

2025 Glenn Poole Invitational

Order of Events

Running Events Begin @ 9:00 AM

Field Events Begin at 8:30 AM

3200 Meters Varsity Girls
 3200 Meters Varsity Boys
 110 Hurdles Varsity Boys
 110 Hurdles Frosh/Soph Boys
 100 Hurdles Varsity Girls
 100 Hurdles Frosh/Soph Girls
 4x800 Relay Frosh/Soph Girls
 4x800 Relay Frosh/Soph Boys
 4x800 Relay Varsity Girls
 4x800 Relay Varsity Boys
 3200 Meters Frosh/Soph Girls
 3200 Meters Frosh/Soph Boys
 4x100 Relay Frosh/Soph Girls
 4x100 Relay Frosh/Soph Boys
 4x100 Relay Varsity Girls
 4x100 Relay Varsity Boys
 400 Meters Frosh/Soph Girls
 400 Meters Frosh/Soph Boys
 400 Meters Varsity Girls *The Harper 400*
 400 Meters Varsity Boys

Kids Half-Lapper Kids 10 and under (kids 6 and under will runner shorter)

100 Meters Frosh/Soph Girls
 100 Meters Frosh/Soph Boys
 100 Meters Varsity Girls
 100 Meters Varsity Boys
 800 Meters Frosh/Soph Girls
 800 Meters Frosh/Soph Boys
 800 Meters Varsity Girls
 800 Meters Varsity Boys *The Navarro 800*
 300 Hurdles Frosh/Soph Girls
 300 Hurdles Varsity Girls
 300 Hurdles Frosh/Soph Boys
 300 Hurdles Varsity Boys *The Terwilliger 300*
 200 Meters Frosh/Soph Girls
 200 Meters Frosh/Soph Boys
 200 Meters Varsity Girls
 200 Meters Varsity Boys
 1600 Meters Frosh/Soph Girls
 1600 Meters Frosh/Soph Boys
 1600 Meters Varsity Girls
 1600 Meters Varsity Boys *The Tudsbury Mile*
 4x400 Relay Frosh/Soph Girls
 4x400 Relay Frosh/Soph Boys
 4x400 Relay Varsity Girls
 4x400 Relay Varsity Boys
Throwers 4x100 Co-Ed Relay

Check-in/Warmups for Beginning Field Events 7:30 AM

The Ruden Shot Put

Shot Put Varsity Boys (*Ring #1 In Stadium*)
 Shot Put Varsity Girls (*Ring #1 In Stadium*)

Shot Put Frosh/Soph Girls (*Ring #2 on the hill*)
 Shot Put Frosh/Soph Boys (*Ring #2 on the hill*)
 Discus Frosh/Soph Girls (*Ring #2 on the hill*)

The Muller Discus (1 Ring in Stadium)

Discus Varsity Girls
 Discus Varsity Boys
 Discus Frosh/Soph Boys

The Sakaishi Long Jump

8:30 AM -12:00 PM
 Long Jump Varsity Boys (Pit #1)
 Long Jump Varsity Girls (Pit #2)
 Long Jump Frosh/Soph Girls (Pit #3)
 Long Jump Frosh/Soph Boys (Pit #3)

12:30 PM - 4:00 PM

Triple Jump Varsity Boys (Pit #1)
 Triple Jump Varsity Girls (Pit #2)
 Triple Jump Frosh/Soph Girls (Pit #3)
 Triple Jump Frosh/Soph Boys (Pit #3)

The Holmes High Jump

High Jump Frosh/Soph Girls (Opens 4'3")
 High Jump Frosh/Soph Boys (Opens 4'8")
 High Jump Varsity Girls (Opens 4'5")
 High Jump Varsity Boys (Opens 4'10")

The Judd Pole Vault

Pit #1
 Pole Vault Frosh/Soph Boys (*Opens 6 ft.*)
 Pole Vault Varsity Boys (*Opens 8 ft.*)

Pit #2 (Opens 5 ft.)
 Pole Vault Frosh/Soph Girls (*Opens 5 ft.*)
 Pole Vault Varsity Girls (*Opens 7 ft.*)