

Thunder Invitational - Meet Day Information

Date: Saturday, March 25th, 2023

Location: Rocklin High School
Rocklin, CA 95746

Admission: Adults.....\$7.00
Seniors.....\$5.00
Students\$5.00
(Children 7 and under are free)

Time Schedule: We will have a rolling schedule beginning at 9am with field events and 9:45 for running events. Please make sure jumpers pay attention to the open pit times.

Parking: Buses can park on Victory Lane and along the buss loop in front of the office. PLEASE DO NOT PARK ON RED CURBS-VEHICLES WILL BE TICKETED

Facility: All-weather 8 lane track, two jump runways, no dirt track spikes please. One discus & shot put ring. One High jump pits. One pole vault pit. Timing provided by Red Cap. Live results at milesplit.live

Packets: Packets may be picked up at the front gate at 7:45 am. Please bring entry fee unless you have already mailed them.

Clerk of the Course: All running event competitors must check in with the clerk of the course. Field event athletes check in at your event. Bibs will be provided to all track athletes in your packets.

Coaches Meeting: 8:40am at the finish line

Infield: Only competing athletes and officials (no spectators) are allowed on the infield. Coaches are welcome on the infield while their athlete is competing in the given field event.

Results: Will be posted on boards at the main gate entrance and live at www.redcaptiming.com.

Scoring: All track and field events will be scored through six (6) places, 10-8-6-4-2-1 basis.

Field Events: long jump and triple jump will receive 4 attempts, no finals. Open pit format for the jumps with time brackets (see order of events). Minimum marks will be used following the first legal jump.

Opening	High Jump:	VB-5'0"	VG-4'0"
Heights:	Pole Vault:	VB-9'	VG-8'

Throws: All throwers will receive 3 throws; top 9 will advance to finals immediately following trials.

Snack Bar: A full snack bar will be open throughout the meet.

Awards Table: Athletes will need to pick up their medals when results are posted. Medals will not be mailed to schools.

Medals will go to the 1st-5th place finishers.

TEAM TROPHIES WILL BE HANDED OUT AT THE END OF THE MEET TO THE 1ST 2ND AND 3RD PLACE TEAMS IN BOTH BOYS AND GIRLS VARSITY DIVISIONS