

Kay's Ostrom Track and Field Invitational

Running Events – Starting at 9:00 AM

Girls Combined 4x800 Meter Relay
Boys Combined 4x800 Meter Relay
Girls F/S 100 Meter Hurdles
Girls V 100 Meter Hurdles
Boys F/S 110 Meter Hurdles
Boys V 110 Meter Hurdles
Girls F/S 1600 Meters
Girls V 1600 Meters
Boys F/S 1600 Meters
Boys V 1600 Meters
Girls F/S 4x100 Meters
Boys F/S 4x100 Meters
Girls V 4x100 Meters
Boys V 4x100 Meters
Girls F/S 400 Meters
Boys F/S 400 Meters
Girls V 400 Meters
Boys V 400 Meters
Girls F/S 100 Meters
Boys F/S 100 Meters
Girls V 100 Meters
Boys V 100 Meters
Girls F/S 800 Meters
Boys F/S 800 Meters
Girls V 800 Meters
Boys V 800 Meters
Girls F/S 300m Hurdles
Girls V 300m Hurdles
Boys F/S 300m Hurdles
Boys V 300m Hurdles
Girls F/S 200 Meters
Boys F/S 200 Meters
Girls V 200 Meters
Boys V 200 Meters
Girls 3200 Meters
Boys 3200 Meters
Girls F/S 4x400 Relay
Boys F/S 4x400 Relay
Girls V 4x400 Relay

Field Events Field - Starting at 8:00 AM

Varsity Boys Shot Put – 8 AM
F/S Boys Shot Put At Completion of VB
Varsity Girls Shot Put At Completion of F/S Boys
F/S Girls Shot Put At Completion of VG

Varsity Girls Discus – 8AM
F/S Girls Discus At Completion of VG
Varsity Boys Discus At Completion of VG
F/S Boys Discus at completion of VB

Varsity Boys High Jump “5– 8:00 AM
F/S Boys High Jump At Completion of VB
Varsity Girls High Jump 4” At Completion of F/S B
F/S Girls High Jump 4” At Completion of VG

Boys Pit - Open Pit
Boys Long Jump (4 Jumps) – 8:00 AM

Boys Triple Jump (4 Jumps) At Completion of B LJ

Girls Pit - Open Pit

Girls Triple Jump (4 Jumps) – 8:00 AM

Girls Long Jump (4 Jumps) At Completion of G TJ

Girls Combined Pole Vault 6”– 8:00 AM
Boys Combined Pole Vault 7” At Completion of G