

**8th Annual Randall Sturgeon Invitational**  
**Saturday, March 11th 2023**

We are pleased to announce that on Saturday, March 11, 2023, we will host the 8th Annual Randall Sturgeon Invitational. The meet will be held at Granite Bay High School and will feature an all-weather track and FinishLynx timing system.

**Format:** There are 4 divisions of competition – varsity boys/girls and F/S boys/girls. Each school will be allowed 3 entries in all events except the 1600m and the 3200m which will be allowed 4 entries. There is only 1 entry per relay (4X100 and 4X400).

We will continue with minimum marks in the throwing and horizontal jumps this year. All athletes will receive 4 attempts. The first attempt will be measured as usual. The following 3 attempts will need to meet the minimum required distance in order to obtain a measurement.

**Awards:** Custom medals will be provided for 1st through 3rd and ribbons for 4th - 6th place in all individual events. Plaques will be awarded to the 1st place teams in all 4 divisions.

**Fees:** 1 Division \$85, 2nd Division \$160, 3rd Division \$225, All 4 Divisions \$280

If you would like a reduced fee please reach out to Coach Jackson about running a Pit or Jumps event...

**Entry Fees:** Entry Fee is due **by March 9, 2023 or brought to the meet with a coach...**

In order to conduct a smooth and exciting track and field meet, the event will be limited to the first **25 teams** who contact Coach Nasca by email. Teams will be notified by email of acceptance. Additional information concerning entering your athletes online at **athletic.net** will be emailed to each accepted school two weeks prior to the meet.

**Make checks payable to:**  
**Granite Bay Track & Field**  
**#1 Grizzly Way**  
**Granite Bay, Ca 95746**

**Hospitality:** We will have breakfast items for coaches under the bleachers. The meet will also have a complete snack bar.

***Athletic Trainer:*** TBA

***Entry Process:*** Email Coach Nasca at [granitebaytrackandfield@gmail.com](mailto:granitebaytrackandfield@gmail.com) with or Shane Jackson at [shjackson@rjuhsd.us](mailto:shjackson@rjuhsd.us) your intent to attend. **Please specify participating divisions; Varsity boys/girls, F/S boys/girls**

All the Best for a Successful Track Season

Jackie Nasca & Shane Jackson  
Head Coaches-Granite Bay High School

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