2024 Glenn Poole Invitational

If you would like to be added to the waitlist, please email Coach Geluk and Coach Gavin at iqeluk@rjuhsd.us or qwilson@rjuhsd.us

The 18th ANNUAL GLENN POOLE INVITATIONAL is coming early this year. We hope that your program will join us as we host this classic event on **February 24th.** Our event will give athletes an early season chance to evaluate their performance and set goals for the season.

Our facility features two pole vault pits, 2 discus and 2 shot rings, 3 horizontal jump runways, a nine-lane track, and will be timed by Red Cap Timing. To keep the meet at a reasonable size, we will be limiting the number of accepted schools. All entries will be submitted online through MileSplit.

Please enter all teams and athletes using the link: <u>Registration</u> Athlete registration closes at midnight on TUESDAY 2/21/24

Location: Oakmont High School, 1710 Cirby Way, Roseville, CA

Format: We will offer the standard track and field events in all four classifications – Frosh/Soph Boys & Girls, and Varsity Boys & Girls. Each school will be allowed three (3) entries in all individual events (4 in the 1600 and 3200). In the relays (**DMR, 4x100 & 4x400**) teams will be allowed one (1) entry per school per division. Field Events will begin at 8:30 am. Running events will begin at 9:00am. The 3200 is scheduled near the start of the meet and the 1600 is scheduled near the end of the meet.

Kids Half-Lapper: Following the 4x100s, we will host our very popular kids half-lapper. This is **FREE** to enter for all kids 10 and under. A ribbon will be awarded to each finisher. Kids 5 and under will only run 100 meters. **Thrower's 4x100:** Prior to the 4x400 relay, we will host our popular "Thrower's" 4x100. These can be coed teams but should consist entirely of throwers - no ringers!

Awards: Medals will be awarded to the top four (4) overall finishers in each event.

Entry Fees: Entry fees for each classification will be: 4 Divisions \$270, 3 Divisions \$225, 2 Divisions \$185, 1 Division \$100, (8 or more athletes). Smaller schools may enter individual athletes at a rate of \$10.00, and Relays \$15

Checks payable to:

Oakmont Track & Field Booster Club C/O Jolie Geluk 1710 Cirby Way Roseville, CA 95661