

Sturgeon Invite

7th Annual

Randall Sturgeon Invitational

Saturday, March 12th 2022

We are pleased to announce that on Saturday, March 12, 2022, we will host the 7th Annual Randall Sturgeon Invitational. The meet will be held at Granite Bay High School and will feature an all weather track and FinishLynx timing system.

Format: There are 4 divisions of competition – varsity boys/girls and F/S boys/girls. Each school will be allowed 3 entries in all events except the 1600m and the 3200m which will be allowed 4 entries. There is only 1 entry per relay (4X100 and 4X400).

We will continue with minimum marks in the throwing and horizontal jumps this year. All athletes will receive 4 attempts. The first attempt will be measured as usual. The following 3 attempts will need to meet the minimum required distance in order to obtain a measurement.

Awards: Custom medals will be provided for 1st through 3rd and ribbons for 4th - 6th place in all individual events. Plaques will be awarded to the 1st place teams in all 4 divisions.

Fees: 1 Division \$80, 2nd Division \$150, 3rd Division \$210, All 4 Divisions \$250

Entry Fees: Entry Fee is due **by March 10, 2022**

In order to conduct a smooth and exciting track and field meet, the event will be limited to the first **25 teams** who contact Coach Nasca by email. Teams will be notified by email of acceptance. Additional information concerning entering your athletes online at **athletic.net** will be emailed to each accepted school two weeks prior to the meet.

Make checks payable to:
Granite Bay Track & Field
#1 Grizzly Way
Granite Bay, Ca 95746

Hospitality: We will have breakfast items for coaches under the bleachers. The meet will also have a complete snack bar.

Athletic Trainer: TBA

Entry Process: Email Coach Nasca at granitebaytrackandfield@gmail.com with or Shane Jackson at shjackson@rjuhsd.us your intent to attend. **Please specify participating divisions; Varsity boys/girls, F/S boys/girls.**

All the Best for a Successful Track Season,
Jackie Nasca & Shane Jackson
Head Coaches-Granite Bay High School

granitebaytrackandfield@gmail.com
shjackson@rjuhsd.us