

**Sheldon Husky Invitational  
March 19, 2022**

You are invited to the 8<sup>th</sup> Annual Husky Track & Field Invitational at Sheldon High School, Saturday, March 19, 2022, at our newly resurfaced Mondo Track. This year's automatic timing will again be provided by Alex Mansoor and live results can be viewed via: **Milesplit.live**. We are expecting lots of excitement, fun and a competitive day of high school track and field. Our format allows for lots of early season qualifying marks and is geared toward full team participation while also striving to ensure an efficiently run meet. **Please, thoroughly read the format (below), as some events have entry limits.** We will offer all the standard track and field events and will be using **athletic.net** for team registration and athlete entry. **The entry deadline for athletes is Monday, March 14<sup>th</sup> at 9:00 p.m.**

We plan to have a brief coaches meeting (near the finish line) at 8:30 a.m.

**Start Time:** 9:00 a.m. – running and field events. **We will follow the rolling start event schedule for running events.**

**Format:** Four Divisions – **Varsity Boys, Varsity Girls, Frosh/Soph Girls & Boys**

**Relay events will be 'A' teams ONLY (no 'B' teams)!** In the 100m – 200m – 400m events, we will take the top 32 entries (based on time) plus five alternates in each of those events. **All teams are limited to the entry limits posted below. All accepted entries will be posted Wednesday, March 17<sup>th</sup>.**

**Entry Fees (20% Discounts will be provided for teams willing to officiate a field event):**

- Four Divisions: \$250
- Three Divisions: \$225
- Two Divisions: \$150
- One Division: \$75
- Relay Team Only: \$25 ea.
- Individual Athletes: \$10 ea.

Please make checks payable to: Sheldon High School Track & Field Booster Club

Please mail your entry fee to:

Sheldon High School Track & Field Booster Club

8333 Kingsbridge Drive

Sacramento, CA 95829

**Contact:** William Carr – Cell: 916-217-8907 / Email: [c0achcar22@gmail.com](mailto:c0achcar22@gmail.com)

**\*Schools unable to mail their entry fee in advance, may bring it the day of the meet for payment when you pick up your team packet at the gate.**

**Check In:**

- Running events must check in at the clerk of the course in the center of the infield. Field event athletes must check in at the event site.
- **Spikes: ¼ inch pyramid or shorter!**

### Warm-Ups:

- Athletes may warm up on the infield prior to the start of their running event. **ATHLETES NOT WARMING UP FOR THEIR EVENT ARE NOT ALLOWED ON THE INFIELD!**

### Field Events:

- Schools may enter two (2) Varsity Boys and two (2) Varsity Girls per event (we will accept the top 33 entrants); 11 per flight, per event. Schools may enter two (2) Frosh/Soph Boys and two (2) Frosh/Soph Girls per event (we will accept the top 16 entrants per event).
- Throwing events, long jump and triple jump will consist of three (3) attempts per competitor in the preliminary round. Following the preliminary round, the top eight (8) competitors will advance to the finals where each competitor will be given an additional three (3) attempts. **We will post accepted field event entrants, Wednesday, March 17<sup>th</sup>.**

### Meet Day:

- On meet day, each school will receive a Team Packet at the entry gate, to include heat and lane assignments and Bib numbers for each athlete and 2 coaches meal ticket
- Our goal is to fill any empty lanes in as many races as possible. If your athlete is no longer going to compete (particularly in the 100m – 200m – 400m), PLEASE scratch your athlete at the clerks table as soon as possible so we can add the alternate.

### Facilities:

- Eight 42" lane, newly resurfaced Mondo Track and Runways
- Restrooms and Concessions are located at the North-West corner of the stadium

**Awards: Medals will be distributed near the finish line for all events as soon as results are made available!**

- Medals to the top three (3) relay teams and top five (5) individuals in all first heats
- Medals to the first-place finishers in all other heats (including relays)
- Medals will be awarded to the top five (5) finishers in all field events

**Admission:** Adults \$6; Students (18 and under) and Seniors \$4. Children 12 and under – Free

**Parking:** Parking is free, next to the stadium

### Results:

- Results will be posted near the snack bar on the North-West side of the stadium
- Live results may be found at: **Milesplit.live**