

3rd Annual Fighting Zebra Invitational

We are proud to Host the 3rd Annual Fighting Zebra Invitational held on **Saturday, March 18, 2023**, at Lincoln High School. We are very excited to run an early season meet that will allow every athlete an opportunity to get a solid time to prepare them for the rest of the season.

There will be 4 High School athlete divisions: 1) Frosh/Soph Boys, 2) Frosh/Soph Girls, 3) Varsity Girls, and 4) Varsity Boys. 1 Relay Team per division and 4 individuals per event per division.

- Field Events begin at 9:00am, Running Events begin at 9:30am
- Athletes must compete with ¼ inch or smaller pyramid spikes on the track and runways.
- Results and Timing will be provided by Mentzer Timing.
- Our Starter will be TBD
- Medals will be awarded to the top (3) event and Relay Winners, and can be picked up by the athletes at the awards table during the meet.
- Invitational Trophies will be awarded to 1st place teams in each division.
- The Snack Bar will be open during the meet as well as other vendors.
- Meet entry fees are: \$250 per high school for 4 divisions / \$215 for 3 divisions / \$175 for 2 divisions / \$100 for 1 division. Individual athletes are \$10 per entry. Individual Relay teams are \$15 per entry.
 - Please make checks payable to **Lincoln High School – Track and Field**. (Please either send the Check to Lincoln High School c/o Track and Field 790 J St. Lincoln, CA 95648 or bring the day of the event.)
- Spectator entrance: \$7 adults, \$5 students/kids, Spectators 60+, Military and 10 and younger- Free.

For questions and additional information regarding the meet, please contact:

Dan Friese 916-995-1267 or via email d.friese11@gmail.com