus**
- **All long/triple jumpers will have 4 jumps with no finals**
- **Finish Lynx Timing System provided by Red Cap Timing**
- **MEDALS FOR TOP 5 INDIVIDUALS AND RELAYS**
- **Overall team trophies to first place, second place, and third place in each division.**
- **\$275 per team or \$150 per division (Teams with less than 7 athletes can pay individually \$20 per athlete)**
- **3 athletes per event; please no “B” relay teams**

Email questions or comments to Matt Eckman at coacheckman@gmail.com